

**Village of New Lenox and the New Lenox  
Safe Communities America Coalition  
Application for Safe Community  
Re-Accreditation**



## Section 1: Contact Information

List two key contacts in your community during the application process.

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## Section 2: Community Description

### **Describe your community's history and what makes your community unique.**

New Lenox was originally home to Native Americans. Oak trees, walnuts, and wildflowers filled the woods that surrounded Hickory Creek. The first settlers who came to the community in the late 1820s made their homes at Gougar Crossing, or what is now U.S. Route 30 and Gougar Road. Settlers came from the north and east, from the Kankakee River, the DesPlaines River and then on to Hickory Creek. The first name of the community was Van Horne Point. The community, later "laid out" by a survey, was named Tracy in honor of the General Superintendent of the Rock Island Railroad, which ran through the town. Mr. Tracy later requested the community be renamed after the Township, which was named New Lenox. This name came from Lenox, New York, home of John Van Duser who was the first supervisor of the Rock Island Railroad. The Township was established when Will County was created in 1852 with the building of the Rock Island railroad line between Chicago and Rock Island.

The Village of New Lenox was officially created after community leaders F. Carlton Cole, Walter Baers and others reasoned that the community should be incorporated and become a Village. They strongly felt the need for self-governance and local control that incorporation would bring. Recognizing the potential growth of the area, a community vote in the spring of 1946 resulted in the authorization for the creation of the Village of New Lenox. On October 4, 1946, the State of Illinois officially certified that the Village of New Lenox was legally organized and incorporated as a Village in the State of Illinois.

New Lenox is located in Will County, approximately 40 miles from downtown Chicago in the southwest corner of the six-county Chicago Metropolitan Area. According to the U.S Census Bureau's 2010 Census, the population of the Village of New Lenox is 24,394. However, according to our Assistant Village Administrator and Community Development Director, our population is approximately 26,332 as of October 31, 2015. This figure is derived from tracking the issuance of new building permits. Despite a downturn in the U.S. economy in 2008, New Lenox has been fortunate to experience an increase in residential growth, which is evidenced by the development of new subdivisions throughout the village.

According to a 2015 first quarter study by "MetroStudy," New Lenox is 8<sup>th</sup> in the entire Chicagoland market for new home starts. In addition, New Lenox is 2<sup>nd</sup> in Will County in this same category, behind Naperville, IL which is approximately six times larger. Although permits vary month-to-month, we have issued 138 permits for new homes from January 1<sup>st</sup> thru October 31<sup>st</sup>.

In addition to residential growth, New Lenox has seen an upswing in commercial development as well. Silver Cross Hospital, a state-of-the-art \$400,000,000 hospital, opened in early 2012. The hospital campus continues to expand and brings services from Children's Memorial Hospital, the Rehabilitation Institute of Chicago and the University of Chicago Medical Center. In addition to our magnificent hospital, "big box" stores such as Walmart and Target have opened along with a number of mid-size retail establishments. Residents and visitors have

been enjoying new restaurants and many small businesses have recently opened in New Lenox, the “Home of Proud Americans.”

### **Why is your community seeking a Safe Communities accreditation?**

The New Lenox Safe Communities America Coalition held its first meeting on January 28, 2009. After 14 months of meetings, data collection, development of new injury prevention programs and completion of our application, we prepared for our site visit. Our site visit was held on April 26-27, 2010 and provided an opportunity to showcase many of our injury prevention initiatives. After a successful site visit, June 8, 2010 was selected for our “designation celebration” and serves as our official date for designation as a Safe Community.

Designation as a Safe Community was a huge achievement for our coalition because we were starting to see the results of our injury prevention initiatives starting to pay off. However, it would be several years before we would recognize the significance and positive impact that our designation would bring to our community. In 2014 the National Safety Council conducted a study which revealed that during the first two years following our designation, our residents saved approximately 14 million dollars in hospitalizations and related health care costs. Although our coalition knew it was doing good injury prevention work, the study really reinforced it.

The Village of New Lenox and its Safe Communities America Coalition believe that accreditation will *continue* to provide tremendous benefits for our community. These benefits will undoubtedly include a reduction in preventable injuries and deaths, which is always great news. However, we also recognize that this prestigious accolade brings other benefits to our community as well. As mentioned in the previous section, New Lenox continues to grow in both residential and commercial markets. As a prospective resident or developer looking for a new community to call home, why not choose a place that has made safety and injury prevention a priority? In addition, we have seen the Village of New Lenox earn a National Citizen Corps Council Achievement Award, four consecutive Governor’s Hometown Awards and national recognition for programs that were developed as a result of the Safe Communities America initiative. It only makes sense to seek re-accreditation as a Safe Community due to the many benefits that this honor brings to our community.

### **Who in your community (person / agency) is taking the lead in organizing this effort? Why?**

The New Lenox Police Department will serve as the lead agency for the New Lenox Safe Communities America Coalition and Daniel Martin will serve as the lead person for the Safe Communities America initiative. This structure has existed since January 2009 and has proven to be successful. As each year has gone by, our coalition leader has gained experience by attending annual conferences, participating in assessor training, learning through webinars, and leading our coalition’s activities. As such, we believe that our coalition will continue to thrive under the current leadership structure.

## **Section 3: Criteria to Be a Safe Community**

### **I. Sustained Collaboration**

**An infrastructure based on partnership and collaboration representing a cross-section of community leaders and organizations committed to community safety and well-being.**

#### **1. Describe your Safe Communities Coalition (be specific)**

##### **a. Name of the coalition**

“New Lenox Safe Communities America Coalition”

##### **b. Members, their organizational affiliations and email addresses**

See Appendix A (names, organizations, email addresses, affiliations)

See Appendix B (organizational chart)

##### **c. Organizational Support**

See Appendix C (letters of support)

##### **d. Date the group formed**

Following a unanimous decision by the New Lenox Village Board to pursue Safe Community designation, a “letter of intent” was submitted to the National Safety Council on November 25, 2008. The first formal meeting of the New Lenox Safe Communities America Coalition was held on January 28, 2009.

##### **e. Meeting Notes**

See Appendix D (meeting agendas and minutes)

#### **2. Mission Statement**

“Through a collaborative process, the New Lenox Safe Communities America Coalition will improve the health, safety and quality of life for residents and visitors through injury analysis and the implementation of programs designed to increase safety and prevent injuries.”

### **3. Communications Strategy**

The New Lenox Safe Communities America Coalition's communications strategy includes email, social media, local media outlets, Village of New Lenox web site, Nixle Community Alert Notification System, Safe Communities America conferences, Safe Communities America webinars and conference calls and additional communications opportunities. These strategies are utilized to communicate with coalition members as well as the public.

#### Email

One of the most common methods to communicate with coalition members is via email. A group distribution list has been established to communicate with all coalition members. Email is typically used to notify members of upcoming meetings, upcoming events, and to send information related to safety campaigns. Examples include, but are not limited to, National Falls Prevention Day, World Suicide Prevention Day, National Fire Prevention Week, Distracted Driving Awareness Month, and other safety campaigns endorsed by the National Safety Council. Email is also utilized to provide coalition members, with meeting agendas and minutes. In addition, a group distribution list has been established for each of our task groups. Information that is specific to a particular task group is sent directly to members, without overwhelming other coalition or task group members with email that is not applicable to their specific group.

#### Social Media

The New Lenox Safe Communities America Coalition created a Facebook page on October 2, 2013 for the purpose of communicating with stakeholders, the community, and other organizations that share an interest in injury prevention. The New Lenox Safe Communities America Facebook page has "Likes" from collaborative partner's Facebook pages and a concerted effort is made to "Like" their pages as well. In addition, our Facebook page "Likes" the Safe Communities America Facebook page, the National Safety Council's Facebook page, and other accredited Safe Communities Facebook pages. We enjoy passing along safety and injury prevention information from other pages and appreciate when others do the same. This has proven to be very effective when a Facebook page such as the "Village of New Lenox, Illinois," with over 2,500 "Likes" and a local audience, shares our information.

The New Lenox Safe Communities America Facebook page has 308 "Likes" and can be found at <https://www.facebook.com/safewlenox>.

#### Local Media

The New Lenox Safe Communities America Coalition enjoys an excellent relationship with local media outlets who have been very receptive to covering our initiatives and events. In addition to coverage from the New Lenox Patch, the editor for the New Lenox Patriot was kind enough to allow space for a weekly column. The premise behind the column is to allow each of our task groups to

write approximately 500 words related to their injury prevention efforts. This method has proven very effective in that it provides an opportunity to write about different injury prevention areas and allows the task groups an opportunity to promote upcoming events.

The New Lenox Village Hall is home to New Lenox Community Television (NLCTV), Channel 6. The NLCTV Director has been extraordinarily supportive when it comes to covering our events. Whether it's a severe weather spotter training at Lincoln-Way West High School, a seminar on concussions at the village hall, or an older adults falls prevention event at the Presence Healing Arts Pavilion, NLCTV does a great job. As everyone knows, folks are busy with work, school, and family activities. So when conflicts occur and people cannot attend our coalition's events, it's reassuring to know that they can be viewed on Channel 6, which also has a YouTube channel.

"The Villager" is a 4-page newsletter that is included in the January, April, July, and October water bills. The distribution for the quarterly newsletter is now over 8,500, most of which are residential dwellings. Approximately one or more coalition-related programs or events are featured in each of the newsletters, which is a great method to provide information to the residents.

#### Village of New Lenox Web Site

The New Lenox Safe Communities America Coalition has a presence on the Village of New Lenox web site. On the Safe Communities America page, there is a description of our coalition as well as a place to post meeting agendas. In addition, on the web site's home page, there is a section for all village-related meeting agendas and minutes, including those from the New Lenox Safe Communities America Coalition. This provides a nice opportunity to view current agendas and minutes as well as those that have been archived. Having an opportunity to post meeting agendas and minutes on the village page is great because it provides a link that can be shared to our Facebook page. We post the agendas on a regular basis and extend an invitation for citizens to attend our meetings. The link to the Village of New Lenox web site is [www.newlenox.net](http://www.newlenox.net).

#### Nixle Community Alert Notification System

The Village of New Lenox implemented a community alert notification system in March 2015. The system provides an opportunity for subscribers to receive text messages and email when events, significant or otherwise, occur within the village. There are three levels of alerts, which range from basic information regarding upcoming events to critical information related to public safety. The New Lenox Safe Communities America Coalition typically utilizes the email portion of the system to notify subscribers about upcoming events. For example, Nixle messages have been sent regarding severe weather spotter training, a workshop on youth sports concussions, a prescription drug abuse / addiction workshop, and an event pertaining to World Suicide Prevention Day.

### Safe Communities America Annual Conferences

The New Lenox Safe Communities America Coalition has sent our coalition leader as well as other coalition members to six annual conferences. The annual conferences provide an excellent opportunity to learn about new programs and initiatives, while providing a forum to network with coalition members from across the country. Following each conference, our coalition leader passes along information from the conferences to coalition members, typically during September or October meetings. Additional information is sent via email for those that are unable to attend the meeting. The information that's typically passed along from the conference can be found in the meeting minutes, located in Appendix D.

### Safe Communities America Webinars and Conference Calls

The New Lenox Safe Communities America Coalition leader participates in regular webinars and conference calls. In addition to participating, our coalition leader has also been called upon to be a presenter for several of the webinars and conference calls over the years. The webinars and conference calls have included information about new injury prevention strategies, program evaluation, annual report requirements, and accreditation requirements. Much like the annual conferences, relevant information from the webinars and conference calls is passed along to coalition members at meetings or via email.

### Additional Communications Opportunities

On several occasions we've been able to take advantage of opportunities to communicate outside of our coalition, including outside of our Safe Communities Network. For example, our coalition leader has completed the Safe Community assessor training, which includes the opportunity to review applications and conduct site visits. One example includes the review of Santa Rosa County Florida's application and subsequent site visit. During the review process, excellent lines of communication were established with their coalition leader and other key coalition members. This communication continued throughout the site visit and exists today as Safe Community colleagues. It's interesting to discover that although 1,200 miles may separate communities, the injuries and methods to prevent them are remarkably the same. Much can be learned from this type of communication and collaboration.

Another great opportunity to communicate outside of our coalition and network occurred on March 6, 2014. The New Lenox Safe Communities America Coalition had the honor of hosting two visitors from Osaka Japan. Yoko Shiraishi, Chair, Japan Institution for Safe Communities and Hisato Imai, Director, Japan Institution for Safe Communities traveled to the United States to meet with staff from the National Safety Council. As part of the study visit, Shiraishi and Imai requested to visit a designated "Safe Community" and New Lenox was chosen as one of two locations for the visit. New Lenox was honored to play host and learned as much from our visitors as they did from us. In this instance, we found that thousands of miles may separate communities, and there



may be differences in languages and cultures. However, similar to our friends in Santa Rosa County Florida, our interests in the development of strategies to reduce injuries and prevent deaths are very similar. Following the visit, both Shiraishi and Imai “Liked” our Facebook page and remain active visitor to our page to this day.

Yet another great opportunity to communicate outside of our coalition occurred on July 16, 2014 when our coalition leader was asked to speak at the Green River Area Development District (GRADD) Citizen Corps Council Meeting in Owensboro, Kentucky. The GRADD folks were extremely interested in Safe Community accreditation thanks information provided by Genia McKee at the Kentucky Injury Prevention and Research Center. Due to their interest, they wanted to hear from a representative from an accredited Safe Community and Genia reached out to our coalition leader for assistance. This provided an excellent opportunity to talk about the Safe Communities initiative as well as what we were doing on a local level. One GRADD’s strengths is in the area of emergency preparedness. As such, the invitation provided a great opportunity to speak about our Community Emergency Response Team (CERT). Those in attendance were provided with a copy of our quarterly newsletter, another great method to communicate our efforts.

## **II. Data Collection and Application**

**What does your local data tell you about injuries and safety and how is the coalition applying the data to set goals? Include the most recent data available.**

### **1. Community Demographics**

According to the 2010 United States Census, the population for the Village of New Lenox is 24,394. However, according to our Assistant Village Administrator and Community Development Director, our population is approximately 26,332 as of October 31, 2015. This figure is derived from tracking the issuance of new building permits.

According to the 2010 United States Census, New Lenox is 50.7% female and 49.3% male.

According to the 2010 United States Census, 6.7% of persons are under 5 years of age, 30.8% are under 18 years of age, and 8.2% are 65 years of age or older.

According to the 2010 United States Census, 96.0% of the population is white (not Hispanic or Latino), 0.7% are black or African American, 0.2% are American Indian and Alaska Native, 0.8% are Asian, 0.0% are Native Hawaiian and Other Pacific Islander, 1.1% are two or more races, and 5.7% are Hispanic or Latino.

According to the 2010 United States Census, 96.7% of residents are high school graduates (percent of persons age 25+) and 35.5% of residents have Bachelor's degrees or higher (percent of persons age 25+).

According to the U.S. Census Bureau's American FactFinder (source: U.S. Census Bureau, 2010-2012 American Community Survey), the total school enrollment in the Village of New Lenox was 7,700 in 2010-2012. Nursery school and kindergarten enrollment was 800 and elementary or high school enrollment was 5,000 children. College or graduate school enrollment was 1,800.

According to the U.S. Census Bureau's American FactFinder (source: U.S. Census Bureau, 2009-2013 5-year American Community Survey), in 2013, income for the previous 12 months was below poverty level for 472 residents (163 male, 309 female). For reference, 2012 was 357 (112 male, 245), 2011 was 385 (139 male, 246 female) and 2010 was 382 (152 male, 230 female).

According to the United States Census Bureau's American FactFinder, (source: U.S. Census Bureau, 2009-2013 5-year American Community Survey), the 2013 unemployment rate for New Lenox was 5.9%. The unemployment rate is calculated for persons 16 years of age and over. For reference, 2012 was 5.3%, 2011 was 5.6%, 2010 was 5.9% and 2009 was 5.4%.

## 2. Injury Data

### **Motor Vehicle Crashes**

Information regarding motor vehicle crashes, including fatal crashes, was obtained from the New Lenox Police Department's Records Division and Traffic Unit.

In 2015 (January 1<sup>st</sup> thru October 15<sup>th</sup>), the New Lenox Police Department handled 587 motor vehicle crashes. The top three causation factors were Failure to Reduce Speed to Avoid a Crash (143), Failure to Yield the Right-of-Way (66), and Improper Backing (61).

In 2014, the New Lenox Police Department handled 743 motor vehicle crashes. The top three causation factors were Failure to Reduce Speed to Avoid a Crash (155), Failure to Yield the Right-of-Way (112), and Improper Backing (85).

In 2013, the New Lenox Police Department handled 680 motor vehicle crashes. The top three causation factors were Failure to Reduce Speed to Avoid a Crash (100), Improper Backing (83), and Failure to Yield the Right-of-Way (78).

In 2012, the New Lenox Police Department handled 662 motor vehicle crashes. The top three causation factors were Failure to Reduce Speed to Avoid a Crash (115), Failure to Yield the Right-of-Way (92), and Improper Backing (80).

In 2011, the New Lenox Police Department handled 671 motor vehicle crashes. The top three causation factors were Failure to Reduce Speed to Avoid a Crash (149), Improper Backing (91), and Failure to Yield the Right-of-Way (90).

The data suggests that the New Lenox Police Department investigates between 662 and 743 motor vehicles each year.\* Failure to Reduce Speed to Avoid a Crash was consistently the leading cause of crashes while Failure to Yield the Right-of-Way and Improper Backing were either second or third. Although not referenced above, "Unable to Determine" consistently came in fourth each year.

With regard to full year's data (2011, 2012, 2013, and 2014) the average annual number of crashes is 689. There was a -1.34% decrease from 2011 to 2012, a 2.72% increase from 2012 to 2013 and a 9.26% increase from 2013 to 2014. Statistically, 2015 will *likely* end lower than 2014, but higher than the annual average.

#### Fatal Traffic Crashes

The New Lenox Police Department did not experience any fatal crashes in 2011, 2012, 2013, and 2014. However, there was one fatal crash on February 13, 2015 involving a 17-year pedestrian (high school student) that was struck by a semi-truck while crossing U.S. Route 30 near Schoolhouse Road. The crash occurred mid-morning when the student was returning to Lincoln-Way Central High School. After a thorough investigation it was determined that the student was at fault as he apparently fell while crossing the roadway.

In addition to the above data from the New Lenox Police Department, Silver Cross Hospital provided the following data regarding Emergency Department visits, resulting from motor vehicle crashes:

2015*	Total 33
	5 vehicle vs pedestrian
	27 vehicle vs vehicle
	1 motorcycle crash
2014	Total 35
	4 vehicle vs pedestrian
	29 vehicle vs vehicle
	2 motorcycle crash
2013	Total 32
	6 vehicle vs pedestrian
	19 vehicle vs vehicle
	6 motorcycle crash
	1 vehicle vs bicycle

2012	Total 57
	8 motorcycle crash
	5 bicycle vs vehicle
	44 vehicle vs vehicle

2011	Total 36
	4 motorcycle crash
	32 vehicle vs vehicle

With regard to full year's data (2011, 2012, 2013, and 2014) the average annual number of personal injury crashes is 40. There was a 58.33% increase from 2011 to 2012, a -43.86% decrease from 2012 to 2013 and a 9.38% increase from 2013 to 2014. Statistically, 2015 will *likely* end higher than 2014, and higher than the annual average. It appears that motorcycle crashes have dropped from a high of 8 in 2012 to just one in 2015.

It should be noted that data from Silver Cross Hospital is for the zip code 60451 (New Lenox Township), and not just the Village of New Lenox.

*\*Data for 2015 is thru August 31<sup>st</sup>.*

In addition to motor vehicle crash data from the New Lenox Police Department and Silver Cross Hospital, the New Lenox Fire Protection District provided crash data as well.

2015*	Total 215
2014	Total 277
2013	Total 209
2012	Total 228
2011**	Total 215

It should be noted that data from the New Lenox Fire Protection District is for the zip code 60451 (New Lenox Township), and not just the Village of New Lenox. In addition, 2014 and 2015 data was derived from a different records management system than 2011, 2012, and 2013 data.

*\*Data for 2015 is thru October 29<sup>th</sup>.*

*\*\* Data for 2011 is for April 7<sup>th</sup> thru December 31<sup>st</sup>.*

## **Falls / Older Adults**

According to Silver Cross Hospital, the following fall-related injuries came into the Emergency Department:

2015*	Total 44 – 26 falls or 59.09% were 60 years of age or older
	4 down a flight of stairs
	4 from a ladder
	28 from a standing position
	4 from a 2 <sup>nd</sup> story
	4 from other source-animal, playground equipment, wheelchair, etc...
2014	Total 79 – 59 falls or 74.68% were 60 years of age or older
	60 from a standing position
	3 from a 2 <sup>nd</sup> story
	8 down a flight of stairs
	8 from other source-ladder, chair, animal, etc...
2013	Total 56 – 43 falls or 76.78% were 60 years of age or older
	44 from standing position
	3 from a 2 <sup>nd</sup> story
	3 thrown from a horse
	6 from other source-wheelchair, playground equipment, etc...
2012	Total 69 – 57 falls or 82.60% were 60 years of age or older
	6 down flight of stairs
	1 from a commode
	2 from a ladder
	1 from a chair
	58 from standing position
	1 from a horse
2011	Total 103 – 72 falls or 69.90% were 60 years of age or older
	14 from a 2 <sup>nd</sup> story
	3 from a ladder
	1 from a horse
	66 from a standing position
	19 from other source-wheelchair, playground equipment, toilet, etc...

With regard to full year's data (2011, 2012, 2013, and 2014), the annual average number of total falls is 76.75. The annual average number for older adults (60 years of age or older) is 57.75. With regard to older adult falls, there was a -20.83% decrease from 2011 to 2012, a -24.56 decrease from 2012 to 2013 and a 37.21 increase from 2013 to 2014. Statistically, 2015 will *likely* end lower than 2014 and lower than the annual average.

It should be noted that data from Silver Cross Hospital is for the zip code 60451 (New Lenox Township), and not just the Village of New Lenox.

*\*Data for 2015 is thru August 31<sup>st</sup>.*

According to the New Lenox Fire Protection District, paramedics responded to the following fall-related injuries:

2015*	Total 227 – 180 or 79.30% were 60 years of age or older 58 of the seniors were male while 122 were female
2014	Total 195 – 127 or 65.13% were 60 years of age or older 31 of the seniors were male while 96 were female
2013	Total 51 – 30 or 58.82% were 60 years of age or older 8 of the seniors were male while 22 were female
2012	Total 102 – 65 or 63.73% were 60 years of age or older 18 of the seniors were male while 47 were female
2011**	Total 44 – 24 or 54.54% were 60 years of age or older 6 of the seniors were male while 18 were female

With regard to full year's data (2012, 2013, and 2014) the annual average of total falls is 116. The annual average number for older adults (60 years of age or older) is 74. With regard to older adult falls, there was a -53.85% decrease from 2012 to 2013 and a 323.33% increase from 2013 to 2014. Statistically, 2015 will *likely* end higher than 2014 and higher than the annual average.

It should be noted that data from the New Lenox Fire Protection District is for the zip code 60451 (New Lenox Township), and not just the Village of New Lenox. In addition, data for 2014 and 2015 was derived from a different records management system than 2011, 2012, and 2013 data.

*\*Data for 2015 is thru November 4<sup>th</sup>.*

*\*\* Data for 2011 is for April 7<sup>th</sup> thru December 31<sup>st</sup>.*

### **Poisoning by Prescription Drug Overdose**

The New Lenox Fire Protection District was unable to provide data for this category. As a result of our data request, they have made changes in their reporting software that will capture this data moving forward.

According to the New Lenox Police Department Records Division, a police officer was dispatched to assist paramedics as follows:

### 2015

10/30/2015	M/W/15	Drug overdose (acid)
09/16/2015	F/W/40	Drug overdose (unknown prescription meds)
07/14/2015	F/W/19	Heroin overdose
06/29/2015	M/W/35	Possible heroin overdose at SC Hospital
05/26/2015	M/W/19	Heroin overdose
04/23/2015	M/W/41	Heroin overdose (death)
04/18/2015	M/W/27	Heroin overdose (death)
04/10/2015	M/W/36	Heroin overdose at SC Hospital
03/28/2015	M/W/35	Accidental prescription drug overdose (Hydrocodone)
03/21/2015	F/W/21	Heroin overdose
03/17/2015	M/W/25	Prescription drug overdose (Clonazepam)
03/13/2015	F/W/40	Prescription drug overdose (unknown type)
02/16/2015	F/W/25	Heroin overdose (Narcan save by paramedics)
01/24/2015	F/W/56	Prescription drug overdose (Hydrocodone)
01/07/2015	M/W/21	Prescription drug overdose (Hydrocodone)

### 2014

12/24/2014	M/W/30	Heroin overdose (death)
10/13/2014	M/W/27	Heroin overdose (death)
10/04/2014	M/W/49	Prescription drug overdose (numerous, death)
08/25/2014	M/W/31	Disoriented from Methadone (heroin addict)
08/08/2014	M/W/18	Prescription drug overdose (Klonopin)
06/01/2014	M/W/20	Took acid in another town
04/21/2014	M/W/20	Heroin and cocaine overdose
04/08/2014	M/W/20	Heroin overdose
02/24/2014	M/W/35	Heroin overdose (death)

### 2013

11/25/2013	M/W/35	Heroin overdose (death)
11/01/2013	F/W/19	Overdose (Tylenol)
10/12/2013	M/W/34	Heroin overdose (Narcan save by paramedics)
10/07/2013	F/W/16	Overdose (bipolar medications)
10/05/2013	M/W/19	Overdose (possibly heroin, Narcan save)
09/30/2013	F/W/19	Overdose (possibly heroin, Narcan save)
08/29/2013	M/W/17	Overdose (Lithium Carbonate)
08/22/2013	M/W/20	Overdose (Xanax and heroin)
08/16/2013	F/W/19	Heroin overdose
07/10/2013	M/W/20	Overdose (heroin and possibly Suboxone)
06/05/2013	F/W/29	Oxycodone (death, at SCH, non-resident)
05/06/2013	M/W/20	Heroin overdose
05/05/2013	F/W/34	Prescription drug overdose (Unknown type)
03/25/2013	M/W/28	Hallucinations (unknown prescription medications)
03/06/2013	M/W/26	Heroin withdrawal
02/23/2013	F/W/26	Overdose (unknown, possibly heroin)
02/03/2013	M/W/17	Prescription Drug Overdose (Xanax)

01/24/2013	F/W/27	Heroin overdose (Narcan save by paramedics)
01/05/2013	M/W/20	Prescription drug overdose (death, Methadone)

2012

12/16/2012	F/H/45	Prescription drug overdose (Unisom sleeping pills)
12/09/2012	M/W/16	Erratic behavior (heroin suspected)
12/09/2012	M/W/53	Prescription drug overdose (Trazodone)
11/25/2012	M/W/27	Cocaine and opiate intoxication (death)
11/23/2012	M/W/18	Heroin overdose (death)
11/12/2012	M/W/28	Intoxication (alcohol and prescription meds)
10/05/2012	M/W/25	Heroin overdose
08/27/2012	M/W/18	Heroin overdose
08/09/2012	M/W/22	Heroin overdose
08/03/2012	M/W/27	Heroin overdose
07/08/2012	F/W/15	Lost consciousness (3M Dust Remover)
06/27/2012	F/W/18	Heroin overdose
06/17/2012	M/W/19	Heroin overdose
06/22/2012	F/W/18	Heroin overdose (death)
05/25/2012	F/B/46	Highly intoxicated at Walmart (alcohol & pills)
05/14/2012	M/W/19	Heroin overdose (death)
04/22/2012	M/W/16	Alcohol poisoning (vodka)
03/10/2012	M/W/18	Alcohol overdose (drinking in another town)
02/21/2012	F/W/25	Lost consciousness (possible drug-related)

2011

10/25/2011	M/W/36	Heroin overdose
10/01/2011	F/W/44	Prescription drug overdose (depressants)
09/06/2011	M/W/20	Heroin overdose (non-resident)
08/02/2011	F/W/24	Unconscious subject tested positive for illicit drugs
06/27/2011	M/W/37	Heroin overdose (death)
03/25/2011	F/W/16	Allegedly smoking K2 (synthetic cannabis)
03/06/2011	F/W/36	Prescription drug overdose (anxiety pills)
02/26/2011	M/W/52	Prescription drug overdose (death, several meds)

According to New Lenox Police Department reports, there were 70 drug overdoses (including deaths) between 2011 and 2015. With the understanding that 2015 has not yet come to a close, that's an average of 14 drug overdoses each year. Forty-six (65.71%) of the victims were male while 24 (34.28%) of the victims were female. The average age of all victims was 27. The average age of the male victims was 26 while the average age of the female victims was 28. Thirty-eight (54.28%) of the cases involved heroin, 25 (35.71%) of the cases involved prescription medications and 7 (10%) of the cases were "other" (alcohol, acid, cannabis, or unknown).

It should be noted that individuals ingesting drugs with the intent of harming themselves were counted in the completed or attempted suicide category.



It should also be noted that Silver Cross Hospital is in the Village of New Lenox and the New Lenox Police Department's jurisdiction. As such, police officers were called to the Emergency Department to handle drug overdose cases, and in at least one instance a drug overdose death. These cases include individuals that are non-residents who ingested drugs outside of our jurisdiction, but were transported to Silver Cross Hospital for treatment.

The following data is from the Will County Coroner's Office and includes information regarding accidental overdose deaths:

2015

04/23/2015	M/W/41	Heroin Intoxication
04/18/2015	M/W/27	Heroin Intoxication

2014

12/24/2014	M/W/30	Alcohol and Heroin Intoxication
10/13/2014	M/W/27	Heroin Intoxication
10/04/2014	M/W/49	Hydrocodone & Alprazolam Intoxication
02/24/2014	M/W/35	Combined Heroin and Diazepam Intoxication

2013

11/25/2013	M/W/35	Heroin & Alprazolam Intoxication
06/05/2013	F/W/29	Oxycodone Intoxication
01/05/2013	M/W/20	Methadone Intoxication

2012

11/25/2012	M/W/27	Cold Exposure; Cocaine and Heroin Intoxication
11/23/2012	M/W/18	Heroin & Alprazolam Intoxication
06/22/2012	F/W/18	Heroin Intoxication
05/14/2012	M/W/19	Heroin Intoxication

2011

06/27/2011	M/W/37	Heroin Intoxication
02/26/2011	M/W/52	Opiate & Alprazolam Intoxication

According to the Will County Coroner's Office, there were 15 drug overdose deaths in the Village of New Lenox between 2011 and 2015. That's an average of three deaths annually. Thirteen (86.66%) of the victims were male while two (13.33%) were female. The average age of all victims was 31. The average age of the male victims was 32 while the average age of the female victims was 23.5. It appears that all of the deaths involve heroin or an opioid-based drug.

## Violence and Suicide

### Suicide (Completed)

According to the New Lenox Police Department and Will County Coroner's Office, the following suicides were investigated in the Village of New Lenox:

10/06/2015	F/W/46	Drug overdose (prescription medications)
10/01/2015	M/W/66	GSW to the head
07/15/2015	M/W/29	GSW to the head
04/03/2014	M/W/30	Hanging
03/10/2014	F/W/42	Train striking pedestrian
11/28/2013	F/W/45	Chemical inhalation
09/06/2013	M/W/55	GSW to the chest
11/15/2012	M/W/65	GSW to the head
02/19/2012	M/W/86	GSW to the head
07/22/2011	M/W/40	Asphyxia due to plastic bag over head
03/29/2011	M/W/29	GSW to the chest
01/26/2011	M/W/27	Combined drug intoxication

The data suggests that New Lenox experiences 2.4 completed suicides annually.\* Nine out of twelve, or 75% of the victims were male. Six out of twelve, or 50% utilized a firearm to complete suicide. The average age of the male victims was 47.4, while the average age of the female victims was 44.3.

The incident on 02/19/2012 involving the 86-year old male occurred in New Lenox. The victim was alive at the scene, transported to Silver Cross Hospital, and then air-lifted to Loyola Medical Center in Maywood, IL. The victim died on 02/20/2012 and therefore the death became a Cook County Medical Examiner's case. Since the act occurred in New Lenox, it has been classified as a completed suicide.

*\*It should be noted that 2015 data is thru October 31<sup>st</sup>.*

### Suicide (Attempted)

According to the New Lenox Police Department, the following attempted suicides were investigated in the Village of New Lenox:

<u>2015</u>		
10/18/2015	F/W/49	Depression, anxiety, suicidal thoughts
10/16/2015	M/W/16	Threat, snorting crushed Xanax pills
09/28/2015	F/W/60	Small cut marks on wrist
09/23/2015	M/W/19	Depression
09/03/2015	F/W/46	Threat (text message)

08/27/2015	F/W/32	Threat and small cut marks on wrist
08/26/2015	M/W/17	Depression
06/30/2015	M/W/49	Prescription medication (blood pressure pills)
06/29/2015	M/W/54	Depression
06/17/2015	F/W/48	Prescription medication (Lorazepam)
06/07/2015	M/W/38	Depression
05/30/2015	M/W/30	Threat
05/24/2015	F/B/16	Small scratches on arm
05/16/2015	M/W/15	Depression
04/19/2015	M/W/38	Threat
04/16/2015	F/W/16	Cut marks on arms
03/21/2015	F/W/35	Alcohol and unknown pills
03/19/2015	F/W/47	Alcohol and sleeping pills
03/16/2015	M/W/25	Prescription medication (Colmazepam)
02/15/2015	F/W/53	Alcohol, prescription medication (Colmazepam)
01/29/2015	M/W/30	Prescription medications
01/28/2015	M/W/32	Threat
01/26/2015	F/W/14	Hanging
01/25/2015	M/W/23	Threat
01/03/2015	M/W/84	Hanging

2014

12/13/2014	M/W/23	Threat
12/12/2014	M/W/17	Depression / suspect sleeping pills
12/12/2014	F/W/68	Depression
11/30/2014	F/W/14	Scratches on arm
10/23/2014	M/W/48	Pills (unknown)
10/16/2014	F/W/43	Alcohol and pills (Xanax)
10/16/2014	M/W/23	Depression / drug and alcohol addiction
10/07/2014	M/W/48	Small cut marks on wrist
09/27/2014	M/H/19	Depression / chain hanging in garage
09/27/2014	M/W/21	Numerous cuts on forearm
09/26/2014	M/W/48	Prescription medication (blood pressure pills)
09/21/2014	M/W/20	Standing on bridge
09/20/2014	F/W/30	Depression
09/14/2014	M/H/47	Pills (Nyquil)
09/14/2014	F/W/47	Pills (unknown)
08/26/2014	F/W/46	Prescription medication (Hydrocodone)
08/08/2014	M/W/18	Prescription medication (Klonopin)
07/31/2014	F/W/58	Alcohol and prescription medications
07/27/2014	F/W/41	Carbon monoxide, alcohol, prescription medication
07/14/2014	M/W/34	Depression, suicidal thoughts
07/11/2014	M/W/57	Hanging
06/29/2014	M/W/18	On train tracks
06/25/2014	M/H/18	Cut marks on wrist
06/18/2014	F/W/51	Depression, suicidal thoughts

06/10/2014	M/H/18	Depression, suicidal thoughts
06/07/2014	F/W/19	Threat
05/27/2014	F/W/13	Threat
05/14/2014	F/W/47	Alcohol, locked in bathroom with knife
04/21/2014	F/W/16	Threat
04/28/2014	M/W/23	Pills (Equate sleep aid)
04/21/2014	M/W/30	Threat
03/18/2014	F/W/17	Prescription medications
03/05/2014	F/W/56	Domestic disturbance, threats, pills
02/23/2014	M/W/18	Threat, knife, possibly related to taking acid
02/15/2014	F/W/16	Prescription medication (Hydrocodone)
02/09/2014	M/W/25	Threat
02/14/2014	M/W/20	Threat, possible pills (Xanax)
01/31/2014	M/W/54	Possession of knife, comments, precautionary
01/24/2014	F/W/59	Prescription medications (Ambien, Xanax, Vicodin)
01/13/2014	M/W/19	Threat, drug addiction, precautionary
01/02/2014	F/W/17	Over-the-counter medication (Thera-Flu)

2013

12/10/2013	F/W/19	Cut mark on forearm
10/28/2013	M/W/44	Threat
09/29/2013	M/W/55	Threat (vehicle, carbon monoxide)
09/13/2013	M/W/23	Pills (unknown), other psychiatric issues
09/10/2013	F/W/15	Threat (precautionary)
09/09/2013	M/W/52	Threat (shotgun)
09/06/2013	M/W/50	Threat
09/05/2013	M/W/46	Depressed, wished to be transported
09/03/2013	F/W/15	Prescription medications (Vicodin, Trazodone)
08/08/2013	M/W/23	Threat
08/03/2013	M/W/15	Threat
08/05/2013	M/W/25	Threat (non-resident, while at work in NL)
05/19/2013	M/W/17	Cuts on arm
05/30/2013	M/W/59	Threat (on phone with Social Security Admin.)
04/18/2013	F/W/45	Threat (vehicle, carbon monoxide)
04/18/2013	M/W/56	Threat
04/17/2013	M/W/43	Threat (intoxicated)
04/16/2013	M/W/47	Prescription medication (blood pressure pills)
04/01/2013	F/W/43	Prescription medication (Hydrocodone) and alcohol
03/27/2013	M/H/16	Threat (knife)
03/24/2013	F/W/20	Threat
02/13/2013	F/H/17	Prescription medication (Hydrocodone)
01/29/2013	M/W/56	Threat (firearm)
01/24/2013	M/W/44	Threat (homeless, alcohol addiction at Silver Cross)
01/13/2013	F/W/15	Threat (received via text, 3 <sup>rd</sup> party)
01/13/2013	M/W/17	Threat (alcohol and took two pills)

## 2012

12/27/2012	M/W/60	Intoxicated and made verbal threat
12/27/2012	M/W/16	Cut on arm
12/18/2012	M/W/31	Pills (unknown) and possession of knife
12/17/2012	M/W/57	Eluded to completing suicide
12/17/2012	F/W/16	Threat
12/11/2012	F/W/61	Threat
11/30/2012	F/W/15	Pills (unknown) and cuts to arm
11/16/2012	M/W/19	Threat
11/09/2012	M/W/58	Prescription medication (Xanax)
10/31/2012	F/W/41	Prescription medication (Zolpidem)
10/22/2012	M/W/21	Threat
10/15/2012	M/W/19	Cut on arm
10/01/2012	M/W/27	Threat
09/26/2012	M/W/41	Threat (intoxicated)
09/24/2012	M/W/64	Prescription medication (numerous types)
08/21/2012	M/W/52	Threat
08/17/2012	M/W/17	Threat (knife)
08/06/2012	M/W/36	Erratic behavior, prior threats
07/16/2012	M/W/36	Threat
07/09/2012	M/W/18	Threat
07/03/2012	F/W/15	Threat, prior history of cutting
06/27/2012	M/W/54	Threat
06/25/2012	M/W/17	Erratic behavior, prior threats
06/06/2012	M/W/62	Prescription medication (numerous types), alcohol
06/03/2012	F/W/24	Threat
05/05/2012	F/W/17	Threat
04/20/2012	M/W/19	Threat
04/12/2012	M/W/16	Prescription medication (Klonopin)
04/09/2012	M/W/17	Threat
04/01/2012	M/W/21	Threat (knife)
03/25/2012	M/W/33	Over-the-counter sleeping pills, alcohol
03/03/2012	F/W/53	Threat (learned her son was killed in a crash)
03/02/2012	F/H/17	Prescription medications (Lexapro and Abilify)
01/16/2012	F/W/14	Prescription medication (Lexapro)
01/09/2012	M/W/23	Depressed, needed to talk to someone
01/05/2012	F/W/21	Prescription medications (numerous types)

## 2011

12/28/2011	M/W/16	Cut on wrist, threw himself down stairs
12/23/2011	F/W/35	Threat (not located at the residence)
12/20/2011	M/W/22	Threat
12/11/2011	M/W/32	Threat (text that he was writing a good bye note)
12/08/2011	M/W/16	Threat (Facebook – “life sucks, ending it now”)
12/01/2011	F/W/20	Over-the-counter medication (Ibuprofen)
11/28/2011	M/W/17	Threat (knife)

11/05/2011	M/W/36	Threat (intoxicated)
10/17/2011	M/W/36	Threat (intoxicated)
10/11/2011	F/W/20	Over-the-counter medication (Ibuprofen), non-resident
10/01/2011	F/W/44	Prescription medication (heart medicine and others)
09/04/2011	M/W/36	Prescription medication (muscle relaxers)
09/01/2011	M/W/36	Prescription and over-the-counter medication
08/21/2011	M/W/53	Prescription medication (depression meds)
08/17/2011	M/W/36	Threat (intoxicated)
08/14/2011	F/W/16	Over-the-counter medication (Ibuprofen)
07/31/2011	M/W/36	Threat
06/30/2011	M/W/45	Threat (knife)
06/04/2011	F/W/14	Threat (knife and unknown pills)
05/15/2011	M/W/50	Unconscious, suicidal tendencies (precautionary)
04/25/2011	F/W/17	Threat (knife)
02/18/2011	F/W/45	Over-the-counter medication (Tylenol)
02/07/2011	F/W/16	Prescription medication (Adderall)
02/06/2011	F/W/51	Threat, non-resident at church
01/12/2011	F/W/36	Threat (possible prescription medication)

It should be noted that the vast majority (almost all) of victims were transported to Silver Cross Hospital for a psychological evaluation. This includes by-way-of voluntary and involuntary admission. A much smaller number of individuals were transported to what is now Presence St. Joseph Medical Center.

Interestingly, some of the cases included repeat victim(s). For example, one victim attempted suicide on seven separate occasions.

Many of the incidents include individuals who had previously been diagnosed with behavioral health issues. A good portion of other cases involved the victim being under the influence of drugs and / or alcohol.

The statistical data revealed the following:

<u>Year</u>	<u>Total #</u>	<u>Male</u>	<u>Female</u>
2015*	25	14	11
2014	41	23	18
2013	26	18	8
2012	36	25	11
2011	<u>25</u> 153	<u>14</u> 94	<u>11</u> 59

From January 1, 2011 thru October 20, 2015, there were a total of 153 attempted suicides. Ninety-four (61.44%) of the attempted suicides were by males, while 59 (38.56%) were by females. The average age of all victims was 32.65. The average age of males was 33.24, while the average age for female attempted suicides was 31.71.

*\*It should be noted that 2015 data is thru October 20<sup>th</sup>.*

### Domestic Violence

According to New Lenox Police Department, the below data represents the total number of Domestic Violence cases from 2011 thru 2015.\* For clarification, these are Uniform Crime Report numbers, which are classified as "Domestic Battery." An arrest was made in almost all cases.

2015	16 cases
2014	27 cases
2013	43 cases
2012	23 cases
2011	38 cases

With regard to full year's data (2011, 2012, 2013, and 2014) the annual average number of domestic violence cases was 32.75. There was a -39.47% decrease from 2011 to 2012, an 86.96% increase from 2012 to 2013 and a -37.21% decrease from 2013 to 2014. Statistically, 2015 will *likely* end lower than 2014 and lower than the annual average.

*\*It should be noted that the domestic violence data for 2015 is thru September 30<sup>th</sup>.*

### Violent Crime

For the purpose of this section the following offenses were utilized to define "violent crime." Homicide, Criminal Sexual Assault, Robbery, Aggravated Assault / Battery, Simple Assault / Battery, Deadly Weapons, and Other Sex Offenses.

#### Homicide

2015*	0
2014	1
2013	0
2012	0

2011 0

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number for Homicide is 0.25.

Criminal Sexual Assault

2015\* 7

2014 3

2013 4

2012 3

2011 1

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number of Criminal Sexual Assaults is 2.75.

Robbery

2015\* 5

2014 4

2013 0

2012 1

2011 1

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number for Robbery is 1.5.

Aggravated Assault / Battery

2015\* 11

2014 16

2013 15

2012 15

2011 11

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number for Aggravated Assault / Battery is 14.25.



Simple Assault / Battery

2015\* 39

2014 55

2013 91

2012 73

2011 86

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number for Simple Assault / Battery is 76.25.

Deadly Weapons

2015\* 5

2014 3

2013 8

2012 8

2011 3

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number for Deadly Weapons is 5.5.

Other Sex Offenses

2015\* 4

2014 7

2013 6

2012 5

2011 4

Based on full year's data (2011, 2012, 2013, and 2014), the average annual number for Other Sex Offenses is 5.5.

Total numbers for all violent crime offenses:

2015*	71
2014	89
2013	124
2012	105
2011	106

Using the above definition for “violent crime” and based on full year’s data (2011, 2012, 2013, and 2014), the New Lenox Police Department investigates an average of 106 violent crimes annually. There was a -0.94% decrease from 2011 to 2012, an 18.09% increase from 2012 to 2013 and a -28.23% decrease from 2013 to 2014. Statistically, 2015 will *likely* end higher than 2014, but lower than the annual average.

*\*Data for 2015 is thru September 30<sup>th</sup>.*

### **Workplace Injuries**

In June of 2014 our Workplace Safety Task Group, in partnership with the New Lenox Chamber of Commerce, developed a survey for (Chamber of Commerce) businesses. The survey asked questions to identify type of industry, number of employees, hours of operation, injuries within previous 12 months, and what types of injuries. In addition, the survey asked if the business has a “Safety Committee,” a “Safety Manager,” a “Workplace Safety Emergency Plan,” and if they provide new employees with a safety orientation.

Twenty-three businesses responded to the survey from retail, service, health care, construction and “other” sectors. “Other” ranged from non-profits to local government.

Twelve businesses (52.17%) answered that they employ 1-10 employees, one (4.35%) answered that they employ 11-25 employees, one (4.35%) answered that they employee 26-50 employees, two (8.70%) answered that they employee 51-100 employees, five (21.74%) answered that they employ 101-250 employees, and two (8.70%) answered that they employ 250+ employees.

43.48% of the businesses operate 8-hours per day, 17.39% operate 16-hours per day, 17.39% operate 24-hours per day, and 21.74% operate 10, 12, or 15-hours per day.

39.13% of the businesses answered “yes” when asked if any injuries occurred within the last 12 months, while 60.87% answered “no.”

With regard to type of injuries occurred in their workplace, 7 (30.43%) reported falls, 2 (8.70%) reported burns, 6 (26.09%) reported cuts or lacerations requiring sutures, 1 (4.35%) reported an eye injury, 1 (4.35%) reported a broken bone, and 15 (65.22%) reported “other” injuries. “Other” included needle sticks and / or exposure to bodily fluids, “strength stress,” rotator cuff, and under “other” 12 reported no injury occurred.

Thirteen (56.12%) businesses reported that they do have a “Safety Committee” or similar group with efforts toward injury prevention. Ten (43.48%) reported that they do not have any such entity.

Seven (30.43%) businesses reported that they do have a “Safety Manager” or someone responsible for injury prevention. Sixteen (69.57%) reported that no such position exists within their organization.

Fifteen (65.22%) businesses reported that they do have a “Workplace Safety Emergency Plan” or similar document. Eight (34.78%) reported that they do not have a plan.

Fifteen (65.22%) businesses reported that they do provide new hires with a safety orientation. Eight (34.78%) do not provide their employees with a safety orientation.

Unfortunately not much could be gleaned from the survey results due to the small sample size. The intent of the survey was to identify key injury areas and other deficiencies such as the absence of a “Workplace Safety Emergency Plan.” Our Workplace Safety Task Group was prepared to identify individuals trained in occupational safety that would provide training to interested businesses. In addition, our task group was prepared to develop a “model” “Workplace Safety Emergency Plan” that businesses could adopt and modify accordingly. Our task group suspected that smaller businesses, without dedicated safety personnel, would be interested in these offerings. With this said, in the midst of the work, the Task Group Chair stepped down and the efforts did not move forward. Our Workplace Safety Task Group has been in limbo ever since, but we hope that in the near future it will be revived with new leadership and members.

Aside from the above survey, our coalition has struggled to obtain solid data on workplace injuries. Although the New Lenox Fire Protection District has been extremely helpful with providing injury data, their protocol for reporting injuries in the workplace does not distinguish between worker and visitor injuries. In addition, their records management system identifies “runs by location type.” The most applicable category is “business / commercial,” but again it does not distinguish whether an employee or visitor was injured.

In 2015 (January 1<sup>st</sup> thru November 14<sup>th</sup>) the New Lenox Fire Protection District Paramedics responded to 43 injuries which have been classified as work-related.

One can assume that “cut hand,” “laceration,” and “nail in foot,” were injuries affecting employees. Other injuries such as “chest pain,” “weakness,” and “fall victim” are not so obvious. In 2014, paramedics responded to 32 work-related injuries that were just as ambiguous. As mentioned in the previous paragraph, there’s no way of telling if the injury was sustained by an employee or visitor.

Despite these obstacles, our coalition has recently received some good news regarding workplace injury data collection. Linda Forst, MD, MPD, from the University of Illinois at Chicago, has graciously offered to work with our coalition in this area. Linda drafted a proposal for the collaborative project, and attended our November 18, 2015 meeting. Although Linda’s abstract is still in DRAFT form, her intentions to assist our coalition are as follows:

- Conduct surveillance of injuries and illnesses, both general and occupational, among New Lenox residents and surrounding communities; develop an ongoing health/injury surveillance system for the area.
- Conduct an inventory of employers in the Village of New Lenox and surrounding areas regarding health promotion needs and services.
- Assemble a health promotion curriculum based on the findings from the needs assessment (ie, select a topic/issue or multiple issues like nutrition, blood pressure control, cancer screening, physical activity; select a modality depending on site, circumstances, etc.).
- Adapt a protocol and conduct health promotion in selected workplaces
- Assemble health protection materials adapted from the OSHA 10-hour courses on health and safety for both general industry and construction
- Identify, recruit, and train community health workers from among CBOs to deliver health protection training in the field.
- Evaluate all three efforts: surveillance, health promotion, and health and safety training.
- Plan a longitudinal, multi-site study of all these activities (surveillance, health promotion, health protection).

We are very much looking forward to working with Dr. Forst and her staff to identify workplace injuries (inside and outside of our community) and taking to steps to prevent injuries moving forward.

## **Emergency Preparedness**

The Village of New Lenox has not incurred any injuries in this area since our last application for accreditation. That said, our community leaders and coalition stakeholders recognize that it's not a question of "if" a disaster will happen, but "when?" As such, New Lenox has become a leader in emergency preparedness since we formed the New Lenox Safe Communities America Coalition in January 2009.

Many of our successes in the area of emergency preparedness have occurred as a result of our Community Emergency Response Team (CERT). New Lenox CERT is a coalition-led program that operates through the New Lenox Police Department. To date, over 300 residents have completed the 20-Hour Basic CERT Class and our team members have been instrumental in a number of awards that have been bestowed upon the Village of New Lenox.

As a result of the outstanding efforts of our CERT volunteers, the New Lenox Citizen Corps Council was awarded a National Citizen Corps Council Achievement Award in 2010 for its work in community preparedness. CERT volunteers also contributed to our community's designation by the National Weather Service as a Storm Ready Community. The first designation was in 2010, followed by re-designation in 2013, which expires in 2016.

CERT volunteers also played an integral role in the Village of New Lenox winning four consecutive Governor's Home Town Awards (2011, 2012, 2013, 2014), administered through the State of Illinois and its Department of Economic Opportunity. Although CERT members played a role in all four awards, the 2011 and 2014 awards were specifically for "Preparing Citizens for Emergencies and Disasters."

In addition, the New Lenox CERT has participated in the Illinois Emergency Management Agency's Prairie State CERT Challenge (PSCC) six times since its inception in 2010. Each year New Lenox sends a team to the PSCC, which tests Illinois CERTs and their ability to respond to emergencies and disasters. Challenges at the event include triage, treatment, search & rescue, transport, team building, disaster psychology, terrorism, and fire safety / hazards. Ten to twelve teams typically participate each year and New Lenox has won the event twice (2011 and 2015). Aside from taking 1<sup>st</sup> place twice, New Lenox has placed either 2<sup>nd</sup> or 3<sup>rd</sup> the other four years and has earned the well-deserved reputation as being one of the best teams in the State of Illinois.

Aside from the wonderful accolades that our CERT members bring to the Village of New Lenox, they give approximately 5,000 hours of their time each year. These hours come in the form of training, community events and "activations," including requests for mutual aid. Examples of training include those disciplines tested at the Prairie State CERT Challenge as well as incident command, documentation, severe weather spotter, passenger train emergency preparedness, pipeline safety, shelter

operations, winter weather preparedness, communications, functional needs, and tabletop exercises. Examples of community events include assistance at National Night Out, races (5K, 10K, Chicago Marathon, Shamrock Shuffle), Triple Play Concerts, Relay for Life, St. Baldrick's, New Lenox Township Clean-Up Day, ShareFest, blood drives, French Market, Special Needs Day, Loyalty Day Parade, Christmas in the Commons, food drives, health & safety expos, and emergency preparedness presentations for community groups. Examples of "activations" or mutual aid assistance include volunteering at warming & cooling centers, American Red Cross Shelters, and helping Emergency Management Agencies in Will, Cook and LaSalle County severe weather events that resulted in flooding.

In addition, New Lenox CERT volunteers assisted the communities of Coal City and Diamond, IL in November 2013 following a devastating tornado. Our volunteers organized a collection for the tornado victims, which resulted in approximately \$50,000 in donations (supplies, gift cards and cash). Volunteers drove the donations to Coal City in vans and box trucks, while many remained there to help sort the items. Ironically, our CERT members assisted the residents of Coal City once again on June 26, 2015 following another tornado that impacted their community. Our volunteers assisted with clean-up operations and based on their experience, they served as supervisors of spontaneous volunteers who also arrived to assist. New Lenox CERT members gave approximately 300 hours of their time between these two events.

Additional information about the New Lenox Community Emergency Response Team, including quarterly newsletters, can be found at the Village of New Lenox web site [www.newlenox.net](http://www.newlenox.net). CERT is under "departments," then "police." In addition, New Lenox CERT has a Facebook page, which can be accessed at <https://www.facebook.com/NewLenoxCERT>.

Again, in terms of injuries there's not much to report – thankfully! We will continue to strengthen our emergency preparedness efforts through our CERT program, Search and Rescue Team and other initiatives that our stakeholders have in place.

### 3. Data Summary Table

<b>Type of Injury</b>	<b>Trend</b>
Motor Vehicle Crashes	<p>New Lenox Police Department data indicates that there has been one fatal crash in five years (2015).</p> <p>The number of crashes (2011-2014) has risen by 10.73% (671 to 743).</p> <p>Failure to Reduce Speed to Avoid an Accident remains the top causation factor for crashes.</p> <p>Motorcycle crashes have dropped from a high of 8 in 2012 to just one in 2015.</p>
Older Adult Falls	<p>Silver Cross Hospital data (2011-2014) indicates a -18.05% (72 to 59) decrease in older adult patients. During this same period (2011-2014), 75.99% of all fall-related injuries seen by Emergency Department personnel are older adults (60+).</p> <p>New Lenox Fire Protection District data (2012-2014) indicates a 95.38% (65 to 127) increase in older adult falls. During this same period (2012-2014), 62.56% of all fall-related injuries attended to by NLFPD Paramedics are older adults (60+).</p>
Drug Overdose (Poisoning by Prescription Drug Overdose)	<p>New Lenox Police Department data (2012-2014) indicates a -52.63% (19 to 9) decrease in drug overdoses. However, overdoses for 2015 will be higher than 2014. Thirty-eight (54.28%) of the cases involved heroin, 25 (35.71%) of the cases involved prescription medications and 7 (10%) of the cases were “other” (alcohol, acid, cannabis, or unknown).</p> <p>Will County Coroner’s Office data (2011-2015) indicates there are approximately three drug overdose deaths annually. All deaths during this time period have</p>

	involved heroin or an opioid-based derivative.
Violence and Suicide	<p>New Lenox Police Department and Will County Coroner's Office data indicates that there are approximately 2.4 completed suicides annually.</p> <p>New Lenox Police Department data (2011-2014) indicates a 64% (25-41) increase in attempted suicides.</p> <p>New Lenox Police Department data (2011-2014) indicates a -28.95% (38 to 27) decrease in Domestic Violence cases.</p> <p>New Lenox Police Department data (2011-2014) indicates a -16.04% (106 to 89) decrease in violent crime.</p>
Workplace	No reliable data regarding workplace injuries was available. Our coalition has recently developed a partnership with Dr. Linda Forst from the University of Illinois at Chicago to address this injury category.
Natural Disaster (Emergency Preparedness)	There have not been any reported injuries as a result of a natural disaster.

#### 4. Data Source

Data regarding motor vehicle crashes and fatalities was obtained from New Lenox Police Department motor vehicle crash reports.

Additional data regarding personal injury motor vehicle crashes was obtained from the Trauma Program Coordinator for Silver Cross Hospital and represents Emergency Department visits as a result of motor vehicle crashes.

Additional data regarding motor vehicle crashes was obtained from the New Lenox Fire Protection District.

Data regarding fall-related injuries was obtained from the Trauma Program Coordinator for Silver Cross Hospital and represents Emergency Department visits as a result of falls.



Additional data regarding fall-related injuries was obtained from the New Lenox Fire Protection District. 2015 and 2014 data was generated by "Image Trend." 2013, 2012, and 2011 data was generated by their previous system.

Data regarding poisoning (prescription and other drugs) was obtained from New Lenox Police Department reports.

Additional data regarding poisoning (prescription and other drugs) deaths, was obtained from the Will County Coroner's Office.

Data regarding completed suicides was obtained from Will County Coroner's Office and New Lenox Police Department reports.

Data regarding attempted suicides was obtained from New Lenox Police Department reports.

Data regarding domestic violence cases was obtained from New Lenox Police Department reports.

Data regarding violent crime (Homicide, Criminal Sexual Assault, Robbery, Aggravated Assault / Battery, Simple Assault / Battery, Deadly Weapons, and Other Sex Offenses) was obtained from New Lenox Police Department reports.

Data regarding workplace injuries was obtained from a New Lenox Safe Communities America Coalition survey.

Additional data regarding workplace injuries was obtained from the New Lenox Fire Protection District.

There was no injury data available for natural disasters from 2011-2015.

## **5. Project Goals**

### **Older Adult Falls / Matter of Balance**

Reduce the number of falls in the older adult population (60+).

*\*Schedule four Matter of Balance classes annually, which will train 48 seniors.*

### **Older Adult Falls / Fit and Strong**

Reduce the number of falls in the older adult population (60+).

*\*Schedule two Fit and Strong classes annually, which will train 50 seniors.*

### **Violence and Suicide Prevention / Question, Persuade and Refer (QPR)**

Reduce the number of completed and attempted suicides in our community.

*\*Schedule four QPR classes annually, which will train 100 citizens.*

### **Violence and Suicide Prevention / Mental Health First Aid**

Reduce the number of completed and attempted suicides in the community.

*\*Schedule two Mental Health First Aid classes annually, which will train 70 citizens.*

### **Poisoning by Prescription Drug Overdose / Unwanted Medication Disposal Program**

Provide a safe method for disposal of unwanted medications to prevent abuse among teens and misuse by older adults.

*\*Increase annual collection totals by 10% each year.*

### **Emergency Preparedness / Community Emergency Response Team (CERT)**

Reduce injuries and deaths resulting from natural, technological, and intentional disasters.

*\*Schedule two 20-Hour Basic CERT classes annually, which will train 70 citizens.*

## **6. How will the data be used in the development of new strategies?**

Injury data, in part, has driven our coalition's initiatives since we began our efforts in January, 2009. That said, we've recognized that data is often times difficult to collect and may not tell us everything that we would like it to. Although there are many examples, one that comes to mind is in the area of "Poisoning by Prescription Drug Overdose." We've learned through studies that prescription drug overdose deaths are on the rise across the country. This is especially true when it comes to opioid-based prescription drugs, which are thankfully under close scrutiny. So while examining the data for this application, we learned from the Will County Coroner's Office that we've had 15 drug overdose deaths since 2011. All of the deaths have involved heroin. What we don't know is when, and why, the victim started using heroin. Was it because they started using opioid-based prescription drugs and then switched to heroin when their supply ran out? Unfortunately at a local level we don't have these answers because our police officers and paramedics are busy people. Often times it's all they can do to respond to a call, take the appropriate course of action, clear the call, and move onto the next one. In a perfect world someone (police officer, paramedic, drug addiction specialist) would conduct interviews with family members for the purpose of getting to the bottom of the victim's drug addiction. By the same token, it would be nice to interview heroin overdose survivors, but that's easier said than done. Depending on one's perspective, individuals addicted to heroin may be considered "victims," but they're also engaged in criminal behavior. As such, they're likely to be extremely hesitant to reveal details about their addiction, especially to a police officer. Despite these challenges we will continue to seek innovative ways to make the best use of data, in this area as well as other key areas.

### Motor Vehicle Crashes

We will continue to utilize crash data to drive our strategies in this category. That said, shortcomings were recognized in our data collection for this application. For example, the New Lenox Fire Protection District switched to a new records management system in 2014. As such, we were cautioned about potential differences in numbers (2011, 2012, 2013 vs. 2014 and 2015). In addition, there were shortcomings in obtaining crash data from New Lenox Police Department reports. For example, there was no way of telling a personal injury crash from a property damage only crash without pulling and reading each report. So for a year like 2014 where there were 743 crashes that becomes a monumental task. Moving forward, the New Lenox Police Department will be migrating to a new records management system in January 2016, so we'll have to see what types of data it will be able to produce in this category. Lastly, we strongly believe that distracted driving (texting, cell phone use) is an issue in our community and is causing crashes. However, our data does not support this assumption. The unfortunate reality is that following a crash, drivers are reluctant to admit that they were on their cell phone at the time of the crash. Without an admission or any additional evidence, it's difficult to issue a citation for "Unlawful Use of an Electronic Device." This is likely the reason for "Failure to Reduce Speed to Avoid a Crash" being the number one crash causation factor from 2011-2015.

### Falls / Older Adults

We will continue to utilize New Lenox Fire Protection District and Silver Cross Hospital data to drive our strategies in this category. It's very helpful to know how many fall-related injuries come into the Emergency Department at Silver Cross Hospital and how many ambulance runs involve fall-related injuries. After studying these injuries since January 2009, it wasn't a surprise to see that the vast majority of fall-related injuries involve seniors.

In terms of this application, we were pleased to see that based on Silver Cross Hospital data we've made some real strides. However, the New Lenox Fire Protection District data suggests that older adult fall-related injuries are definitely on the rise. Unfortunately we do not have an explanation for the numbers. Does it mean that the injuries are less severe and seniors are not going to the Emergency Department at Silver Cross Hospital? Along the same lines, are paramedics being called more often? Are the fall-related injuries less severe and the seniors are signing refusals for transport to the hospital? Unfortunately the records management software does not provide answers to these questions and in speaking with New Lenox Fire Protection District personnel, it's doubtful that reading individual reports would provide answers either.

In addition, we will also be seeking additional sources of data in this area. We've had a number of "physician's immediate care" facilities open in New Lenox in the past several years. We suspect that seniors are visiting these types of facilities when they sustain an injury that does not rise to the level of calling the paramedics or driving to the emergency room. As such, these facilities could provide additional

data and perhaps become good candidates to partner with our coalition by promoting our evidence-based older adults falls prevention programs.

#### Poisoning by Prescription Drug Overdose

We will continue to utilize New Lenox Police Department and Will County Coroner's Office reports and data to drive our strategies in this area. The data tells us that in terms of drug overdoses (survivors), we need to focus our efforts primarily on males (65% of the victims), but can't overlook females (35%) either. The data tells us that the average age of the victims is 27 (males 26, females 28), but there were overdose victims as young as 15 and old as 56, which we need to be mindful of as well.

In terms of drug overdose deaths, 13 (86.66%) out of 15 victims were male. The average age of the male victims was 32, while the two female victim's average age was 23.5.

As noted in the introduction to this section, the data tells us that heroin is a real problem in our community, but why? Where are things going sideways for those that become addicted to heroin? These are the questions that we need to find the answers to so we can develop strategies to address the problem at an earlier stage. In addition to New Lenox Police Department and Will County Coroner's Office reports, we will also seek additional sources of data as well. Perhaps data from our friends in the private sector in the form of substance abuse and addiction facilities will be helpful.

#### Violence and Suicide

We will continue to utilize New Lenox Police Department and Will County Coroner's Office reports data to drive our strategies in this area. In terms of completed suicides, the Will County Coroner's Office data was very helpful and was confirmed by New Lenox Police Department reports. However, attempted suicides are not tracked by the Will County Coroner's Office, so our data collection relied upon New Lenox Police Department reports.

Based on our data collection, we experience about 2.4 completed suicides annually. The vast majority, nine out of twelve, or 75% between 2001 and 2015, were males. Fifty percent of the victims utilized a firearm to complete suicide. Male and female victims were relatively close in age in terms of averages (47.4 for males, 44.3 for females).

While completed suicides were found to be 2.4 annually, we experience over 12 times (30.6) as many attempted suicides annually. Of the total of 153 attempted suicides, 94 (61.44%) were males, while 59 (38.56%) were females. Much like with the drug overdose cases, it's very difficult for the police officers to get to the root cause of why the victims wished to take their own lives. The good news is that almost all of the victims were transported to Silver Cross Hospital for a psychological evaluation. It was also interesting to note how closely this category ties into prescription medications and how the victims often times utilized prescription

medications to take their own lives. For our coalition, it serves as strong evidence for our continued utilization and promotion of the unwanted medication disposal program. The data in this category also reinforces the need to educate our community by offering Question, Persuade, and Refer (QPR) classes as well as Mental Health First Aid classes.

Also in this category, we found that New Lenox Police Department data to track violent crime was very useful. We will continue to utilize this data to monitor violent crime in our community and were pleased to note a decrease in violent crime since 2011.

### Workplace Injuries

As noted in the Injury Data section, we've attempted to do some work in this area by way of a survey sent out to Chamber of Commerce businesses. Unfortunately the sampling was very small and there wasn't much information that could be gleaned from the survey.

In addition, we found shortcomings in the New Lenox Fire Protection District data in terms of classification of workplace injuries. As previously noted, their system has difficulty determining whether the injury is a "workplace injury," or an injury in a workplace. Moving forward, steps will be taken to differentiate between the two.

The really good news in this area is our new found partnership with Dr. Linda Forst and her colleagues at the University of Illinois at Chicago. Dr. Forst gave an excellent presentation to our coalition on November 18<sup>th</sup> and we are very excited about the new partnership. We believe that Dr. Forst will be able to not only help us collect data in this category, but other categories as well. We really just scratched the surface in terms of the possibilities and look forward to working with Dr. Forst as we move into 2016.

### Emergency Preparedness

As noted in the Injury Data section, we are fortunate that there is no data to report in this section. That said, it doesn't mean that this category isn't important; it is. It's important because it's not a question of "if," but "when?" (a disaster will strike). Fortunately we have taken this category very seriously and have created a number of emergency preparedness initiatives. Each of these programs, whether it's the Community Emergency Response Team, Search & Rescue Team, or Storm Ready Community designation, will reduce injuries and deaths when a disaster strikes. We're fortunate to have these programs in place and even more fortunate to have outstanding volunteers who help spread the preparedness message throughout our community.

### III. Effective strategies to address unintentional and intentional injuries

**Coalition-driven strategies should be promising or evidence based and fall within six key areas: Motor vehicle, including distracted and teen driving and child passenger safety; Older adult falls; Poisoning by prescription drug overdoses; Workplace safety - on and off-the-job; Violence and suicide prevention; Emergency preparedness. Include current activities and plans for the future.**

**Injury Area:** Older Adult Falls

**Project Name:** Matter of Balance

**Project Goal:** Reduce falls and the fear of falling in the older adult population (65+).

**Project Description:** This coalition–driven strategy is an evidence based, 8-week, 8-session, program that combines lecture, videos, and exercise to reduce falls and is led by certified Matter of Balance Coaches.

**Is this promising or evidence based? Include the source:** This is an evidence based program developed at the Roybal Center at Boston University <http://www.mainehealth.org/mob>

**Target group (age, gender, vulnerable population):** Older adults (65+), including males and females.

**Length of Project:** Ongoing. 18 classes have been taught since April 22, 2013. Our plan is to continue offering four Matter of Balance classes annually, which will train 48 seniors.

**Partners:** NLPD, New Lenox Township, New Lenox Fire Protection District, Senior Services of Will County, Pinnacle Physical Therapy, and many community volunteers.

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**Injury Area:** Older Adult Falls

**Project Name:** Fit and Strong

**Project Goal:** Reduce falls in the older adult population (65+).

**Project Description:** This coalition–driven strategy is an evidence based, 8-week, 24-session program that combines walking, low impact aerobics, lower extremity strength conditioning, stretching and flexibility exercises, along with lectures, which is led by certified Fit and Strong Instructors.

**Is this promising or evidence based?** This is an evidence based program developed by the University of Illinois at Chicago, Institute for Health Research and Policy <http://fitandstrong.org/>

**Target group (age, gender, vulnerable population):** Older adults (65+), including males and females.

**Length of Project:** Ongoing. Two classes have been taught since June 15, 2015. Our plan is to continue offering two Fit and Strong classes annually, which will train 50 seniors.

**Partners:** NLPD, New Lenox Township, Pinnacle Physical Therapy, and many community volunteers

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**Injury Area:** Violence and Suicide Prevention

**Project Name:** Question, Persuade and Refer (QPR)

**Project Goal:** Reduce the number of completed and attempted suicides in the community.

**Project Description:** This coalition-driven strategy is a 1 ½ - 2hr. class that increases awareness of suicide and improves one's ability to identify and refer those at risk for suicide. Includes myths, facts, warning signs, risk factors and early intervention techniques.

**Is this promising or evidence based?** This is an evidence based program developed by the QPR Institute [www.qprinstitute.com](http://www.qprinstitute.com). Also listed on SAMHSA's National Registry of Evidence-Based Programs and Practices <http://nrepp.samhsa.gov/ViewIntervention.aspx?id=299>.

**Target group (age, gender, vulnerable population):** Teens thru older adults, including males and females.

**Length of Project:** Ongoing. Five QPR classes have been held since April 10, 2014. Our plan is to continue offering four QPR classes annually, which will train 100 citizens.

**Partners:** Sertoma Centre, Crisis Line of Will-Grundy County, and NAMI of Will-Grundy County.

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**Injury Area:** Violence and Suicide Prevention

**Project Name:** Mental Health First Aid

**Project Goal:** Reduce the number of completed and attempted suicides in the community.

**Project Description:** This coalition-driven strategy is an 8-hr. class that discusses the warning signs of major depression and suicidal behavior, as well as the risk factors and warning signs for suicidal and self-injury behavior.

**Is this promising or evidence based?** This is a promising and best practice program <http://www.mentalhealthfirstaid.org>

**Target group (age, gender, vulnerable population):** Teens thru older adults, including males and females.

**Length of Project:** Ongoing. Three classes have been held since November 11, 2013. Our plan is to continue offering two Mental Health First Aid classes annually, which will train 70 citizens.

**Partners:** NLPD, Sertoma Centre, Linden Oaks, NAMI of Will – Grundy County, and the Crisis Line of Will – Grundy County.

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**Injury Area:** Poisoning by Prescription Drug Overdose

**Project Name:** Unwanted Medication Disposal Program

**Project Goal:** Provide a safe method for disposal of unwanted medications to prevent abuse among teens and misuse by older adults.

**Project Description:** This coalition-driven strategy provides a secure disposal container located at the New Lenox Police Department for the disposal of over-the-counter and prescription medications. Medications are separated, weighed, and properly disposed of pursuant to EPA guidelines.

**Is this promising or evidence based?** Promising and best practice. <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm101653.htm>

**Target group (age, gender, vulnerable population):** Teens thru older adults, including males and females.

**Length of Project:** Ongoing. Approximately 1,200 pounds of unwanted medications are collected annually and since the inception of the program on March 24, 2009. Our plan is to continue offering the Unwanted Medication Disposal Program and increase annual collection totals by 10% each year.

**Partners:** NLPD, Will County Resource, Recovery and Energy, AVP Counseling and DUI Services, Inc., and Rosecrance

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**Injury Area:** Emergency Preparedness

**Project Name:** Community Emergency Response Team (CERT)

**Project Goal:** Reduce injuries and deaths resulting from natural, technological, and intentional disasters.

**Project Description:** This coalition–driven strategy includes providing citizens with a 20-Hour Basic CERT Class, which teaches disaster preparedness, fire safety, medical operations, light search & rescue, disaster psychology, terrorism and team organization, followed by a practical exercise. Ongoing monthly training and community events help strengthen the program’s ability for citizens to assist first responders during disasters.

**Is this promising or evidence based?** Promising and best practice.

<http://www.fema.gov/community-emergency-response-teams>

Information regarding the Community Emergency Response Team can be found at FEMA’s web site under Community Emergency Response Team.

**Target group (age, gender, vulnerable population):** Teens thru older adults, including males and females.

**Length of Project:** Ongoing. Through 10 classes, over 300 residents have been trained since the inception of the program on Sept. 9, 2009. Our plan is to continue to offer two 20-Hour Basic CERT classes annually, which will train 70 citizens.

**Partners:** NLPD, Will County Emergency Management Agency, Illinois Emergency Management Agency, Federal Emergency Management Agency and the New Lenox Fire Protection District.

#### IV. Evaluation Methods

Document how the coalition is measuring initiatives in at least three key Safe Communities areas.

Activities	Outcomes	Length	Indicator(s)	Method	Result
What did you (or will you) do?	What does success look like?	Short term, intermediate term or long term outcomes?	What did you (or will you) measure?	How did you (or will you) measure it?	What did you find? (if applicable)
Older Adult Falls Prevention  Matter of Balance  Fit and Strong	Reduce, by 10%, the number of adults over the age of 60 going to the Emergency Department for a fall related injury by 2015	Long term	Emergency Department visits of people over 60 years of age who had a fall-related injury	Obtained Silver Cross Hospital Emergency Department data	A -18.05% decrease in number of seniors visiting the Emergency Department due to falls (2011-2014)
Poisoning by Prescription Drug Overdose  Unwanted Medication Disposal Program	Increase, by 10%, the pounds of medications collected through the Unwanted Medication Disposal in 2014, from the 2013 year-end total	Intermediate term	Measure of the weight of the medications (not including the containers)	The unwanted medications are collected and weighed by the New Lenox Police Department's Evidence and Property Room Specialist	A 9.63% increase from 2013 to 2014 (664.3 pounds in 2013 to 728.3 pounds in 2014)

<b>Activities</b>	<b>Outcomes</b>	<b>Length</b>	<b>Indicator(s)</b>	<b>Method</b>	<b>Result</b>
What did you (or will you) do?	What does success look like?	Short term, intermediate term or long term outcomes?	What did you (or will you) measure?	How did you (or will you) measure it?	What did you find? (if applicable)
Emergency Preparedness  Community Emergency Response Team	Graduate 150 citizens from the 20-Hour Basic Community Emergency Response Team Class by July 2016, pursuant the ComEd – National Safety Council Safe Community Grant	Intermediate term	The number of residents successfully completing the 20-Hour Basic Community Emergency Response Team Class	The number of students will be measured by class rosters, graduation certificates and will be maintained in a Microsoft Access database	Once class of 28 students has graduated thus far. Several additional classes will be scheduled in an effort to meet the desired outcome of 150.

## Section 4: Community Inventory of Safety and Injury Initiatives

This section should be an audit of all the injury-related programs, policies, and practices available in your community. This should provide your community with a broad view of all the activities occurring in the community, identify duplicated efforts, and encourage cross collaboration between agencies in the community. List all initiatives by the six injury areas and include the initiative name and target population.

<b>Motor Vehicle</b>	
<b>Name of initiative</b>	<b>Target Group</b>
Child Safety Seat Installation and Inspection	<13
Halloween Safety	<13
Safety Belt Awareness	16-18 high school students
Bicycle Safety	<13
School Zone Enforcement	school age children and licensed drivers
Safe Ride Home (New Year's Eve)	21+
Drive Safe / School's Open	school age children and licensed drivers
Drive Safe / School's Closed	school age children and licensed drivers
3D Prevention Month (December)	16+ licensed drivers
Yellow Dot	16+ licensed drivers
Road to Reality and Operation Prom	12-18 junior high & high school students
School Bus Evacuation Drill	6-18 school students thru 12 <sup>th</sup> grade
Crossing Guard Training	+18 volunteer crossing guards
55-Alive Mature Driving Class	+55 licensed drivers
Camp Sunshine	6-13
Operation Lifesaver	6-18 school students thru 12 <sup>th</sup> grade
School Bus Stop Arm Violation Program	16+ licensed drivers
Radar Trailer – Targeted Speed Enforcement	16+ licensed drivers

<b>Older Adult Falls Prevention</b>	
<b>Name of initiative</b>	<b>Target Group</b>
Matter of Balance	60+
Fit and Strong	65+
File of Life	60+
Tai Chi	55+

<b>Poisoning Prevention</b>	
<b>Name of initiative</b>	<b>Target Group</b>
Unwanted Medication Disposal Program	All ages
Drug and Alcohol Awareness	6-18 school students thru 12 <sup>th</sup> grade
Red Ribbon Week	6-11 school students thru 6 <sup>th</sup> grade
Robert Crown Drug Education Program	6-11 school students thru 6 <sup>th</sup> grade
Interquest K-9 Drug Detection	6-18 school students thru 12 <sup>th</sup> grade
Operation Snowball	14-18 high school students
180 Club	12-13 junior high school students
Narcan / Naloxone – NLPD Officers	13+ or any heroin overdose victim
Annual Household Hazardous Waste Collect.	18+ or any New Lenox resident
Oil and Anti-Freeze Drop-Off (NL Township)	18+ or any New Lenox resident

<b>Workplace Safety</b>	
<b>Name of initiative</b>	<b>Target Group</b>
Fire Drills	18+ employees
Tornado Drills	18+ employees
Active Shooter Drills	18+ employees

<b>Violence and Suicide Prevention</b>	
<b>Name of initiative</b>	<b>Target Group</b>
Question, Persuade and Refer (QPR)	13-65+
Mental Health First Aid	18-65+
Bullying Awareness	6-13 school students thru 8 <sup>th</sup> grade
Internet Safety	6-13 school students thru 8 <sup>th</sup> grade
Stranger Awareness	6-11 school students thru 5 <sup>th</sup> grade
Safe Relationships	6-13 school students thru 8 <sup>th</sup> grade
Character Counts	6-13 school students thru 8 <sup>th</sup> grade
Active Shooter / Lockdown Drills	6-18 school students thru 12 <sup>th</sup> grade
Peer Helper / Yellow Card Program	14-18 high school students
School Safety Talks	6-13 school students thru 8 <sup>th</sup> grade
School Resource Officer Program	6-13 school students thru 8 <sup>th</sup> grade
Women's Self Defense Classes (JBMA)	13+
Healing Hearts – Survivors of Suicide Support	18+ who lost a loved one to suicide
Operation Snowball	14-18 high school students
Spectrum Program	14-18 high school students
180 Club	12-13 junior high school students
Bipolar Support Group	18+
World Suicide Prevention Day	18+
National Depression Screening Day	18+
CPI (Nonviolent Crisis Intervention)	18+
ShareFest Job and Resource Fair	18+

<b>Emergency Preparedness</b>	
<b>Name of initiative</b>	<b>Target Group</b>
Citizen Corps Council	entire community
Community Emergency Response Team	entire community
Medical Reserve Corps	entire community
Search and Rescue Team	entire community
Lightning Prediction and Warning System	entire community
Winter Safety	6-12 school students thru 8 <sup>th</sup> grade
Tornado Drills	schools and workplaces
Child Identification Card Program	6-13 school students thru 8 <sup>th</sup> grade
Babysitter Training Class	11-16
Kids Fire Safety Presentations	5-13 school students thru 8 <sup>th</sup> grade
File of Life	anyone with a medical condition
Will County Pharmaceutical Distribution Plan	entire community
Community Alert / Notification System	entire community
Severe Weather Spotter Training	12+
National Preparedness Month Campaign	entire community
Passenger Train Emergency Preparedness	CERT Members, benefits entire community
Special Needs Registry	Special needs clients
Senior Smoke / CO Detector Program	60+
The Pillowcase Project	8-11
Ready When The Time Comes	18+
Hug-a-Tree	7-11
Will County Text Messaging Alerts	13+
Will County Reverse 9-1-1	18+
Learn Not to Burn	<5 Pre-school
Adopt a Firefighter	6-7 First graders
9-1-1, Choking, and CPR	11 Sixth graders
Home Appliance Fire Prevention Program	18+ and homeowners

## Appendix A: New Lenox Safe Communities America Coalition Member List

All listed members agree to the goals of the coalition and to play a role in the coalition and respective task groups.

Member Name	Member Organization	Email	Date Organization Joined Coalition	Member Role (steering committee, task group, other)
Daniel Martin	New Lenox Police Department	<a href="mailto:dmartin@newlenox.net">dmartin@newlenox.net</a>	1-28-2009	Chair of New Lenox Safe Communities America Coalition
Abby Milone	Lincoln-Way High School District 210	<a href="mailto:amilone@lw210.org">amilone@lw210.org</a>	1-28-2009	Motor Vehicle/Traffic Safety
Allison Anderson	Will County Emergency Management Agency	<a href="mailto:aanderson@willcountyillinois.com">aanderson@willcountyillinois.com</a>	1-28-2009	Emergency Preparedness
Arnie Pilmonas	AVP Counseling and DUI Services, Inc.	<a href="mailto:apilmonas@aol.com">apilmonas@aol.com</a>	2-27-2013	Poisoning by Prescription Drug Overdose
Bill Byerley	New Lenox ESDA / Will County ARES / Illinois Radio League	<a href="mailto:Bill3@pagedesk.com">Bill3@pagedesk.com</a>	1-28-2009	Emergency Preparedness
Bob Nelson	New Lenox School District #122	<a href="mailto:bnelson@nlsd122.org">bnelson@nlsd122.org</a>	1-28-2009	Workplace Safety
Brenda Lutz	Will County Emergency Management Agency	<a href="mailto:blutz@willcountyillinois.com">blutz@willcountyillinois.com</a>	1-28-2009	Emergency Preparedness
Emily Johnson	New Lenox Chamber of Commerce	<a href="mailto:emily@newlenoxchamber.com">emily@newlenoxchamber.com</a>	1-28-2009	Workplace Safety
Erin McClintock	Chiro One (Medulla)	<a href="mailto:Erin.McClintock@medullallc.com">Erin.McClintock@medullallc.com</a>	6-26-2013	Youth Sports, Health and

				Safety
Gary Cheney	ShareFest	<a href="mailto:gcheney@sharefestnewlenox.com">gcheney@sharefestnewlenox.com</a>	1-27-2010	Suicide Prevention and Awareness
Gia Washington	Sertoma Centre	<a href="mailto:gWASHINGTON@sertomacentre.org">gWASHINGTON@sertomacentre.org</a>	1-29-2014	Suicide Prevention and Awareness
Holly Pierson	Lincoln-Way West High School	<a href="mailto:hpierson@lw210.org">hpierson@lw210.org</a>	1-28-2009	Motor Vehicle/Traffic Safety
Joe Enzenberger	Dryer Vent Wizard of Will County	<a href="mailto:jenzenberger@dryerventwizard.com">jenzenberger@dryerventwizard.com</a>	10-30-2013	Workplace Safety
John Harper	Providence Catholic High School	<a href="mailto:jharper@ProvidenceCatholic.org">jharper@ProvidenceCatholic.org</a>	1-28-2009	Motor Vehicle/Traffic Safety
Kathie Johnson	New Lenox Township	<a href="mailto:kjohnson@newlenox.org">kjohnson@newlenox.org</a>	1-28-2009	Older Adults Falls Prevention
Katie Roley	Will County Health Department	<a href="mailto:kroley@willcountyhealth.org">kroley@willcountyhealth.org</a>	1-28-2009	Emergency Preparedness
Lauren Lotz	New Lenox Community Park District	<a href="mailto:llorenz@newlenoxparks.org">llorenz@newlenoxparks.org</a>	1-28-2009	Youth Sports, Health and Safety
Lisa Kline	New Lenox Lions Club	<a href="mailto:l.kline2015@att.net">l.kline2015@att.net</a>	1-28-2009	Suicide Prevention and Awareness
Liz Schwenke	Presence St. Joseph Medical Center	<a href="mailto:Elizabeth.Schwenke@PresenceHealth.org">Elizabeth.Schwenke@PresenceHealth.org</a>	1-30-2013	Older Adults Falls Prevention
Liz Wetmore	New Lenox Public Library	<a href="mailto:lwetmore@newlenoxlibrary.org">lwetmore@newlenoxlibrary.org</a>	12-30-2009	Workplace Safety
Marisa Schrieber	New Lenox Fire Protection District	<a href="mailto:Marisa.schrieber@nlfire.com">Marisa.schrieber@nlfire.com</a>	1-28-2009	Motor Vehicle/Traffic Safety –and- Older Adults Falls Prevention



Marta Keane	Will County Waste and Land Use / Will County Green	<a href="mailto:mkeane@willcountylanduse.com">mkeane@willcountylanduse.com</a>	4-25-2012	Poisoning by Prescription Drug Overdose
Mary Jo Button	St. Jude's Parish	<a href="mailto:mbutton@stjudes.org">mbutton@stjudes.org</a>	1-28-2009	Poisoning by Prescription Drug Overdose
Mary Kate Burns	Trinity Services, Inc.	<a href="mailto:mburns@trinity-services.org">mburns@trinity-services.org</a>	3-25-2015	Emergency Preparedness
Michele Batara	Crisis Line of Will-Grundy County	<a href="mailto:mbatara@crisisline247.org">mbatara@crisisline247.org</a>	10-27-2010	Suicide Prevention and Awareness
Noe Santiago	Pinnacle Physical Therapy	<a href="mailto:Noe.pinnaclept@gmail.com">Noe.pinnaclept@gmail.com</a>	1-29-2014	Older Adults Falls Prevention
Paul Lyons	Home Helpers	<a href="mailto:pvlyons@homehelpers.cc">pvlyons@homehelpers.cc</a>	11-20-2013	Older Adults Falls Prevention
Phil Pfeifer	Prime Time Performance Plus	<a href="mailto:Ppfeifer23@gmail.com">Ppfeifer23@gmail.com</a>	1-28-2009	Youth Sports, Health and Safety
Rachel Ridge	Rosecrance	<a href="mailto:rridge@rosecrance.org">rridge@rosecrance.org</a>	1-29-2014	Poisoning by Prescription Drug Overdose
Richard Hazel	American Red Cross	<a href="mailto:Richard.Hazel@redcross.org">Richard.Hazel@redcross.org</a>	5-27-2009	Emergency Preparedness
Stephen Kehoe	Silver Cross Hospital	<a href="mailto:SKehoe@silvercross.org">SKehoe@silvercross.org</a>	5-27-2009	Suicide Prevention and Awareness
Sue Meyers	NAMI of Will-Grundy County	<a href="mailto:meyerssu@gmail.com">meyerssu@gmail.com</a>	8-28-2013	Suicide Prevention and Awareness
Teena Mackey	NAMI of Will-Grundy County	<a href="mailto:Vicepresident1@namiwillcounty.org">Vicepresident1@namiwillcounty.org</a>	8-28-2013	Suicide Prevention and Awareness
Tom Donegan	Metra	<a href="mailto:tdonegan@metrarr.com">tdonegan@metrarr.com</a>	4-29-2009	Motor Vehicle/Traffic Safety

Tracy Dudek	Trinity Services Inc.	<a href="mailto:tdudek@trinity-services.org">tdudek@trinity-services.org</a>	3-25-2015	Workplace Safety
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### **New Lenox Safe Communities America Coalition - Task Group Members Only**

All listed members are affiliated with the New Lenox Safe Communities America Coalition. In some cases, they are employed by collaborative partners, but do not necessarily attend monthly coalition meetings. However, they do attend task group meetings.

<b>Member Name</b>	<b>Member Organization</b>	<b>Email</b>	<b>Date Organization Joined Coalition</b>	<b>Member Role (steering committee, task group, other)</b>
Patricia Steinkamp	Private Citizen	<a href="mailto:steinkamppat@gmail.com">steinkamppat@gmail.com</a>	8-27-2014	Suicide Prevention and Awareness
Laurie Knick	Lincoln-Way Central High School	<a href="mailto:lknick@lw210.org">lknick@lw210.org</a>	1-28-2009	Suicide Prevention and Awareness
Byron Waller	Decision Pointe Counseling	<a href="mailto:Waller1017@gmail.com">Waller1017@gmail.com</a>	2-25-2015	Suicide Prevention and Awareness
Ann Powers	Private Citizen	<a href="mailto:Annpowers74@netscape.net">Annpowers74@netscape.net</a>	2-25-2015	Suicide Prevention and Awareness
Laura Regis	Private Citizen	<a href="mailto:lregis@aol.com">lregis@aol.com</a>	3-25-2015	Older Adults Falls Prevention
Arlene Santiago	Pinnacle Physical Therapy	<a href="mailto:Arlene.pinnaclept@gmail.com">Arlene.pinnaclept@gmail.com</a>	1-29-2014	Older Adults Falls Prevention
Kathy Claver	New Lenox Community Park District	<a href="mailto:kclaver@newlenoxparks.org">kclaver@newlenoxparks.org</a>	1-28-2009	Older Adults Falls Prevention
Lain Hammock	Encore Senior Village	<a href="mailto:newlenoxmkg@isllc.com">newlenoxmkg@isllc.com</a>	5-28-2014	Older Adults Falls Prevention
Sherry Scherdin	Private Citizen	<a href="mailto:Sgs012448@aol.com">Sgs012448@aol.com</a>	3-25-2015	Older Adults Falls Prevention

Linda Paschall	Private Citizen	<a href="mailto:lpaschall@cc-doj.org">lpaschall@cc-doj.org</a>	3-25-2015	Older Adults Falls Prevention
Darlene Purler	Private Citizen	<a href="mailto:Banjo28@comcast.net">Banjo28@comcast.net</a>	3-25-2015	Older Adults Falls Prevention
Julie Barnhart	Private Citizen	<a href="mailto:Juliebarnhart8117@comcast.net">Juliebarnhart8117@comcast.net</a>	3-25-2015	Older Adults Falls Prevention
Kathy Beaudry	Private Citizen	<a href="mailto:kjbeaud@att.net">kjbeaud@att.net</a>	3-25-2015	Older Adults Falls Prevention
Michelle Monbrod	Private Citizen	<a href="mailto:meldanstef@juno.com">meldanstef@juno.com</a>	3-25-2015	Older Adults Falls Prevention
Sharon Schaefer	Private Citizen	<a href="mailto:Shasa68@aol.com">Shasa68@aol.com</a>	3-25-2015	Older Adults Falls Prevention
Norma Cason	Private Citizen	<a href="mailto:Casn5834@comcast.net">Casn5834@comcast.net</a>	9-30-2015	Older Adults Falls Prevention
Karen Malone	Private Citizen	<a href="mailto:Kamalone1517@gmail.com">Kamalone1517@gmail.com</a>	9-30-2015	Older Adults Falls Prevention
Janice Pomp	Private Citizen	<a href="mailto:Joca212@comcast.net">Joca212@comcast.net</a>	9-30-2015	Older Adults Falls Prevention
John Bosman	New Lenox Police Department	<a href="mailto:jbosman@newlenox.net">jbosman@newlenox.net</a>	1-28-2009	Motor Vehicle/Traffic Safety

**Appendix B: New Lenox Safe  
Communities America  
Coalition Organizational Chart**

**New Lenox Safe  
Communities  
America Coalition**

**Executive Officers**  
**Chair: Daniel Martin**  
**Co-Chair: Kathie Johnson**  
**Secretary: Norma Cason**

**Older Adults Falls  
Prevention Task  
Group**  
**Chair:**  
**Laura Regis**

**Suicide Prevention  
and Awareness Task  
Group**  
**Chair:**  
**Stephen Kehoe**

**Emergency  
Preparedness Task  
Group**  
**Chair:**  
**Brenda Lutz**

**Poisoning by  
Prescription Drug  
Overdose Task  
Group**  
**Chair:**  
**Arnie Pilmonas**

**Motor Vehicle /  
Traffic Safety Task  
Group**  
**Chair:**  
**Marisa Schrieber**

**Appendix C: Organizational Support (Letters of Support)**



## WILL COUNTY EMERGENCY MANAGEMENT AGENCY

302 North Chicago Street  
Joliet, Illinois 60432

Harold R. Damron, CEM  
Director

October 20, 2015

Chief Daniel Martin  
New Lenox Safe Communities Coalition  
200 Veterans Parkway  
New Lenox, IL 60451

Dear Chief Martin:

It's hard to believe that it is time for reaccreditation of the New Lenox Safe Communities designation. You should be pleased with the accomplishments New Lenox has and continues to provide to your residents. Some of these accomplishments include:

- New Lenox's Community Emergency Response Team (CERT) program which continues to thrive. CERT is designed to help a citizen protect themselves, their family, their neighbors, and their neighborhood in an emergency situation. New Lenox continues to maintain a team of volunteer citizens who assist the community in emergency and non-emergency functions. Current team members participate in monthly training and team building activities to keep their skills. To build on the team, annual 20 hour CERT classes are offered to the community.
- New Lenox has formed a Ground Search and Rescue (SAR) team. This volunteer team was formed to assist in the search for and provision of aid to people who are in distress or imminent danger. This team trains monthly with New Lenox and also with other SAR teams in the greater Will County area.
- New Lenox also holds a StormReady community designation through the National Weather Service. To achieve and maintain this designation, New Lenox needed to establish a 24-hour warning point and emergency operations center; having more than one way to receive weather warnings and forecasts and to alert the public; create a system that monitors weather conditions locally; promote the importance of readiness through community seminars; and, develop a formal hazardous weather plan, which includes training severe weather spotters and holding emergency exercises. This certification process needs to be renewed every three years. New Lenox continues to build on this program by providing weather alerts through their Nixle system. New Lenox also hold successful severe weather spotter course annually for emergency responders and general public, which includes a Health and Safety Expo that provides additional preparedness information to your citizens.

As we look to the next five years, Will County Emergency Management Agency expresses their support to the New Lenox Safe Communities Coalition.

Again, congratulations on your accomplishments.

Sincerely,

Harold R. Damron, CEM  
Director



## NEW LENOX TOWNSHIP

1100 South Cedar Road  
New Lenox, Illinois 60451  
(815) 485-6431  
Fax # (815) 485-2544

October 21, 2015

### TO WHOM IT MAY CONCERN:

Please allow me to introduce myself, my name is Kathie Johnson, I am the Director of Family Services for New Lenox Township in Will County, Illinois. It is my extreme pleasure to write this letter of support for the New Lenox Safe Communities America Coalition.

**SUPERVISOR**  
MICHAEL HICKEY

**ASSESSOR**  
BONNIE HERNANDEZ

**CLERK**  
ANNETTE BOYD

**HIGHWAY COMMISSIONER**  
DENNIS McPARTLIN

**TRUSTEES**  
MARTIN BOBAN  
DAVID MEDENA  
BARBARA KAUPAS  
DONALD L. WENNLUND

**COLLECTOR**  
KATHY HILTON

New Lenox Township first became partners with New Lenox Safe Communities in the year of 2009. I was part of the team that helped New Lenox become a "Safe Community". New Lenox Township was thrilled when the Village of New Lenox was approved as a "Safe Community" and are still so very excited about helping Dan Martin and the rest of the team continue to make New Lenox a safer and happier place to live.

Since "Safe Community" inception here in New Lenox we have set our standards high in meeting the needs of New Lenox residents in keeping them safer and educating them in areas where they can most protect themselves.

Because of our partnership with Safe Communities, New Lenox Township has had a front row seat to witness the changes in the number of safety-related programs along with the dramatic numbers of residents who have become involved with Safe Communities as either a partner or a recipient of one of our many great programs.

The New Lenox Township Family Services Department has been working in partnership with New Lenox Safe Communities America Coalition in the following areas of safety related programs:

- \*\*\*Matter of Balance Falls Prevention for Older Adults
- \*\*\*Fit and Strong Exercise for Older Adults
- \*\*\*Various safety events throughout the year that benefit community.
- \*\*\*TRIAD Program of New Lenox which is a program that promotes health and safety issues for older adults of the community.

With a doubt having New Lenox Safe Communities assistance and leadership New Lenox Township would have never been able to accomplish these lofty goals set for the betterment of our senior community here in New Lenox. Working with the committee of Safe Community and working with Dan Martin has both been a pleasure and a blessing. I could not say loud enough or often enough the great changes that have come about because of New Lenox Safe Communities.

Sincerely,

Kathie Johnson



## NEW LENOX TOWNSHIP

1100 South Cedar Road  
New Lenox, Illinois 60451  
(815) 485-6431  
Fax # (815) 485-2544

National Safety Council

October 26, 2015

**SUPERVISOR**  
MICHAEL HICKEY

**ASSESSOR**  
BONNIE HERNANDEZ

**CLERK**  
ANNETTE BOYD

**HIGHWAY COMMISSIONER**  
DENNIS McPARTLIN

**TRUSTEES**  
MARTIN BOBAN  
DAVID MEDEMA  
BARBARA KAUPAS  
DONALD L. WENNLUND

**COLLECTOR**  
KATHY HILTON

New Lenox Township has worked with the Village of New Lenox's Safe Community initiative since 2009. Our Family Service Department has been able to better serve the needs of our community by implementing and participating in some of the programs that New Lenox Safe Community started.

Matter of Balance, Fit and Strong, the TRIAD program and other programs that Safe Community has brought to New Lenox have been core activities for the New Lenox seniors' community.

I am very appreciative of the work, dedication and benefits that the New Lenox Safe Communities America Coalition have accomplished.

Michael B. Hickey

New Lenox Township Supervisor



# Appendix D: New Lenox Safe Communities America Coalition Monthly Meeting Agendas and Minutes

New Lenox Safe Communities America Coalition  
Meeting 15-09  
October 28, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451

## Meeting Agenda

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
2. **Roll Call** – Dan Martin / NLPD (2:32pm\*)
  - a. Daniel Martin / New Lenox Police Department
  - b. Abby Milone / Lincoln-Way High School District 210
  - c. Allison Anderson / Will County Emergency Management Agency
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Bob Nelson / New Lenox School District #122
  - f. Brenda Lutz / Will County Emergency Management Agency
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Gary Cheney / ShareFest
  - i. Gia Washington / Sertoma Centre
  - j. Holly Pierson / Lincoln-Way West High School
  - k. Joe Enzenberger / Dryer Vent Wizard of Will County
  - l. John Harper / Providence Catholic High School
  - m. Kathie Johnson / New Lenox Township
  - n. Katie Roley / Will County Health Department
  - o. Lauren Lotz / New Lenox Community Park District
  - p. Lisa Kline / New Lenox Lions Club
  - q. Liz Schwenke / Presence St. Joseph Medical Center
  - r. Liz Wetmore / New Lenox Public Library
  - s. Marisa Schrieber / New Lenox Fire Protection District
  - t. Marta Keane / Will County Waste and Land Use / Will County Green
  - u. Mary Jo Button / St. Jude's Parish
  - v. Mary Kate Burns / Trinity Services, Inc.
  - w. Michele Batara / Crisis Line of Will-Grundy County
  - x. Noe Santiago / Gentiva Home Health Care
  - y. Paul Lyons / Home Helpers
  - z. Rachel Ridge / Rosecrance
  - aa. Richard Hazel / American Red Cross
  - bb. Stephen Kehoe / Silver Cross Hospital
  - cc. Sue Meyers / NAMI of Will-Grundy County
  - dd. Teena Mackey / NAMI of Will-Grundy County

- ee. Tom Donegan / Metra
  - ff. Tracy Dudek / Trinity Services Inc.
3. **Approval of NLSCAC Meeting Minutes from September 30, 2015** – Dan Martin / NLPD (2:35pm\*)
  4. **New Business** (2:40pm\*)
    - a. New Lenox Application for Re-Accreditation
      - i. Review of application
      - ii. Assistance from organization representatives with various sections of the application
      - iii. Next steps before submission of the application
  5. **Old Business** (3:00pm\*)
    - a. Task Group Reports
      - i. Older Adults Falls Prevention – Laura Regis
      - ii. Suicide Prevention and Awareness – Stephen Kehoe / Silver Cross Hospital
      - iii. Poisoning by Prescription Drug Overdose – Dan Martin / NLPD
      - iv. Emergency Preparedness – Brenda Lutz / WCEMA
      - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
  6. **Announcements / Organization Updates** (3:25pm\*)
  7. **Next Meeting:** Next meeting November 18, 2015 / 2:30pm in the Community Room at the New Lenox Village Hall. *\*This meeting was moved up one week to avoid the Thanksgiving holiday. This will be the last meeting in 2015.*
  8. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-09**

**Held at the New Lenox Village Hall / Community Room  
1 Veterans Parkway New Lenox, IL 60451  
Wednesday October 28, 2015 / 2:30pm**

**Call to Order**

Lauren Lotz called the meeting of the New Lenox Safe Communities America Coalition to order at 2:32pm.

**In Attendance**

Daniel Martin / NLPD, Lauren Lotz / New Lenox Park District, Allison Anderson / Will County Emergency Management Agency, Holly Pierson / Lincoln-Way West High School, Joe Enzenberger / Dryer Vent Wizard of Will County, Liz Wetmore / New Lenox Library, Marisa Schrieber / New Lenox Fire Protection District, Marta Keane / Will County Waste & Land Use / Will County Green, Mary Jo Button / St. Jude's Parish, Paul Lyons / Home Helpers, Rachel Ridge / Rosecrance, Richard Hazel / American Red Cross, Stephen Kehoe / Silver Cross Hospital, Laura Regis / Older Adult Falls Prevention Task Group.

**Also in Attendance:**

Janet Reis / Lincoln-Way Central High School

**Approval of the NLSCAC September 30, 2015 Minutes**

The minutes of the September 30, 2015 meeting were sent to the members via email prior to the meeting. Stephen Kehoe made a motion to approve the minutes as presented, seconded by Marta Keane. After no further discussion, the motion carried and the minutes were approved.

**New Business**

New Lenox Application for Re-Accreditation

Dan Martin provided an overview of the Re-Accreditation Application he is currently working on. Dan explained the various sections of the application as well as the key information that was contained in each of the sections. He also noted that a large amount of his time has been pouring over the various statistics spanning five years provided by Silver Cross, NL Police, Will County Coroner and the New Lenox Fire Protection District. He also pointed out some of the highlights in his findings that initially shows that some tasks and efforts of the SCA are having a positive impact on the statistics being compiled including the reduction in falls of older adults.

Dan Martin also outlined for the group the programs and initiatives he would be submitting in order to justify and verify that the mission of this group and its efforts are accountable and continue to move forward. Dan asked members present if there were any additional program initiatives that may have been omitted. Members did provide Dan Martin with some additional programs including all New Lenox Police now carrying "Narcan" for drug overdoses, Household Hazardous Chemical Removal and Home

Appliance Safety.

## **Old Business**

### **Task Group Reports**

#### **Older Adults Falls Prevention – Laura Regis**

Laura reported that the task force met this week and reviewed their goals for 2016. It was decided by the group that per year 4 Matter of Balance as well as 2 Fit & Be Strong will be held. This was chosen because of last year's classes creating a snowball effect with the number of classes being held.

Laura also reported that the grant money received has been expended and was used for grab bars, collapsible canes as well as carts to be used by instructors for equipment and refreshments. Finally she reported that the money received through the CMS Survey should account for approximately \$640.00. This money will be used for next year's programs in providing printed materials and participant supplies.

#### **Suicide Prevention – Stephen Kehoe**

Stephen reported that Healing Hearts - Survivors of Suicide Support Group held a seminar on October 19<sup>th</sup> at the New Lenox Police Department. The topic was "Surviving the Holidays" which is a difficult time for many. He also commented that Silver Cross Hospital will be hosting a seminar on mental illness and chemical dependency in a coordinated effort. This event will be held on December 10<sup>th</sup> from 1:00-1:30pm at Silver Cross Hospital. Stephen will provide Dan Martin a flyer for the event.

#### **Emergency Preparedness – Allison Andersen**

Allison provided an update for this task group. Some of the new programs that are being explored by this force include the Red Cross' Pillow Case Project for 7-11 year olds. Richard Hazel from the Red Cross added that it is the thought that this program would be well received by Schools and Park Districts. Lauren Lotz passed on Richard's information to the supervisors for their Kiddie Kampus Preschool Program and ACES Before and After School Program. Dan Martin also reported this group's thoughts on a new structure for the Weather Spotters Training and Preparedness together with the Health and Safety Expo. The new format would encompass Weather Spotting and Preparedness through break-out sessions together with providing a venue for the Health and Safety Expo.

#### **Motor Vehicle / Traffic Safety – Marisa Shrieber**

No task force update was necessary.

## **Adjournment**

The meeting was adjourned at approximately 3:45pm.

**Next Meeting Date**

The next and final meeting for the year of the New Lenox Safe Communities America Coalition will be held on **Wednesday, November 18, 2015** in the Community Room at the New Lenox Village Hall beginning at 2:30pm.

**New Lenox Safe Communities America Coalition  
Meeting 15-08  
September 30, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

- 1. Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
- 2. Roll Call** – Dan Martin / NLPD (2:32pm\*)
  - a. Daniel Martin / New Lenox Police Department
  - b. Abby Milone / Lincoln-Way High School District 210
  - c. Allison Anderson / Will County Emergency Management Agency
  - d. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - e. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - f. Bob Nelson / New Lenox School District #122
  - g. Brenda Lutz / Will County Emergency Management Agency
  - h. Emily Johnson / New Lenox Chamber of Commerce
  - i. Erin McClintock / Chiro One (Medulla)
  - j. Gary Cheney / ShareFest
  - k. Gia Washington / Sertoma Centre
  - l. Holly Pierson / Lincoln-Way West High School
  - m. Joe Enzenberger / Dryer Vent Wizard of Will County
  - n. John Harper / Providence Catholic High School
  - o. Kathie Johnson / New Lenox Township
  - p. Katie Roley / Will County Health Department
  - q. Lauren Lotz / New Lenox Community Park District
  - r. Lisa Kline / New Lenox Lions Club
  - s. Liz Schwenke / Presence St. Joseph Medical Center
  - t. Liz Wetmore / New Lenox Public Library
  - u. Marisa Schrieber / New Lenox Fire Protection District
  - v. Marta Keane / Will County Waste and Land Use / Will County Green
  - w. Mary Jo Button / St. Jude's Parish
  - x. Mary Kate Burns / Trinity Services, Inc.
  - y. Michele Batara / Crisis Line of Will-Grundy County
  - z. Noe Santiago / Gentiva Home Health Care
  - aa. Paul Lyons / Home Helpers
  - bb. Phil Pfeifer / Prime Time Performance Plus
  - cc. Rachel Ridge / Rosecrance
  - dd. Richard Hazel / American Red Cross
  - ee. Stephen Kehoe / Silver Cross Hospital
  - ff. Sue Meyers / NAMI of Will-Grundy County
  - gg. Teena Mackey / NAMI of Will-Grundy County
  - hh. Tom Donegan / Metra

- ii. Tracy Dudek / Trinity Services Inc.
- 3. Approval of NLSCAC Meeting Minutes from August 26, 2015 – Dan Martin / NLPD (2:35pm\*)**
- 4. Presentation / Guest Speaker – Sue Meyers / NAMI of Will-Grundy County (2:40pm\*)**
- 5. New Business (2:55pm\*)**
  - a. None
- 6. Old Business (2:55pm\*)**
  - a. Task Group Reports
    - i. Older Adults Falls Prevention – Laura Regis
    - ii. Suicide Prevention and Awareness – Stephen Kehoe / Silver Cross Hospital
    - iii. Poisoning by Prescription Drug Overdose – (no report)
    - iv. Emergency Preparedness – Brenda Lutz / WCEMA
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
- 7. Announcements / Organization Updates (3:25pm\*)**
- 8. Next Meeting: Next meeting October 28, 2015 / 2:30pm** in the Community Room at the New Lenox Village Hall.

**Adjournment (3:30pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-08**

**Held at the New Lenox Village Hall / Community Room  
1 Veterans Parkway New Lenox, IL 60451  
Wednesday September 30, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin / NLPD, Abby Milone / Lincoln-Way School District 210, Bob Nelson, NLSA #122, Brenda Lutz / WCEMA, Gary Cheney / ShareFest, Gia Washington / Sertoma Centre, Holly Pierson / Lincoln-Way West High School, Joe Enzenberger / Dryer Vent Wizard of Will County, Katie Roley / Will County Health Department, Liz Wetmore / New Lenox Public Library, Mary Kate Burns / Trinity Services Inc., Richard Hazel / American Red Cross, Stephen Kehoe / Silver Cross Hospital and Sue Meyers / NAMI of Will-Grundy County.

**Also in attendance:**

Laura Regis / Older Adult Falls Prevention Task Group  
Norma Cason / Older Adults Falls Prevention Task Group  
Lisa Arp / NAMI of Will-Grundy County

**Approval of the August 26, 2015 Minutes**

The minutes of the August 26, 2015 meeting were sent to the members via email prior to the meeting. Brenda Lutz made a motion to approve the minutes as presented, seconded by Stephen Kehoe. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speakers – Sue Meyers and Teena Mackey / NAMI of Will-Grundy County**

Sue Meyers explained that NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization. She went on to report that NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. Sue provided brochures which detailed several free programs available in Will and Grundy Counties which have been designed to offer education, skills training and support for those living with mental illness and Lisa Arp offered some personal experience regarding her involvement with NAMI. The representatives from NAMI also indicated that they are working on a pilot program that could be available for presentation to school districts in the future.

The mission statement of NAMI Will-Grundy is to support individuals with mental illnesses and their families through advocacy, education and outreach.



## **New Business**

There was no need for discussion of new business at this meeting.

## **Old Business**

### **Task Group Reports**

#### **Older Adults Fall Prevention**

Dan Martin announced Laura Regis as the new Chair of the Older Adults Fall Prevention Task Group. Laura has replaced Noe Santiago who is currently unable to chair due to new employment opportunities. It is anticipated that Noe will continue his support of the Task Group as his schedule permits.

Laura Regis reported that September has been a very busy month for the Older Adults Fall Prevention Task Group. The 18<sup>th</sup> Matter of Balance Class began on Monday, September 14<sup>th</sup> and is being held every Monday from 9:30 am until 11:30 am at the New Lenox VFW through November 6, 2015. The classes are being taught by Laura Regis, Sherry Scherdin, and Linda Paschal with Norma Cason auditing the sessions. The next Matter of Balance Class will be scheduled for the Spring of 2016.

Laura also reported on the fact that Fit and Strong Class #2 began on Monday, September 14<sup>th</sup> at the Guy Sell Senior Center. Classes are held every Monday, Wednesday and Friday from 1:00 pm until 2:30 pm for 8 weeks with graduation scheduled for Friday, November 6<sup>th</sup>. Fit and Strong Class #3 is anticipated to begin in the Spring of 2016.

A full day Matter of Balance Coach Training Class was held on Tuesday, September 15<sup>th</sup> where four new coaches were trained to assist with planned balance classes in 2016 and going forward. The class was taught by "Master" instructors Noe Santiago, Laura Regis and Kathie Johnson. Those receiving Matter of Balance Coach Certification were Bonnie DuCharme, Janice Pomp, Karen Malone and Norma Cason.

In addition, National Falls Prevention Awareness Day was held Wednesday, September 23<sup>rd</sup> at the Guy Sell Senior Center where attendance by seniors was somewhat improved over last year's participation but the overall turnout was disappointing. A simultaneous Fit and Strong Class was being held and many of the attendees joined in for a few of the exercises. Booths were manned by Provena - St. Joseph Medical Center personnel where balance testing was done and Walgreens Pharmacy where free flu shots were provided. Additional information and direction was provided by the New Lenox Fire Protection District, the New Lenox Community Park District, New Lenox Township, TRIAD and the New Lenox Safe Communities America Coalition. Laura Regis reported that planning is already underway to improve and expand the National Falls Prevention Awareness Day Program for 2016.

Dan Martin noted that the expenses involved with the Matter of Balance and the Fit and Strong Classes were being covered by a grant from the Northeastern Illinois Area

Agency on Aging for which he is very grateful. Dan advised that the balance of the current grant monies was recently spent on class materials and adaptive devices for use by participants.

#### Suicide Prevention and Awareness

It was announced by Dan Martin that Stephen Kehoe from Silver Cross Hospital Behavioral Health will be the new chair for this Task Group and that Patricia Steinkamp would continue her involvement in Healing Hearts – Survivors of Suicide Group and will also continue to be available to assist with the Suicide and Prevention Awareness Task Group as her new work schedule permits.

Stephen Kehoe reported that the group recently held an event on September 10th in support of World Suicide Prevention Day had excellent attendance. The event was described as a panel discussion as well as a Question, Persuade and Refer (QPR) Class as presented by Sertoma Centre for the last hour. Stephen thanked Gia Washington from Sertoma Centre for their involvement and participation. Stephen Kehoe noted that the Suicide Prevention Day received positive reviews in the local press.

It was announced by Stephen Kehoe that on October 8<sup>th</sup> from 3:00 pm until 7:00 pm, free depression screening will be done at the Conference Center of Silver Cross Hospital. A written test and confidential meeting will be offered with a behavioral health professional to screen for clinical depression which is a common medical illness affecting more than 19 million American adults each year.

#### Poisoning by Prescription Drug Overdose

Dan Martin advised that there would not be a formal report for this Task Group as both Arnie Pilmonas of AVP Counseling and DUI Services, Inc. and Rachel Ridge of Rosecrance were not available to attend.

#### Emergency Preparedness

Brenda Lutz from the Will County Emergency Management Agency spoke to the fact that September was National Preparedness Month (NPM). Brenda advised that the initiative to provide texting services to 9-1-1 call centers is currently being implemented in some areas but is not yet available throughout the county. Brenda advised Dan Martin that she would provide him with a flyer regarding the 9-1-1 texting program when it becomes available.

It was noted that October 4<sup>th</sup> through October 10<sup>th</sup> Fire Prevention Awareness activities are planned to promote fire safety and to provide educational information. Entertaining events for children and informative programs for adults are scheduled. Dan Martin discussed the electronic distribution of program announcements and information.

### Motor Vehicle / Traffic Safety

Dan Martin advised that there would not be a formal report from this Task Group at this meeting.

### Announcements / Organization Updates

It was explained by Dan Martin that it was necessary for the New Lenox Safe Communities America Coalition to apply for re-accreditation for 2015 and that he's in the process of working on the application. Dan went on to discuss the need to re-tool the task group organizational chart with the hopes of revitalizing the Workplace Safety and Youth Sports Health and Safety Task Group Groups in the future.

Attendees shared current news and events relevant to their organizations. In particular, Gary Cheney provided a 2015 ShareFest update at which time he thanked NLSD #122 for their participation and cooperation and provided very interesting statistics on the amount of hazardous waste collected as well as the vast amount of recyclable materials handled by 110 volunteers. Gary noted that 2016 will be the 10<sup>th</sup> anniversary of ShareFest in New Lenox.

Holly Pierson of Lincoln-Way West High School noted that the annual Road to Reality reenactment of the consequences of underage drinking and driving would be available during their Homecoming activities in early October. Holly agreed to provide a flyer regarding this event to Dan Martin.

Richard Hazel of the American Red Cross noted that he was a new member of the group and that he looked forward to engaging in community-related activities primarily in the area of home fire prevention and evacuation planning.

Dan Martin advised those in attendance that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### Next Meeting Date

The next meeting will be on **Wednesday, October 28, 2015 at 2:30 pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### Adjournment

The meeting adjourned at approximately 3:35pm.

**New Lenox Safe Communities America Coalition  
Meeting 15-07  
August 26, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:32pm\*)
  - a. Daniel Martin / New Lenox Police Department
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Bob Nelson / New Lenox School District #122
  - f. Brenda Lutz / Will County Emergency Management Agency
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Emily Krettler / American Red Cross
  - i. Erin McClintock / Chiro One (Medulla)
  - j. Gary Cheney / ShareFest
  - k. Gia Washington / Sertoma Centre
  - l. Holly Pierson / Lincoln-Way West High School
  - m. Joe Enzenberger / Dryer Vent Wizard of Will County
  - n. John Harper / Providence Catholic High School
  - o. Kathie Johnson / New Lenox Township
  - p. Katie Roley / Will County Health Department
  - q. Lauren Lotz / New Lenox Community Park District
  - r. Lisa Kline / New Lenox Lions Club
  - s. Liz Schwenke / Presence St. Joseph Medical Center
  - t. Liz Wetmore / New Lenox Public Library
  - u. Marisa Schrieber / New Lenox Fire Protection District
  - v. Marta Keane / Will County Waste and Land Use / Will County Green
  - w. Mary Jo Button / St. Jude's Parish
  - x. Mary Kate Burns / Trinity Services, Inc.
  - y. Michele Batara / Crisis Line of Will-Grundy County
  - z. Noe Santiago / Pinnacle Physical Therapy
  - aa. Paul Lyons / Home Helpers
  - bb. Phil Pfeifer / Prime Time Performance Plus
  - cc. Rachel Ridge / Rosecrance
  - dd. Stephen Kehoe / Silver Cross Hospital
  - ee. Teena Mackey / NAMI of Will-Grundy County
  - ff. Tom Donegan / Metra
  - gg. Tracy Dudek / Trinity Services Inc.

3. **Approval of NLSCAC Meeting Minutes from June 24, 2015** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – Gary Cheney / ShareFest** – (2:40pm\*)
5. **New Business** (2:55pm\*)
  - a. None
6. **Old Business** (2:55pm\*)
  - a. Safe Communities America Annual Conference August 10<sup>th</sup> and 11<sup>th</sup>
    - i. National Safety Council Meeting August 19<sup>th</sup>
  - b. Task Group Reports
    - i. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - ii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iii. Poisoning by Prescription Drug Overdose – Rachel Ridge / Rosecrance
    - iv. Emergency Preparedness – Dan Martin / NLPD
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: Next meeting September 30, 2015 / 2:30pm** in the Community Room at the New Lenox Village Hall.
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-07**

**Held at the New Lenox Village Hall / Community Room  
1 Veterans Parkway New Lenox, IL 60451  
Wednesday August 26, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:33pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Allison Anderson / Will County Emergency Management Agency, Bill Byerley / New Lenox ESDA, Will County ARES and Illinois Radio League, Emily Johnson / New Lenox Chamber of Commerce, Emily Krettler / American Red Cross, Gary Cheney / ShareFest, Kathie Johnson / New Lenox Township, Katie Roley / Will County Health Department, Lauren Lotz / New Lenox Community Park District, Liz Schwenke / Presence St. Joseph Medical Center, Liz Wetmore / New Lenox Public Library, Marisa Schrieber / New Lenox Fire Protection District, Mary Jo Button / St. Jude Parish, Mary Kate Burns / Trinity Services, Inc., Noe Santiago / Gentiva Home Health Care, and Tom Donegan / Metra.

Also in attendance were the following:

- Patricia Steinkamp / Suicide Prevention and Awareness Task Group
- Sue Meyers / NAMI of Will – Grundy County
- John Bosman / New Lenox Police Department
- Kathy Hilton / State Representative Margo McDermed's Office

**Approval of the June 24, 2015 Meeting Minutes**

The minutes for the June 24, 2015 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Bill Byerley. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker – Gary Cheney / ShareFest**

Gary Cheney provided those in attendance with an update on this year's ShareFest activities. Gary shared locations that are accepting food, clothing, household goods, etc... Gary also spoke about the "Recyclepalooza" and Household Hazardous Waste Collection that would be held on Saturday September 12<sup>th</sup> at the Spencer School Campus. Gary provided everyone in attendance with ShareFest handouts and encouraged everyone to spread the word about the event as well as the need for volunteers.

## **New Business**

Although Bob Nelson was not in attendance at the meeting, Dan Martin thanked him and New Lenox School District #122 for the use of Martino Junior High School over the summer. Fit and Strong Class #1 was held at the school and it was a great success in part, due to the facility and accommodations.

## **Old Business**

Dan Martin provided a synopsis of the 6<sup>th</sup> Annual Safe Communities America Conference, which was held in Chicago on Monday August 10<sup>th</sup> and Tuesday August 11<sup>th</sup>. Dan advised that he attended sessions on the 10<sup>th</sup> and 11<sup>th</sup>, while Mary Kate Burns and Rachel Ridge joined him on the 11<sup>th</sup>. Dan advised that there were some good presentations and it was a great opportunity to network with coalition members from other communities from around the country. Dan encouraged everyone to consider attending next year's conference.

Dan Martin also advised that he was asked to speak at a monthly National Safety Council in-service training on August 19<sup>th</sup> at NSC Headquarters in Itasca, IL. Dan advised that he was honored to receive the invitation and to represent the New Lenox Safe Communities America Coalition. Dan advised that he spoke about Safe Communities Accreditation from a local perspective, including the benefits of accreditation.

## **Task Group Reports**

### **Older Adults Fall Prevention**

Noe Santiago advised that Matter of Balance Class #18 (last class for 2015) will start on September 14<sup>th</sup> and is being held at the New Lenox VFW on Mondays from 9:30am to 11:30am. Noe reported that the class is currently filled and will be taught by Laura Regis, Sherry Scherdin, and Norma Cason.

Noe advised that a Matter of Balance Coaches' Class is being planned for September 15<sup>th</sup>, 9:00am to 5:00pm at the New Lenox Township Building. Several Matter of Balance (and Fit and Strong) graduates will be taking the class to earn Matter of Balance Coach Certification. The class will be taught by Kathie Johnson, Laura Regis and Noe Santiago, who are "Master" instructors.

Noe advised that National Falls Prevention Awareness Day is Wednesday September 23<sup>rd</sup>, the first day of Fall (Autumn). In support of the day, the Task Group is planning an event with a number of participating organizations that will offer free screenings and services to attendees (seniors). In addition, Fit and Strong Class #2 will be in session and will serve as a "demonstration" of the program.

Noe also mentioned that Fit and Strong Class #2 will start on Monday September 14<sup>th</sup>. The class will be held on Mondays, Wednesdays, and Fridays at the Guy Sell Senior Center, 1090 S. Cedar Road (next to the New Lenox Township Building). The class will be held from 1:00pm to 2:30pm thru November 6<sup>th</sup>.

Dan Martin also noted that a grant from the Northeastern Illinois Area Agency on Aging is covering expenses for our Matter of Balance and Fit and Strong Classes. Dan advised that he's grateful for the grants and the opportunity to offer these programs to New Lenox seniors.

#### Suicide Prevention and Awareness

Pat Steinkamp provided an overview of the August 17<sup>th</sup> Healing Hearts – Survivors of Suicide Support Group Meeting. The meeting was held from 7:00pm to 9:00pm at the New Lenox Police Department. Pat advised that Roseanne Tadsen from Decision Point Counseling was the guest speaker and her topic was “coping.”

In addition, Pat provided a synopsis of an event that is being planned for September 10<sup>th</sup> in Support of World Suicide Prevention Day. The event will include a panel discussion as well as a Question, Persuade, and Refer (QPR) Class for the last hour. Pat advised that a representative from NAMI of Will - Grundy County will be a panelist and will speak about being a survivor of suicide. Michele Batara will speak on behalf of the Crisis Line of Will – Grundy County and will provide an overview of their services. Stephen Kehoe from Silver Cross Hospital Behavioral Health will speak about their services, including admissions for those that are seriously contemplating suicide. Pastor Troester from St. Paul Evangelical Church will provide information from a faith-based perspective. Lastly, Pat advised that she will speak about the loss of a loved one (her son) to suicide.

Pat advised that the next Healing Hearts meeting will be September 21<sup>st</sup> (New Lenox Police Department @ 7:00pm). Pastor Dave Hedlin from Peace Lutheran Church will be the guest speaker and his topic is “Difficulty of Turning a Corner.”

#### Poisoning by Prescription Drug Overdose

Dan Martin advised that Monday August 31<sup>st</sup> is International Overdose Awareness Day. The National Safety Council will be participating in an event at Federal Plaza in Chicago from 1:00pm to 3:00pm. Anyone that is interested in attending should contact Dan.

#### Emergency Preparedness

Dan Martin reported that the New Lenox Police Department and its Community Emergency Response Team was awarded a \$10,000 grant from ComEd and the National Safety Council. The grant will allow 150 citizens to enroll in the 20-Hour Basic CERT Class and receive a disaster supply kit (backpack), which is valued at approximately \$65.00.

Dan advised that CERT Class #10 will start on Thursday September 17<sup>th</sup> and will graduate on Saturday October 31<sup>st</sup>.

Dan advised that CERT volunteers have been busy with training as well as community events (Triple Play Concerts, 5Ks, etc...)



September is National Preparedness Month (NPM). Dan listed examples of things that organizations can do to participate in NPM and help prepare their employees for emergencies and disasters.

Lastly, New Lenox CERT will participate in the 6<sup>th</sup> Annual Prairie State CERT Challenge, which will be held on Saturday October 3<sup>rd</sup>. Dan is the Chair of the Planning Team for this year's event.

#### Motor Vehicle / Traffic Safety

New Lenox Police (Traffic) Officer was in attendance and provided an update on some of the New Lenox Police Department's traffic safety initiatives, which included:

- School Safety Campaigns
  - School Resource Officer Education
    - Presentations with Fatal Vision Goggles
    - Red Ribbon Club
  - School zone speed enforcement
  - Texting and cell phone use in school zones
  - School bus stop arm violations

John also shared with the group other things that he does as traffic officer and provided an opportunity for those in attendance to ask questions. Dan Martin thanked John for attending the meeting and providing some excellent information.

#### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

#### Next Meeting Date

The next meeting will be on **Wednesday September 30, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

#### **Adjournment**

The meeting adjourned at approximately 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 15-06  
June 24, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:32pm\*)
  - a. Daniel Martin / New Lenox Police Department
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Bob Nelson / New Lenox School District #122
  - f. Brenda Lutz / Will County Emergency Management Agency
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Emily Krettler / American Red Cross
  - i. Erin McClintock / Chiro One (Medulla)
  - j. Gary Cheney / ShareFest
  - k. Gia Washington / Sertoma Centre
  - l. Holly Pierson / Lincoln-Way West High School
  - m. Joe Enzenberger / Dryer Vent Wizard of Will County
  - n. John Harper / Providence Catholic High School
  - o. Kathie Johnson / New Lenox Township
  - p. Katie Roley / Will County Health Department
  - q. Lauren Lotz / New Lenox Community Park District
  - r. Leslie Newbon / Silver Cross Hospital
  - s. Lisa Kline / SBT Bank and Trust
  - t. Liz Schwenke / Presence St. Joseph Medical Center
  - u. Liz Wetmore / New Lenox Public Library
  - v. Marisa Schrieber / New Lenox Fire Protection District
  - w. Marta Keane / Will County Waste and Land Use / Will County Green
  - x. Mary Jo Button / St. Jude's Parish
  - y. Mary Kate Burns / Trinity Services, Inc.
  - z. Michele Batara / Crisis Line of Will-Grundy County
  - aa. Noe Santiago / Pinnacle Physical Therapy
  - bb. Paul Lyons / Home Helpers
  - cc. Phil Pfeifer / Baseline Operations
  - dd. Rachel Ridge / Rosecrance
  - ee. Teena Mackey / NAMI of Will-Grundy County
  - ff. Tom Donegan / Metra
  - gg. Tracy Dudek / Trinity Services Inc.
  - hh. Tracy Simons / Silver Cross Hospital

3. **Approval of NLSCAC Meeting Minutes from May 27, 2015** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – Tracy Dudek and Mary Kate Burns / Trinity Services, Inc.** – (\*2:40pm)
5. **New Business** (3:00pm)
  - a. None
6. **Old Business** (3:00pm\*)
  - a. Task Group Reports
    - i. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - ii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iii. Poisoning by Prescription Drug Overdose – Rachel Ridge / Rosecrance
    - iv. Emergency Preparedness – Brenda Lutz / Will County Emergency Management
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Youth Sports, Health and Safety – Katie Christopherson / Erin McClintock
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: Next meeting August 26, 2015 / 2:30pm** in the Community Room at the New Lenox Village Hall. **There is no meeting in July!**
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-06**

**Held at the New Lenox Village Hall / Community Room**

**1 Veterans Parkway New Lenox, IL 60451**

**Wednesday June 24, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:33pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Gia Washington / Sertoma Centre, Kathie Johnson / New Lenox Township, Liz Schwenke / Presence St. Joseph Medical Center, Liz Wetmore / New Lenox Public Library, Mary Kate Burns / Trinity Services, Inc., Noe Santiago / Pinnacle Physical Therapy, Stephen Kehoe / Silver Cross Hospital, and Tracy Dudek / Trinity Services, Inc.

Also in attendance were the following:

- Patricia Steinkamp / Suicide Prevention and Awareness Task Group
- Ann Powers / Suicide Prevention and Awareness Task Group
- Kathy Claver / New Lenox Community Park District
- Sue Meyers / NAMI of Will-Grundy County

**Approval of the May 27, 2015 Meeting Minutes**

The minutes for the May 27, 2015 meeting were sent to members via email prior to the meeting. Stephen Kehoe made a motion to approve the minutes as presented, seconded by Kathie Johnson. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker – Tracy Dudek and Mary Kate Burns / Trinity Services, Inc.**

Tracy Dudek and Mary Kate Burns provided a PowerPoint presentation on Trinity Services, Inc. The presentation included an overview of the services offered by Trinity. These services include residential, adult learning, supportive employment, behavioral health and a therapeutic day school.

Residential Services includes community integrated living arrangements for 610 adults. In addition, Trinity Living Centers Intermittent Care Facility provides residential services to 45 adults.

Adult learning (day programs) help people live full and abundant lives.

Supportive Employment supports 128 adults in community-based employment. These services are provided through the Branch-Wellbeing Enrichment Center as well as drop-in centers in New Lenox, Homewood, Wilmington and DesPlaines.

The presentation also included an overview of Behavioral Health, which also includes a large staff that make-up the Crisis Intervention Support Team.

The Therapeutic Day School serves 24 students.

Trinity Services, Inc. employees approximately 1,200 full-time / part-time employees in Illinois and Nevada. Trinity has a Board of Directors as well as Executive Committee Members. Trinity embraces 10 core values, which are:

- Servant Leadership
- Serving and Supporting
- Open Communication
- Discretionary Effort
- Personal Growth
- Thinking ahead & following through
- Collaboration
- Stewardship
- Achieving Outcomes
- Continuous Improvement

With regard to Safety and Risk Management, Mary Kate was recently hired as Risk Management Coordinator. Mary Kate will oversee safety, training, analysis, and employee return to work. Mary Kate will also be involved in Trinity's Safety Committee.

Tracy also noted there are a number of business who support Trinity's mission. They include:

- All Area Custom Design
- Be Safe Now
- Cherry Hill – Books and Media
- Fritters and Critters
- High Tide Press
- Trinity Horticulture
- Jasmine's
- New Lenox Woodworks
- Oh Fudge
- Petals & Twigs

Tracy and Mary Kate referenced Trinity's web site as [www.trinity-services.org](http://www.trinity-services.org) and phone number (815) 485-6197.

Tracy Dudek can be reached at [tdudek@trinity-services.org](mailto:tdudek@trinity-services.org) while Mary Kate Burns can be contacted at [mburns@trinity-services.org](mailto:mburns@trinity-services.org) .

## **New Business**

None

## **Old Business**

### **Task Group Reports**

#### **Older Adults Fall Prevention**

Noe Santiago provided a synopsis of the Matter of Balance (MOB) Program, including MOB Class #16 that started on Monday June 1<sup>st</sup> at the VFW. Noe also noted that MOB Class #17 began at 1:00pm (June 24th) at the Presence Healing Arts Pavilion on Route 30.

Noe advised that at the most recent Older Adults Fall Prevention Task Group Meeting, a discussion was had about MOB Class #18 starting in the Fall, but he didn't have definitive details. On a related note, Noe advised that he, Kathie Johnson and Laura Regis would also be teaching a class for new MOB classes, which will also be held in the fall. Details would be available in the near future.

Noe advised that Fit and Strong started on Monday June 15<sup>th</sup> at Martino Jr. High. The classes will be held on Mondays, Wednesdays, and Fridays through the summer. Fit and Strong Class #1 will graduate on Friday August 7<sup>th</sup>. Noe advised that additional topics related to Fit and Strong were discussed the Instructors during the Task Group Meeting. Noe advised that the Task Group's next meeting will be July 22, 2015 at 2:30pm at the New Lenox Police Department.

#### **Suicide Prevention and Awareness**

Pat Steinkamp provided an overview of the June 15<sup>th</sup> Healing Hearts – Survivors of Suicide Support Group Meeting. The meeting was held from 7:00pm to 9:00pm at the New Lenox Police Department. Pat advised that she was looking for a speaker for the July 20, 2015 meeting.

In addition, Pat provided a synopsis of an event that is being planned for September 10<sup>th</sup> in Support of World Suicide Prevention Day. The event will include a panel discussion as well as a Question, Persuade, and Refer (QPR) Class for the last hour. Additional details will be available by the next meeting.

#### **Poisoning by Prescription Drug Overdose**

Dan Martin advised that Arnie Pilmonas was still busy with personal and work matters, but will return in August. Meanwhile, Dan advised that the Unwanted Medication Disposal Program is going strong at the New Lenox Police Department.

Dan also added that the New Lenox Police Department is in the process of training officers to administer Naloxone (Narcan) to heroin overdose victims. Dan advised that the Will County Health Department has taken the lead on the initiative and is in the process of training police officers throughout Will County to administer the life-saving drug.

### Emergency Preparedness

Dan Martin advised that New Lenox CERT / MRC volunteers are planning to go to Coal City to assist with clean-up operations. In addition, Dan mentioned that CERT / MRC volunteers have also participated in the following activities:

- Monthly Training (Traffic Control) Tuesday and Wednesday June 9<sup>th</sup> and 10<sup>th</sup>
- French Market Saturday June 13<sup>th</sup>
- Kenny Loggins Concert Saturday June 20<sup>th</sup>

Dan advised that CERT / MRC volunteers will assist with the Trinity Services Inc. 5K on Thursday June 25<sup>th</sup> and the Old Campground Festival on Saturday June 27<sup>th</sup>.

SAR volunteers have also been active with the most recent activity being their annual physical agility test on Saturday June 20<sup>th</sup>.

### Motor Vehicle / Traffic Safety

In Marisa Schrieber's absence, Dan reported that Marisa has recently been re-certified as a car safety seat technician for another two years. There are now three car seat safety technicians at the New Lenox Fire Protection District. Marisa will be assisting Manhattan with "Car Seat Saturday" in September.

Dan advised that although not motor vehicle / traffic safety related, Marisa reported the following:

The NLFPD is currently working with the Village of New Lenox checking fire hydrants in town – the process will be marking the water flow from each hydrant and will benefit the community when the NLFPD is re-evaluated for ISO ratings, which can help bring the insurance rates down in the district.

The NLFPD is gearing up for their Babysitting Academy. There are two classes scheduled. The first class is next June 30<sup>th</sup> thru -July 2<sup>nd</sup>. The second class is July 14<sup>th</sup> thru the 16<sup>th</sup>. The first class is filled, but there may be a few openings for the second class.

Family Fun Day is scheduled for August 1<sup>st</sup> from 12:00pm to 3:00pm at Fire Station #1.

The next NLFPD community CPR classes are scheduled for July 11<sup>th</sup> (Heartsaver CPR) and August 8<sup>th</sup> (Healthcare Provider CPR). Registration and payments are accepted through the NLFPD website only. Anyone can take either class, however if you are a healthcare provider, you need to make sure you take the correct class. Many healthcare employers do not accept the Heartsaver course as it does not go into as much detail.

### Youth Sports, Health and Safety

No report.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday August 26, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall. **The will not be a meeting in July.**

### **Adjournment**

The meeting was adjourned at approximately 3:40pm.



**New Lenox Safe Communities America Coalition  
Meeting 15-05  
May 27, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:30pm\*)
  - a. Daniel Martin / New Lenox Police
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Bob Nelson / New Lenox School District #122
  - f. Brenda Lutz / Will County Emergency Management Agency
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Emily Krettler / American Red Cross
  - i. Erin McClintock / Medulla
  - j. Gary Cheney / ShareFest
  - k. Gia Washington / Sertoma Centre
  - l. Holly Pierson / Lincoln-Way West High School
  - m. Jeannine Prucha / Lincoln-Way Central High School
  - n. Joe Enzenberger / Dryer Vent Wizard of Will County
  - o. John Harper / Providence Catholic High School
  - p. Kathie Johnson / New Lenox Township
  - q. Katie Roley / Will County Health Department
  - r. Lauren Lotz / New Lenox Community Park District
  - s. Leslie Newbon / Silver Cross Hospital
  - t. Lisa Kline / SBT Bank and Trust
  - u. Liz Schwenke / Presence St. Joseph Medical Center
  - v. Liz Wetmore / New Lenox Public Library
  - w. Marisa Schrieber / New Lenox Fire Protection District
  - x. Marta Keane / Will County Waste and Land Use / Will County Green
  - y. Mary Jo Button / St. Jude's Parish
  - z. Michele Batara / Crisis Line of Will-Grundy County
  - aa. Noe Santiago / Pinnacle Physical Therapy
  - bb. Paul Lyons / Home Helpers
  - cc. Phil Pfeifer / Baseline Operations
  - dd. Rachel Ridge / Rosecrance
  - ee. Teena Mackey / NAMI of Will-Grundy County
  - ff. Tom Donegan / Metra
  - gg. Tracy Simons / Silver Cross Hospital

3. **Approval of NLSCAC Meeting Minutes from April 29, 2015** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker** – TBD
5. **New Membership** (3:00pm\*)
  - a. Trinity Services (motion required)
6. **New Business** (3:05pm)
  - a. None
7. **Old Business** (3:05pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Katie Christopherson / Erin McClintock
    - ii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iii. Poisoning by Prescription Drug Overdose – Rachel Ridge / Rosecrance
    - iv. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - v. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vi. Emergency Preparedness – Brenda Lutz / New Lenox CERT
8. **Announcements / Organization Updates** (3:25pm\*)
9. **Next Meeting: June 24, 2015 / 2:30pm** in the Community Room at the New Lenox Village Hall.
10. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-05**

**Held at the New Lenox Village Hall / Community Room**

**1 Veterans Parkway New Lenox, IL 60451**

**Wednesday May 27, 2015 / 2:30pm**

**Call to Order**

Liz Schwenke called the meeting of the New Lenox Safe Communities America Coalition to order at 2:33pm.

**In Attendance**

Daniel Martin / New Lenox Police Department\*, Allison Anderson / Will County Emergency Management Agency, Emily Krettler / American Red Cross, Gary Cheney / ShareFest, Kathie Johnson / New Lenox Township, Katie Roley / Will County Health Department, Lauren Lotz / New Lenox Community Park District, Lisa Kline / SBT Bank, Liz Schwenke / Presence St. Joseph Medical Center, Liz Wetmore / New Lenox Public Library, Marisa Schrieber / New Lenox Fire Protection District, Mary Kate Burns / Trinity Services, Inc., Noe Santiago / Pinnacle Physical Therapy, Rachel Ridge / Rosecrance, Stephen Kehoe / Silver Cross Hospital, Teena Mackey / NAMI Will-Grundy County, Tracy Dudek / Trinity Services, Inc. and Tracy Simons / Silver Cross Hospital.

*\*Arrived at 2:50pm due to a Matter of Balance Graduation at the New Lenox Public Library*

Also in attendance were the following:

- Carrie Carlson from the Will County Emergency Management Agency
- Anita Young from Chestnut Health Systems

**Approval of the April 29, 2015 Meeting Minutes**

The minutes for the April 29, 2015 meeting were sent to members via email prior to the meeting. Stephen Kehoe made a motion to approve the minutes as presented, seconded by Allison Anderson. After no further discussion, the motion carried and the minutes were approved.

**New Membership**

Tracy Dudek and Mary Kate Burns were in attendance from Trinity Services, Inc. Tracy and Mary Kate have been in attendance at several prior meetings and based on the mutual benefits to our Safe Communities America Coalition / Citizen Corps Council and Trinity Services, Liz Schwenke presented Trinity Services for membership. Gary Cheney made a motion to accept Trinity Services, Inc. as a collaborative partner with the New Lenox Safe Communities America Coalition / Citizen Corps Council. Lisa Kline seconded the motion and after no further discussion, the motion passed. Welcome Tracy, Mary Kate and Trinity Services, Inc.!

## **New Business**

None

## **Old Business**

### Task Group Reports

#### Youth Sports, Health and Safety

Liz Schwenke provided information about the May 13<sup>th</sup> workshop held in the Community Room at the Village Hall. The presentation was from Chiro One and was entitled "The Student Athlete – Encourage Your Peak Performance"

#### Suicide Prevention and Awareness

Liz Schwenke mentioned that Suicide Prevention & Awareness Task Group Member Michele Batarra, Executive Director of Crisis Line of Will and Grundy Counties, wrote a wonderful article for the New Lenox Patriot called "Warning Signs to be Aware of Someone Whom Maybe Contemplating Ending Their Life." This article was published in the May 27, 2015 issue of the New Lenox Patriot. Thanks was given to Michele for her efforts.

Information regarding "Healing Hearts Survivors of Suicide Support Group" was provided as follows:

- Last meeting: Monday May 18, 2015 / 7:00pm to 8:30pm
- Location: New Lenox Police Department, 200 Veterans Parkway, New Lenox, IL 60451
- Guest Speaker: Terri Bargewell, Licensed Professional Counselor, Decision Point Counseling & Career Center
- Topic: "Depression"
- Next Meeting: Monday June 15, 2015 7:00pm to 8:30pm
- Location: New Lenox Police Department, 200 Veterans Parkway, New Lenox, IL 60451
- Guest Speaker: Stephen Kehoe, Director Behavioral Health, Silver Cross Hospital
- Topic: "Building on Your Recovery"

Liz announced "World Suicide Prevention Day," which will be held on September 10<sup>th</sup>. The Suicide Prevention and Awareness Task Group are planning activities during the day (perhaps a QPR Class) and activities during the evening (perhaps a panel discussion at NLPD and something in the New Lenox Commons).

#### Poisoning by Prescription Drug Overdose

Liz Schwenke provided information regarding the April 30<sup>th</sup> workshop "What Can I Say to Convince Them to Quit?" The Instructor – David Lee, Board Registered Interventionist, was excellent. Rachel Ridge also added comments regarding this presentation.

## Motor Vehicle / Traffic Safety

Liz Schwenke provided details regarding upcoming traffic safety initiatives.

Safe States – An Alliance to Strengthen the Practice of Injury and Violence Prevention  
“Taking Steps to Prevent Pedestrian Safety Injuries: New Tools and Resources”  
(webinar)

To register: [http://www.safestates.org/events/event\\_details.asp?id=586790](http://www.safestates.org/events/event_details.asp?id=586790)

Thursday June 18, 2015 2:00pm to 3:00pm CST

*Over 4,000 people in the United States die each year from pedestrian-related injuries. This one-hour webinar will highlight resources created by national organizations to advance pedestrian injury prevention and safety. Representatives from America Walks, the National Complete Streets Coalition, the Pedestrian and Bicycle Information Center, and the Safe States Alliance will share recently developed tools, resources, and initiatives related to pedestrian injury prevention. During the webinar, the Safe States Alliance will also launch its Pedestrian Injury Prevention Portal, which will serve as a hub for connecting users to existing pedestrian injury prevention tools and resources.*

*Learning objectives of webinar:*

- 1. Identify leading national organizations involved in pedestrian injury prevention and safety.*
- 2. Describe new tools, resources, and initiatives that have been recently developed by national organizations related to pedestrian injury prevention and safety.*
- 3. Launch the Safe States Alliance’s Pedestrian Injury Prevention Portal to locate tools and resources for pedestrian injury prevention efforts.*

## Cell Phone Crashes on the Rise

A new report by the National Safety Council suggests that 27% of all crashes are related to cell phone use. This number is up for the 3<sup>rd</sup> straight year. Statistically, it’s as dangerous as drunk driving.

- Employer cell phone “bans”
- Collision avoidance technology (self-driving cars)
- Legislation – increased penalties are needed

## Older Adults Falls Prevention

Noe Santiago advised that the following Matter of Balance classes are currently in session:

- Started April 8<sup>th</sup> (Wednesdays) thru May 27<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library
- Started April 9<sup>th</sup> (Thursdays) thru May 28<sup>th</sup>, 1:00pm to 3:00pm at Peace Lutheran Church
- Started April 28<sup>th</sup> (Tuesdays) thru June 16<sup>th</sup>, 9:30am to 11:30am at the New Lenox Police Department

Noe added that a search is still underway for a location for the first Fit and Strong Class. According to Dan Martin, Bob Nelson from NLSD #122 will speak to Dr. Manville about the feasibility of hosting the Fit and Strong Class at one of the schools starting the week

of June 15<sup>th</sup>. Apparently NLS #122 staff work “4-10’s” during the summer – Monday thru Thursday. As such, we won’t be able to schedule Monday – Wednesday – Friday classes. We will have to do 2 days in a row, if we schedule the classes at one of the schools. Additional information will be available at the next meeting.

### Emergency Preparedness

Liz Schwenke reported the following activities on behalf of the Emergency Preparedness Task Group:

- June’s Preparedness Month’s topic is Vacation Preparedness. IEMA will be putting out a media statement early next week.
- The NWS Lightning Awareness Week – June 21-27, 2015. A preparedness booklet will be forthcoming from IEMA on this topic.
- IEMA’s weather radio contest ended on May 22. They had over 2,500 take the challenge. Winners will be announced within the next 10 days.
- National Preparedness Month is the month of September. The next America’s PrepareAthon will take place September 30.
- New Lenox CERT / MRC / SAR Training and Community Events included:
  - 5-3-15 Loyalty Day Parade (CERT / MRC / SAR)
  - 5-16-15 Annual Physical Fitness Test (SAR)
  - 5-20-15 Ground Search and Rescue Overview (CERT / MRC)
  - 5-30-15 NLS #122 PTO 5K Run (CERT / MRC)

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### Next Meeting Date

The next meeting will be on **Wednesday June 24, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### Adjournment

The meeting was adjourned at approximately 3:30pm following a motion from Lauren Lotz, seconded by Lisa Kline.

**New Lenox Safe Communities America Coalition  
Meeting 15-04  
April 29, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:30pm\*)
  - a. Daniel Martin / New Lenox Police
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Bob Nelson / New Lenox School District #122
  - f. Brenda Lutz / Will County Emergency Management Agency
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Emily Krettler / American Red Cross
  - i. Erin McClintock / Medulla
  - j. Gary Cheney / ShareFest
  - k. Gia Washington / Sertoma Centre
  - l. Holly Pierson / Lincoln-Way West High School
  - m. Jeannine Prucha / Lincoln-Way Central High School
  - n. Joe Enzenberger / Dryer Vent Wizard of Will County
  - o. John Harper / Providence Catholic High School
  - p. Kathie Johnson / New Lenox Township
  - q. Katie Roley / Will County Health Department
  - r. Lauren Lotz / New Lenox Community Park District
  - s. Leslie Newbon / Silver Cross Hospital
  - t. Lisa Kline / SBT Bank and Trust
  - u. Liz Schwenke / Presence St. Joseph Medical Center
  - v. Liz Wetmore / New Lenox Public Library
  - w. Marisa Schrieber / New Lenox Fire Protection District
  - x. Marta Keane / Will County Waste and Land Use / Will County Green
  - y. Mary Jo Button / St. Jude's Parish
  - z. Michele Batara / Crisis Line of Will-Grundy County
  - aa. Noe Santiago / Pinnacle Physical Therapy
  - bb. Paul Lyons / Home Helpers
  - cc. Phil Pfeifer / Baseline Operations
  - dd. Rachel Ridge / Rosecrance
  - ee. Teena Mackey / NAMI of Will-Grundy County
  - ff. Tom Donegan / Metra
  - gg. Tracy Simons / Silver Cross Hospital

3. **Approval of NLSCAC Meeting Minutes from March 25, 2015** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – Tom Donegan / Metra – Operation Lifesaver** (2:40pm\*)
5. **New Business** (3:00pm\*)
  - a. InOurCommunity <https://inour.community/newlenox>
6. **Old Business** (3:05pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Katie Christopherson / Erin McClintock
    - ii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iii. Poisoning by Prescription Drug Overdose – Rachel Ridge / Rosecrance
    - iv. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - v. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vi. Emergency Preparedness – Brenda Lutz / New Lenox CERT
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: May 27, 2015 / 2:30pm** in the Community Room at the New Lenox Village Hall.
9. **Adjournment** (3:30pm\*)



**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-04**

**Held at the New Lenox Village Hall / Community Room**

**1 Veterans Parkway New Lenox, IL 60451**

**Wednesday April 29, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Bill Byerley / New Lenox ESDA, Illinois Radio League and Will County ARES, Erin McClintock / Chiro One Wellness Centers, Joe Enzenberger / Dryer Vent Wizard of Will County, John Mitchell / American Red Cross, Kathie Johnson / New Lenox Township, Lauren Lotz /New Lenox Community Park District, Lisa Kline / SBT Bank, Liz Schwenke / Presence St. Joseph Medical Center, Liz Wetmore / New Lenox Public Library, Mary Jo Button / St. Jude Parish, Noe Santiago / Pinnacle Physical Therapy, and Tom Donegan / Metra.

Also in attendance were the following:

- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Stephen Kehoe with Silver Cross Hospital
- Mary Kate Burns with Trinity Services, Inc.
- Katie Roley with the Will County Health Department
- Meredith Dobes with the New Lenox Patriot
- Amirrah Abu Youssef with Guardian Angel Community Services
- Ron from Pride Martial Arts

**Approval of the March 25, 2015 Meeting Minutes**

The minutes for the March 25, 2015 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Bill Byerley. After no further discussion, the motion carried and the minutes were approved.

**Presentation of Service Plaque**

Dan Martin recognized John Mitchell from the American Red Cross for his commitment and dedication to the New Lenox Safe Communities America Coalition and Citizen Corps Council. John is an original member of the New Lenox Safe Communities America Coalition, attending meetings since January 2009. Dan presented John with a plaque for his years of service and once again thanked him for all that he has done. John thanked Dan and everyone in attendance for the opportunity to assist our group and was very complimentary regarding our accomplishments over the years. Everyone wish John well in his retirement. Emily Krettler will be the contact person for the American Red Cross moving forward.

## **Presentation / Guest Speaker – Tom Donegan / Metra**

Dan Martin introduced Tom Donegan from Metra for an overview of the new Operation Lifesaver presentation. Tom started out by playing a new Public Service Announcement (PSA) on train safety, which was followed by a PowerPoint presentation covering various aspects of train safety. Later in the presentation, Tom played another new PSA and provided additional information on the newly formatted Operation Lifesaver presentation. Tom took questions throughout the presentation, which ended at approximately 3:00pm. Dan and those in attendance thanked Tom for the presentation, which was excellent.

## **New Business**

### InOurCommunity (<https://inourcommunity/newlenox>)

Dan Martin provided those in attendance with an overview of “InOurCommunity,” a new web based marketing tool for the Village of New Lenox. Dan advised that it has been designed to help promote New Lenox, its businesses, and other things happening in the community. Dan encouraged everyone to sign-up at the web site and to “Like” their page on Facebook.

## **Old Business**

### Task Group Reports

#### Youth Sports, Health and Safety

Erin McClintock provided those in attendance with an overview of a workshop scheduled for May 13, 2015 at 7:00pm in the Community Room at the New Lenox Village Hall. Erin advised that a Chiro One doctor will provide a presentation on achieving top performance for student athletes. Erin encouraged everyone to attend the presentation as well as promote it with friends, family and colleagues.

#### Suicide Prevention and Awareness

Pat Steinkamp provided everyone in attendance with a summary of Healing Hearts – Survivors of Suicide Support Group, including the last meeting, which was held on April 20<sup>th</sup>. Pat advised that the meetings are going well and attendance has been steady from month-to-month. Pat went on to say there’s a different topic and group speaker each month, but there is also time for attendees to share their story. Pat advised that the next meeting will be at 7:00pm on May 18<sup>th</sup> at the New Lenox Police Department. Pat advised that the guest speaker will be Terri Bargewell, Licensed Professional Counselor, from Decision Point Counseling & Career Center. Terri’s topic will be “depression.”

In addition to a report on Healing Hearts, Pat advised that the Suicide Prevention and Awareness Task Group is tentatively planning an event for September that will support International Suicide Awareness Day. Pat advised that the Task Group will be meeting directly after the Safe Communities meeting to discuss the details. Additional information should be available at the next Safe Communities meeting.

### Poisoning by Prescription Drug Overdose

Dan Martin reminded everyone about the Rosecrance event “What Can I Say to Convince Them to Quit?” Dan advised that it will be held tomorrow (April 30<sup>th</sup>) at 7:00pm in the Community Room at the Village Hall. Dan thanked Rachel Ridge from Rosecrance for putting the event together and encouraged everyone to attend.

### Motor Vehicle / Traffic Safety

In Marissa’s absence, Dan Martin advised that May is Distracted Driving Awareness month. Dan advised that the National Safety Council will have a “tool kit” available and that he would pass along the information when it is received.

### Older Adults Falls Prevention

Noe Santiago the following Matter of Balance classes are currently in session:

- Started March 23<sup>rd</sup> (Mondays) thru May 11<sup>th</sup>, 9:30am – 11:30am at the New Lenox VFW Post 9545.
- Started April 8<sup>th</sup> (Wednesdays) thru May 27<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library
- Started April 9<sup>th</sup> (Thursdays) thru May 28<sup>th</sup>, 1:00pm to 3:00pm at Peace Lutheran Church
- Started April 28<sup>th</sup> (Tuesdays) thru June 16<sup>th</sup>, 9:30am to 11:30am at the New Lenox Police Department

Noe also advised that planning for Fit and Strong, a new evidence-based older adult falls prevention program, is moving forward. Noe advised that there will be a number of Matter of Balance Coaches that will likely go through the Fit and Strong Instructor training, which will be sometime in June. Noe advised that he hoped that shortly after the Instructor training, a class will be offered for 25 seniors, Noe advised that the Fit and Strong Class will be offered to Matter of Balance graduates first, and then to other seniors in the community.

### Emergency Preparedness

Dan Martin advised that New Lenox CERT, MRC, and SAR volunteers participated in the following activities since the last meeting:

- 4/9 – New Lenox SAR Physical Fitness Test
- 4/14 – New Lenox CERT / MRC Monthly Training – Team Building
- 4/18 – New Lenox SAR Monthly Multi-Jurisdictional Training
- 4/18 – CERT / MRC - Triple Play Concert Series Ticket Sale Assistance
- 4/21 – Severe Weather Spotter Training / Health and Safety Expo

Dan also provided everyone in attendance with a copy of the New Lenox CERT / MRC / SAR April 2015 Newsletter.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday May 27, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at approximately 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 15-03  
March 25, 2015 / 2:30pm  
New Lenox Police Department / Training Room  
200 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:30pm\*)
  - a. Daniel Martin / New Lenox Police
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Bob Nelson / New Lenox School District #122
  - f. Brenda Lutz / Will County Emergency Management Agency
  - g. Derek Harris / Sertoma Centre
  - h. Emily Johnson / New Lenox Chamber of Commerce
  - i. Emily Krettler / American Red Cross
  - j. Erin McClintock / Medulla
  - k. Gary Cheney / ShareFest
  - l. Holly Pierson / Lincoln-Way West High School
  - m. Jeannine Prucha / Lincoln-Way Central High School
  - n. Joe Enzenberger / Dryer Vent Wizard of Will County
  - o. John Harper / Providence Catholic High School
  - p. Kathie Johnson / New Lenox Township
  - q. Lauren Lotz / New Lenox Community Park District
  - r. Leslie Newbon / Silver Cross Hospital
  - s. Lisa Kline / SBT Bank and Trust
  - t. Liz Schwenke / Presence St. Joseph Medical Center
  - u. Liz Wetmore / New Lenox Public Library
  - v. Marisa Schrieber / New Lenox Fire Protection District
  - w. Marta Keane / Will County Waste and Land Use / Will County Green
  - x. Mary Jo Button / St. Jude's Parish
  - y. Michele Batarra / Crisis Line of Will-Grundy County
  - z. Noe Santiago / Pinnacle Physical Therapy
  - aa. Paul Lyons / Home Helpers
  - bb. Phil Pfeifer / Baseline Operations
  - cc. Rachel Ridge / Rosecrance
  - dd. Teena Mackey / NAMI of Will-Grundy County
  - ee. Tom Donegan / Metra
  - ff. Tracy Simons / Silver Cross Hospital

3. **Approval of NLSCAC Meeting Minutes from February 25, 2015** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – Patrick O’Neil / Will County Coroner** (2:40pm\*)
5. **New Business** (3:00pm\*)
  - a. Safe Communities America Annual Report – Dan Martin / NLPD
6. **Old Business** (3:05pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Katie Christopherson / Erin McClintock
    - ii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iii. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - iv. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - v. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vi. Emergency Preparedness – Al Murry / New Lenox CERT
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: April 29, 2015 / 2:30pm** in the Training Room at the New Lenox Police Department.
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-03**

**Held at the New Lenox Police Department / Training Room  
200 Veterans Parkway New Lenox, IL 60451**

**Wednesday March 25, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Allison Anderson / Will County Emergency Management Agency, Arnie Pilmonas / AVP Counseling, Bob Nelson / New Lenox School District #122, Brenda Lutz / Will County Emergency Management Agency, Jackie Mansholt / Will County Health Department, Joe Enzenberger / Dryer Vent Wizard of Will County, Kathie Johnson /New Lenox Township, Lauren Lotz /New Lenox Community Park District, Lisa Kline / SBT Bank, Liz Schwenke / Presence St. Joseph Medical Center, and Mary Jo Button/ St. Jude Parish.

Also in attendance were the following:

- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Stephen Kehoe with Silver Cross Hospital
- Katie Christopherson with ATI Physical Therapy
- Kimberly Koning with AVP Counseling
- Mary Kate Burns with Trinity Services, Inc.
- Tracy Dudek with Trinity Services, Inc.
- Katie Roley with the Will County Health Department
- Meredith Dobes with the New Lenox Patriot

**Approval of the February 25, 2015 Meeting Minutes**

The minutes for the February 25, 2015 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Jackie Mansholt. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker – Will County Coroner, Patrick O’Neil**

Dan Martin introduced the Will County Coroner, Patrick O’Neil, who provided an overview of services provided by his office. The PowerPoint presentation included information about the Will County Coroner’s Office 2014 Annual Report. It was interesting to note that the statistical data that is available through the Coroner’s Office is quite useful to our Safe Communities America Coalition. This includes information on accidental deaths (home and workplace), motor vehicle fatalities, suicides, accidental overdose deaths and other preventable deaths. There were a number of questions throughout the presentation, which concluded at approximately 3:10pm. Everyone in

attendance thanked Patrick O'Neil for the presentation and he stayed for the rest of the meeting.

## **New Business**

### **Safe Communities America 2014 Annual Report**

Dan Martin provided everyone in attendance with a 1-page document from the National Safety Council, which outlined the criteria for the 2014 Annual Report. Dan explained that there were two parts to the report. Part One is completed online and includes:

- Community injury data
- Coalition-led initiatives
- Coalition reach
- Contact Information

Part Two includes the following (submitted via email):

- All 2014 meeting minutes
- 2014 coalition roster

Dan advised that he is working with Silver Cross Hospital and the New Lenox Fire Protection District to obtain the statistical data needed for Part One. Dan also noted that he would ensure that the report is completed by the Friday April 17, 2015 due date.

## **Old Business**

### **Task Group Reports**

#### **Youth Sports, Health and Safety**

Katie Christopherson provided an overview of the Overhead Throwing Injury Workshop, scheduled for April 8, 2015 at 7:00pm in the Community Room at the New Lenox Village Hall. Katie advised that she and Nichole Greening have confirmed that the speakers will be Dr. Hurbanek and Dr. Antkowiak. Dr. Hurbanek will be speaking primarily about the elbow, while Dr. Antkowiak will be speaking primarily about the shoulder. The workshop is designed to address the most common overuse injuries for youth athletes that utilize an overhead motion.

#### **Suicide Prevention and Awareness**

Patricia Steinkamp advised that the task group met on Wednesday March 4, 2015 to discuss the Will County Coroner's Annual Report as well as "Healing Hearts – Survivors of Suicide Support Group." In addition, the group discussed the March 11<sup>th</sup> Question, Persuade, and Refer (QPR) class as well as the April 15<sup>th</sup> Mental Health First Aid class (flyer distributed).

Patricia advised that the group also discussed holding future events in conjunction with National and International events. Examples include "World Suicide Prevention Day"



(September 10, 2015) and International Survivors of Suicide Day” (November 21, 2015). Additional discussion regarding hosting one or both of these events will continue.

Patricia also noted that she and Dan will staff a table at the Joliet Junior College Health and Safety Fair on April 8<sup>th</sup>. Healing Hearts, as well as other New Lenox Safe Communities America programs, will be showcased at the fair.

#### Poisoning by Prescription Drug Overdose

Arnie Pilmonas told everyone in attendance about the “What Can I Say to Convince Them to Quit?” event, which will be held on April 30<sup>th</sup> at 7:00pm in the Community Room at the Village Hall. Arnie thanked Rachel Ridge from Rosecrance for putting the event together.

Arnie also noted due to some conflicts, he will have to miss the next few meetings but hopes to rejoin the group in a few months.

#### Motor Vehicle / Traffic Safety

No Report.

#### Older Adults Falls Prevention

Dan Martin advised that refresher training for Matter of Balance coaches was held on March 11<sup>th</sup> at the New Lenox Police Department.

A Matter of Balance coach’s class is scheduled for April 6<sup>th</sup> and will be held in Joliet, IL.

A new Matter of Balance class started on March 23<sup>rd</sup> at the New Lenox VFW Post 9545. The classes will run thru May 11<sup>th</sup> from 9:30am – 11:30am on Monday mornings. In addition to this class, the following classes will be starting in the near future:

- Starting April 8<sup>th</sup> (Wednesdays) thru May 27<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library
- Starting April 9<sup>th</sup> (Thursdays) thru May 28<sup>th</sup>, 1:00pm to 3:00pm at Peace Lutheran Church
- Starting April 28<sup>th</sup> (Tuesdays) thru June 16<sup>th</sup>, 9:30am to 11:30am at the New Lenox Police Department

Dan also mentioned that a generous grant from the Northeastern Illinois Agency on Aging will help fund the Matter of Balance classes as well as Fit and Strong (new, evidence-based older adults falls prevention program).

#### Emergency Preparedness

Dan Martin advised that New Lenox CERT, MRC, and SAR volunteers participated in the following activities since the last meeting:

- 2/28 – 10 volunteers completed a CPR / AED class at NLFPD Station #1
- 3/10 – NLSAR training – Pack Essentials

- 3/19 – CERT / MRC training – Interior Search
- 3/21 – SAR training – Night Exercise Dellwood Park Lockport, IL

In addition, volunteers will participate in the following upcoming activities:

- 3/29 – CERT / MRC – Shamrock Shuffle
- 4/21 – Severe Weather Spotter Training / Health and Safety Expo

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday April 29, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at approximately 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 15-02  
February 25, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:32pm\*)
  - a. Daniel Martin / New Lenox Police
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Brenda Lutz / Will County Emergency Management Agency
  - f. Derek Harris / Sertoma Centre
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Erin Hunter / New Lenox Public Library
  - i. Erin McClintock / Medulla
  - j. Gary Cheney / ShareFest
  - k. Holly Pierson / Lincoln-Way West High School
  - l. Jeannine Prucha / Lincoln-Way Central High School
  - m. Jennifer Zimmerman / New Lenox School District #122
  - n. Joe Enzenberger / Dryer Vent Wizard of Will County
  - o. John Harper / Providence Catholic High School
  - p. John Mitchell / American Red Cross
  - q. Kathie Johnson / New Lenox Township
  - r. Lauren Lotz / New Lenox Community Park District
  - s. Leslie Newbon / Silver Cross Hospital
  - t. Lisa Kline / SBT Bank and Trust
  - u. Liz Schwenke / Presence St. Joseph Medical Center
  - v. Marisa Schrieber / New Lenox Fire Protection District
  - w. Marta Keane / Will County Waste and Land Use / Will County Green
  - x. Mary Jo Button / St. Jude's Parish
  - y. Michele Batara / Crisis Line of Will-Grundy County
  - z. Noe Santiago / Pinnacle Physical Therapy
  - aa. Patricia Hensley / Senior Services of Will County
  - bb. Paul Lyons / Home Helpers
  - cc. Phil Pfeifer / Baseline Operations
  - dd. Rachel Ridge / Rosecrance
  - ee. Teena Mackey / NAMI of Will-Grundy County
  - ff. Tom Donegan / Metra
  - gg. Tracy Simons / Silver Cross Hospital

3. **Approval of NLSCAC Meeting Minutes from January 28, 2015** – Dan Martin / NLPD (2:35pm\*)
4. **New Business** (2:40pm\*)
  - a. None
5. **Old Business** (2:45pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Katie Christopherson / Erin McClintock
    - ii. Workplace Safety-
    - iii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
6. **Announcements / Organization Updates** (3:20pm\*)
7. **Next Meeting: March 25, 2015 / 2:30pm** in the Training Room at the New Lenox Police Department.
8. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-02**

**Held at the New Lenox Village Hall / Community Room  
1 Veterans Parkway New Lenox, IL 60451  
Wednesday February 25, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Bill Byerley/New Lenox ESDA and Illinois Radio League, Brenda Lutz/ Will County Emergency Management Agency, Gary Cheney/ShareFest, Jeannine Prucha/Lincoln-Way Central High School, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Liz Schwenke/Presence St. Joseph Medical Center, Michele Batara/Crisis Line Will-Grundy County, Phil Pfeifer/Baseline Operations, Rachel Ridge/Rosecrance Health Network, and Tom Donegan/Metra.

Also in attendance were the following:

- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Stephen Kehoe with Silver Cross Hospital
- Katie Christopherson/ATI Physical Therapy
- Kimberly Koning with AVP Counseling
- Anita Lewis Schmoll
- Janlyn Auld with Providence Catholic High School

**Approval of the January 28, 2015 Meeting Minutes**

The minutes for the January 28, 2015 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Bill Byerley. After no further discussion, the motion carried and the minutes were approved.

**New Business**

None

**Old Business**

**Task Group Reports**

**Youth Sports, Health and Safety**

Phil Pfeifer provided a synopsis of the February 11, 2015 concussion seminar entitled "Understanding Concussions In Youth Sports... What You Need To Know." Phil was one of the speakers as was Dr. Jason Hurbanek (Orthopedic Surgeon – Hinsdale

Orthopedics) and Dr. Scot Kinney (Chiropractor – Integrated Physical Medicine). The seminar covered several areas related to youth concussions, including definitions, symptoms, diagnosis, treatment, establishment of policies (youth sports organizations), return to play protocol, and baseline concussion testing.

Katie Christopherson provided of the Overhead Throwing Injury Workshop, which is being planned for April 8, 2015 at 7:00pm in the Community Room at the New Lenox Village Hall. Katie advised that she and Nichole Greening, also from ATI, are in the process of confirming the speakers for the event. Tentatively, Dr. Hurbanek and Dr. Antkowiak will be the speakers for the event. Dr. Hurbanek will be speaking primarily about the elbow, while Dr. Antkowiak will be speaking primarily about the shoulder. The workshop is designed to address the most common overuse injuries for youth athletes that utilize an overhead motion.

#### Workplace Safety

No report.

#### Suicide Prevention and Awareness

Task Group Chair Patricia Steinkamp distributed flyers for the March 11, 2015 Question, Persuade, and Refer (QPR) Class as well as the April 15, 2015 Mental Health First Aid Class. Both classes will be held at the New Lenox Village Hall in the Community Room. Patricia requested those in attendance to attend and / or encourage others to attend.

Patricia also provided a synopsis of the last “Healing Hearts – Survivors of Suicide Support Group” meeting, which was held on February 16, 2015 at the New Lenox Police Department. Patricia also utilized the opportunity to promote the March 16<sup>th</sup> meeting, which will also be held at the New Lenox Police Department.

#### Poisoning by Prescription Drug Overdose

Kimberly Koning, who works with Arnie Pilmonas at AVP Counseling, was in attendance to provide the Task Group report. Kimberly advised that Arnie is working on the next New Lenox Patriot article, which will promote the New Lenox Police Department’s Unwanted Medication Disposal Program.

Kimberly also utilized the opportunity to promote the “What Can I Say to Convince Them to Quit?” workshop that Rachel Ridge has been planning through Rosecrance. Rachel also encouraged our members to attend and to assist with marketing this April 30, 2015 event at the Village Hall.

#### Motor Vehicle / Traffic Safety

No Report.

#### Older Adults Falls Prevention

Noe Santiago advised that he and Kathie Johnson have scheduled a Matter of Balance (MOB) Coaches Class on March 6, 2015, which will be held in Joliet, IL. In addition, a

MOB Coach Refresher Class has been scheduled for March 11, 2015 from 9:00am to 1:00pm and will be held at the New Lenox Police Department.

Noe also advised that the Spring 2015 New Lenox MOB Classes have been firmed up and will be held as follows:

- MOB Class #12 – Mondays, 9:30am to 11:30am, March 23<sup>rd</sup> thru May 11<sup>th</sup> at the VFW
- MOB Class #13 – Wednesdays, 1:00pm to 3:00pm, April 8<sup>th</sup> thru May 27<sup>th</sup> at the New Lenox Public Library
- MOB Class #14 – Thursdays, 1:00pm to 3:00pm, April 9<sup>th</sup> thru May 28<sup>th</sup> at Peace Lutheran Church
- MOB Class #15 – Tuesdays, 9:30am to 11:30am, April 28<sup>th</sup> thru June 16<sup>th</sup> at the New Lenox Police Department

Noe also advised that the Task Group (and Matter of Balance Coaches) have been looking at another evidence-based program called “Fit and Strong.” Noe advised that he, Kathie and Dan have spoken to folks at the University of Illinois at Chicago (where the program was created) about the program. If our coalition is able to secure a grant from the Northeastern Illinois Agency on Aging, the Fit and Strong program will become a real possibility.

#### Emergency Preparedness

Dan Martin provided the Task Group report in Al Murry’s absence. Dan advised that the Community Emergency Response Team (CERT), Medical Reserve Corps (MRC), and Search and Rescue (SAR) Team has been active. Since the last meeting, those volunteer groups have participated in the following activities:

- February 3<sup>rd</sup> – Emergency Preparedness Presentation for St. Jude Women’s Club
- February 9<sup>th</sup> – Monthly SAR training was held at Pilcher Park in Joliet, IL
- February 18<sup>th</sup> – Monthly CERT / MRC training (Disaster Psychology) at the New Lenox Village Hall
- February 21<sup>st</sup> – Monthly multi-jurisdictional SAR training was held in Plainfield, IL
- February 21<sup>st</sup> – Informational table (emergency preparedness) at the Liberty Jr. High Fun Fair

Brenda Lutz announced that Severe Weather Week will be March 1<sup>st</sup> thru the 7<sup>th</sup>. The State of Illinois Tornado Drill will be held on Tuesday March 3<sup>rd</sup>.

Brenda also utilized the opportunity to promote the April 21<sup>st</sup> Severe Weather Spotter Training / Health and Safety Expo, which will be held at Lincoln-Way West High School. The Health and Safety Expo will be from 5:00pm to 7:00pm, followed by the Severe Weather Spotter Training 7:00pm to 9:00pm. Flyers were distributed to those in attendance as were posters for those that had the ability to display them at their facility.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday March 25, 2015 / 2:30pm**. The meeting will be held in the Training Room at the New Lenox Police Department.

### **Adjournment**

The meeting was adjourned at approximately 3:45pm.



**New Lenox Safe Communities America Coalition  
Meeting 15-01  
January 28, 2015 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veterans Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:32pm\*)
  - a. Daniel Martin / New Lenox Police
  - b. Allison Anderson / Will County Emergency Management Agency
  - c. Arnie Pilmonas / AVP Counseling and DUI Services, Inc.
  - d. Bill Byerley / New Lenox ESDA / Will County ARES / Illinois Radio League
  - e. Brenda Lutz / Will County Emergency Management Agency
  - f. Derek Harris / Sertoma Centre
  - g. Emily Johnson / New Lenox Chamber of Commerce
  - h. Erin Hunter / New Lenox Public Library
  - i. Erin McClintock / Medulla
  - j. Gary Cheney / ShareFest
  - k. Holly Pierson / Lincoln-Way West High School
  - l. Jeannine Prucha / Lincoln-Way Central High School
  - m. Jennifer Zimmerman / New Lenox School District #122
  - n. Joe Enzenberger / Dryer Vent Wizard of Will County
  - o. John Harper / Providence Catholic High School
  - p. John Mitchell / American Red Cross
  - q. Kathie Johnson / New Lenox Township
  - r. Lauren Lotz / New Lenox Community Park District
  - s. Leslie Newbon / Silver Cross Hospital
  - t. Lisa Kline / SBT Bank and Trust
  - u. Liz Schwenke / Presence St. Joseph Medical Center
  - v. Marisa Schrieber / New Lenox Fire Protection District
  - w. Marta Keane / Will County Waste and Land Use / Will County Green
  - x. Mary Jo Button / St. Jude's Parish
  - y. Michele Batara / Crisis Line of Will-Grundy County
  - z. Noe Santiago / Pinnacle Physical Therapy
  - aa. Patricia Hensley / Senior Services of Will County
  - bb. Paul Lyons / Home Helpers
  - cc. Phil Pfeifer / Baseline Operations
  - dd. Rachel Ridge / Rosecrance
  - ee. Teena Mackey / NAMI of Will-Grundy County
  - ff. Tom Donegan / Metra
  - gg. Tracy Simons / Silver Cross Hospital

3. **Approval of NLSCAC Meeting Minutes from October 29, 2014** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – Freedom Haus / Dave Hausmann** (2:40\*)
5. **New Business** (3:00pm\*)
  - a. 2015 Severe Weather Spotter Training / Health and Safety Expo Tuesday April 21, 2015 @ Lincoln-Way West High School
6. **Old Business** (3:05pm\*)
  - a. New Lenox Patriot Weekly Column
  - b. New Lenox Safe Communities Re-Accreditation in 2015
  - c. Task Group Reports
    - i. Youth Sports, Health and Safety – Katie Christopherson / Erin McClintock
    - ii. Workplace Safety-
    - iii. Suicide Prevention and Awareness – Patricia Steinkamp
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: February 25, 2015 / 2:30pm** in the Community Room at the New Lenox Village Hall
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 15-01**

**Held at the New Lenox Village Hall / Community Room**

**1 Veterans Parkway New Lenox, IL 60451**

**Wednesday January 28, 2015 / 2:30pm**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Allison Anderson/Will County Emergency Management Agency, Arnie Pilmonas/AVP Counseling, Erin McClintock/Chiro One Wellness, Gary Cheney/ShareFest, Holly Pierson/Lincoln-Way West High School, Jeannine Prucha/Lincoln-Way Central High School, Joe Enzenberger/Dryer Vent Wizard of Will County, John Harper/Providence Catholic High School, John Mitchell/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Marta Keane/Will County Waste and Land Use, Mary Jo Button/St. Jude Parish, Noe Santiago/Pinnacle Physical Therapy, Paul Lyons/Home Helpers, Phil Pfeifer/Baseline Operations, Rachel Ridge/Rosecrance Health Network, and Tracy Simons/Silver Cross Hospital.

Also in attendance were the following:

- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Analiese Moyer with the American Red Cross
- Kimberly Koning with AVP Counseling
- Dr. Byron Waller with Decision Point Counseling
- Jho Moraga with JBMA Martial Arts
- Anthony Velut with JBMA Martial Arts
- David Hausman with Freedom Haus
- Stephen Kehoe with Silver Cross Hospital
- Anita Lewis Schmoll
- Amirrah Abou-Youssef with Guardian Angel Community Services

**Approval of the October 29, 2014 Meeting Minutes**

The minutes for the October 29, 2014 meeting were sent to members via email prior to the meeting. Lauren Lotz made a motion to approve the minutes as presented, seconded by Liz Schwenke. After no further discussion, the motion carried and the minutes were approved.

**New Business**

**2015 Severe Weather Spotter Training / Health and Safety Expo**

Dan Martin provided an overview of the 2015 Severe Weather Spotter Training / Health and Safety Expo, which will be on April 21, 2015 at Lincoln-Way West High School. The Health and Safety Expo will be from 5:00pm to 7:00pm, followed by the Severe Weather Spotter Training at 7:00pm (to 9:00pm). Dan encouraged those in attendance to let him know if their organization wished to have a table at the event. The offer is available to the first 50 organizations due to space constraints.

## **Old Business**

### **New Lenox Patriot Weekly Column**

Dan Martin advised that he was very pleased with the (eight) articles that have been written for the Patriot thus far. Dan thanked the writers for their contributions and encouraged everyone to keep up the good work. Dan reminded everyone that the articles should be approximately 500 words with topics related to the missions of each of the task groups. Writers should include a photograph (head shot) when they submit their article to Dan, who provided everyone in attendance with an updated schedule.

### **New Lenox Safe Communities America Re-Accreditation in 2015**

Dan Martin advised that the Village of New Lenox and its Safe Communities America Coalition is scheduled for re-accreditation in 2015. Dan advised that the original accreditation was in June 2010 and re-accreditation is required every five years. Dan provided those in attendance with a synopsis of the guidance document that he had recently received from the National Safety Council. It was noted that one of the more difficult sections in the application will be the (injury) data collection. Dan will be reaching out to Silver Cross Hospital and the New Lenox Fire Protection District to assist with this portion of the application.

## **Task Group Reports**

### **Youth Sports, Health and Safety**

Dan provided everyone in attendance with a handout that Phil Pfeifer created for the February 11<sup>th</sup> workshop entitled "Understanding Concussions In Youth Sports...What You Need To Know." Phil provided a brief synopsis of the speakers and encouraged everyone to share the information with their colleagues. Erin McClintock advised that the task group is also in the process of planning a workshop on Overhead Throwing Injuries. The workshop is scheduled for April 8, 2015 at 7:00pm in the Community Room at the New Lenox Village Hall.

### **Workplace Safety**

No report.

### **Suicide Prevention and Awareness**

Patricia Steinkamp advised that the next meeting of "Healing Hearts" will be Monday February 16, 2015 / 7:00pm at the New Lenox Police Department 200 Veterans Parkway.

Dan Martin advised that the task group, in partnership with Sertoma Centre, will host another QPR Class on March 11, 2015 at 7:00pm in the Community Room at the New Lenox Village Hall.

An 8-hour Mental Health First Aid Class will be offered on April 15, 2015 from 8:00am to 4:30pm in the Community Room at the New Lenox Village Hall. The class is being offered in partnership with Sertoma Centre and Linden Oaks.

#### Poisoning by Prescription Drug Overdose

Arnie Pilmonas provided a synopsis of the Unwanted Medication Disposal program's collections in 2013 and 2014. Arnie advised that in 2013, 664.3 pounds were collected at the New Lenox Police Department. In 2014, 728.3 pounds were collected, representing a 9.6% increase from 2013 to 2014. Dan Martin thanked Arnie and Kimberly Koning for their hard work marketing the program throughout the year.

#### Motor Vehicle / Traffic Safety

No Report.

#### Older Adults Falls Prevention

Noe Santiago advised that he and Kathie Johnson were planning a (new) Matter of Balance (MOB) Coaches Class as well as a Refresher Class for Matter of Balance Coaches. The (new) MOB Coaches Class will be in Joliet, IL on March 6<sup>th</sup>. The Refresher Class for MOB Coaches will be held at the New Lenox Police Department on March 11<sup>th</sup> from 9:00am to 1:00pm.

Noe also advised that the Spring 2015 New Lenox MOB Classes have been firmed up and will be held as follows:

- MOB Class #12 – Mondays, 9:30am to 11:30am, March 23<sup>rd</sup> thru May 11<sup>th</sup> at the VFW
- MOB Class #13 – Wednesdays, 1:00pm to 3:00pm, April 8<sup>th</sup> thru May 27<sup>th</sup> at the New Lenox Public Library
- MOB Class #14 – Tuesdays, 9:30am to 11:30am, April 28<sup>th</sup> thru June 16<sup>th</sup> at the New Lenox Police Department

#### Emergency Preparedness

Dan Martin advised that the New Lenox Citizen Corps Council Semi-Annual Report was submitted on January 2, 2015 as a requirement of the Illinois Citizen Corps Council. In addition, Dan reported the following CERT / MRC / SAR activities:

- January 8<sup>th</sup> – Annual SAR Meeting was held
- January 12<sup>th</sup> – Two emergency preparedness presentations given by New Lenox CERT members
- January 17<sup>th</sup> – Monthly multi-jurisdictional SAR training was held
- January 20<sup>th</sup> – New Lenox CERT / MRC Semi-Annual Meeting was held and included a presentation from the Mayor of Diamond, IL Therese Kerncz

- January 25<sup>th</sup> – SAR call-out in Symerton, IL for a missing person (found deceased)
- February 3<sup>rd</sup> – Emergency preparedness presentation for St. Jude Women's Club

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday February 25, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at approximately 3:50pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-09  
October 29, 2014 / 2:30pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Allison Anderson
  - c. April Balzhiser
  - d. Arnie Pilmonas
  - e. Bill Byerley
  - f. Brenda Lutz
  - g. Derek Harris
  - h. Emily Johnson
  - i. Erin Hunter
  - j. Gary Cheney
  - k. Holly Pierson
  - l. Jennifer Zimmerman
  - m. Jessica Jepsen
  - n. Joe Enzenberger
  - o. John Harper
  - p. John Mitchell
  - q. Kathie Johnson
  - r. Lauren Lotz
  - s. Leslie Newbon
  - t. Lisa Kline
  - u. Liz Schwenke
  - v. Marisa Schrieber
  - w. Marta Keane
  - x. Mary Jo Button
  - y. Michele Batara
  - z. Noe Santiago
  - aa. Patricia Hensley
  - bb. Paul Lyons
  - cc. Phil Pfeifer
  - dd. Rachel Ridge
  - ee. Teena Mackey
  - ff. Tom Donegan

3. **Approval of NLSCAC Meeting Minutes from September 24, 2014** – Dan Martin / NLPD (2:40pm\*)
4. **New Business** (2:45pm\*)
  - a. New Membership – Sports Brain, represented by Phil Pfeifer
    - i. *Motion required*
  - b. New Lenox Patriot Weekly Column (Meredith Dobes / New Lenox Patriot)
  - c. New Lenox Safe Communities Re-Accreditation in 2015
5. **Old Business** (3:00pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
    - ii. Workplace Safety- Cindy Staskiewicz
    - iii. Suicide Prevention and Awareness – Dan Martin / NLPD
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
6. **Announcements / Organization Updates** (3:25pm\*)
7. **Next Meeting: November 19, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall
8. **Adjournment** (3:30pm\*)



**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-09**

**Held at the New Lenox Police Department / Training Room  
701 W. Haven Avenue New Lenox, IL 60451**

**Wednesday October 29, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Allison Anderson/Will County Health Department, Arnie Pilmonas/AVP Counseling, Gary Cheney/ShareFest, Holly Pierson/Lincoln-Way West High School, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Noe Santiago/Pinnacle Physical Therapy, Phil Pfeifer/Sports Brain and Tracy Simons/Silver Cross Hospital.

Also in attendance were the following:

- Al Murry, Chair of the Emergency Preparedness Task Group
- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Analiese Moyer with the American Red Cross
- Kimberly Koning with AVP Counseling
- Meredith Dobes with the New Lenox Patriot

**Approval of the September 24, 2014 Meeting Minutes**

The minutes for the September 24, 2014 meeting were sent to members via email prior to the meeting. Lauren Lotz made a motion to approve the minutes as presented, seconded by Liz Schwenke. After no further discussion, the motion carried and the minutes were approved.

**New Business**

**New Membership**

Phil Pfeifer, an original member of the New Lenox Safe Communities America Coalition when employed by AthletiCo, provided a presentation at the August 27, 2014 meeting on behalf of his new employer Sports Brain. Phil expressed an interest in representing Sports Brain based on common goals and interests. Dan Martin reminded those in attendance about Phil's August presentation and advised that it made sense for Phil and Sports Brain to collaborate. Dan asked for a motion to bring Sports Brain on board, which was made by Lauren Lotz. Joe Enzenberger provided a second to the motion. After no further discussion, the motion passed and Sports Brain, represented by Phil Pfeifer, became a new partner. Dan Martin congratulated Phil and advised that he looked forward to working with Phil and Sports Brain moving forward.

### New Lenox Patriot Weekly Column

Dan Martin advised those in attendance that Meredith Dobes, Editor of the New Lenox Patriot, afforded the New Lenox Safe Communities America Coalition an opportunity to write a weekly column for the Patriot. Meredith, who was in attendance, further described the opportunity to include that the column would be approximately 500 words and would be generated weekly from each of the Safe Communities' seven Task Groups. Dan advised that he would generate a schedule where the articles would be due to him every Wednesday so he could proof them and send them to Meredith by Friday. Meredith added that in addition to the article, she would need a photograph (head shot) from each of the writers to accompany the article. A discussion ensued regarding the opportunity, after which everyone was in favor of the new opportunity. Dan thanked Meredith and the New Lenox Patriot for the opportunity.

### New Lenox Safe Communities America Re-Accreditation in 2015

Dan Martin advised that the Village of New Lenox and its Safe Communities America Coalition is scheduled for re-accreditation in 2015. Dan advised that the original accreditation was in June 2010 and re-accreditation is required every five years. Dan advised that the Safe Communities America Application for Accreditation is in the process of being redesigned by the National Safety Council (Certifying Center for the U.S.). Once the application format has been completed, Dan will share the format with everyone at a future meeting, perhaps in early 2015.

## **Old Business**

### **Task Group Reports**

#### Youth Sports, Health and Safety

Dan advised that Jessica Jepsen has taken a new position with Chiro One Wellness Centers. As such, Erin McClintock will be replace Jessica on the New Lenox Safe Communities America Coalition and Citizen Corps Council as well as the Safe Communities' Youth Sports, Health and Safety Task Group. Katie Christopherson was not able to attend the meeting and as such, no report was available. Dan Martin stated that he looked forward to Phil Pfeifer's participation in this Task Group.

#### Workplace Safety

No report.

### Suicide Prevention and Awareness

Patricia Steinkamp advised that she is moving forward with "Healing Hearts" a group for those that have

Lost loved ones to suicide. Patricia advised that the first Healing Hearts meeting has been scheduled for Monday November 17, 2014 / 7:00pm at the New Lenox Police Department 200 Veterans Parkway.

Dan Martin advised that the Suicide Prevention and Awareness Task Group, in partnership with Sertoma Centre, will host another QPR Class on November 6, 2014 in the Community Room at the New Lenox Village Hall.

#### Poisoning by Prescription Drug Overdose

Arnie Pilmonas provided a synopsis of the prescription drug overdose event "Coming to Light – The Dark Side of Prescription Medications" which was held on September 24, 2014 at 7:00pm in the Community Room at the New Lenox Village Hall. Rachel Ridge did an outstanding job as the main presenter and was joined by a doctor from Clinical Associates in Medicine. Arnie's contact, a woman still in recovery from prescription medications, also provided a very heartwarming presentation to approximately 35 attendees. Dan Martin thanked Arnie, Rachel and others that worked to put together a very successful event.

#### Motor Vehicle / Traffic Safety

No Report.

#### Older Adults Falls Prevention

Noe Santiago advised that the Older Adults Falls Prevention Task Group, met on October 22, 2014 and discussed the National Fall Prevention Awareness Event which was held at the Presence Healing Arts Pavilion. Noe noted that attendance numbers were somewhat disappointing, but it was a first effort for the Older Adults Falls Prevention Task Group. Noe commented that more time was needed to promote the event and that it would probably be better if all activities were in closer proximity, rather than being on the 1<sup>st</sup> and 2<sup>nd</sup> floors. The Task Group will do a better job surveying seniors to determine what they would like to see presented at next year's event. Additional marketing ideas included publishing the event in the New Lenox Community Park District's Fall Catalog, through ShareFest, at the Annual TRIAD Conference, at the VFW fish fry, and through church bulletins.

Noe advised that Matter of Balance Class #9 (VFW class) just graduated on October 27<sup>th</sup>. Matter of Balance Class #10 is still in session at the United Methodist Church and will graduate on November 12<sup>th</sup>. Matter of Balance Class #11 is also in session and will graduate on December 4<sup>th</sup> at the New Lenox Public Library.

Noe advised that the Task Group discussed dates, times, locations, and coaches for the Spring 2015 Matter of Balance Classes. The following Matter of Balance Classes were tentatively scheduled:

- MOB Class #12 – Mondays, 9:30am to 11:30am, March 23<sup>rd</sup> thru May 11<sup>th</sup> at the VFW
- MOB Class #13 – Wednesdays, 1:00pm to 3:00pm, April 8<sup>th</sup> thru May 27<sup>th</sup> at the New Lenox Public Library or possibly St. Jude's Catholic Church
- MOB Class #14 – Tuesdays, 9:30am to 11:30am, April 28<sup>th</sup> thru June 16<sup>th</sup> at the New Lenox Police Department

### Emergency Preparedness

Al Murry provided those in attendance with a synopsis of the Emergency Preparedness Task Group's activities. Al mentioned that CERT Class #9 graduated on Saturday October 25, 2014. CERT Class #9 graduates did an excellent job during their final exercise. Previous New Lenox CERT graduates served as role players and evaluators.

New Lenox CERT members participated in the 5<sup>th</sup> Annual Prairie State CERT Challenge on October 18, 2014. The New Lenox team performed very well, taking 2<sup>nd</sup> place.

New Lenox CERT / MRC members held training on October 15, 2014. The training included a presentation on the Ebola virus and the Enterovirus D68.

New Lenox CERT staffed a table at New Lenox Fire Protection District Station #1 on October 11, 2014 during their Open House.

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### Next Meeting Date

The next meeting will be on **Wednesday February 25, 2015 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### Adjournment

The meeting was adjourned at approximately 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-08  
September 24, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. Allison Anderson
  - c. April Balzhiser
  - d. Arnie Pilmonas
  - e. Bill Byerley
  - f. Brenda Lutz
  - g. Derek Harris
  - h. Emily Johnson
  - i. Erin Hunter
  - j. Gary Cheney
  - k. Holly Pierson
  - l. Jennifer Zimmerman
  - m. Jessica Jepsen
  - n. Joe Enzenberger
  - o. John Harper
  - p. John Mitchell
  - q. Kathie Johnson
  - r. Lauren Lotz
  - s. Leslie Newbon
  - t. Lisa Kline
  - u. Liz Schwenke
  - v. Marisa Schrieber
  - w. Marta Keane
  - x. Mary Jo Button
  - y. Michele Batara
  - z. Noe Santiago
  - aa. Patricia Hensley
  - bb. Paul Lyons
  - cc. Rachel Ridge
  - dd. Roxy Trudeau
  - ee. Teena Mackey
  - ff. Tom Donegan

3. **Approval of NLSCAC Meeting Minutes from August 27, 2014** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – National Safety Council / Tess Benham** (2:40pm\*)
5. **New Business** (3:00pm\*)
  - a. None
6. **Old Business** (3:05pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
    - ii. Workplace Safety- Cindy Staskiewicz
    - iii. Suicide Prevention and Awareness – Dan Martin / NLPD
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: October 29, 2014/ 2:30pm** in the Community Room at the New Lenox Village Hall
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-08**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday September 24, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPSD, Allison Anderson/Will County Health Department, Arnie Pilmonas/AVP Counseling, Bob Nelson/NLSD #122, Emily Johnson/New Lenox Chamber of Commerce, Holly Pierson/Lincoln-Way West High School, John Mitchell/American Red Cross, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, Michele Batara/Will County Crisis Line, Noe Santiago/Pinnacle Physical Therapy, Patricia Hensley/Senior Services of Will County, and Rachel Ridge/Rosecrance Health Network.

Also in attendance were the following:

- Cindy Staskiewicz, Chair of the Workplace Safety Task Group
- Al Murry, Chair of the Emergency Preparedness Task Group
- Patricia Steinkamp, Chair of the Suicide Prevention and Awareness Task Group
- Analiese Moyer/ with the American Red Cross
- Phil Pfeifer with Sports Brain
- Kimberly Koning with AVP Counseling
- Meredith Dobes with the New Lenox Patriot
- Gia Washington with Sertoma Centre

**Approval of the August 27, 2014 Meeting Minutes**

The minutes for the August 27, 2014 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Emily Johnson. After no further discussion, the motion carried and the minutes were approved.

**Guest Speaker**

Dan Martin introduced Tess Benham, Program Manager, from the National Safety Council (NSC) who was kind enough to make the drive from NSC Headquarters in Itasca, IL for a presentation on prescription medications in the workplace. Tess began her presentation by stating that overdose is now the leading cause of unintentional death in the United States. Furthermore, prescription painkillers (opioids) are the

leading cause of overdose. Opioids increase the risk of traffic crashes, falls, workplace injury and injuries within communities.

The United States contains 4.6% of the world's population but consumes 80% of the world's opioid medication. The U.S. consumes enough opioid medication to supply every citizen with 700mg of morphine every year. Not only are opioids dangerous, but they are not very good pain medications in terms of treating acute and chronic pain. Tess provided those in attendance with statistical data (via PowerPoint slides) of opioid sales, deaths and opioid treatment admissions from 1999 to 2010. The graph showed upward trends in all three areas. Tess also provided information about effectiveness of pain medications. Interestingly, a combination of ibuprophen and acetaminophen was more effective in controlling pain than the opioid pain medications.

Tess went on to say that, the National Safety Council is currently doing the following to address this issue:

- Policy development
  - NGA
- Employer education and assistance
  - Employer toolkit
- Prescriber education
  - Practice guidelines with AAFP, ACP
- Community / public education
  - Community toolkit

Tess entertained questions throughout the presentation and provided her contact information as well as contact information for her colleague, Dr. Don Teater, Medical Advisor to the National Safety Council. Dan Martin thanked Tess for the presentation and invited her to stay for the remainder of the meeting, which she did.

### **New Business**

None

### **Old Business**

#### **Task Group Reports**

##### Youth Sports, Health and Safety

No report.

##### Workplace Safety

No report.

#### **Suicide Prevention and Awareness**

Dan Martin advised that the Suicide Prevention and Awareness Task Group, in partnership with Sertoma Centre, will host another QPR Class on November 6, 2014 in the Community Room at the New Lenox Village Hall. Also in partnership with Sertoma Centre, an 8-hour Mental Health First Aid Class will be offered on November 11, 2014.



Additional details for the Mental Health First Aid Class, such as Continuing Education Units (CEUs), still need to be worked out.

Patricia Steinkamp advised that she is moving forward with a group for those that have lost loved ones to suicide. Pat is still looking for a mental health professional(s) to help her facilitate the class as well as a class location for the monthly meetings. At the next meeting, Patricia will provide everyone with additional information.

Patricia also graciously agreed to Chair the Suicide Prevention and Awareness Task Group. Dan Martin thanked her for agreeing to Chair the Group that previously had no Chair.

#### Poisoning by Prescription Drug Overdose

Arnie Pilmonas advised that the prescription drug overdose event “Coming to Light – The Dark Side of Prescription Medications” is scheduled to begin at 7:00pm (September 24<sup>th</sup>). Rachel Ridge will be the main speaker for the evening and will be joined by a doctor from Clinical Associates in Medicine. In addition to Rachel (who will also play a YouTube video detailing the lives of teens affected by prescription medications) and the doctor, Arnie has also asked a woman who is still in recovery from prescription medications, to speak. Arnie encouraged those in attendance to attend the event.

Dan added that New Lenox Community Television / Channel 6 would videotape the event for broadcasting via their YouTube Channel as well as on Channel 6.

#### Motor Vehicle / Traffic Safety

Marisa Schrieber provided everyone in attendance with a synopsis of the Road to Reality event, which was held at Lincoln-Way West High School on September 16<sup>th</sup>. Marisa advised the event was great and well attended. Holly Pierson concurred and added that Lincoln-Way Central High School also held a Road to Reality event.

#### Older Adults Falls Prevention

Noe Santiago advised that the Older Adults Falls Prevention Task Group, in partnership with Presence St. Joseph Medical Center, held an event to promote National Falls Prevention Awareness Day. Noe advised that the event was held at the Presence Healing Arts Pavilion (thanks to Liz Schwenke), on September 23, 2014. Noe advised that everything was in place for a great event (informational tables, health screenings and presentations) but unfortunately, there was a low turnout. Noe advised that the Task Group is looking forward to planning next year’s event which will include additional marketing strategies.

Noe also advised that MOB Classes #8, started at the Cottages of New Lenox On August 19<sup>th</sup> and will conclude on October 7<sup>th</sup>. Additional MOB Classes will be held as follows:

- Starting September 8<sup>th</sup> (Mondays) thru October 27<sup>th</sup>, 9:30am – 11:30am at New Lenox VFW Post 9545, 323 Old Hickory Road, New Lenox, IL 60451.

- Starting September 24<sup>th</sup> (Wednesdays) thru November 12<sup>th</sup>, 9:30am to 11:30am at the United Methodist Church, 339 New Lenox Road (Haven Avenue), New Lenox, IL 60451.
- Starting October 9<sup>th</sup> (Thursdays) thru December 4<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library, 120 Veterans Parkway, New Lenox, IL 60451.

### Emergency Preparedness

Al Murry advised that the emergency preparedness event at the New Lenox Public Library went very well. Al advised that volunteers staffed an informational table from Monday September 15<sup>th</sup> thru Thursday September 18<sup>th</sup> from 10:00am to 8:00pm. On Friday September 19<sup>th</sup> the table was staffed from 10:00am to 6:00pm. On Saturday September 20<sup>th</sup> an emergency preparedness presentation was given at 10:30am and lasted until 12:00pm due to the number of questions and discussion. Thanks to a number of individuals and organizations, those in attendance at the lecture, received backpacks (Tom Chojnacki), NOAA weather radios (Anneliese Moyer) and first aid kits (Silver Cross Hospital). Al thanked those individuals and organizations while Dan Martin thanked Al for his outstanding leadership and contributions. Dan noted that Al took a week's vacation from work to ensure that this event went well.

Dan Martin added that a 20-Hour Basic CERT Class started on September 11<sup>th</sup> and is being held on Thursday evenings at the police department. CERT Class #9 is scheduled to graduate on Saturday October 25<sup>th</sup>.

Dan also provided a brief synopsis of emergency preparedness activities (training, community events, community outreach) involving the CERT / MRC and SAR volunteers.

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### Next Meeting Date

The next meeting will be on **Wednesday October 29, 2014 / 2:30pm**. The meeting will be held in the Training Room at the New Lenox Police Department due to Early Voting at the Village Hall.

### Adjournment

The meeting was adjourned at approximately 3:50pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-07  
August 27, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. Allison Anderson
  - c. April Balzhiser
  - d. Arnie Pilmonas
  - e. Bill Byerley
  - f. Brenda Lutz
  - g. Derek Harris
  - h. Emily Johnson
  - i. Erin Hunter
  - j. Gary Cheney
  - k. Holly Pierson
  - l. Jennifer Zimmerman
  - m. Jessica Jepsen
  - n. Joe Enzenberger
  - o. John Harper
  - p. John Mitchell
  - q. Kathie Johnson
  - r. Lauren Lotz
  - s. Leslie Newbon
  - t. Lisa Kline
  - u. Liz Schwenke
  - v. Marisa Schrieber
  - w. Marta Keane
  - x. Mary Jo Button
  - y. Michele Batara
  - z. Noe Santiago
  - aa. Patricia Hensley
  - bb. Paul Lyons
  - cc. Rachel Ridge
  - dd. Roxy Trudeau
  - ee. Teena Mackey
  - ff. Tom Donegan

3. **Approval of NLSCAC Meeting Minutes from July 30, 2014** – Dan Martin / NLPD (2:35pm\*)
4. **Presentation / Guest Speaker – Sports Brain / Phil Pfeifer** (2:40pm\*)
5. **New Business** (3:00pm\*)
  - a. Bring your boss (CEO, Administrators) to the September 24, 2014 meeting. Guest speaker will be Tess Benham from the National Safety Counsel who will be speaking about Prescription Drug Use in the Workplace. Tess will be bringing employer toolkits, available to each of the organizations in attendance.
6. **Old Business** (3:05pm\*)
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
    - ii. Workplace Safety- Cindy Staskiewicz
    - iii. Suicide Prevention and Awareness – Dan Martin / NLPD
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: September 24, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-07**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday August 27, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPPD, Arnie Pilmonas/AVP Counseling, Emily Johnson/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Holly Pierson/Lincoln-Way West High School, Joe Enzenberger/Dryer Vent Wizard, John Harper/Providence Catholic High School, Kathie Johnson/New Lenox Township, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schrieber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, Michele Batarra/Crisis Line of Will-Grundy County, Noe Santiago/Pinnacle Physical Therapy, and Tracy Simons/Silver Cross Hospital.

Also in attendance were the following:

- Cindy Staskiewicz, Chair of the Workplace Safety Task Group
- Al Murry, Chair of the Emergency Preparedness Task Group
- Patricia Steinkamp, Suicide Prevention and Awareness Task Group
- Analiese Moyer/ with the American Red Cross
- Phil Pfeifer with Sports Brain
- Roy Kessel with Sports Brain

**Approval of the July 30, 2014 Meeting Minutes**

The minutes for the July 30, 2014 meeting were sent to members via email prior to the meeting. Arnie Pilmonas made a motion to approve the minutes as presented, seconded by Kathie Johnson. After no further discussion, the motion carried and the minutes were approved.

**Guest Speaker**

Dan Martin introduced Phil Pfeifer from Sports Brain, who introduced his colleague Roy Kessel, also from Sports Brain. Phil and Roy provided those in attendance with some alarming statistics regarding sports-related concussions (estimated 4 million in the U.S. every year); every three minutes a child is seen in an emergency department for a sports-related concussion; and doctors look at 22 potential side effects when evaluating a concussion.

Phil and Roy utilized a PowerPoint for their discussion, pointing out the dangers of concussions, including causes, symptoms and treatment for young athletes. Phil and

Roy stressed that proper testing will ensure that when an athlete suffers a concussion, the baseline test results can be used for several important purposes (also from their brochure that was provided to those in attendance:

- Helping identify diminished performance in the areas of cognitive function, vision, balance or reaction time;
- Providing the athlete's medical provider with objective, quantitative data that can be used to guide the athlete's recovery; and
- Ensuring that the athlete does not return to play before they are fully recovered which places the athlete at much greater risk for subsequent injury (ie. Second-Impact Syndrome).

Phil and Roy handled questions throughout the presentation, which concluded at approximately 3:10pm.

### **New Business**

Dan Martin advised that the next meeting (September 24, 2014) would be "Bring Your Boss" (CEO, Administrators, etc...). Dan advised that Tess Benham from the National Safety Council would be the guest speaker and she will be speaking about prescription drug use in the workplace. Dan added that Tess would be bringing employer toolkits, which will be available to each of the organizations in attendance.

### **Old Business**

#### **Task Group Reports**

##### Youth Sports, Health and Safety

No report.

##### Workplace Safety

Cindy Staskiewicz provided a synopsis of the August 21, 2014 Task Group Meeting which included two Action Plans the group was working on:

- Development of a model Emergency Action Plan for local businesses that addresses natural and man-made hazards.
  - Jenny Zimmerman from New Lenox School District #122 participated in the conference call and advised that she would provide a copy of the District's Emergency Action Plan as an example.
- A survey for local businesses to obtain baseline injury statistics and determine where to focus injury prevention efforts.
  - Emily Johnson, through the New Lenox Chamber of Commerce, launched the survey, which was completed by approximately 30 individuals representing various size businesses and sectors. Although the sampling was relatively small, the results will provide some direction for the Task Group.

### Suicide Prevention and Awareness

Dan Martin advised that the Suicide Prevention and Awareness Task Group, in partnership with Sertoma Centre, will host another QPR Class on November 6, 2014 in the Community Room at the New Lenox Village Hall. Additionally in partnership with Sertoma Centre, an 8-hour Mental Health First Aid Class will be offered on November 18, 2014 (tentative date). Additional details for the Mental Health First Aid Class, such as Continuing Education Units (CEUs), still need to be worked out.

Patricia Steinkamp advised that she has been researching Suicide Survivor's Groups. Pat explained that she is searching for a local group that offers services but if no local groups provide services to survivors, she would be interested in starting a group. Patricia advised that she would continue her research and brief the group as to her findings at the next meeting.

### Poisoning by Prescription Drug Overdose

Arnie Pilmonas advised that the prescription drug overdose event planned for Wednesday September 24<sup>th</sup> is still a go. Arnie advised that he has been promoting the event with his clients and at various events, which he attends. Arnie advised that Rachel Ridge from Rosecrance came up with "Coming to Light – the Dark Side of Prescription Medications" as the official name for the event. The format will include a presentation from Rachel Ridge (including a video), a presentation from a doctor who specializes in the physiological effects of prescription medications and an individual who is currently in recovery from prescription medications.

In addition to discussing the "Coming to Light – the Dark Side of Prescription Medications" event, Arnie provided those in attendance with posters addressing prescription drugs, from the National Institute on Drug Abuse.

### Motor Vehicle / Traffic Safety

Marisa Schrieber provided everyone in attendance with a synopsis of the Motor Vehicle / Traffic Safety Task Group's August 21<sup>st</sup> conference call, which included the following:

- Time will not permit the Task Group to hold a Child Safety Seat Check on Saturday September 20<sup>th</sup>. Marisa will be looking into the best way to distribute the remaining child safety seats from the April 22<sup>nd</sup> event.
- The week of September 14<sup>th</sup> (thru the 20<sup>th</sup>) is Child Passenger Safety Week. Marisa will be placing a safety message on the marquees at the NLFPD Stations. Information will also be sent to the Safe Communities Coalition so members can promote this week within their own organizations via social media and other methods.
- Marisa will be participating in Road to Reality at LWCHS on September 16<sup>th</sup> and at LWWHS on September 17<sup>th</sup>. Marisa will take photos and provide a report on the event at our September meeting.
- Dan Martin advised he would speak to Tom Donegan about Operation Lifesaver as well as Grade Crossing Safety with the hope of getting some presentations and / or blitzes scheduled for this Fall.

- Lastly, the Task Group discussed the feasibility of purchasing or borrowing a distracted driving simulator - something that would demonstrate how texting or drunk/drugged driving can impair a driver. Marisa will advise everyone the Task Group's findings at a future meeting.

### Older Adults Falls Prevention

Noe Santiago advised that the Older Adults Falls Prevention Task Group met at the Presence Healing Arts Pavilion on August 20, 2014 at 2:30pm. During the meeting, the group discussed an event to promote National Falls Prevention Awareness Day on September 23, 2014, which will be held at the Presence Healing Arts Pavilion thanks to Liz Schwenke. The event will include the following:

- Informational tables including Matter of Balance
- Health screenings (blood pressure, balance screenings, etc...)
- Presentations by geriatric doctors

Noe advised that if the event goes well, he would like to make this an Annual event to promote National Falls Prevention Awareness Day.

Noe also advised that MOB Classes #8, started at the Cottages of New Lenox On August 19<sup>th</sup> and will conclude on October 7<sup>th</sup>. Additional MOB Classes will be held as follows:

- Starting September 8<sup>th</sup> (Mondays) thru October 27<sup>th</sup>, 9:30am – 11:30am at New Lenox VFW Post 9545, 323 Old Hickory Road, New Lenox, IL 60451.
- Starting September 24<sup>th</sup> (Wednesdays) thru November 12<sup>th</sup>, 9:30am to 11:30am at the United Methodist Church, 339 New Lenox Road (Haven Avenue), New Lenox, IL 60451.
- Starting October 9<sup>th</sup> (Thursdays) thru December 4<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library, 120 Veterans Parkway, New Lenox, IL 60451.

### Emergency Preparedness

Al Murry provide those in attendance with a report on the Emergency Preparedness Task Group and its planned activities. Al advised that New Lenox CERT, in partnership with the American Red Cross, are planning a National Preparedness Month event at the New Lenox Public Library the week of September 15<sup>th</sup>. Al advised that volunteers will be staffing an informational table from 10:00am to 8:00pm Monday thru Thursday and 10:00am to 6:00pm on Friday. The table will include literature from Ready.gov, information on severe weather, as well as information on New Lenox CERT. The week will conclude with an Emergency / Disaster Preparedness presentation Saturday September 20, 2014 at 10:30am. Al noted that the hours will be covered by New Lenox CERT / MRC volunteers and perhaps volunteers from the American Red Cross.

Al advised that he will provide visitors with emergency whistles and hoped that he would be able to get 10 backpacks (for 72-hour kits), 10 first aid kits and 10 NOAA weather radios donated. Al advised that he will utilize these items as raffle prizes for those in



attendance at Saturday's presentation. Analiese Moyer from the American Red Cross advised that she would work toward securing the NOAA weather radios while Tracy Simons from Silver Cross Hospital advised that she would supply the first aid kits. Both were thanked for their contributions.

Dan Martin added that a 20-Hour Basic CERT Class would be starting on September 11, 2014 at 6:30pm at the New Lenox Police Department. The class will be held on Thursday evenings thru October 23<sup>rd</sup> and graduation will be on Saturday October 25<sup>th</sup>.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday September 24, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at approximately 3:50pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-06  
July 30, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. Allison Anderson
  - c. April Balzhiser
  - d. Arnie Pilmonas
  - e. Bill Byerley
  - f. Bob Nelson
  - g. Brenda Lutz
  - h. Derek Harris
  - i. Emily Johnson
  - j. Erin Hunter
  - k. Gary Cheney
  - l. Holly Pierson
  - m. Jessica Jepsen
  - n. Joe Enzenberger
  - o. John Mitchell
  - p. Kathie Johnson
  - q. Lauren Lotz
  - r. Leslie Newbon
  - s. Lisa Kline
  - t. Liz Schwenke
  - u. Marisa Schrieber
  - v. Marta Keane
  - w. Mary Jo Button
  - x. Michele Batara
  - y. Noe Santiago
  - z. Patricia Hensley
  - aa. Paul Lyons
  - bb. Rachel Ridge
  - cc. Roxy Trudeau
  - dd. Teena Mackey
  - ee. Tom Donegan
  
3. **Approval of NLSCAC Meeting Minutes from June 25, 2014** – Dan Martin / NLPD (2:35pm\*)

4. **Presentation / Guest Speaker – ShareFest 2014 / Gary Cheney (2:45pm\*)**
5. **New Business (3:00pm\*)**
6. **Old Business (3:05pm\*)**
  - a. Task Group Reports
    - i. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
    - ii. Workplace Safety- Cindy Staskiewicz
    - iii. Suicide Prevention and Awareness – Dan Martin / NLPD
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
7. **Announcements / Organization Updates (3:25pm\*)**
8. **Next Meeting: August 27, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall
9. **Adjournment (3:30pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-06**

**Held at the New Lenox Village Hall / Community Room**

**1 Veteran's Parkway New Lenox, IL 60451**

**Wednesday July 30, 2014/ 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Bill Byerley/Illinois Radio League, Will County ARES and New Lenox ESDA, Emily Johnson/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Liz Schwenke/Presence St. Joseph Medical Center, Marta Keane/Will County Waste and Land Use-Will County Green, Michele Batara/Crisis Line of Will-Grundy County, Noe Santiago/Pinnacle Physical Therapy, Rachel Ridge/Rosecrance Health Network and Tom Donegan/Metra.

Also in attendance were the following:

- Cindy Staskiewicz, Chair of the Workplace Safety Task Group
- Al Murry, Chair of the Emergency Preparedness Task Group
- Lindsey Chojnicki/Senior Services of Will County
- Analiese Moyer/American Red Cross

**Approval of the June 25, 2014 Meeting Minutes**

The minutes for the June 25, 2014 meeting were sent to members via email prior to the meeting. Bill Byerley made a motion to approve the minutes as presented, seconded by Liz Schwenke. After no further discussion, the motion carried and the minutes were approved.

**Guest Speaker**

Gary Cheney provided everyone in attendance with an overview of the 2014 New Lenox ShareFest event that is rapidly approaching. Gary spoke about many of the ShareFest activities, which included, but were not limited to the following:

- Book Drive
- Clothing and Home Goods Drive
- Food Drive
- Collection for the Troops
- Job and Resource Fair (and Dress for Success)
- Health and Safety Fair
- Blood Drive

- Service Projects
- Forest Restoration Project
- Household Hazardous Waste / Recycling

Gary shared with those in attendance that there is a need for over 500 volunteers in order to make ShareFest a success. Gary advised that there is a new tool available this year (Sign-Up Genius) that is available through the ShareFest web site. Individuals then choose and register for their favorite project. In addition to Gary's synopsis of the ShareFest event, there was also a period for discussion as well as Q & A.

### **New Business**

Dan Martin advised that he represented the New Lenox Safe Communities America Coalition in Owensboro, KY on July 16, 2014 for a meeting of the Green River Area Development District (GRADD). GRADD was interested in submitting an application to become an accredited Safe Community and Dan was asked by the National Safety Council to provide an overview on Safe Communities as well as a summary of Emergency Preparedness programs in New Lenox, IL. Dan was happy to report that following the presentation, GRADD is moving forward with the application process and he is looking forward to their future accreditation as a Safe Community.

### **Old Business**

#### **Task Group Reports**

##### **Youth Sports, Health and Safety**

No report.

##### **Workplace Safety**

Cindy Staskiewicz advised that this Task Group has completed a survey for local businesses, designed to determine what types of injuries are occurring in local workplaces. Emily Johnson, through the New Lenox Chamber of Commerce, launched the survey, completed by approximately 30 individuals representing various size businesses and sectors. Although the sampling was relatively small, the results will provide some direction for the Task Group. Since the survey was recently completed, Cindy advised that the Task Group will further examine the results to determine how to proceed.

##### **Suicide Prevention and Awareness**

Dan Martin advised that the Suicide Prevention and Awareness Task Group, in partnership with Sertoma Centre, hosted another QPR Class on July 9<sup>th</sup>. Much like the previous class held in the Spring, it was well attended and the instructors (Derek Harris and Gia Washington) were excellent. Dan advised that this Task Group will be meeting in the near future to plan a QPR Class, as well as a Mental Health First Aid Class, for this Fall.

### Poisoning by Prescription Drug Overdose

Kim from AVP Counseling was in attendance to give Arnie Pilmonas' report. Kim advised that she and Arnie have been distributing Unwanted Medication Disposal Program flyers at pharmacies and throughout the community. Kim advised that she and Arnie are planning to go to churches and will also be handing them out at community events where AVP Counseling has a table. Rachel Ridge also spoke about the September 24<sup>th</sup> symposium that will address the epidemic of prescription drug overdose. Rachel advised that so far, she will be a speaker and a doctor that she works with has also agreed to speak. Rachel advised that Arnie has lined up an individual (female) that has struggled with prescription drugs and is currently in recovery. Rachel advised that Rosecrance marketing staff will create a flyer for the event which will be distributed to all New Lenox Safe Communities Coalition members.

### Motor Vehicle / Traffic Safety

No report.

### Older Adults Falls Prevention

Noe Santiago advised that this Task Group met at the New Lenox Police Department at 2:30pm on July 23, 2014. During the meeting, the group discussed an event to promote National Falls Prevention Awareness Day on September 23, 2014. Liz Schwenke offered to host the event at the Presence Healing Arts Pavilion on Route 30. The event might include the following:

- Blood pressure screenings
- Balance screenings
- Tables geared toward seniors from various organizations, including Matter of Balance
- Presentations by geriatric doctors

Noe advised that the event will need a good marketing campaign which will include a press release, marquee signage, social media, NLCTV Channel 6 and possibly a spot on WJOL during "Senior Scoop."

With regard to the Matter of Balance program, information for the Matter of Balance Coaches was passed along and included the following:

- For Session 3, coaches will introduce their own exercise rather than Noe. This could possibly change based on the composition and needs of the class.
- For Session 6, a licensed pharmacist will continue to supplement the material that's presented during the session.

In addition, consensus was reached that there will be one Senior "Expo" annually, and it will be held in conjunction with National Falls Prevention Day.

Noe also advised that MOB Classes 8, 9, 10, and 11 will be held as follows:

- Starting August 19<sup>th</sup> (Tuesdays) thru October 7<sup>th</sup>, 1:00pm – 3:00pm at The Cottages of New Lenox, 1023 S. Cedar Road, New Lenox, IL 60451.

- Starting September 8<sup>th</sup> (Mondays) thru October 27<sup>th</sup>, 9:30am – 11:30am at New Lenox VFW Post 9545, 323 Old Hickory Road, New Lenox, IL 60451.
- Starting September 24<sup>th</sup> (Wednesdays) thru November 12<sup>th</sup>, 9:30am to 11:30am at the United Methodist Church, 339 New Lenox Road (Haven Avenue), New Lenox, IL 60451.
- Starting October 9<sup>th</sup> (Thursdays) thru December 4<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library, 120 Veterans Parkway, New Lenox, IL 60451.

### Emergency Preparedness

Dan Martin provided those in attendance with an update on the New Lenox Community Emergency Response Team (CERT), New Lenox Medical Reserve Corps (MRC) and the New Lenox Search and Rescue (SAR) Team. The update included training and community events that the teams have recently completed. These activities included, but were not limited to the following:

- 6--28-14 Trinity Triumph 5K
- 7-8-14 NLSAR Water Rescue Training
- 7-11-14 Pat Benatar Concert
- 7-17-14 CERT / MRC Semi-Annual Meeting
- 7-19-14 NLSAR Navigation Training
- 7-25-14 Special Needs Day
- 7-26-14 Controlled Burn Beef Cook-Off
- 7-26-14 Village of New Lenox French Market

Dan also advised that CERT / MRC volunteers will also be participating in several upcoming events which include:

- 8-2-14 Peter Frampton Concert
- 8-14-14 NLSAR Monthly Training
- 8-23-14 CERT / MRC Monthly Training
- 8-23-14 Running With Faith 5K

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### Next Meeting Date

The next meeting will be on **Wednesday August 27, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### Adjournment

The meeting was adjourned at approximately 3:50pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-05  
June 25, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

- 1 Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
- 2. Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. April Balzhiser
  - c. Arnie Pilmonas
  - d. Bill Byerley
  - e. Bob Nelson
  - f. Brenda Lutz
  - g. Derek Harris
  - h. Emily Johnson
  - i. Erin Hunter
  - j. Gary Cheney
  - k. Holly Pierson
  - l. Jackie Mansholt
  - m. Jessica Jepsen
  - n. Joe Enzenberger
  - o. John Mitchell
  - p. Kathie Johnson
  - q. Lauren Lotz
  - r. Leslie Newbon
  - s. Lisa Kline
  - t. Liz Schwenke
  - u. Marisa Schrieber
  - v. Marta Keane
  - w. Mary Jo Button
  - x. Michele Batara
  - y. Noe Santiago
  - z. Patricia Hensley
  - aa. Paul Lyons
  - bb. Rachel Ridge
  - cc. Roxy Trudeau
  - dd. Teena Mackey
  - ee. Tom Donegan
  
- 3. Approval of NLSCAC Meeting Minutes from May 28, 2014** – Dan Martin / NLPD (2:35pm\*)



4. **New Membership** – Dan Martin / NLPD (2:40pm\*)
  - a. Rosecrance Health Network / Rachel Ridge (*motion required*)
  - b. Pinnacle Physical Therapy / Noe Santiago (*motion required*)
  - c. Sertoma Centre / Derek Harris (*motion required*)
5. **Presentation / Guest Speaker** – Dan Martin / NLPD (2:45pm\*)
  - a. TBD
6. **New Business** (3:00pm\*)
  - a. “The Safety Agenda” National Safety Council Publication
    - i. Copies for those in attendance and discussion
7. **Old Business** (3:05pm\*)
  - a. Safe Communities Networking Conference  
Wednesday August 13, 2014 – Thursday August 14, 2014  
Belvedere Events and Banquets  
1170 West Devon  
Elk Grove Village, IL 60007  
(847) 534-0600  
Hotel Information  
Country Inn & Suites  
1160 W Devon Ave  
Elk Grove Village, IL 60007  
(847) 985-0101 or go to [www.countryinns.com/NSC](http://www.countryinns.com/NSC)  
RATE: \$89.00 (breakfast is included)  
\*Reservations MUST be made by Tuesday July 22, 2014
  - b. Task Group Reports
    - i. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
    - ii. Workplace Safety- Cindy Staskiewicz
    - iii. Suicide Prevention and Awareness – Dan Martin / NLPD
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLPD
    - vi. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - vii. Emergency Preparedness – Al Murry / New Lenox CERT
8. **Announcements / Organization Updates** (3:25pm\*)
9. **Next Meeting: July 30, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall
10. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-05**

**Held at the New Lenox Village Hall / Community Room**

**1 Veteran's Parkway New Lenox, IL 60451**

**Wednesday June 25, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Allison Anderson/Will County Health Department, Arnie Pilmonas/AVP Counseling, Bill Byerley/Illinois Radio League, Will County ARES and New Lenox ESDA, Emily Johnson/New Lenox Chamber of Commerce, Joe Enzenberger/Dryer Vent Wizard of Will County, John Mitchell/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Noe Santiago/Pinnacle Physical Therapy, Patricia Hensley/Senior Services of Will County, and Rachel Ridge/Rosecrance Health Network.

Also in attendance was Cindy Staskiewicz, Chair of the Workplace Safety Task Group.

**Approval of the May 28, 2014**

The minutes for the May 28, 2014 meeting were sent to members via email prior to the meeting. Lisa Kline made a motion to approve the minutes as presented, seconded by Bill Byerley. After no further discussion, the motion carried and the minutes were approved.

**New Business**

Dan Martin provided everyone in attendance with a copy of a booklet from the National Safety Council entitled, "The Safety Agenda." The document outlines five core issues that the National Safety Council has deemed priority areas. These areas are as follows:

- Safety at Work: A Journey to Safety Excellence
- **Safe Communities: A Model for Community Prevention**
- Prescription Drug Overdose
- Distracted Driving
- Teen Driving

Dan went on to explain that he was pleased to see that our Safe Communities Coalition is addressing these core issues through the work of its Task Groups. Dan asked everyone to review the document to gain a better understanding of Safe Communities as well as the core issues outlined by the National Safety Council.

## **Annual Safe Communities America Conference**

Dan Martin reminded everyone about the Annual Safe Communities America Conference which will be held in Elk Grove Village, IL on August 13<sup>th</sup> and 14<sup>th</sup>. The conference is free for Safe Communities affiliates but those wishing to stay overnight must pay for their own accommodations. The date, time, location and hotel information was provided in the meeting agenda.

## **Old Business**

### **Task Group Reports**

#### **Youth Sports, Health and Safety**

Lauren Lotz provided a brief overview of the development of sports injury prevention flyer(s), designed to assist youth athletic associations. For example, the flyer(s) would include a description of a particular injury along with signs and symptoms, treatment and prevention. The flyer(s) will contain pictures and graphics, our Safe Communities logo and a disclaimer. Lauren Lotz advised that she would assist with the design of the flyer(s). In addition, Lauren suggested that the flyer(s) could be laminated which will allow coaches to place them on their clipboards and backpacks.

#### **Workplace Safety**

Cindy Staskiewicz advised that this Task Group has completed a survey for local businesses, designed to determine what types of injuries are occurring in workplaces. Emily Johnson advised that she would assist with the survey by sending it out to New Lenox Chamber of Commerce members. Cindy advised that she is hopeful that the results will be available for the next meeting.

#### **Suicide Prevention and Awareness**

Dan Martin advised that the Suicide Prevention and Awareness Task Group is working with Derek Harris and Sertoma Centre to host another Question, Persuade and Refer (QPR) class for the community. The class is scheduled for July 9<sup>th</sup> from 7:00pm to 8:30pm in the Community Room at the New Lenox Village Hall. Martin advised that a flyer has been created and is being distributed throughout the community. Copies were made available to those in attendance.

#### **Poisoning by Prescription Drug Overdose**

Arnie Pilmonas thanked Liz Schwenke and Presence St. Joseph Medical Center for creating a flyer for the Unwanted Medication Disposal Program. In addition to creating the flyer, Liz also provided Arnie with a large stack and made them available to those in attendance.

Dan Martin thanked Rachel Ridge for showing the movie "Anonymous People" on May 28<sup>th</sup>. Dan commented that there were approximately 35 people in attendance, some coming from as far away as Peoria, IL. Dan advised that not only was the movie excellent, but Rachel's facilitation of discussion following the movie was outstanding.

Rachel Ridge also advised that this Task Group is working on a Prescription Drug Overdose Symposium, which will be held in the evening on September 24<sup>th</sup>. Rachel advised that the symposium will have several panel “experts” on prescription drug overdose, including a doctor and a recovering addict. Rachel advised that she would also facilitate a discussion session for those in attendance. As soon as details are finalized and a flyer is created, the information will be passed along to everyone.

#### Motor Vehicle / Traffic Safety

Marisa Schrieber advised that the Task Group has been discussing an additional car seat event during Child Passenger Safety Week (September 14-20). As soon as details are finalized, Marisa will pass along the information.

#### Older Adults Falls Prevention

Noe Santiago advised that Matter of Balance (MOB) Class #5, which was held at Encore Senior Village, graduated on May 28, 2014. The class went well and was taught by Monica Alberico and Lain Hammack from Encore. Noe went on to say that MOB Class #6 is currently in session and will be graduating on July 1<sup>st</sup>. This class is being held at the New Lenox Fire Protection District (NLFPS) Station #1 and is being taught by Marisa Schrieber from the NLFPS and Kathy Claver from the New Lenox Community Park District. Noe also stated that MOB Class #7 will be starting on July 7<sup>th</sup> and will be held at the New Lenox Public Library. Class #7 is will be taught by Lindsey Chojnicki from Senior Services of Will County and Paul Lyons from Home Helpers.

In addition to those classes, Noe advised that MOB Classes 8, 9, 10, and 11 will be held as follows:

- Starting August 19<sup>th</sup> (Tuesdays) thru October 7<sup>th</sup>, 1:00pm – 3:00pm at The Cottages of New Lenox, 1023 S. Cedar Road, New Lenox, IL 60451.
- Starting September 8<sup>th</sup> (Mondays) thru October 27<sup>th</sup>, 9:30am – 11:30am at New Lenox VFW Post 9545, 323 Old Hickory Road, New Lenox, IL 60451.
- Starting September 24<sup>th</sup> (Wednesdays) thru November 12<sup>th</sup>, 9:30am to 11:30am at the United Methodist Church, 339 New Lenox Road (Haven Avenue), New Lenox, IL 60451.
- Starting October 9<sup>th</sup> (Thursdays) thru December 4<sup>th</sup>, 1:00pm – 3:00pm at the New Lenox Public Library, 120 Veterans Parkway, New Lenox, IL 60451.

#### Emergency Preparedness

Dan Martin provided those in attendance with an update on the New Lenox Community Emergency Response Team (CERT), New Lenox Medical Reserve Corps (MRC) and the New Lenox Search and Rescue (SAR) Team. The update included training and community events that the teams have recently completed. These activities included, but were not limited to the following:

- 5-31-14 New Lenox School District #122 PTO 5K Run/Walk
- 6-2-14 New Lenox SAR - Physical Agility Test

- 6-5-14 New Lenox Chamber of Commerce/New Lenox Community Park District Chasing the Sun 5K Run/Walk
- 6-14-14 New Lenox SAR Training - Evidence Preservation Training
- 6-18-14 New Lenox CERT/MRC Training – Shelter Exercise with pets
- 6-21-14 New Lenox SAR Training – H2O Awareness

Dan also advised that New Lenox CERT / MRC volunteers will be assisting with the Trinity Triumph 5K Run/Walk on Saturday June 28<sup>th</sup>.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations.

Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday July 30, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at approximately 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-04  
May 28, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. April Balzhiser
  - c. Arnie Pilmonas
  - d. Bill Byerley
  - e. Bob Nelson
  - f. Brenda Lutz
  - g. Emily Johnson
  - h. Erin Hunter
  - i. Gary Cheney
  - j. Holly Pierson
  - k. Jackie Mansholt
  - l. Jessica Jepsen
  - m. Joe Enzenberger
  - n. John Mitchell
  - o. Kathie Johnson
  - p. Lauren Lotz
  - q. Leslie Newbon
  - r. Lisa Kline
  - s. Liz Schwenke
  - t. Marisa Schrieber
  - u. Marta Keane
  - v. Mary Jo Button
  - w. Michele Batara
  - x. Patricia Hensley
  - y. Paul Lyons
  - z. Roxy Trudeau
  - aa. Teena Mackey
  - bb. Tom Donegan
  
3. **Approval of NLSCAC Meeting Minutes from March 26, 2014** – Dan Martin / NLPD (2:35pm\*)
  
4. **Presentation / Guest Speaker** – Dan Martin / NLPD (2:40pm\*)

a. Rosecrance Health Network / Rachel Ridge, Community Relations Coordinator

**5. New Business (2:55pm\*)**

a. Safe Communities Networking Conference

Wednesday August 13, 2014 – Thursday August 14, 2014

Belvedere Events and Banquets

1170 West Devon

Elk Grove Village, IL 60007

(847) 534-0600

Hotel Information

Country Inn & Suites

1160 W Devon Ave

Elk Grove Village, IL 60007

(847) 985-0101 or go to [www.countryinns.com/NSC](http://www.countryinns.com/NSC)

RATE: \$89.00 (breakfast is included)

\*Reservations MUST be made by Tuesday July 22, 2014

**6. Old Business (3:00pm\*)**

a. Task Group Reports

- i. Emergency Preparedness – Al Murry / New Lenox CERT
- ii. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
- iii. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
- iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
- v. Suicide Prevention and Awareness – Dan Martin / NLPD
- vi. Workplace Safety- Cindy Staskiewicz
- vii. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson

**7. Announcements / Organization Updates (3:25pm\*)**

**8. Next Meeting: June 25, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall.

**9. Adjournment (3:30pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-04**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451**

**Wednesday May 28, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Arnie Pilmonas/AVP Counseling, Brenda Lutz/Will County Emergency Management Agency, Emily Johnson/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Jessica Jepsen/Chiro One Wellness, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, and Tom Donegan/Metra.

Also in attendance were the following:

- Cindy Staskiewicz/Chair of the Workplace Safety Task Group
- Rachel Ridge/Rosecrance Health Network
- Alain Murry/New Lenox CERT and Chair of the Emergency Preparedness Task Group
- Noe Santiago/Pinnacle Physical Therapy and Chair of Older Adults Falls Prevention Task Group
- Lain Hammack/Encore Senior Village and Older Adults Falls Prevention Task Group
- Pat Steinkamp / Suicide Prevention and Awareness Task Group

**Approval of the March 26, 2014 Meeting Minutes**

The minutes for the March 26, 2014 meeting were sent to members via email prior to the meeting. Lauren Lotz made a motion to approve the minutes as presented, seconded by Brenda Lutz. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker – Rosecrance Health Network – Rachel Ridge**

Rachel Ridge from Rosecrance and member of the Poisoning by Prescription Drug Overdose Task Group provided those in attendance with an overview Rosecrance services. The presentation was lecture-based and included a PowerPoint. Rachel fielded questions throughout the very informative 20-minute presentation.



## **New Business**

### **Annual Safe Communities America Conference**

Dan Martin reminded everyone about the Annual Safe Communities America Conference which will be held in Elk Grove Village, IL on August 13<sup>th</sup> and 14<sup>th</sup>. The conference is free for Safe Communities affiliates but those wishing to stay overnight must pay for their own accommodations. The date, time, location and hotel information was outlined in the meeting agenda.

## **Old Business**

### **Task Group Reports**

#### **Emergency Preparedness - Al Murry / New Lenox CERT**

Al Murry provided a synopsis of the assistance that he's provided to Trinity Services in the area of emergency preparedness.

In addition to Al's report, Dan Martin provided those in attendance with an update on the New Lenox Community Emergency Response Team (CERT), New Lenox Medical Reserve Corps (MRC) and the New Lenox Search and Rescue (SAR) Team. The update included training and community events that the teams have recently completed.

#### **Motor Vehicle / Traffic Safety – Marisa Schrieber / New Lenox Fire Protection District**

Marisa Schrieber advised that the April 22<sup>nd</sup> Child Booster Seat event at NLFPD Station #1 was a success. Approximately 20 people attended the event and 20 seats were given to those that participated in the event. In addition, Marisa advised that during the last Task Group meeting (May 14<sup>th</sup>), the group discussed following some of the NHTSA Traffic Safety Campaigns. For example, the week of September 14-20 is Child Passenger Safety Week and it's feasible that a child passenger safety event could be held during that week. Marisa also noted that during the Task Group Meeting, National Safety Council resources were discussed. Those included materials for Distracted Driving Awareness Month, videos, employer cell phone policy kit and statistical data related to traffic crashes. The Task Group is also looking into the feasibility of purchasing or renting a "distracted driving simulator" for the purpose of raising awareness about distracted driving.

#### **Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy**

Noe Santiago provided a synopsis of the May 14<sup>th</sup> Older Adults Falls Prevention Task Group Meeting. The synopsis included information regarding the recent completion of New Lenox Matter of Balance (MOB) Class #4, which was held at the VFW and graduated on May 12<sup>th</sup>. Noe also mentioned that MOB Class #5 at Encore Senior Village also went well and graduated today (May 28<sup>th</sup>). Noe also mentioned that MOB Class #6 started on May 13<sup>th</sup> and is being held at New Lenox Fire Protection District Station #1. MOB Class #7 will start on July 7<sup>th</sup> and will be held at the New Lenox Public Library.

Noe also advised that Older Adult Falls Prevention Task Group members discussed several things related to the MOB classes. Items included Noe introducing the exercises in week #3, Kathie Johnson scheduling a pharmacist during week #6, Kathie Johnson scheduling a health care professional (Noe will be the back-up) for week #7, and immediately following graduations during week #8, there will be a “lunch and learn.” Liz Schwenke advised that Presence Saint Joseph Medical Center will provide the doctor for the presentation and will sponsor the lunch (snacks if it’s an afternoon class). Noe advised that he will work with Kathie Johnson regarding the development of “Senior Health Fairs” that will include MOB graduates as well as those that attend the TRIAD meetings.

Dan Martin briefed those in attendance regarding a grant from Northeastern Illinois Agency on Aging, which will provide funding for New Lenox MOB classes 8, 9, 10, and 11.

#### Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services

Arnie Pilmonas provided a synopsis of the May 14<sup>th</sup> Poisoning by Prescription Drug Overdose Task Group Meeting. The synopsis included information regarding the New Lenox Police Department’s Unwanted Medication Disposal Program. Arnie created a flyer to help promote the program and provided those in attendance with copies. Liz Schwenke advised that she would ask the Graphics Department at Presence Saint Joseph Medical Center to make a “professional” flyer for distribution. Liz advised that she hoped to have the flyer available for the next meeting.

Arnie advised that Marta Keane had mentioned that Will County Land Use would be hosting a few Household Hazardous Waste and Recycling events in the near future. Events include one on May 31<sup>st</sup> (Shorewood/Joliet), one on June 14<sup>th</sup> (Elwood) and one on September 13<sup>th</sup> (New Lenox – in conjunction with ShareFest).

Arnie also mentioned that Rachel Ridge from Rosecrance will be screening the movie Anonymous People later in the evening (May 28<sup>th</sup>). Flyers for the movie were made available for those in attendance.

Lastly, Arnie told the group about a “symposium” on the dangers of prescription drug overdose that the group discussed at the meeting. It was suggested that the event be held this Fall and would include a number of panelists (experts) that could inform the audience about this issue, which is reaching epidemic levels across the country. The Poisoning by Prescription Drug Overdose Task Group will continue to work on the details of the symposium and pass along information as it becomes available.

#### Suicide Prevention and Awareness – Dan Martin / NLPD

Dan Martin advised that the Suicide Prevention and Awareness Task Group is working with Derek Harris and Sertoma Centre to host another Question, Persuade and Refer (QPR) class for the community. The class is scheduled for July 9<sup>th</sup> from 7:00pm to 8:30pm in the Community Room at the New Lenox Village Hall. Martin advised that a

flyer has been created and is being distributed throughout the community. Copies were made available to those in attendance.

Dan Martin also provided those in attendance with a synopsis of the May 15<sup>th</sup> Suicide Prevention and Awareness Task Group Meeting. The group discussed the success of the April 10<sup>th</sup> QPR Class at the Village Hall which was attended by 31 residents. In addition, task group members also discussed hosting another Mental Health First Aid Class, possibly with the assistance of Sertoma Centre. The group also discussed a document “A Prioritized Research Agenda for Suicide Prevention: An Action Plan to Save Lives,” by the Action Alliance for Suicide Prevention. The group also discussed New Lenox statistical data for suicide threats, suicide attempts, and completed suicides from January 2014 to May 15<sup>th</sup>. Martin noted the importance of the Task Groups working together and used the example of a 17-year old ingesting her mother’s old prescription medication. This example directly relates to the Poisoning by Prescription Drug Overdose Task Group and the Unwanted Medication Disposal Program.

#### Workplace Safety – Cindy Staskiewicz

Cindy Staskiewicz provided a synopsis of the May 15<sup>th</sup> Workplace Safety Task Group meeting. Cindy advised that she and Dan Martin worked on an Action Plan to reduce injuries and deaths in the workplace. This particular Action Plan included the development of a survey that will be provided to local businesses with the goal of learning what types of injuries are occurring in New Lenox workplaces. The results of the survey will help drive New Lenox Safe Communities programs and initiatives related to the reduction of injuries and deaths in the workplace.

Another Action Plan that was discussed at the last task group meeting was one related to the development of a “model” safety plan or emergency action plan for local businesses. It’s recognized that some small businesses do not have the resources to develop these plans so the goal will be design a template that businesses can utilize, modify and adopt.

Cindy also advised that in furtherance of the task group’s mission, she’s identified a number of useful web sites to view workplace injury data.

#### Youth Sports, Health and Safety – Jessica Jepsen / Chiro One Wellness

Jessica Jepsen advised that the Task Group is currently working on the development of sports injury prevention flyer(s) that will be made available to youth athletic associations groups and others. For example, the flyer would include a description of a particular injury along with signs and symptoms, treatment and prevention. The flyer(s) will contain pictures and graphics our Safe Communities logo and a disclaimer. Lauren Lotz advised that she would assist the design of the flyer(s). In addition, Lauren suggested that the flyer(s) can be laminated and given to coaches to place on their clipboards or on their backpacks.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday June 25, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at approximately 3:50pm

**New Lenox Safe Communities America Coalition  
Meeting 14-03  
March 26, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. April Balzhiser
  - c. Arnie Pilmonas
  - d. Bill Byerley
  - e. Bob Nelson
  - f. Brenda Lutz
  - g. Don Sebestyen
  - h. Emily Johnson
  - i. Erin Hunter
  - j. Gary Cheney
  - k. Holly Pierson
  - l. Jackie Mansholt
  - m. Jessica Jepsen
  - n. Joe Enzenberger
  - o. John Mitchell
  - p. Kathie Johnson
  - q. Lauren Lotz
  - r. Leslie Newbon
  - s. Lisa Kline
  - t. Liz Schwenke
  - u. Lynn Bigelow
  - v. Marisa Schrieber
  - w. Marta Keane
  - x. Mary Jo Button
  - y. Michele Batara
  - z. Patricia Hensley
  - aa. Paul Lyons
  - bb. Roxy Trudeau
  - cc. Teena Mackey
  - dd. Tom Donegan
  
3. **Approval of NLSCAC Meeting Minutes from February 26, 2014** – Dan Martin / NLPD (2:35pm\*)

4. **Presentation / Guest Speaker** – Dan Martin / NLPD (2:40pm\*)
  - a. Joliet Weather / Speaker TBD
5. **New Business** (3:00pm\*)
  - a. None
6. **Old Business** (3:05pm\*)
  - a. 2014 Severe Weather Spotter Training / Health and Safety Expo
  - b. Safe New Lenox Web Site
  - c. Task Group Reports
    - i. Emergency Preparedness – Al Murry / New Lenox CERT
    - ii. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - iii. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Suicide Prevention and Awareness – Dan Martin / NLPD
    - vi. Workplace Safety- Cindy Staskiewicz
    - vii. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
7. **Announcements / Organization Updates** (3:25pm\*)
8. **Next Meeting: May 28, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall.
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-03**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday March 26, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Arnie Pilmonas/AVP Counseling, Bill Byerley/Illinois Radio League, Will County ARES and New Lenox ESDA, Emily Johnson/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Holly Pierson/Lincoln-Way West High School, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, and Paul Lyons/Home Helpers.

Also in attendance were the following:

- Lindsey Chojnicki/Senior Services of Will County
- Adam Runkle/American Red Cross
- Charletta Lutcher-Hayes/Crisis Line of Will-Grundy County
- Cindy Staskiewicz/Chair of Workplace Safety Task Group
- Rachel Ridge/Rosecrance
- Melissa McClintock/Silver Cross Hospital (Intern)
- Jeannette Park/New Lenox Resident
- Alain Murry/New Lenox CERT and Chair of the Emergency Preparedness Task Group
- Noe Santiago/Pinnacle Physical Therapy and Chair of Older Adults Falls Prevention Task Group
- Lain Hammack/Encore Senior Village
- Dave DeVos/Encore Senior Village

**Approval of the February 26, 2014 Meeting Minutes**

The minutes for the February 26, 2014 meeting were sent to members via email prior to the meeting. Liz Schwenke made a motion to approve the minutes as presented, seconded by Lauren Lotz. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker – Joliet Weather Center**

Unfortunately, no one from the Joliet Weather Center was able attend the meeting.

## New Business

None

## Old Business

### 2014 Severe Weather Spotter Training / Health and Safety Expo

Dan Martin advised those in attendance that the March 5<sup>th</sup> event was a huge success and thanked everyone that participated for their efforts. Fifty organizations participated in the Health and Safety Expo, which was set-up just outside the Performing Arts Center. Attendees visited the informational tables from 5:00pm to 7:00pm. At 7:00pm the Opening Ceremony for the Severe Weather Spotter Training began with posting of the colors by the Lincoln-Way West High School, Air Force Jr. ROTC. Mayor Tim Baldermann then provided the opening remarks following the singing of the National Anthem by the New Lenox Victory Baptist Church Choir. A meteorologist from the National Weather Service presented the Severe Weather Spotter Training from 7:10pm to 8:45pm. Following a short Q & A session, a drawing for door prizes (NOAA weather radios, first aid kits and a 72-hour kit) was conducted. Approximately 350 people attended the Severe Weather Spotter Training.

### Safe New Lenox Web Site

Dan Martin advised that he is in the process of updating the Safe New Lenox Web Site. Updates will include the addition of links to our new organization's web sites, the addition of new CERT forms under the CERT tab, the addition of the MRC application under the MRC tab and more. Dan will keep the group informed of additional changes at the next meeting and also encouraged those in attendance to visit the web site ( [www.safenewlenox.org](http://www.safenewlenox.org) ).

## Task Group Reports

### Emergency Preparedness - Al Murry / New Lenox CERT

Al Murry provided a synopsis of the initiatives that his Task Group has been working on. In summary, Al spoke briefly about participating in the following:

- March 5<sup>th</sup> Health and Safety Expo / Severe Weather Spotter Training.
- March 6<sup>th</sup> New Lenox Safe Communities America hosting of the Japanese Safe Communities visitors.
- March 13<sup>th</sup> Trinity Services Leadership Meeting.
- March 15<sup>th</sup> emergency preparedness presentation at Peace Lutheran Church.
- March 19<sup>th</sup> presentation for Trinity Services staff.
- March 21<sup>st</sup> visit of Trinity facilities to check level of preparedness / safety.

Al reminded everyone in attendance to ensure that his or her personal emergency preparedness plans (72-hour kit, family communications plan, etc...) is in place.

### Motor Vehicle / Traffic Safety – Marisa Schrieber / New Lenox Fire Protection District

Marisa Schrieber advised that she recently applied for and received a \$1000.00 grant related to child safety seats. Marisa went on to say that the grant requires that 75% of the monies be spent on the actual seats which should yield 30-40 seats. Marisa went



on to say that she is planning a Child Car Seat Safety event from 6:00pm to 8:00pm on April 22, 2014. The event will be held at New Lenox Fire Protection District Station One. Marissa advised that she will send the event flyer to Dan who will pass it along to the group.

#### Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy

Noe Santiago advised that the Older Adults Fall Prevention Task Group met at 1:00pm, just prior to the Safe Communities / Citizen Corps Council Meeting. Noe advised that the Task Group discussed guest speakers for future Matter of Balance Classes, which include local pharmacists, doctors, and physical therapists. Noe also provided a brief overview of a recent MOB Coaches class that was held on February 19<sup>th</sup> at Encore Senior Village. Noe (MOB Master Instructor) taught the class which graduated 12 new coaches. Noe also advised that the Task Group is planning another three local MOB classes, taught by the new coaches. The classes will be as follows:

- MOB Class 4: Starting March 24<sup>th</sup> (Mondays) thru May 12<sup>th</sup>, 9:30am – 11:30am at New Lenox VFW Post 9545, 323 Old Hickory Road, New Lenox, IL 60451.
- MOB Class 5: Starting April 9<sup>th</sup> (Wednesdays) thru May 28<sup>th</sup>, 9:30am – 11:30am at Encore Senior Village, 1023 S. Cedar Road, New Lenox, IL 60451.
- MOB Class 6: Starting May 13<sup>th</sup> (Tuesdays) thru July 1<sup>st</sup>, 1:00pm – 3:00pm at New Lenox Fire Protection District Station 1, 261 E. Maple Street, New Lenox, IL 60451.

Lastly, Noe advised that Task Group members, including MOB Coaches, will staff the a MOB table at the March 5<sup>th</sup> Health and Safety Expo at Lincoln-Way West High School. It is hoped that seniors attending the event will sign-up for the classes while visiting the table.

#### Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services

Arnie Pilmonas advised that the Poisoning by Prescription Drug Overdose Task Group is currently working on an Action Plan related to the Unwanted Medication Disposal Program. Arnie advised that he drafted an Action Plan that includes a 10% increase in unwanted medications by the end of 2014. Arnie advised that he will be working with Dan Martin and other Task Group members on this Action Plan. Arnie also advised that he has ordered materials from the National Institute on Drug Abuse that he'll have available at the March 5<sup>th</sup> Health and Safety Expo. The materials include pamphlets describing the brain's response to prescription drugs as well as posters about prescription drug abuse. Lastly, Arnie advised that he was going to recommend that the New Lenox Police Department participate in the next National Take-Back Initiative, which will be held on Saturday April 26, 2014.

#### Suicide Prevention and Awareness – Dan Martin / NLPD

Dan Martin advised that the Suicide Prevention and Awareness Task Group is working with Derek Harris and Sertoma Centre to host a Question, Persuade and Refer (QPR) class for the community. The class is scheduled for April 10, 2014 from 7:00pm to 8:30pm in the Community Room at the New Lenox Village Hall. Martin advised that a flyer has been created and is being distributed throughout the community. In addition,

Derek Harris advised that he will be at the March 5<sup>th</sup> Health and Safety Expo and will be distributing the flyers at the Sertoma Centre table.

#### Workplace Safety – Cindy Staskiewicz

Cindy Staskiewicz provided a synopsis of the January 14, 2014 Task Group meeting. Cindy advised that she is currently looking for statistical data related to workplace injuries, which will help in providing guidance to the Task Group. In addition, Cindy advised that she is also drafting an Action Plan related to the creation of a (voluntary) survey, which can be used locally to help determine what types of injuries are occurring in the workplace environment.

#### Youth Sports, Health and Safety – Jessica Jepsen / Chiro One Wellness

Jessica Jepsen advised that the Task Group was currently working on identifying the leaders of the various athletic associations in New Lenox. Lauren Lotz advised that the New Lenox Community Park District has a listing of the associations and their contact folks on their web site. Jessica advised that Chiro One would be willing to put together a presentation(s) related to various sports (boys and girls) with the immediate focus on Spring sports.

#### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

#### Next Meeting Date

The next meeting will be on **Wednesday March 26, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

#### Adjournment

The meeting was adjourned at 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 14-02  
February 26, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

- 1. Call to Order** – Dan Martin / NLPD (2:30pm\*)
- 2. Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. April Balzhiser
  - c. Arnie Pilmonas
  - d. Bill Byerley
  - e. Bob Nelson
  - f. Brenda Lutz
  - g. Don Sebestyen
  - h. Erin Hunter
  - i. Gary Cheney
  - j. Jackie Mansholt
  - k. Jennifer Killeen
  - l. Jessica Jepsen
  - m. Joe Enzenberger
  - n. John Mitchell
  - o. Kathie Johnson
  - p. Lauren Lotz
  - q. Leslie Newbon
  - r. Lisa Kline
  - s. Liz Schwenke
  - t. Lynn Bigelow
  - u. Marisa Schrieber
  - v. Marta Keane
  - w. Mary Jo Button
  - x. Michele Batara
  - y. Patricia Hensley
  - z. Paul Lyons
  - aa. Sean Campbell
  - bb. Teena Mackey
  - cc. Tom Donegan
- 3. Approval of NLSCAC Meeting Minutes from January 29, 2014** – Dan Martin / NLPD (2:35pm\*)
- 4. New Membership** – Dan Martin / NLPD (2:40pm\*)

- a. Guardian Angel Community Services / April Balzhiser (*motion required*)
- 5. Presentation / Guest Speaker – Dan Martin / NLPD (2:45pm\*)**
- a. Margaret Pearson / Illinois Secretary of State Organ and Tissue Donor Program
- 6. New Business (3:00pm\*)**
- a. Safe Communities America Annual Report
    - i. Part One – Online Program Data and Impact Report
    - ii. Part Two – Coalition Program Matrix
- 7. Old Business (3:05pm\*)**
- a. Task Group Reports
    - i. Emergency Preparedness – Al Murry / New Lenox CERT
    - ii. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFDP
    - iii. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Suicide Prevention and Awareness – Dan Martin / NLPD
    - vi. Workplace Safety- Cindy Staskiewicz
    - vii. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
- 8. Announcements / Organization Updates (3:25pm\*)**
- 9. Next Meeting: March 26, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall.
- 10. Adjournment (3:30pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-02**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday February 26, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, April Balzhiser, Guardian Angel Community Services, Arnie Pilmonas/AVP Counseling, Bill Byerley/Illinois Radio League, Will County ARES and New Lenox ESDA, Emily Johnson/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Holly Pierson/Lincoln-Way West High School, Jessica Jepsen/Chiro One Wellness, Joe Enzenberger/Dryer Vent Wizard of Will County, John Mitchell/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, Paul Lyons/Home Helpers, Roxy Trudeau/American Red Cross, and Tom Donegan/Metra.

Also in attendance were the following:

- Alain Murry/New Lenox CERT and Chair of the Emergency Preparedness Task Group
- Becca Rottmann/Lincoln-Way West High School
- Cindy Staskiewicz/Chair of Workplace Safety Task Group
- Derek Harris/Sertoma Centre and Suicide Prevention and Awareness Task Group Member
- Jeannette Park/New Lenox Resident
- Lindsey Chojnicki/Senior Services of Will County
- Margaret Pearson/ Illinois Secretary of State's Office – Organ and Tissue Donation (guest speaker)
- Melissa McClintock/Silver Cross Hospital (Intern)
- Nancy McCabe/Senior Services of Will County
- Noe Santiago/Pinnacle Physical Therapy and Chair of Older Adults Falls Prevention Task Group
- Rachel Ridge/Rosecrance (Community Relations Coordinator)

**Approval of the January 29, 2014 Meeting Minutes**

The Minutes for the January 29, 2014 meeting were sent to members via email prior to the meeting. Lauren Lotz made a motion to approve the minutes as presented, seconded by Bill Byerley. After no further discussion, the motion carried and the minutes were approved.

## **New Membership**

Dan Martin reminded those in attendance that April Balzhiser from Guardian Angel Community Services was the guest speaker at the January 29, 2014 meeting. Guardian Angel provides a variety of services to our community and a partnership with them would be mutually beneficial. Following the introduction and background, Jessica Jepsen made a formal motion for Guardian Angel Community Services to become a member of the New Lenox Safe Communities America Coalition. Marisa Schrieber provided a second to the motion. After no further discussion, all those in attendance were in favor and the motion passed. Dan Martin welcomed April to the group and stated that he looked forward to working with her and Guardian Angel. April thanked everyone and stated that she also looked forward to working with our group.

## **Presentation / Guest Speaker – Margaret Pearson/Illinois Secretary of State’s Office – Organ and Tissue Donation Program**

Dan Martin introduced Margaret Pearson from the Illinois Secretary of State’s Office – Organ and Tissue Donation Program. Margaret then provided those in attendance with literature from her office, including a tear-off card to join the registry. Margaret then provided statistical data regarding the organ and tissue donation program, including how many lives can be saved from just one individual. Margaret then explained the myths about organ and tissue donation and cleared up a number of falsehoods. Those in attendance asked a number of questions and Margaret provided answers, which were very enlightening. Everyone thanked Margaret for her presentation and Margaret was kind enough to stay for the meeting as well.

## **New Business**

### **Safe Communities America Annual Report**

Dan Martin advised those in attendance that he was in the process of submitted the Safe Communities America Annual Report on behalf of the New Lenox Safe Communities America Coalition. Martin went on to say that the Safe Communities Annual Report included two parts. Part One, the “Online Program Data and Impact Report” as the name suggests, is submitted online. Part Two, the “Coalition Program Matrix,” is an Excel document which is submitted via email. Both Parts One and Two are similar, in that they are seeking information regarding our coalition’s efforts in three areas. Martin provided an example of our coalition’s work in Motor Vehicle Traffic Safety, Older Adults Falls Prevention as well as Suicide Prevention and Awareness.

## **Old Business**

### **Task Group Reports**

#### **Emergency Preparedness - Al Murry / New Lenox CERT**

Al Murry provided a synopsis of the initiatives that his Task Group was working on. Al spent a good amount of time speaking about the assistance that he’s providing to Trinity Services, which included a recent emergency preparedness provided to approximately 35 Trinity staff members. Al also explained plans for visiting Trinity homes throughout Will County for the purpose of ensure that the homes (staff and clients) are prepared. Al will be looking for 72-hour disaster supply kits, NOAA weather radios, identification of

severe weather shelter locations, installation of smoke detectors, etc... Al also spoke about a recent emergency preparedness presentation for New Lenox School District #122 PTO members and guests as well as Patty Edgett's "Ready Kids Club." Dan Martin also added a brief update on New Lenox CERT / MRC / SAR as well as details regarding the March 5<sup>th</sup> Severe Weather Spotter Training / Health and Safety Expo.

Motor Vehicle / Traffic Safety – Marisa Schrieber / New Lenox Fire Protection District  
Marisa Schrieber advised that she recently applied for and received a \$1000.00 grant related to child safety seats. Marisa went on to say that the grant requires that 75% of the monies be spent on the actual seats which should yield 30-40 seats. Marisa went on to say that she's planning a Child Car Seat Safety event from 6:00pm to 8:00pm on April 22, 2014. The event will be held at New Lenox Fire Protection District Station One with additional details forthcoming.

Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy  
Noe Santiago advised that the Older Adults Fall Prevention Task Group met at 1:00pm, just prior to the Safe Communities / Citizen Corps Council Meeting. Noe advised that the Task Group discussed guest speakers for future Matter of Balance Classes, which include local pharmacists, doctors, and physical therapists. Noe also provided a brief overview of a recent MOB Coaches class that was held on February 19<sup>th</sup> at Encore Senior Village. Noe (MOB Master Instructor) taught the class which graduated 12 new coaches. Noe also advised that the Task Group is planning another three local MOB classes, taught by the new coaches. The classes will be as follows:

- MOB Class 4: Starting March 24<sup>th</sup> (Mondays) thru May 12<sup>th</sup>, 9:30am – 11:30am at New Lenox VFW Post 9545, 323 Old Hickory Road, New Lenox, IL 60451.
- MOB Class 5: Starting April 9<sup>th</sup> (Wednesdays) thru May 28<sup>th</sup>, 9:30am – 11:30am at Encore Senior Village, 1023 S. Cedar Road, New Lenox, IL 60451.
- MOB Class 6: Starting May 13<sup>th</sup> (Tuesdays) thru July 1<sup>st</sup>, 1:00pm – 3:00pm at New Lenox Fire Protection District Station 1, 261 E. Maple Street, New Lenox, IL 60451.

Lastly, Noe advised that Task Group members, including MOB Coaches, will staff the a MOB table at the March 5<sup>th</sup> Health and Safety Expo at Lincoln-Way West High School. It is hoped that seniors attending the event will sign-up for the classes while visiting the table.

Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services  
Arnie Pilmonas advised that the Poisoning by Prescription Drug Overdose Task Group is currently working on an Action Plan related to the Unwanted Medication Disposal Program. Arnie advised that he drafted an Action Plan that includes a 10% increase in unwanted medications by the end of 2014. Arnie advised that he will be working with Dan Martin and other Task Group members on this Action Plan. Arnie also advised that he has ordered materials from the National Institute on Drug Abuse that he'll have available at the March 5<sup>th</sup> Health and Safety Expo. The materials include pamphlets describing the brain's response to prescription drugs as well as posters about prescription drug abuse. Lastly, Arnie advised that he was going to recommend that the

New Lenox Police Department participate in the next National Take-Back Initiative, which will be held on Saturday April 26, 2014.

#### Suicide Prevention and Awareness – Dan Martin / NLPD

Dan Martin advised that the Suicide Prevention and Awareness Task Group is working with Derek Harris and Sertoma Centre to host a Question, Persuade and Refer (QPR) class for the community. The class is scheduled for April 10, 2014 from 7:00pm to 8:30pm in the Community Room at the New Lenox Village Hall. Martin advised that a flyer has been created and is being distributed throughout the community. In addition, Derek Harris advised that he will be at the March 5<sup>th</sup> Health and Safety Expo and will be distributing the flyers at the Sertoma Centre table.

#### Workplace Safety – Cindy Staskiewicz

Cindy Staskiewicz provided a synopsis of the January 14, 2014 Task Group meeting. Cindy advised that she is currently looking for statistical data related to workplace injuries, which will help in providing guidance to the Task Group. In addition, Cindy advised that she is also drafting an Action Plan related to the creation of a (voluntary) survey, which can be used locally to help determine what types of injuries are occurring in the workplace environment.

#### Youth Sports, Health and Safety – Jessica Jepsen / Chiro One Wellness

Jessica Jepsen advised that the Task Group was currently working on identifying the leaders of the various athletic associations in New Lenox. Lauren Lotz advised that the New Lenox Community Park District has a listing of the associations and their contact folks on their web site. Jessica advised that Chiro One would be willing to put together a presentation(s) related to various sports (boys and girls) with the immediate focus on Spring sports.

#### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

#### **Next Meeting Date**

The next meeting will be on **Wednesday March 26, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

#### **Adjournment**

The meeting was adjourned at 3:45pm.



**New Lenox Safe Communities America Coalition  
Meeting 14-01  
January 29, 2014 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:33pm\*)
  - a. Daniel Martin
  - b. Arnie Pilmonas
  - c. Bill Byerley
  - d. Bob Nelson
  - e. Brenda Lutz
  - f. Don Sebestyen
  - g. Erin Hunter
  - h. Gary Cheney
  - i. Jackie Mansholt
  - j. Jennifer Killeen
  - k. Jessica Jepsen
  - l. John Mitchell
  - m. Joe Enzenberger
  - n. Kathie Johnson
  - o. Lauren Lotz
  - p. Leslie Newbon
  - q. Lisa Kline
  - r. Liz Schwenke
  - s. Lynn Bigelow
  - t. Marisa Schrieber
  - u. Marta Keane
  - v. Mary Jo Button
  - w. Michele Batara
  - x. Michael Potocki
  - y. Patricia Hensley
  - z. Paul Lyons
  - aa. Phil Pfeifer
  - bb. Sean Campbell
  - cc. Teena Mackey
  - dd. Tom Donegan
  
3. **Recognition of NLSCAC Member Deb Hypke** – Dan Martin / NLPD (2:35pm\*)

- a. Deb, as CEO of the New Lenox Chamber of Commerce, has represented the Chamber since the inception of the NLSCAC and NLCCC and will be recognized for her contributions.
4. **Approval of NLSCAC Meeting Minutes from November 20, 2013** – Dan Martin / NLPD (2:40pm\*)
5. **New Membership** – Dan Martin / NLPD (2:42pm\*)
  - a. Illinois Radio League / Will County ARES Represented by Bill Byerley (*motion required*)
  - b. AVP Counseling Services represented by Arnie Pilmonas (*motion required*)
6. **Presentation / Guest Speaker** – Dan Martin / NLPD (2:45pm\*)
  - a. April Balzhiser / Guardian Angel Community Services
7. **New Business** (3:00pm\*)
  - a. 2014 Severe Weather Spotter Training / Health and Safety Expo – Dan Martin / NLPD
  - b. Community Coalition Action Theory
    - i. Short-term, intermediate and long-term outcomes
8. **Old Business** (3:10pm\*)
  - a. Task Group Reports
    - i. Emergency Preparedness – Al Murry / New Lenox CERT
    - ii. Motor Vehicle / Traffic Safety – Marisa Schrieber / NLFPD
    - iii. Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy
    - iv. Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services
    - v. Suicide Prevention and Awareness – Dan Martin / NLDP
    - vi. Workplace Safety- Cindy Staskiewicz
    - vii. Youth Sports, Health and Safety – Jessica Jepsen and Katie Christopherson
9. **Announcements / Organization Updates** (3:25pm\*)
10. **Next Meeting: February 26, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall.
11. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 14-01**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday January 29, 2014 / 2:30 p.m.**

**Call to Order**

Dan Martin called the meeting of the New Lenox Safe Communities America Coalition to order at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Arnie Pilmonas/AVP Counseling, Bill Byerley/Illinois Radio League & Will County ARES, Bob Nelson/NLSD #122, Brenda Lutz/Will County Emergency Management Agency, Deb Hypke/New Lenox Chamber of Commerce, Gary Cheney/ShareFest, Jackie Mansholt/Will County Health Department, Jessica Jepsen/Chiro One Wellness, John Mitchell/American Red Cross, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Marta Keane/Will County Green, Mary Jo Button/St. Jude Parish, Michele Batara/Crisis Line of Will-Grundy County, Paul Lyons/Home Helpers and Tom Donegan/Metra.

Also in attendance were the following:

- April Balzhiser/ Guardian Angel Community Services (guest speaker)
- Rickie Multon/Will County Emergency Management Agency (Intern)
- Jeannette Park/New Lenox Resident
- Colleen Waltman/New Lenox Public Library (in attendance for Erin Hunter)
- Noe Santiago/Pinnacle Physical Therapy and Chair of Older Adults Falls Prevention Task Group
- Rebecca Thomas/THT (Social Worker)
- Melissa McClintock/Silver Cross Hospital (Intern)
- Kathy Claver/New Lenox Community Park District
- Rachel Ridge/Rosecrance (Community Relations Coordinator)
- Allison Anderson/Will County Health Department (Emergency Response Specialist)
- Alain Murry/New Lenox CERT and Chair of the Emergency Preparedness Task Group
- Derek Harris/Sertoma Centre and Suicide Prevention and Awareness Task Group Member

### **Recognition of NLSCAC Member Deb Hypke / New Lenox Chamber of Commerce**

As many were aware, Deb Hypke was in the process of stepping down as CEO of the New Lenox Chamber of Commerce at the time of this meeting. As such, Deb would also be leaving the New Lenox Safe Communities America Coalition (NLSCAC) and New Lenox Citizen Corps Council (NLCCC). Dan Martin made the announcement to those in attendance and noted that Deb was one of the founding members of the NLSCAC and NLCCC. Dan thanked Deb for her contributions and introduced Mayor Tim Baldermann who was also in attendance. Mayor Baldermann, on behalf of the Village of New Lenox and its residents, also thanked Deb for her service. Mayor Baldermann wished Deb good luck with her future endeavors and presented her with a plaque recognizing her service with the NLSCAC / NLCCC. Deb then addressed the group stating that she will miss the NLSCAC / NLCCC and their members. Deb wished everyone well and reminded the group that she still resides in New Lenox and will be seeing folks around town.

### **Approval of the November 20, 2013 Meeting Minutes**

The Minutes for the November 20, 2013 meeting were sent via email prior to the meeting. Tom Donegan made a motion to approve the minutes as presented, seconded by Marisa Schrieber. After no further discussion, the motion carried and the minutes were approved.

### **New Membership**

Dan Martin reminded those in attendance that Bill Byerley, representing the Illinois Radio League and Will County ARES had conducted a presentation on amateur radio operations at the November 20, 2013 meeting. Dan advised those in attendance that Bill had expressed an interest in becoming a collaborative member of the group and added that as a resident, business owner and community volunteer he had much to offer. At this time, Dan made a formal motion to accept the Illinois Radio League and Will County ARES, represented by Bill Byerley, to join the group. Kathie Johnson provided a second to the motion. After no further discussion, the motion carried at which time everyone congratulated Bill and welcomed him to the group.

Dan Martin then advised that Arnie Pilmonas from AVP Counseling had been attending meeting for quite some time and has always had something positive to offer. Dan added that Arnie has professional experience with alcohol and substance abuse and would clearly be an asset to the group. At this time, Dan made a formal motion to accept AVP Counseling Services, represented by Arnie Pilmonas, to join the group. Lisa Kline provided a second to the motion. After no further discussion, the motion carried at which time everyone congratulated Arnie and officially welcomed him to the group.

### **Presentation / Guest Speaker – April Balzhiser / Guardian Angel Community Services**

Dan Martin introduced April Balzhiser from Guardian Angel Community Services to the group as the guest speaker. April did a wonderful job describing all the programs that

fall under the umbrella of Guardian Angel Community Services. The programs that April described were as follows:

- Dillard Harris Educational Center
- Exchange Club Center for the Prevention of Child Abuse
- Foster Care
- Groundwork Domestic Violence Program
- Partner Abuse Intervention Program
- Sexual Assault Services Center
- Sue Manner Turk Transitional Living Program – Suzy's Caring Place

April advised that Guardian Angel is located at 1550 Plainfield Road Joliet, IL. Guardian Angel's phone number is (815) 729-0930 and their web site is [www.gacsprograms.org](http://www.gacsprograms.org). April also provided the Groundwork Domestic Violence 24-Hour Hotline Number (815) 729-1228 and the Sexual Assault Services Center 24-Hour Hotline Number (815) 730-8984. April concluded her presentation at approximately 3:00pm following a short Q & A session with those in attendance.

### **New Business**

#### **Severe Weather Spotter Training / Health and Safety Expo**

Dan Martin advised that plans are moving forward for this year's Severe Weather Spotter Training / Health and Safety Expo. The event will be held at Lincoln-Way West High School on Wednesday March 5<sup>th</sup>. The Health and Safety Expo will be from 5:00pm to 7:00pm while the Severe Weather Spotter Training will be held from 7:00pm to approximately 8:30pm. Dan advised that almost 50 organizations have already committed to the Health and Safety Expo, which will be capped at 50. In addition, there will be a Community Blood Drive held in conjunction with the event. The blood drive will be in collaboration with Heartland Blood Center and will run from 4:30pm to 7:30pm. Dan requested those in attendance to assist with marketing the event by distributing flyers and posting the flyer electronically on web sites and Facebook pages.

#### **Community Coalition Action Theory**

Dan Martin advised that he had recently attended a Safe Communities America Workshop at the National Safety Council Headquarters in Itasca, IL. Frances Butterfoss, PhD, MED and President of Coalitions Work also attended the meeting. Donna Stein-Harris from the National Safety Council requested Dr. Butterfoss attend the workshop to her Community Coalition Action Theory.

Dan provided a brief overview of the model, which includes the various developmental stages of coalitions. In summary, the model flows in the following order: Community Context (input) > Lead Agency / Group Convener > Coalition Membership > Processes, Leadership / Staffing & Structures > Collaborative Synergy (Member Engagement & Pooled Resources) > Assessment & Planning / Implementation Strategies > Community Change Outcomes, including Community Capacity and Health / Social Outcomes. The model essentially moves from coalition formation, to maintenance, to institutionalization. Dan provided those in attendance with Dr. Butterfoss' model, which explains each of the

steps. Dan suggested that everyone review the model at their leisure and noted that our group (unknowingly) has followed this model since its inception.

## **Old Business**

### **Task Group Reports**

#### Emergency Preparedness – Al Murry / New Lenox CERT

Al advised that the Emergency Preparedness Task Group met on January 16, 2014 at 10:00am in the Training Room at the New Lenox Police Department. Al advised that the following Mission was developed for the group: **“The Emergency Preparedness Task Group will encourage citizens to take personal responsibility to be prepared through the development of programs, initiatives and strategies designed to promote safety and whole community preparedness.”** In addition, a synopsis of the meeting, Al advised that he is working on a project with Trinity Services wherein training in the area of emergency preparedness will be provided to Trinity Staff. In addition, ideas are being discussed for Al to conduct visits of the Trinity homes (approximately 100) to ensure they are properly prepared for emergencies and disasters. So for example, Al would create a checklist to determine if each of the homes had a fire extinguisher, NOAA Weather Radio, 3-day supply of water/food, etc...

#### Motor Vehicle / Traffic Safety – Marisa Schrieber / New Lenox Fire Protection District

Marisa advised that the Motor Vehicle / Traffic Safety Task Group met on January 16, 2014 at 10:30am in the Training Room at the New Lenox Police Department. Marisa advised that the following Mission was developed for the group: **“To establish collaborative partnerships with organizations that utilize education, engineering and enforcement efforts to reduce deaths and injuries related to motor vehicle crashes.”** In addition to providing a synopsis of the meeting, Marisa advised that she recently submitted a grant to purchase child safety seats and included the New Lenox Safe Communities America Coalition as a partner. Marisa will keep the group informed as to the outcome of the grant and future event related to the car seat giveaway and installation.

#### Older Adults Falls Prevention – Noe Santiago / Pinnacle Physical Therapy

Noe advised that the Older Adults Fall Prevention Task Group met on January 16, 2014 at 1:00pm in the Training Room at the New Lenox Police Department. Noe advised that the following Mission was developed for the group: **“To reduce injuries and deaths in the 65 and over population through the utilization of evidence-based and other programs designed to reduce falls and the fear of falling.”** In addition to providing a synopsis of the meeting, Noe advised that he would be teaching a Matter of Balance (8-hour) Coaches Class on February 19, 2014 at Encore Senior Living. Kathie Johnson added that over a dozen individuals have registered for the class and 10 slots are being sponsored by Encore. Noe advised that following the completion of the class, one or more Matter of Balance Classes will be scheduled locally. The ability to offer these classes to our seniors has increased because our “pool” of coaches continues to expand.

Poisoning by Prescription Drug Overdose – Arnie Pilmonas / AVP Counseling Services  
Arnie advised that the Poisoning by Prescription Drug Overdose Task Group met on January 16, 2014 at 2:30pm in the Training Room at the New Lenox Police Department. Arnie advised that the following Mission was developed for the group: **“To reduce injuries and deaths associated with poisoning by prescription drug overdose through the establishment of collaborative partnerships and the implementation of educational programs, strategies and initiatives.”** In addition to providing a synopsis of the meeting, Arnie advised that he would develop an Action Plan regarding the existing Unwanted Medication Disposal Program with the goal of increasing collection of medications by 10% in 2014.

Suicide Prevention and Awareness – Dan Martin / NLPD

Dan advised that the Suicide Prevention and Awareness Task Group met on January 14, 2014 at 10:00am in the Training Room at the New Lenox Police Department. Dan advised that the following Mission was developed for the group: **“To reduce deaths and injuries related to suicide, through the development of educational programs, initiatives and strategies that address factors which lead to the attempt or completion of suicide.”** Dan advised that the Task Group is currently looking at statistical data for New Lenox suicides and attempt suicides. Examples of data include, male or female, age group, method and reason (if known). Dan explained that it is important to understand which groups are at risk, at least statistically, in order to provide preventative programs and initiatives. Dan also added that the group is working with Derek Harris from Sertoma Center to bring a QPR (Question, Persuade, Refer) class to New Lenox this Spring. Additional information such as the date, time and location will be shared as soon as it is available.

Workplace Safety – Dan Martin / NLPD

Dan advised that the Workplace Safety Task Group met on January 14, 2014 at 1:00pm in the Training Room at the New Lenox Police Department. Dan advised that Cindy Staskiewicz, a New Lenox resident, attended the meeting and is very excited to help as she has experience in this field. In addition, Cindy agreed to Chair the Task Group but could not attend today’s meeting due to a conflict with her schedule. On behalf of Cindy, Dan advised that the following Mission was developed for the group: **“To reduce injuries and deaths occurring in the workplace through the development of educational programs, strategies and initiatives.”** Dan advised that the group will be gathering additional statistical data to determine which injury prevention areas to pursue. In addition, the group will be seeking assistance from additional organizations with experience in workplace safety. Lastly, the group discussed Action Plans and how they will be beneficial to the group moving forward.

Youth Sports, Health and Safety – Jessica Jepsen / Chiro One Wellness

Jessica advised that the Youth Sports, Health and Safety Task Group met on January 14, 2014 at 2:30pm in the Training Room at the New Lenox Police Department. Jessica advised that the following Mission was developed for the group: **“To improve the health and safety of young athletes and reduce sports injuries through the development of educational programs, strategies and initiatives.”** Jessica advised

that the group discussed various types of statistical data that could be utilized to assist with the fulfillment of the mission. Katie Christopherson from ATI was in attendance (also Co-Chair of the Task Group) and mentioned that ATI has a sports medicine database that's utilized with the Jr. Knights youth football program. This program should be able to determine which types of injuries are being sustained and possibly the reasons / causes as well. Jessica also advised that the group will be seeking additional partners (individuals and organizations) that would be willing to assist with efforts moving forward.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan advised that he would be willing to forward electronic copies of materials that would be beneficial to the group.

### **Next Meeting Date**

The next meeting will be on **Wednesday February 26, 2014 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 3:50pm.



**New Lenox Safe Communities America Coalition  
Meeting 13-09  
November 20, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. Jessica Jepsen
  - k. Joe Enzenberger
  - l. John Mitchell
  - m. Kathie Johnson
  - n. Lauren Lotz
  - o. Leslie Newbon
  - p. Lisa Kline
  - q. Liz Schwenke
  - r. Lynn Bigelow
  - s. Marisa Schrieber
  - t. Marta Keane
  - u. Mary Jo Button
  - v. Michele Batara
  - w. Michael Potocki
  - x. Patricia Hensley
  - y. Phil Pfeifer
  - z. Sean Campbell
  - aa. Teena Mackey
  - bb. Tess Benham
  - cc. Tom Donegan
  
3. **Approval of NLSCAC Meeting Minutes from October 30, 2013** – Dan Martin / NLPD (2:37pm\*)

4. **New Membership – Home Helpers and Direct Link, Represented By Paul Lyons - Dan Martin / NLPD (2:40pm\*)**
  - a. *Motion required*
  
5. **Presentation / Guest Speaker – Bill Byerley III / Will County ARES and Illinois Radio League (2:45pm\*)**
  
6. **New Business (3:00pm\*)**
  - a. Severe Weather Spotter Training / Health and Safety Expo March 2014 – Brenda Lutz / WCEMA
  
7. **Old Business (3:05pm\*)**
  - a. Safe Communities America Conference Synopsis (Quick Recap From Last Meeting For Those Who Missed) – Dan Martin / NLPD
    - i. Future Injury Trends
    - ii. Developing a Roadmap to Success
      1. Prescription Drug Overdoses
      2. Emergency Preparedness
      3. Suicide Prevention
    - iii. Elevator Speech for (New Lenox) Safe Communities America
    - iv. Framework for Communications and Sustainability
    - v. Suggested Duties and Responsibilities
      1. Safe Communities Coalition Member
      2. Safe Communities Coalition Leader
  - b. Focus or Task Groups Reports
    - i. Motor Vehicle Safety (including distracted and teen driving, child passenger restraint)
    - ii. Older Adults Falls Prevention – Kathie Johnson / New Lenox Township
      1. Matter of Balance Class #3 Graduation November 4, 2013 @ New Lenox VFW
      2. Matter of Balance Class #4 – January 27, 2014 @ Encore Senior Village
      3. Matter of Balance Train-the-Trainer
    - iii. Poisoning by Prescription Drug Overdose – Dan Martin / NLPD
      1. New Lenox Police Department Unwanted Medication Disposal Program
    - iv. Suicide Prevention and Awareness – Dan Martin / NLPD
      1. Mental Health and First Aid Course – November 5, 2013 @ New Lenox Village Hall
      2. QPR (Question, Persuade, Refer)
    - v. Emergency Preparedness – Dan Martin / NLPD
      1. New Lenox CERT / MRC / SAR Update
    - vi. Workplace Safety
    - vii. Youth Sports, Health and Safety

8. **Announcements / Organization Updates** (3:20pm\*)
9. **Next Meeting: January 29, 2014 / 2:30pm** in the Community Room at the New Lenox Village Hall.
10. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-09**

**Held at the New Lenox Village Hall / Community Room  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday November 20, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPSD, Deb Hypke/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Joe Enzenberger/Dryer Vent Wizard of Will County, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, Michele Batara/Crisis Line of Will-Grundy County and Teena Mackey/NAMI of Will-Grundy County.

Holly Pierson attended the meeting on behalf of Jennifer Killeen and Lincoln-Way West High School. Bill Byerley, in addition to being the guest speaker, attended the meeting on behalf of Michael Potocki and New Lenox ESDA. Kathy Klaver from the New Lenox Community Park District was in attendance as a guest. Michael Hennessey from the United Way of Will County was in attendance as a guest.

**Approval of the October 30, 2013 Meeting Minutes**

The Meeting Minutes for the October 30, 2013 meeting were previously made available via email to Coalition Members. Lisa Kline made a motion to approve the minutes as presented, seconded by Deb Hypke. After no further discussion, the motion carried and the minutes were approved.

**New Membership – Home Helpers and Direct Link Represented by Paul Lyons**

Dan Martin introduced Paul Lyons from Home Helpers and Direct Link and reminded those in attendance that Lisa Kline had invited Paul to the previous NLSCAC / NLCCC meeting. Paul indicated that he was very interested in becoming a collaborative member and that his businesses are “committed to providing in-home companion care and personal emergency response systems” to seniors in the New Lenox area.

At this time Dan made a formal motion to accept Home Helpers and Direct Link, represented by Paul Lyons, to join the group. A second to the motion was provided by Lauren Lotz. After no further discussion, the motion carried at which time everyone congratulated Paul and welcomed him to the group.

## **Presentation / Guest Speaker – Bill Byerley III / Will County ARES and Illinois Radio League**

Dan Martin introduced Bill Byerley III from Will County ARES and the Illinois Radio League as the guest speaker. Bill provided those in attendance with an overview of amateur radio operations including the following:

- Weather / Skywarn
- Mobile Deployment
- Emergency Operations Center Development
- Most Reliable Form of Communication

In addition to basic information regarding amateur radio operations, Bill provided an overview of Will County ARES and the Illinois Radio League, including what each entity is and does in the realm of amateur radio operations. Bill's presentation was quite informative and prompted several questions from those in attendance. Everyone thanked Bill for the information and several attendees seemed interested in completing a Basic Technician Class in the future.

## **New Business**

### **Severe Weather Spotter Training / Health and Safety Expo**

Dan Martin advised that he's had preliminary conversations with Brenda Lutz from the Will County Emergency Management Agency regarding the 2014 Severe Weather Spotter Training / Health and Safety Expo. Martin added that we *typically* hold this event during Illinois Severe Weather Week which is the first week in March. Deb Hypke suggested that perhaps the NLSCAC / NLCCC could partner with the New Lenox Chamber of Commerce and hold the event in conjunction with the Chamber's Spring Expo. Deb advised that they were planning to hold the Spring Expo on Saturday March 15<sup>th</sup>. Dan Martin and Deb Hypke agreed to discuss the feasibility of a collaborative effort and bring recommendations back to the group during the next meeting.

## **Old Business**

### **Safe Communities America Conference Synopsis**

For the benefit of those that missed the previous meeting on October 30, 2013, Dan Martin provided a brief overview of the Annual Safe Communities America Conference which was held in Chicago on September 29<sup>th</sup> and 30<sup>th</sup> in conjunction with the National Safety Council's "Congress." Dan provided those that missed the previous meeting with handouts from the conference. Dan then provided a brief overview of the following (detailed description in the October 30, 2013 Meeting Minutes):

- Future Injury Trends
- Developing a Roadmap to Success
- Elevator Speech
- Framework for Communications and Sustainability
- Suggested Duties and Responsibilities for Coalition Leader & Coalition Member
- Focus or Task Groups

- Motor Vehicle Safety (including distracted and teen driving, child passenger restraint)
- Older Adults Falls Prevention
  - Kathie Johnson provided those in attendance with a synopsis of the Matter of Balance Classes including information about Class #4 (January 27, 2014) as well as the Matter of Balance Class Train-the-Trainer which will be held in February 2014.
- Poisoning by Prescription Drug Overdose (and other agents)
  - Dan advised that the New Lenox Police Department's Unwanted Medication Disposal Program is doing very well and is on track to collect over 600lbs. of medications this year.
- Suicide Prevention and Awareness
  - Dan advised that the 8-hour Mental Health and First Aid Class which was held on November 5, 2013 was a huge success. Dan thanked Teena Mackey for her assistance with the class which included her role as an instructor.
- Emergency Preparedness
  - Dan provided those in attendance with a synopsis of New Lenox Community Emergency Response Team (CERT), Medical Reserve Corps (MRC) and Search and Rescue (SAR) recent activities.
- Workplace Safety ( on and off-the-job)
- Youth Sports, Health and Safety

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

### **Next Meeting Date**

The next meeting will be on **Wednesday January 29, 2013 / 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 3:50pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-08  
October 30, 2013 / 2:30pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. Jessica Jepsen
  - k. John Mitchell
  - l. Kathie Johnson
  - m. Lauren Lotz
  - n. Leslie Newbon
  - o. Lisa Kline
  - p. Liz Schwenke
  - q. Lynn Bigelow
  - r. Marisa Schrieber
  - s. Marta Keane
  - t. Mary Jo Button
  - u. Michele Batara
  - v. Michael Potocki
  - w. Patricia Hensley
  - x. Phil Pfeifer
  - y. Sean Campbell
  - z. Teena Mackey
  - aa. Tess Benham
  - bb. Tom Donegan
  
3. **Approval of NLSCAC Meeting Minutes from August 28, 2013** – Dan Martin / NLPD (2:37pm\*)
  
4. **New Membership – Dryer Vent Wizard of Will County Represented By Joe Enzenberger** - Dan Martin / NLPD (2:40pm\*)

- a. *Motion required*
- 5. New Business (2:45pm\*)**
- a. New Lenox Safe Communities America Facebook Page – Dan Martin / NLPD
  - b. Safe Communities America Annual Conference Synopsis – Dan Martin / NLPD
    - i. Future Injury Trends
    - ii. Developing a Roadmap to Success
      - 1. Prescription Drug Overdoses
      - 2. Emergency Preparedness
      - 3. Suicide Prevention
    - iii. Elevator Speech for (New Lenox) Safe Communities America
    - iv. Framework for Communications and Sustainability
    - v. Suggested Duties and Responsibilities
      - 1. Safe Communities Coalition Member
      - 2. Safe Communities Coalition Leader
    - vi. Focus or Task Groups
      - 1. Motor Vehicle Safety (including distracted and teen driving, child passenger restraint)
      - 2. Older Adults Falls Prevention
      - 3. Poisoning by Prescription Drug Overdose (and other agents)
      - 4. Suicide Prevention and Awareness
      - 5. Emergency Preparedness
      - 6. Workplace Safety ( on and off-the-job)
      - 7. Youth Sports, Health and Safety (unique to New Lenox)
- 6. Old Business (3:15pm\*)**
- a. Suicide Prevention and Awareness – Dan Martin / NLPD
    - i. Mental Health and First Aid Course – November 5, 2013 @ New Lenox Village Hall
  - b. Older Adult Falls Prevention – Kathie Johnson / New Lenox Township
    - i. Matter of Balance
      - 1. Matter of Balance Class #3 – September 16, 2013 @ New Lenox VFW
      - 2. Matter of Balance (Pinnacle Physical Therapy) – November 5, 2013 @ NLPL
      - 3. Matter of Balance Class #4 – January 27, 2014 @ Encore Senior Village
  - c. Emergency Preparedness
    - i. New Lenox CERT / MRC / SAR Program Update – Dan Martin / NLPD
- 7. Announcements / Organization Updates (3:25pm\*)**
- 8. Next Meeting: November 20, 2013 / 2:30pm** in the Community Room at the New Lenox Village Hall.



**9. Adjournment (3:30pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-08**

**Held at the New Lenox Police Department  
701 W. Haven Avenue New Lenox, IL 60451  
Wednesday October 30, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Bob Nelson/NLSD #122, Deb Hypke/New Lenox Chamber of Commerce, Erin Hunter/New Lenox Public Library, Gary Cheney/ShareFest, Jessica Jepsen/Chiro One, Kathie Johnson/New Lenox Township, Lisa Kline/SBT Bank, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, Michele Batara/Crisis Line of Will-Grundy County, Teena Mackey/NAMI of Will-Grundy County and Tom Donegan/Metra.

Roxy Trudeau was in attendance on behalf of John Mitchell and the American Red Cross. Arnie Pilmonas from AVP Counseling Services and Paul Lyons from Home Helpers were in attendance as guests.

**Approval of the August 28, 2013 Meeting Minutes**

The Meeting Minutes for the August 28, 2013 meeting were previously made available via email to Coalition Members. Lisa Kline made a motion to approve the minutes as presented, seconded by Tom Donegan. After no further discussion, the motion carried and the minutes were approved.

**New Membership – Dryer Vent Wizard of Will County Represented by Joe Enzenberger**

Dan Martin reminded those in attendance that Joe Enzenberger was the guest speaker at the August 28<sup>th</sup> meeting where he gave a great presentation on the hazards of home dryer fires that often occur as a result of “failure to clean” dryer vents. Dan invited Joe and his company to become a collaborative partner which he accepted and graciously returned to attend the meeting. At this time Dan made a formal motion to accept Dryer Vent Wizard of Will County, represented by Joe Enzenberger, to join the group. A second to the motion was provided by Lisa Kline. After no further discussion, the motion carried and everyone congratulated Joe.

**New Business**

**New Lenox Safe Communities America Facebook Page**

Dan Martin advised those in attendance that the New Lenox Safe Communities America Facebook Page was up and running. Dan advised that he went through participating

organization's Facebook Pages and "Liked" them. Dan requested that everyone do the same, personally as well as professionally through their organizations. In addition, Dan requested that someone assist in the role of "Admin" for the page which would enhance the page's effectiveness and efficiency. Dan requested that if anyone was interested in assisting to send him an email.

### Safe Communities America Annual Conference Synopsis

Dan Martin provided those in attendance with a synopsis of the Annual Safe Communities America Conference which was held in Chicago on September 29<sup>th</sup> and 30<sup>th</sup> in conjunction with the National Safety Council's "Congress." Dan stated that the conference was excellent and would be sharing much of the information that was presented.

- **Future Injury Trends:** Dan provided everyone in attendance with copies of a PowerPoint that was given at the conference by Ken Kolosh, Statistics Manager for the National Safety Council. Based on Ken's projections, the median age of the U.S. population is rising (36.4 in 2015 to 40.1 in 2060). Life expectancy will be rising for both males (77.1 in 2015 to 82.8 in 2060) and females (81.8 in 2015 to 86.8 in 2060). Race and ethnicity will be changing with a decrease in white / non-Hispanic population (60% in 2015 to 43% in 2060) and an increase in the Hispanic population (18% in 2015 to 31% in 2060). The labor force will be getting older (people working longer). Poisoning and falls from 1978 – 2010 have risen (poisoning +27% and falls +5%) where other categories have declined (overall -2%, motor vehicle -8%, fires-13%, drowning -12% and choking -1%). Based on Ken's predictions, poisoning and falls are clearly areas that should be focused on. The aging population will also bring about new challenges in the area of injuries, especially in the area of falls.
- **Developing a Roadmap to Success:** Dan provided everyone in attendance with a Road mapping Exercise Worksheet that was utilized at the conference. Dan advised that there were three Road mapping exercises conducted at the conference. They included prescription drug overdoses, emergency preparedness and suicide prevention. Dan went over his notes from the conference and led a discussion regarding these three areas highlighting best practices that are being utilized across the county. Dan added that as far as New Lenox goes, we're doing many of the things that were identified as best practices at the conference but there's always room for improvement.
- **Elevator Speech:** Dan provided everyone in attendance with a handout from the conference that provided some excellent suggestions regarding the development of an elevator speech. The purpose of the elevator speech is to develop a quick (60-90 seconds) spiel which outlines what our coalition does. It should include information about our target customers, customer needs, our products/services, market, key benefits, competition and what makes us unique. Dan provided an example as well as a sample letter for coalition members to utilize when attempting to attract new collaborative partners.
- **Framework for Communications and Sustainability:** Dan provided those in attendance with a handout from the conference of a DRAFT Communications and Sustainability Plan. The sample plan included programs such as those

dealing with prescription drug overdoses, motor vehicle safety and older adult falls. The plan included ideas for documenting program development and tracking statistical data related to the initiatives.

- Suggested Duties and Responsibilities: Dan provided those in attendance with handouts covering suggested duties and responsibilities for coalition members and coalition leaders. Dan advised that this document provides excellent guidance so everyone knows they're basic duties and responsibilities. Dan added that the good news is that it appears that we're following most of the recommendations outlined in the documents.
- Focus or Task Groups: Dan outlined the suggested Focus or Task Groups that our coalition should have in place, and for the most part do have in place. They include: Motor Vehicle Safety (including distracted and teen driving, child passenger restraint); Older Adults Falls Prevention; Poisoning by Prescription Drug Overdose (and other agents); Suicide Prevention and Awareness; Emergency Preparedness; Workplace Safety (on and off-the-job); and Youth Sports, Health and Safety (unique to New Lenox). Dan also provided those in attendance with a document of "proposed" Focus or Target Group assignments. Dan advised that he placed folks in areas where it made sense based on a coalition member's occupation or where previous interest has been expressed. Dan advised to let him know if anyone wanted to switch groups or add another group.

## **Old Business**

### **Suicide Prevention and Awareness**

Dan Martin provided those in attendance with an update from the Suicide Prevention and Awareness Focus Group. Martin advised that the 8-hour Mental Health and First Aid Course will be held on Tuesday November 5, 2013 in the Community Room at the New Lenox Village Hall. The course will be sponsored by the NLSCAC and will be taught by an instructor from Linden Oaks at Edwards Hospital and Teena Mackey from NAMI of Will-Grundy County. Martin advised that he's had 35 responses for the course which has a maximum class size of 40. The class will be held from 8:00am to 4:30pm and the NLSCAC will provide lunch.

### **Falls Prevention**

Dan Martin provided those in attendance with an update on how the Falls Prevention (Matter of Balance) Program was going. Martin advised that New Lenox Matter of Balance (MOB) Class #3 began on September 16<sup>th</sup> and will run through November 4<sup>th</sup>. MOB Class #3 is being taught by graduates of MOB Class #1 who recently completed the Coaches Course. Martin added that he was very pleased to see the "pool" of instructors increasing which is exactly what we had hoped would occur.

Martin advised that Pinnacle Physical Therapy will be teaching a MOB Class at the New Lenox Public Library starting on Tuesday November 5<sup>th</sup>.

Lastly, Martin advised that New Lenox MOB Class #4 will begin on January 27, 2014 and will be held in partnership with Encore Senior Village. Martin advised that he has been in communication with Carolyn Tait from Encore who has agreed to sponsor the class. Sponsorship will include hosting the class at Encore Senior Village as well as providing snacks and refreshments.

### Emergency Preparedness

Dan Martin provided those in attendance with an update of emergency preparedness initiatives, including those activities involving New Lenox CERT / MRC and SAR.

Activities included:

- o September 5<sup>th</sup> – start of CERT Class #8
- o September 7<sup>th</sup> – participation at New Lenox French Market
- o September 18<sup>th</sup> – debriefing of the August tornado exercise
- o September 28<sup>th</sup> – 2013 Prairie State CERT Challenge (3<sup>rd</sup> place)
- o October 13<sup>th</sup> – participation in the Chicago Marathon
- o October 16<sup>th</sup> – debriefing of the 2013 Prairie State CERT Challenge
- o October 19<sup>th</sup> - CERT Class #8 Final Exercise and Graduation

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

### Next Meeting Date

The next meeting will be on **Wednesday November 20, 2013 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### Adjournment

The meeting was adjourned at 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-07  
August 28, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. Jessica Jepsen
  - k. John Mitchell
  - l. Kathie Johnson
  - m. Lauren Lotz
  - n. Leslie Newbon
  - o. Lisa Kline
  - p. Liz Schwenke
  - q. Lynn Bigelow
  - r. Marisa Schrieber
  - s. Marta Keane
  - t. Mary Jo Button
  - u. Michele Batara
  - v. Michael Potocki
  - w. Patricia Hensley
  - x. Phil Pfeifer
  - y. Sean Campbell
  - z. Tess Benham
  - aa. Tom Donegan
  
3. **Approval of NLSCAC Meeting Minutes from July 31, 2013** – Dan Martin / NLPD (2:37pm\*)
  
4. **Presentation / Guest Speaker** – Joe Enzenberger / Dryer Vent Wizard of Will County (2:40pm\*)

5. **New Business** (3:00pm\*)
  - a. New Programs and Initiatives
  - b. Will County All Hazard Mitigation Plan Update
  
6. **Old Business** (3:10pm\*)
  - a. Suicide Prevention and Awareness Program Update – Dan Martin / NLPD
    - i. Mental Health and First Aid Course – November 5, 2013 @ New Lenox Village Hall
    - ii. Applied Suicide Intervention Skills (ASIST)
    - iii. Question, Persuade and Refer (QPR)
  
  - b. Falls Prevention Program Update –Dan Martin / NLPD
    - i. Matter of Balance
      1. Matter of Balance Class #3 – September 16, 2013 @ New Lenox VFW
      2. Matter of Balance Class #4 – November 5, 2013 @ New Lenox Public Library
  
  - c. New Lenox CERT / MRC / SAR Program Update – Dan Martin / NLPD
    - i. Training and Community Events
  
  - d. ShareFest – Gary Cheney / ShareFest
    - i. ShareFest 2013 Health and Safety Fair
  
  - e. National Preparedness Month (September) – Dan Martin / NLPD
  
7. **Announcements / Organization Updates** (3:25pm\*)
  - a. New Lenox Safe Communities America Coalition Shirts
  - b. Safe Communities America Annual Conference and National Safety Council Congress
  
8. **Next Meeting: September 25, 2013 / 2:30pm** in the Community Room at the New Lenox Village Hall.
  
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-07**

**Held at the New Lenox Village Hall  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday August 28, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Erin Hunter/New Lenox Public Library, Jessica Jepsen/Chiro One, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Lisa Kline/SBT Bank, Liz Schwenke/Presence St. Joseph Medical Center, Lynn Bigelow/AthletiCo, Marisa Schreiber/New Lenox Fire Protection District, Marta Keane/Will County Waste and Land Use, Mary Jo Button/St. Jude Parish, Michele Batara/Crisis Line of Will-Grundy County, Patricia Hensley/Senior Services of Will County and Robert Talkie/NAMI of Will-Grundy County.

Emily Krettler was in attendance on behalf of John Mitchell and the American Red Cross.

**Approval of the July 31, 2013 Meeting Minutes**

The Meeting Minutes for the July 31, 2013 meeting were previously made available via email to Coalition Members. Lauren Lotz made a motion to approve the minutes as presented, seconded by Michele Batara. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker**

Dan Martin introduced Joe Enzenberger from Dryer Vent Wizard of Will County as the guest speaker for the meeting. Joe was referred by Lisa Kline who had previously seen Joe's presentation at another event.

Joe thanked the group for the invitation and proceeded with a PowerPoint presentation which contained statistical data regarding home dryer fires that often times occur as a result of "failure to clean" dryer vents. Joe stated that "according to the U.S. Fire Administration, dryer fires account for an average of 15,000 fires with an approximate \$88 million in property damage, 15 deaths and 400 injuries annually."

Joe advised that he's been working with the New Lenox Fire Protection District as well as the National Fire Prevention Association to create consumer awareness by providing tips to minimize the risk of dryer fires. Joe's tips included the following:



- Be sure that dryer vent systems are up to code with city and state and per the manufacturer owner's manual.
- Replace any plastic or foil vent with semi-rigid or solid metal venting.
- Clean screen lint trays before and after drying a load.
- Wash lint screens with soap and water every few months to remove residue left behind by fabric softeners.
- Have dryer vents professionally cleaned and inspected annually.
- Don't keep combustibles like chemical cleaning products or chemical laden rags near your dryer.

Joe then noted the following warning signs to look for:

- Clothes are taking more than one cycle to dry, especially jeans and towels.
- No lint visible on lint screen.
- Dryer repeatedly stops during a cycle.
- Clothes have moldy smell after dry cycle.

Joe was kind enough to field questions from those in attendance. In addition, many commented that they were unaware of the "risks" of fires due to the failure to clean dryer vents. As such, the presentation was extremely worthwhile and those in attendance were grateful for the information. Dan Martin extended the invitation to Joe to return to the next meeting and that he consider becoming a collaborative member of the NLSCAC / NLCCC.

## **New Business**

### New Programs and Initiatives

Dan Martin advised that the NLSCAC was doing very well with regard to its existing programs and partnerships. That being said, Martin encouraged those in attendance to consider exploring new initiatives and programs consistent with the mission of the NLSCAC, as well as the NLCCC. Martin added that ideas do not necessarily have to fall into a member's work category as individuals might have a passion for a particular topic.

In addition, Martin encouraged those in attendance to participate in a focus group and listed examples as follows:

- Distracted Driving
- Prescription Drug Overdose
- Older Adult Falls
- Suicide Prevention
- Home Safety (fire / falls)
- Emergency Preparedness
- Emerging Issues (returning veterans, etc.)

During the discussion it was suggested that perhaps the NLSCAC / NLCCC can assist with a public education campaign regarding new legislation pertaining to no hand held cell phones (January 1, 2014). Martin advised that this would be an excellent suggestion and one that can definitely be undertaken.

#### Will County All Hazards Mitigation Plan Update

Dan Martin advised that he attended the Will County All Hazard Mitigation Plan Update Meeting at the New Lenox Public Library on August 27, 2013. Martin explained that the plan must be updated every five years in order to continue to be eligible for FEMA hazard mitigation project grant funding. The updating of the plan at the local level is the responsibility of the Will County Emergency Management Agency, with support and assistance from local municipalities. Mitigation plans identify hazards that:

- Impact communities
- Identify actions to reduce losses from those hazards
- Establish a coordinated process to implement the plan

Martin advised that he would continue to attend meetings and provide support as needed for the completion of the Will County All Hazard Mitigation Plan.

#### Old Business

##### Suicide Prevention and Awareness

Dan Martin provided those in attendance with an update from the Suicide Prevention and Awareness Focus Group. Martin advised that the 8-hour Mental Health and First Aid Course will be held on Tuesday November 5, 2013 in the Community Room at the New Lenox Village Hall. The course will be sponsored by the NLSCAC and taught by an instructor from Linden Oaks at Edwards Hospital. Martin advised that he's already had a number of responses for the course which has an ideal class size of 25-30. The class will be held from 8:00am to 4:30pm and the NLSCAC will provide lunch.

Martin advised that Michele Batara attended the Applied Suicide Intervention Skills Training (ASIST) Program in early August. Michele provided those in attendance with a synopsis of the training by advising:

- Anyone can attend the 2-day course.
- The course is designed to teach people how to provide a "safety plan" for those who are in danger.
- The program is designed to teach life saving skills and to keep those "at risk" safe.

Michele stated that she will be instructing a course in-house (at the Crisis Line of Will-Grundy County) as a "test" of her instructional skills. Michele advised that she hoped to be ready by the Spring of 2014 to offer the course to the NLSCAC and other interested parties.

Martin advised that another program available to lay people is called “QPR” which stands for Question, Persuade and Refer. Martin advised that he had recently spoken to a QPR Instructor and hopes to schedule a course(s) locally in the near future.

Lastly, Martin reminded those in attendance that NAMI is having a walk in Chicago on September 21, 2013. Registration is available online at the NAMI web site.

### Falls Prevention

Dan Martin provided those in attendance with an update on how the Falls Prevention (Matter of Balance) Program was going. Martin advised that MOB Class #2 graduated another 12 seniors on August 26<sup>th</sup>. Mayor Tim Baldermann was in attendance at the graduation. Mayor Baldermann congratulated the seniors on their accomplishment, thanked them for participating in the program and wished them well.

Martin went on to say that MOB Class #3 will begin on September 16<sup>th</sup> and will run through November 4<sup>th</sup>. MOB Class #3 will be taught by graduates of MOB Class #1 who recently completed the Coaches Course. Martin added that he was very pleased to see the “pool” of instructors increasing which is exactly what we had hoped would occur.

Martin recently learned that another MOB Class will be hosted by the New Lenox Public Library in partnership with Pinnacle Physical Therapy. Martin advised that he believed that class would be starting in early November.

### Emergency Preparedness

Dan Martin provided a brief synopsis of recent CERT / MRC / SAR training and events. Martin advised that the New Lenox CERT / MRC / SAR had recently been involved in the following activities:

- 8/3 Village of New Lenox French Market
- 8/10 Tornado Scenario at Lincolnway Christian Church
- 8/16 Country in the Commons / Eli Young Band
- 8/17 Recovery Search in the area of Pilcher Park Joliet, IL
- 8/24 St. Jude Running With Faith 5K & 10K
- On-Going Prairie State CERT Challenge Training

Martin advised that a new 20-Hour Basic CERT Course would begin on Thursday September 5<sup>th</sup>. The course will be held on Thursday evenings from 6:30pm to 8:30pm at the New Lenox Police Department and will graduate on Saturday October 19<sup>th</sup>.

Martin also reminded those in attendance that September is National Preparedness Month. Martin encouraged everyone to utilize the “toolkit” from Ready.gov to create press releases and social media messages related to preparedness.

### 2013 ShareFest and ShareFest Health and Safety Fair

Dan Martin gave the report on the 2013 ShareFest event on Gary Cheney’s behalf. Martin advised that collections for food, clothing, home goods, etc... were going well. In

addition, Martin advised that the “Main Event” will be held on Saturday September 14<sup>th</sup> at the Spencer Campus. Approximately 50 organizations related to health, safety, fitness, preparedness and nutrition would be participating in the Health and safety Fair. Martin added that several presentations would also take place in the gymnasium from 10:00am to 2:00pm. Lastly, Martin added that the American Red Cross Firestopper Program would be holding an interactive fire safety presentation. Visitors will spend approximately 10 minutes at 5 stations and upon completion of the stations would receive a backpack. The backpack will contain, a first aid kit, a fire extinguisher, a smoke detector, a CO2 detector and weather stripping.

### **Announcements / Organization Updates**

Dan Martin reminded those in attendance that the NLSCAC polo-type shirts were in and he was in the process of distributing them. Martin advised that if a NLSCAC member had not received their shirt to please let him know.

Martin reminded everyone that the Annual Safe Communities America Conference was rapidly approaching (Sunday September 29<sup>th</sup> and Sunday September 30<sup>th</sup>). Martin requested those registering for the conference to contact him so transportation arrangements can be made.

Lastly, those in attendance shared current news and events relevant to their organizations. Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

### **Next Meeting Date**

The next meeting will be on **Wednesday September 25, 2013 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 3:50pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-06  
July 31, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. Jessica Jepsen
  - k. John Mitchell
  - l. Kathie Johnson
  - m. Lauren Lotz
  - n. Leslie Newbon
  - o. Lisa Kline
  - p. Liz Schwenke
  - q. Lynn Bigelow
  - r. Marisa Schrieber
  - s. Marta Keane
  - t. Mary Jo Button
  - u. Michele Batara
  - v. Michael Potocki
  - w. Patricia Hensley
  - x. Phil Pfeifer
  - y. Sean Campbell
  - z. Tess Benham
  - aa. Tom Denny
  - bb. Tom Donegan
  - cc. Tracy Simons
  
3. **Approval of NLSCAC Meeting Minutes from June 26, 2013** – Dan Martin / NLPD (2:37pm\*)

4. **Presentation / Guest Speaker – Scott Bertrand / Com Ed (2:40pm\*)**
5. **New Business (3:00pm\*)**
  - a. ShareFest and the ShareFest 2013 Health and Safety Fair – Gary Cheney / ShareFest
  - b. National Preparedness Month (September) – Brenda Lutz / WCEMA
6. **Old Business (3:10pm\*)**
  - a. Suicide Prevention and Awareness Program Update – Robert Talkie / NAMI Will-Grundy County
    - i. Tuesday July 23<sup>rd</sup> Focus Group Meeting
      1. Mental Health and First Aid Course
      2. Applied Suicide Intervention Skills (ASIST)
      3. Question, Persuade and Refer (QPR)
      4. Community Event – NAMI Walk 9/21/13 Chicago, IL
  - b. Falls Prevention Program Update – Kathie Johnson / New Lenox Township
    - i. Matter of Balance
      1. Matter of Balance Class #3 (in session now)
      2. Instructor's Course August 1<sup>st</sup> and 2<sup>nd</sup> in West Chicago, IL
      3. Matter of Balance Class #4 (to be scheduled)
  - c. New Lenox CERT / MRC / SAR Program Update – Dan Martin / NLPD
7. **Announcements / Organization Updates (3:25pm\*)**
  - a. New Lenox Safe Communities America Coalition Shirts
  - b. Safe Communities America Annual Conference and National Safety Council Congress
8. **Next Meeting: August 28, 2013 / 2:30pm** in the Community Room at the New Lenox Village Hall.
9. **Adjournment (3:30pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-06**

**Held at the New Lenox Village Hall  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday July 31, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Erin Hunter/New Lenox Public Library, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Lisa Kline/SBT Bank, Lynn Bigelow/AthletiCo, Marisa Schreiber/New Lenox Fire Protection District and Michele Batara/Crisis Line of Will-Grundy County.

**Approval of the June 26, 2013 Meeting Minutes**

The Meeting Minutes for the June 26, 2013 meeting were previously made available via email to Coalition Members. Lauren Lotz made a motion to approve the minutes as presented, seconded by Michele Batara. After no further discussion, the motion carried and the minutes were approved.

**Presentation / Guest Speaker**

Dan Martin introduced Scott Bertrand, External Affairs Manager for ComEd, to the group. Scott provided an excellent overview of new ComEd services. Scott discussed how ComEd divides its service regions and how ComEd handles restoration of service during severe storms. Scott also discussed residential rates and how ComEd stacks up with competitors, adding that ComEd's reliability is among the best in the industry. Scott touched on the Energy Infrastructure Modernization Act and how it affects customers along with a brief overview of the E-Outage System designed for municipalities. Scott wrapped up with information on customer text alerts, how a Joint Operation Center (JOC) functions and how ComEd prioritizes restoration of service during severe storms. Scott also provided an opportunity for questions from those in attendance.

**New Business**

**ShareFest and ShareFest 2013 Health and Safety Fair**

In Gary Cheney's absence, Dan Martin provided those in attendance with an update on ShareFest 2013 and the ShareFest Health and Safety Fair in particular. Included in this year's ShareFest activities is "30 Days of Giving" where those with big hearts can donate clothes, books and food at ShareFest partner locations in New Lenox from September 1<sup>st</sup> through the 30<sup>th</sup>. Martin added that the ShareFest "Main Event" this year is on Saturday September 14<sup>th</sup> at the Spencer Campus, 1721 S. Spencer Road New

Lenox, IL. ShareFest events include a Household Hazardous Waste Collection/Recycling event, Food Drive, Clothing & Home Goods Drive, Operation Care Package, Forest Restoration Project, Service Projects, Health & Safety Fair and Blood Drive. In addition, on September 11<sup>th</sup> at 9:11am, there will be a Remembrance Ceremony in the New Lenox Commons at the Fireman's Memorial. Martin added that there will be approximately 50 organizations participating at this year's Health and Safety Fair. These organizations will represent health, safety, preparedness, nutrition and related disciplines. There will be four major presentations at 10:00am, 11:00am, 12:00pm and 1:00pm featuring speakers from Silver Cross Hospital, Presence St. Joseph Medical Center, AthletiCo and Wayne Jupiter's Tai Chi.

### National Preparedness Month

In Brenda Lutz' absence, Dan Martin provided those in attendance with an update on National Preparedness Month. Martin advised that there are a number of ways that organizations can support National Preparedness Month (September) and cited an example of stuffing payroll envelopes with literature from Read.gov. Martin added that additional information, including a toolkit, is available at the Ready.gov web site.

### Old Business

#### Suicide Prevention and Awareness

In Robert Talkie's absence, Dan Martin provided those in attendance with an update from the Suicide Prevention and Awareness Focus Group. Martin advised that Teena Mackey and Robert Talkie were busy planning an 8-hour Mental Health and First Aid Course which tentatively will be held sometime in November at the New Lenox Village Hall. The course is sponsored by Linden Oaks and Edwards Hospital and the ideal class size is 25-30, but can be as small as 10. The offering will be on a weekday (Tuesday, Wednesday or Thursday) 8:00am to 4:30pm and the New Lenox Safe Communities America Coalition will provide lunch. Martin advised that Teena Mackey will design a flyer which can be utilized to market the class.

Martin advised that Michele Batara would be attending the Applied Suicide Intervention Skills Training (ASIST) Program in early August and will provide feedback and recommendations to the group at the next meeting.

Martin advised that another program that's available for lay people is called "QPR" which stands for Question, Persuade and Refer. Martin advised that Robert Talkie was looking into the program to see if it would be beneficial to provide a course locally. Martin advised that he or Robert would provide additional information to the group at the next meeting.

Lastly, Martin advised that NAMI is having a walk in Chicago on September 21, 2013. Registration is available online at the NAMI web site.



### Falls Prevention

Dan Martin provided those in attendance with an update on how the Falls Prevention (Matter of Balance) Program was going. Martin advised that the MOB class at Our Lady of Angels in Joliet ended on June 25<sup>th</sup> and the latest class at the New Lenox Police Department started on Monday July 8<sup>th</sup>. Martin said the class was meeting on Mondays from 9:30am to 11:30am and is being taught by he and Lindsey Chojnicki from Senior Services of Will County. The class that's currently in session will graduate on August 26<sup>th</sup>. Martin advised that now that the pool of MOB coaches is growing, he'll host a meeting at the New Lenox Police Department to coordinate future class offerings.

### New Lenox CERT / MRC Update

Dan Martin provided a brief synopsis of recent CERT / MRC training and events. Martin advised that CERT / MRC Newsletter had been completed and emailed to NLSCAC and NLCCC members. Martin went on to say the CERT / MRC has been very active during the month of July. Martin cited examples of the team participating at the July 6<sup>th</sup> French Market where team members offered preparedness literature and free blood pressure screenings. Martin went on to say that on July 16<sup>th</sup> the semi-annual meeting was held where a synopsis of the first ½ of the year was covered and the second half of 2013 was discussed. The team also assisted at the Triple Play (Rick Springfield) Concert on July 20<sup>th</sup> and has been busy preparing for this year's Prairie State CERT Challenge. Martin added that the MRC is coming along nicely as is the Search and Rescue (SAR) Team. Martin advised that SAR members recently completed a physical agility test and participated in Water Rescue training on the Kankakee River in Wilmington, IL.

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

### Next Meeting Date

The next meeting will be on **Wednesday August 28, 2013 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### Adjournment

The meeting was adjourned at 4:00pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-05  
June 26, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. Jessica Jepsen
  - k. John Mitchell
  - l. Kathie Johnson
  - m. Lauren Lotz
  - n. Leslie Newbon
  - o. Lisa Kline
  - p. Liz Schwenke
  - q. Lynn Bigelow
  - r. Marisa Schrieber
  - s. Marta Keane
  - t. Mary Jo Button
  - u. Michele Batara
  - v. Michael Potocki
  - w. Patricia Hensley
  - x. Phil Pfeifer
  - y. Sean Campbell
  - z. Tess Benham
  - aa. Tom Denny
  - bb. Tom Donegan
  - cc. Tracy Simons
  
3. **Approval of NLSCAC Meeting Minutes from May 29, 2013** – Dan Martin / NLPD (2:37pm\*)

4. **New Membership** – Dan Martin / NLPD (2:40pm\*)
  - a. NAMI of Will-Grundy County represented by Robert Talkie
    - i. *Motion required for new membership*
5. **Presentation / Guest Speaker – Scott Bertrand / Com Ed** (2:45pm\*)
6. **New Business** (3:05pm\*)
  - a. NMETS (National Mass Evacuation Tracking System) – Brenda Lutz / WCEMA
7. **Old Business** (3:15pm\*)
  - a. Suicide Prevention and Awareness Program Update – Dan Martin / NLPD
  - b. Falls Prevention Program Update – Dan Martin / NLPD
  - c. New Lenox CERT / MRC Program Update – Dan Martin / NLPD
8. **Announcements / Organization Updates** (3:25pm\*)
9. **Next Meeting: July 31, 2013/ 2:30pm** in the Community Room at the New Lenox Village Hall.
10. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-05**

**Held at the New Lenox Village Hall  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday June 26, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Deb Hypke/New Lenox Chamber of Commerce, Gary Cheney/Fishers of Men, Jackie Mansholt/Will County Health Department, Jessica Jepsen/Chiro One, John Mitchell/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Liz Schwenke/Presence St. Joseph Medical Center, Marisa Schreiber/New Lenox Fire Protection District, Mary Jo Button/St. Jude Parish, Michele Batara/Crisis Line of Will-Grundy County, Sean Campbell/AthletiCo and Tom Donegan/Metra.

Guest: Nicole Halter/Chiro One

**Approval of the May 29, 2013 Meeting Minutes**

The Meeting Minutes for the May 29, 2013 meeting were previously made available via email to Coalition Members. Lauren Lotz made a motion to approve the minutes as presented, seconded by Jackie Mansholt. After no further discussion, the motion carried and the minutes were approved.

**New Membership**

Dan Martin requested consideration for NAMI of Will-Grundy County to become a member of the New Lenox Safe Communities America Coalition along with two of its members, Teena Mackey and Robert Talkie. Teena and Robert had attended the May 29<sup>th</sup> Meeting and provided excellent information related to depression and suicide prevention strategies. Martin advised that based on Teena and Robert's knowledge and experience they, along with NAMI of Will-Grundy County would make great partners. Following Martin's explanation of the advantages of bringing NAMI of Will-Grundy County on board, he made the request by-way-of a formal motion. A second to the motion was provided by Michele Batara. After no further discussion, the motion passed and both Teena and Robert were welcomed to the group.

**Presentation by John Mitchell / American Red Cross**

Dan Martin explained to those in attendance that Scott Bertrand, External Affairs Manager for ComEd, had been scheduled to speak but due to recent storms he was unable to attend. Martin went on to say that he was able to contact John Mitchell,

somewhat last minute, and he graciously agreed to be the guest speaker. John gave a presentation on American Red Cross initiatives which included an overview of their “Disaster Services” and “Patient Connection” programs. John explained the programs in detail and was kind enough to distribute brochures on the programs to those in attendance. John allowed time for Q & A and also announced that Ron Carlson would be retiring and would soon be working for the U.S. Coastguard.

## **New Business**

### **National Mass Evacuation Tracking System (NMETS)**

In Brenda Lutz’ absence, Dan Martin explained the National Mass Evacuation Tracking System (NMETS) to those in attendance. Dan explained that with Brenda’s assistance, the Will County Emergency Management Agency (WCEMA) is piloting the NMETS system which is designed to track evacuees from shelter to shelter. The NMETS software which tracks persons, property and animals; it includes a scanner which scans bar coded bracelets which are “issued” to people, property (ex. luggage) and animals (ex. dogs and cats). In addition to WCEMA, Romeoville and New Lenox are also piloting the program and Dan Martin is scheduled to attend an NMETS seminar at Northern Illinois University on July 18<sup>th</sup>. NMETS is set to go “live” in a few months.

## **Old Business**

### **Suicide Prevention and Awareness**

Dan Martin advised that with the recent addition of Teena Mackey and Robert Talkie, along with NAMI of Will-Grundy County, he envisioned good thing to start happening with the Suicide Prevention and Awareness Program. Martin went on to say that the Suicide Prevention and Awareness Focus Group would be meeting on July 23<sup>rd</sup> to discuss the following topics:

- 12-hour (soon to be 8-hour) Mental Health First Aid Course
- Applied Suicide Intervention Skills (ASIST) Program
- Question, Persuade and Refer (QPR)
- Suicide Prevention and Awareness Event

Michele Batara added that she would be attending an instructor’s course for the ASIST Program and would be happy to share the information with the group after completing the course.

### **Falls Prevention**

Dan Martin provided those in attendance with a short synopsis of the “Matter of Balance” program and noted that the first class began on April 22<sup>nd</sup>. The first class had 12 seniors in attendance and graduated on June 17<sup>th</sup>. Martin added that the 2<sup>nd</sup> class at Our Lady of Angels Retirement Home in Joliet, IL graduated on June 25<sup>th</sup>. Martin advised that he taught the class with Lindsey Chojnicki from Senior Services of Will County who will be assisting him with the 3<sup>rd</sup> class which begins on July 8<sup>th</sup> at the New Lenox Police Department. Class 3 also has 12 seniors enrolled.

Liz Schwenke advised that she is in the process of getting Presence – St. Joseph Medical Center personnel to the coach's course which will be held in West Chicago, IL on August 1<sup>st</sup> and 2<sup>nd</sup>.

Dan Martin encouraged everyone in attendance to consider taking the coaches course and teaching a class. Martin added that it would not only help reduce the number of fall related injuries in our community but it's also a very rewarding experience as well.

#### New Lenox CERT / MRC Update

Dan Martin provided a brief synopsis of recent CERT / MRC training and events. This included the group's participant in the Village of New Lenox French Markets, Building Search training and Chasing the Sun 5K & 8K. Martin also added that CERT Class #8 will begin on September 5<sup>th</sup> and he's currently in the process of putting a team together for the 2013 Prairie State CERT Challenge which will be held on September 28<sup>th</sup>. In addition, the Search and Rescue (SAR) Team is coming along well and currently has approximately 25 members who are starting to train with WCEMA SAR.

#### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

#### Next Meeting Date

The next meeting will be on **Wednesday July 31, at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

#### Adjournment

The meeting was adjourned at 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-04  
May 29, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. Jessica Jepsen
  - k. John Mitchell
  - l. Kathie Johnson
  - m. Lauren Lotz
  - n. Leslie Newbon
  - o. Lisa Kline
  - p. Liz Schwenke
  - q. Lynn Bigelow
  - r. Marie Kotoulas
  - s. Marisa Schrieber
  - t. Marta Keane
  - u. Mary Jo Button
  - v. Michele Batara
  - w. Michael Potocki
  - x. Patricia Hensley
  - y. Phil Pfeifer
  - z. Sean Campbell
  - aa. Tess Benham
  - bb. Tom Denny
  - cc. Tom Donegan
  - dd. Tracy Simons
  
3. **Approval of NLSCAC Meeting Minutes from March 27, 2013** – Dan Martin / NLPD (2:38pm\*)

4. **New Membership** – Dan Martin / NLPD (2:40pm\*)
  - a. Chiro One Wellness Centers represented by Jessica Jepsen
    - i. *Motion required for new membership*
5. **Introduction of Presentation** – Dan Martin / NLPD (2:45pm\*)
  - a. NAMI of Will-Grundy County – Robert Talkie
6. **New Business** (3:00pm\*)
  - a. Annual Safe Communities America Networking Conference and National Safety Council Congress Sunday September 29<sup>th</sup> and Monday September 30<sup>th</sup> – Suja Shunmugavelu / National Safety Council
7. **Old Business** (3:10pm\*)
  - a. Suicide Prevention and Awareness Program Update – Dan Martin / NLPD
    - i. Suicide Prevention Brochure
    - ii. Collaborative Partnership with NAMI of Will-Grundy County
  - b. Falls Prevention Program Update – Kathie Johnson / New Lenox Township
    - i. A Matter of Balance Class
      1. Class at NLPD started April 22, 2013
      2. Class at Our Lady of Angels started May 7, 2013
      3. Next class at NLPD will start July 8, 2013
      4. Instructors (coaches) are needed and to facilitate this we're looking to host a course
  - c. New Lenox CERT / MRC Program Update – Dan Martin / NLPD
    - i. April 20<sup>th</sup> Will County CERT Symposium
    - ii. May 4<sup>th</sup> & 5<sup>th</sup> CERT Train-the-Trainer
    - iii. May 5<sup>th</sup> Loyalty Day Parade
    - iv. May 18<sup>th</sup> NLSD 122 PTO 5K Run/Walk
    - v. May 22<sup>nd</sup> Monthly Training
8. **Announcements / Organization Updates** (3:20pm\*)
9. **Next Meeting: June 26, 2013/ 2:30pm** in the Community Room at the New Lenox Village Hall.
10. **Adjournment** (3:30pm\*)



**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-04**

**Held at the New Lenox Village Hall  
1 Veteran's Parkway New Lenox, IL 60451  
Wednesday May 29, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Brenda Lutz/WCEMA, Deb Hypke./New Lenox Chamber of Commerce, Gary Cheney/Fishers of Men, Jessica Jepsen/Chiro One, Ron Carlson/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Leslie Newbon/Silver Cross Hospital, Liz Schwenke/Presence St. Joseph Medical Center, Lynn Bigelow/AthletiCo, Michele Batara/Crisis Line of Will-Grundy County and Sean Campbell/AthletiCo.

Guest: Arnie Pilmonas/AVP Counseling Services

**Approval of the March 27, 2013 Meeting Minutes**

The Meeting Minutes for the March 27, 2013 meeting were previously made available via email to Coalition Members. Brenda Lutz made a motion to approve the minutes as presented, seconded by Lynn Bigelow. After no further discussion, the motion carried and the minutes were approved.

**New Membership**

Dan Martin introduced Jessica Jepsen from Chiro One Wellness Centers to the group. Dan provided everyone with a short background on Jessica and Chiro One which was followed by remarks from Jessica. Jessica advised that she was looking forward to working with the NLSCAC and NLCCC on behalf of Chiro One. Dan Martin then stated that he believed that Jessica and Chiro One would make a great addition to the group and made a motion for membership. A second to the motion was provided by Deb Hypke and after no further discussion, the motion carried. Everyone in attendance welcomed Jessica to the NLSCAC and NLCCC.

**Presentation by NAMI of Will-Grundy County**

Dan Martin introduced Teena Mackey and Robert Talkie from NAMI of Will-Grundy County. Teena Mackey then began by providing an overview of NAMI of Will-Grundy County which included their mission "to support individuals with mental illnesses and their families' thorough advocacy, education and outreach." Teena provided everyone with a handout from their chapter as well as handout from a 12-hour "Mental Health and First Aid" course that they offer. Additional handouts included the "Action Plan" (ALGEE acronym) and the "Spectrum of Mental Health Interventions," both of which Teena

advised are covered in detail during the course. A discussion was had regarding the NLSCAC / NLCCC hosting the Mental Health First Aid Course locally. Dan Martin advised that he would speak to Teena and Robert (Bob) in the near future regarding the details.

Bob Talkie then led a discussion related to the Wellness Recovery Action Plan (WRAP), created by Mary Ellen Copeland, PhD. Bob engaged the group by asking those in attendance to read sections of the WRAP document which he provided. The document was excellent and stimulated reflection about suicide which was the intended response. Dan Martin thanked Bob and Teena for attending the meeting and expressed wishes for continued collaboration with NAMI of Will-Grundy County.

### **New Business**

#### **Annual Safe Communities America Networking Conference and National Safety Council Congress:**

Dan Martin introduced Suja Shunmugavelu from the National Safety Council to the group. Suja was kind enough to drive down from Itasca, IL to share information regarding this year's Safe Communities America Networking Conference and National Safety Council's Congress. The SCA Networking Conference will be held on September 29<sup>th</sup> and 30<sup>th</sup> and Congress will begin on the 30<sup>th</sup> and run thru October 2<sup>nd</sup>. Suja shared information on the format as well as some tentative speakers and extended the invitation for all of our coalition members to attend. Following a short Q & A with Suja, she provided everyone with a post card which contained all the registration information.

### **Old Business**

#### **Suicide Prevention and Awareness**

Dan Martin provided a short synopsis of what the Suicide Prevention and Awareness Focus Group had been working on. Those in attendance were provided with the tri-fold suicide prevention and awareness brochure which was recently completed with the assistance of members of the focus group whom Martin thanked. Dan Martin also advised that he appreciated Teena Mackey and Bob Talkie attending the meeting, providing the presentation and looks forward to collaboration with NAMI of Will-Grundy County moving forward.

#### **Falls Prevention**

Dan Martin provided those in attendance with a short synopsis of the "Matter of Balance" program and noted that the first class began on April 22<sup>nd</sup>. The first class has 12 seniors in attendance and there are another 18 on a waiting list for the next class. Martin advised that he hoped to offer the next class shortly after the completion of this class which ends June 17<sup>th</sup>. Martin also advised that he and Lindsey Chojnicki from Senior Services of Will County are also teaching a class at Our Lady of Angels Retirement Home in Joliet, IL. The Our Lady of Angels class will end on June 25<sup>th</sup>.

Kathie Johnson advised that she is working with "A Matter of Balance" instructors to bring an instructor course to New Lenox or nearby. Liz Schwenke from Presence St. Joseph Medical Center advised they were interested in sending two people to the course so they can offer the "A Matter of Balance" course as well. Dan Martin encouraged everyone in attendance to consider taking the coaches course and teaching a class. Martin added that it would not only help reduce the number of fall related injuries in our community but it's also a very rewarding experience as well.

#### New Lenox CERT / MRC Update

Dan Martin provided those in attendance with the April issue of the New Lenox CERT / MRC Newsletter. Martin advised that the team(s) were doing well and have been busy with training and community events. Martin provided the group with several examples and highlighted the team's participation in the Will County CERT Symposium on Saturday April 20<sup>th</sup>. Martin thanked Brenda Lutz for her tireless efforts related to the establishment of CERTs in Will County as well as her efforts that led to an extremely successful 1<sup>st</sup> Inaugural Will County CERT Symposium.

#### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

#### Next Meeting Date

The next meeting will be on **Wednesday June 26, 2013 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

#### Adjournment

The meeting was adjourned at 3:45pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-03  
March 27, 2013 / 2:30pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. John Mitchell
  - k. Kathie Johnson
  - l. Lauren Lotz
  - m. Lisa Kline
  - n. Liz Schwenke
  - o. Lynn Bigelow
  - p. Marie Kotoulas
  - q. Marta Keane
  - r. Mary Jo Button
  - s. Michele Batara
  - t. Michael Potocki
  - u. Patricia Hensley
  - v. Phil Pfeifer
  - w. Sean Campbell
  - x. Tess Benham
  - y. Tom Denny
  - z. Tom Donegan
  - aa. Tracy Simons
3. **Approval of NLSCAC Meeting Minutes** from the February 27, 2013 Meeting – Dan Martin / NLPD (2:38pm\*)
4. **New Business** (2:40pm\*)
  - a. Senior Services of Will County Presentation – Patricia Hensley / Executive Director Senior Services of Will County

5. **Old Business** (3:00pm\*)
  - a. Suicide Prevention and Awareness Program Update – Dan Martin / NLPD
  - b. Falls Prevention Program Update – Dan Martin / NLPD
  - c. New Lenox CERT / MRC Program Update – Dan Martin / NLPD
  - d. Unwanted Medication Disposal Program Update – Marta Keane / Will County Waste and Land Use
  - e. Will County CERT Symposium Update – Brenda Lutz / Will County EMA
6. **Announcements / Organization Updates** (3:15pm\*)
7. **Next Meeting: May 29, / 2:30pm** in the Community Room at the New Lenox Village Hall. There will be NO meeting in April.
8. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-03**

**Held at the New Lenox Police Department  
701 W. Haven Avenue New Lenox, IL 60451  
Wednesday March 27, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30pm.

**In Attendance**

Daniel Martin/NLPD, Brenda Lutz/WCEMA, Erin Hunter/New Lenox Public Library, Gary Cheney/Fishers of Men, Jackie Mansholt/Will County Health Department, Jennifer Killeen/Lincoln-Way West High School, Kathie Johnson/New Lenox Township, Leslie Newbon/Silver Cross Hospital, Liz Schwenke/Presence St. Joseph Medical Center, Lynn Bigelow/AthletiCo, Mary Jo Button/St. Jude Parish and Patricia Hensley/Senior Services of Will County.

**Approval of the February 27, 2013 Meeting Minutes**

The Meeting Minutes for the February 27, 2013 meeting were previously made available via email to Coalition Members. Jackie Mansholt made a motion to approve the minutes as presented, seconded by Liz Schwenke. After no further discussion, the motion carried and minutes were approved.

**New Business**

Presentation by Patricia Hensley, Executive Director of Senior Services of Will County  
Patricia Hensley provided everyone in attendance with a wonderful overview of the programs and services provided by Senior Services of Will County. The presentation included, but was not limited to the following: Elder abuse, health care, home-delivered meals, income tax assistance, nutritional services, drivers' services, community care program, letter carrier watch, and many other programs provided by Senior Services. Patricia was kind enough to bring along handouts on the various programs along with very informative March-April 2013 newsletter. Lastly, Patricia advised that anyone that was interested in obtaining a Senior Services Resource Guide may contact Karen Gustafson at (815) 740-4207.

Re-Designation as a Storm Ready Community

Dan Martin announced to the group that the Village of New Lenox has been recently re-designated by the National Weather Service as a Storm Ready Community. The application for consideration included information about the village's severe weather public education efforts, policy and procedure, technology (monitoring equipment) and overall preparedness for severe weather. Martin advised that the Storm Ready Community designation is thru 2016.

## **Old Business**

### Suicide Prevention and Awareness

Dan Martin provided a short synopsis of what the Suicide Prevention and Awareness Focus Group had been working on. This included, but was not limited to the following: A review of the 2012 National Strategy for Suicide Prevention, the development of a Mission Statement for the group and an overview of the suicide prevention and awareness brochure that the group had been working on. Martin also added that he was in the process of reaching out to NAMI of Will-Grundy County in an effort to establish a partnership with them moving forward. Martin hoped to work with NAMI to host an awareness event locally, perhaps in the Fall of 2013.

### Falls Prevention

Dan Martin provided those in attendance with a short synopsis of the “Matter of Balance” program. Martin added that he and Kathie Johnson attended the Train-the-Trainer Course in Barrington, IL on February 4<sup>th</sup> and 5<sup>th</sup>. The first class will be held at the New Lenox Police Department at 9:30am starting on April 22<sup>nd</sup>. The classes last approximately two hours and will run on consecutive Mondays thru June 17<sup>th</sup> (excluding Monday May 27<sup>th</sup>, Memorial Day). Martin advised that seven seniors have currently registered for the course which has a maximum capacity of 12.

### New Lenox CERT / MRC Update

Dan Martin advised that the New Lenox CERT / MRC has been doing very well and has been participating in a number of activities. Some of those activities include, but are not limited to the following: Wilderness and remote first aid presentation, completion of a 16-hour Ground Search and Rescue Course, an overview of communications, meetings with representatives from the Illinois Search and Rescue Council and a book review of “One Second After.” Martin added that the team has some extremely talented individuals, one of which is doing a tremendous job building a Microsoft Access database for the team.

### Unwanted Medication Disposal Program

Dan Martin advised that Marta Keane was unable to attend the meeting but was able to share some information regarding the future of the Unwanted Medication Disposal Program. The Drug Enforcement Administration (DEA) has been in the process of revising the rules for medication take-back programs. As such, new regulations may affect how Will County (Waste and Land Use) will be able to support local programs. Martin advised that according to Marta, more will be known in the months to come when the new guidelines are released.

### Will County CERT Symposium

Brenda Lutz advised that planning for the 1<sup>st</sup> Inaugural Will County CERT Symposium was going well. Brenda advised that the event will take place on Saturday April 20, 2013 from approximately 8:00am to 4:00pm. The event will be held at the International Union of Operating Engineers (IUOE) Local 150's facility in Wilmington, IL. CERTs from Will, Grundy and Kankakee Counties have been invited to participate in this event which is being designed to facilitate networking between teams as well as training in

*some* of the CERT program's core competencies (triage, treatment, search and transport). Brenda added that a \$10,000 grant from the Illinois Citizen Corps Council and Illinois Terrorism Task Force was recently obtained and will be utilized for the purchase of supplies and materials for this year's event as well as future events.

### **Announcements / Organization Updates**

Those in attendance shared current news and events relevant to their organizations. Dan Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

### **Next Meeting Date**

The next meeting will be on **Wednesday May 29, 2013 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 3:45pm.



**New Lenox Safe Communities America Coalition  
Meeting 13-02  
February 27, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Dan Martin / NLPD (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erin Hunter (*new member 2/27/13 replacing Kate Hall*)
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen
  - j. John Mitchell
  - k. Kathie Johnson
  - l. Lauren Lotz
  - m. Lisa Kline
  - n. Liz Schwenke
  - o. Lynn Bigelow
  - p. Marie Kotoulas
  - q. Marta Keane
  - r. Mary Jo Button
  - s. Michele Batara
  - t. Michael Potocki
  - u. Patricia Hensley
  - v. Phil Pfeifer
  - w. Sean Campbell
  - x. Tess Benham
  - y. Tom Denny
  - z. Tom Donegan
  - aa. Tracy Simons
  
3. **Plaque Presentation to Erika Leader / NLFPD for service to the NLSCAC** – Dan Martin / NLPD (2:38pm)
  
4. **Approval of NLSCAC Meeting Minutes** from the January 30, 2013 Meeting – Dan Martin / NLPD (2:45pm\*)

5. **New Business** (2:47pm\*)
  - a. "Active Shooter: What You Can Do" (abbreviated presentation) – Dan Martin / NLPD
  
6. **Old Business** (3:05pm\*)
  - a. Suicide Prevention and Awareness – Dan Martin / NLPD
    - i. Focus Group Work (2/19/13 Meeting)
      1. 2012 National Strategy for Suicide Prevention – Goals and Objectives
      2. Mission Statement Development
      3. Brochure
      4. Community Event Planning
  - b. Falls Prevention – Dan Martin / NLPD
    - i. "A Matter of Balance Program"
      1. Completed Training (2/4/13 & 2/5/13)
      2. First Class Scheduled (4/22/13 thru 6/17/13)
  - c. March 5, 2013 Severe Weather Preparedness / Health and Safety Expo – Dan Martin / NLPD
    - i. 50 Participating Organizations – Health and Safety Expo
    - ii. Reporting Instructions & Miscellaneous Information
  - d. New Lenox CERT / MRC – Dan Martin / NLPD
    - i. American Red Cross Shelter Manager's Workshop (2/6/13)
    - ii. American Red Cross Live Action Shelter Drill (2/9/13)
    - iii. Active Shooter: What You Can Do Training (2/21/13)
    - iv. 8-Hour Basic Navigation Course (2/23/13)
  - e. Will County CERT Symposium (April 20, 2013) – Brenda Lutz / Will County EMA
  
7. **Announcements / Organization Updates** (3:15pm\*)
  
8. **Next Meeting: March 27, 2013 / 2:30pm** in the **Training Room at the New Lenox Police Department**
  
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-02**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday February 27, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:35pm.

**In Attendance**

Daniel Martin/NLPD, Deb Hypke/New Lenox Chamber of Commerce, Erika Leader/NLFPD, Erin Hunter/New Lenox Public Library, Gary Cheney/Fishers of Men, Jamie Brown/NLFPD, Jennifer Killeen/Lincoln-Way West High School, Ron Carlson/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Liz Schwenke/Presence St. Joseph Medical Center, Lynn Bigelow/AthletiCo, Mary Jo Button/St. Jude Parish, Michele Batara/Crisis Line of Will County and Tracy Simons/Silver Cross Hospital.

**Guests**

Arnie Pilmonas/AVP Counseling Services and Lisa Boatright (volunteer for New Lenox Township).

**Plaque Presentation for Erika Leader**

Dan Martin thanked Erika Leader for her service to the New Lenox Safe Communities America Coalition and Citizen Corps Council. Erika was presented with a plaque and everyone wished her well. Erika promised not to be a stranger and will stay in touch with the group.

**Approval of the January 30, 2013 Meeting Minutes**

The Meeting Minutes for the January 30, 2013 meeting were previously made available via email to Coalition Members. Lauren Lotz made a motion to approve the minutes as presented, seconded by Tracy Simons. After no further discussion, the motion carried and minutes were approved.

**New Business**

**“Active Shooter: What You Can Do”**

Dan Martin showed the group the “Run, Hide, Fight” video produced by the Department of Homeland Security, in partnership with the City of Houston, TX. Following the video, the group was shown a handful of slides from the “Active Shooter: What You Can Do” presentation that was given to approximately 60 CERT / MRC volunteers on February 21, 2013. Martin provided an overview of the Active Shooter presentation and offered to present it to requesting organizations.

## Old Business

### Suicide Prevention and Awareness

Dan Martin provided a short synopsis of the February 19, 2013 Suicide Prevention and Awareness Focus Group Meeting. Martin advised that the group is still reviewing the 2012 National Strategy for Suicide Prevention to determine what Goals and Objectives are being met versus which ones need additional work. In addition, the group is seeing to develop a Mission Statement to assist in defining and narrowing the scope of the group's work. Martin provided those in attendance with a DRAFT suicide prevention and awareness brochure that remains a work in progress. Martin stated that he hoped to have the brochure completed and available by the next meeting. Lastly, the group will be working on the development of an awareness event during 2013. It's to be determined what type of event (walk, candlelight bowl, etc.), location or which outside organizations will participate.

### Falls Prevention

Dan Martin provided those in attendance with a short synopsis of the "Matter of Balance" Program. Martin added that he and Kathie Johnson attended the Train-the-Trainer Course in Barrington, IL on February 4<sup>th</sup> and 5<sup>th</sup>. The first class will be held at the New Lenox Police Department at 9:30am starting on April 22<sup>nd</sup>. The classes last approximately two hours and will run on consecutive Mondays thru June 17<sup>th</sup> (excluding Monday May 27<sup>th</sup>, Memorial Day). Kathie Johnson added that she has already started to recruit seniors for the class which has a maximum capacity of 12.

### 2013 Severe Weather Preparedness Workshop / Health and Safety Expo

Dan Martin advised that planning for this year's event is going extremely well. Approximately 50 organizations with an emphasis in health, safety, fitness, nutrition and preparedness will be participating in the Health and Safety Expo, up from about 35 last year. The Expo will run from 5:00pm to 7:00pm; participating organizations are being asked to arrive between 4:00pm and 4:30pm for set-up. The Severe Weather Preparedness Workshop will be from 7:00pm to 8:30pm and will be taught by Jim Allsopp from the National Weather Service Chicago (Romeoville) Office.

### New Lenox CERT / MRC Update

Dan Martin advised that CERT / MRC kicked-off 2013 with a very busy training schedule. Recent activities have included:

- American Red Cross Shelter Manager's Workshop (2/6/13)
- American Red Cross Live Action Shelter Drill (2/9/13)
- Hatha Yoga Class (2/10/13)
- "Active Shooter: What You Can Do" Training (2/21/13)
- 8-Hour Basic Navigation Course (2/23/13)

Martin added that there will also be a Wilderness and Remote First Aid Class held on 2/27/13 as well as a 2-day Ground Search and Rescue (GSAR) Course on March 9<sup>th</sup> and 10<sup>th</sup>.

### Will County CERT Symposium

Dan Martin provided an overview of the Will County CERT Symposium which will take place on Saturday April 20, 2013 from approximately 8:00am to 4:00pm. The event will be held at the International Union of Operating Engineers (IUOE) Local 150's facility in Wilmington, IL. CERTs from Will, Grundy and Kankakee Counties have been invited to participated in this event which is being designed to facilitate networking between teams as well as training in *some* of the CERT program's core competencies (triage, treatment, search and transport). Martin advised that the committee that is responsible for organizing this event is hoping for 200 participants from local CERTs.

### Announcements / Organization Updates

Those in attendance shared current news and events relevant to their organizations. Dan Martin suggested that those that have electronic copies of materials for upcoming events should email them to him so the information can be shared with everyone.

### Next Meeting Date

The next meeting will be on **Wednesday March 27, 2013 at 2:30pm**. The meeting will be held in the **Training Room at the New Lenox Police Department**.

### Adjournment

The meeting was adjourned at 3:35pm.

**New Lenox Safe Communities America Coalition  
Meeting 13-01  
January 30, 2013 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Deb Hypke / New Lenox Chamber of Commerce (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erika Leader
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. Jennifer Killeen (*new member 1-30-13 see below*)
  - j. John Mitchell
  - k. Kate Hall
  - l. Kathie Johnson
  - m. Lauren Lotz
  - n. Lisa Kline
  - o. Liz Schwenke (*new member 1-30-13 see below*)
  - p. Lynn Bigelow
  - q. Marie Kotoulas
  - r. Marta Keane
  - s. Mary Jo Button
  - t. Michele Batara
  - u. Michael Potocki
  - v. Patricia Hensley (*new member 1-30-13 see below*)
  - w. Phil Pfeifer
  - x. Sean Campbell
  - y. Tess Benham
  - z. Tom Denny
  - aa. Tom Donegan
  - bb. Tracy Simons
  
3. **Approval of NLSCAC Meeting Minutes** from the October 24, 2012 Meeting – Dan Martin / NLPD (2:38pm\*)
  
4. **New Business** (2:40pm\*)
  - a. Introduction of new member and organization – Dan Martin / NLPD

- i. Liz Schwenke / Presence St. Joseph Medical Center
      - 1. *Motion for approval required*
  - b. Introduction of new member and organization – Dan Martin / NLPD
    - i. Patricia Hensley / Senior Services of Will County
      - 1. *Motion for approval required*
  - c. Introduction of new member – Dan Martin / NLPD
    - i. Jennifer (Jennie) Killeen
      - 1. *No motion required – replacing Rob Schiffbauer*
  - d. 2013 Illinois Monthly Preparedness Campaigns – Brenda Lutz / Will County EMA
  - e. Preparedness: The Whole Community – Brenda Lutz / Will County EMA
  - f. Will County CERT Symposium (April 20, 2013) – Brenda Lutz / Will County EMA
  - g. Severe Weather Preparedness / Health and Safety Expo (March 5, 2013) – Dan Martin / NLPD
- 5. **Old Business** (3:05pm\*)
  - a. Suicide Prevention and Awareness – Dan Martin / NLPD
  - b. Falls Prevention – Dan Martin / NLPD
  - c. New Lenox CERT / MRC – Dan Martin / NLPD
- 6. **Announcements / Organization Updates** (3:15pm\*)
- 7. **Next Meeting: February 27, 2013 / 2:30pm** in the Community Room at the New Lenox Village Hall
- 8. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 13-01**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday January 30, 2013 / 2:30 p.m.**

**Call to Order**

The meeting of the Safe Communities America Coalition was called to order by Dan Martin at 2:35pm.

**In Attendance**

Daniel Martin/NLDP, Bob Nelson/NLSD 122, Brenda Lutz/Will County EMA, Erika Leader/NLFPD, Gary Cheney/Fishers of Men, Jackie Mansholt/ Will County Health Department, John Mitchell/American Red Cross, Kathie Johnson/New Lenox Township, Lauren Lotz/New Lenox Community Park District, Lisa Kline/ Suburban Bank & Trust, Liz Schwenke/Presence St. Joseph Medical Center, Lynn Bigelow/AthletiCo, Mary Jo Button/St. Jude Church, Michele Batara/Crisis Line of Will County, Patricia Hensley/Senior Services of Will County, Phil Pfeifer/AthletiCo, Tom Donegan/Metra and Tracy Simons/Silver Cross Hospital.

**Guests**

Nancy Hoehn/Village of New Lenox, Linda Paschall/Catholic Charities and Arnie Pilmonas/AVP Counseling Services.

**Approval of the October 24, 2012 Meeting Minutes**

The Meeting Minutes for the October 24, 2012 meeting were printed and made available for Coalition Member's review. Following the review, Lauren Lotz made a motion to approve the minutes as presented, seconded by Lisa Kline. After no further discussion, the motion carried and minutes were approved.

**New Business**

**New Member and Organization**

Dan Martin introduced Liz Schwenke from Presence St. Joseph Medical Center. Dan explained that Liz and Presence St. Joseph Medical Center have been great partners to the New Lenox Safe Communities America Coalition, New Lenox Citizen Corps Council and Village of New Lenox. They continue to play a supportive role in a number of activities which include teaching medical techniques to our CERT / MRC volunteers and participating in our Annual Health and Safety Expo. Based on their presence within our community and continued support, it made sense to bring Liz and Presence St. Joseph Medical Center on board. Following Dan's introduction, Liz introduced herself to those in attendance and explained her duties and responsibilities with Presence St. Joseph Medical Center. Brenda Lutz then made a motion to approve Liz and Presence St.



Joseph Medical Center as a new member. Lauren Lotz seconded the motion. After no further discussion the motion was approved and Liz was welcomed to the Coalition.

#### New Member and Organization

Dan Martin introduced Patricia Hensley, Director of Senior Services of Will County. Dan explained that Pat and Senior Services of Will County have been great partners to the New Lenox Safe Communities America Coalition, New Lenox Citizen Corps Council and Village of New Lenox. They've played a supportive role in a number of activities including our Falls Prevention Program. Dan also summarized a recent visit that he and Kathie Johnson had made to Senior Services of Will County. Pat was kind enough to provide a tour of the facility and Dan explained that it was amazing to see all the wonderful programs that were in progress during the tour. Based on the good work being done within our community by Pat and Senior Services of Will County, it made sense to bring them on board. Following Dan's introduction, Pat introduced herself to those in attendance and explained her duties and responsibilities with Senior Services of Will County. Pat's overview included a brief description of some of their programs. Michele Batarra then made a motion to approve Pat and Senior Services of Will County as a new member. Kathie Johnson seconded the motion. After no further discussion the motion was approved and Liz was welcomed to the Coalition.

#### New Member

Dan Martin advised that Jennifer Killeen, Associate Principal at Lincoln-Way West High School was unable to attend the meeting. Jennifer will be joining the Coalition in place of Associate Principal Rob Schiffbauer who will be moving over to a new position at the Lincoln-Way School District Office.

#### 2013 Illinois Monthly Preparedness Campaigns

Brenda Lutz provided everyone in attendance with a flyer which outlines the 2013 Preparedness Campaigns in Illinois. Brenda advised that unfortunately no "tool kits" are available for these campaigns but when she receives information from the Illinois Emergency Management Agency or other sources regarding each month's activities, she'll pass the information along. Dan Martin advised that he would do the same.

#### Preparedness: The Whole Community

Brenda Lutz provided an overview of FEMA's "Preparedness: The Whole Community" program. Brenda explained that the program identifies roles and responsibilities for community stakeholders (businesses, local government, schools, residents, etc.). The program identifies things such as putting together a family emergency plan and a 72-hour disaster supply kit. It was great to see that many of the things outlined in the program are already being done through our local first responders, CERT, MRC and Citizen Corps Council.

#### Will County CERT Symposium

Brenda provided an overview of the Will County CERT Symposium which will take place on Saturday April 20, 2013 from approximately 8:00am to 4:00pm. The event will be held at the International Union of Operating Engineers (IUOE) Local 150's facility in

Wilmington, IL. CERTs from Will, Grundy and Kankakee Counties have been invited to participated in this event which is being designed to facilitate networking between teams as well as training in some of the CERT program's core competencies (triage, treatment, search and transport). Brenda advised that the committee that is responsible for organizing this event is hoping for 200 participants from local CERTs.

Severe Weather Preparedness Workshop / Health and Safety Expo

Dan Martin provided an overview of this year's Severe Weather Preparedness Workshop / Health and Safety Expo. The event will take place at Lincoln-Way West High School on Tuesday March 5, 2013. The Health and Safety Expo will take place from 5:00pm – 7:00pm in the lobby area and hallway outside of the Performing Arts Center. Dan advised that over 40 organizations have already requested to participate, making this year's event the largest since its inception. The Severe Weather Preparedness Workshop will be held in the Performing Arts Center from 7:00pm – 8:30pm. Brenda Lutz continues to serve as a liaison to the National Weather Service Chicago Office (Romeoville, IL) who provides this training for our community each year. Brenda advised that this year's event will focus on preparing for severe weather.

**Old Business**

Suicide Prevention and Awareness

Dan Martin advised those in attendance that the Suicide Prevention and Awareness Focus Group met at the New Lenox Police Department at 10:00am on Tuesday January 22, 2013. There were 12 people in attendance representing organizations such as the Lincoln-Way School District, Silver Cross Hospital, Fishers of Men, Crisis Line of Will County, Providence Catholic High School and Presence St. Joseph Medical Center. During the meeting the 2012 National Strategy for Suicide Prevention was discussed, including its 13 Goals and 60 Objectives. Each representative was asked to review the document to determine if their respective organization is currently doing some of things outlined in the Strategy. The focus group also discussed creating a brochure which provides information and resources related to suicide and depression. The planning of a future event to raise awareness about suicide was also discussed.

Dan also shared some statistics about suicides in Will County that he obtained from the Will County Coroner's Office. Will County experienced 39 suicides in 2009, 50 in 2010, 52 in 2011 and 65 in 2012. In 2012 there were four suicides in New Lenox Township, having the following characteristics:

<b>Gender</b>	<b>Race</b>	<b>Age</b>	<b>Method</b>	<b>Agency</b>
Male	White	35	Hanging	WCSD
Male	White	58	Asphyxiation	WCSD
Male	White	65	Gun Shot	NLPD
Male	White	88	Gun Shot	WCSD

The next meeting of the Suicide Prevention and Awareness Focus Group will be on February 19<sup>th</sup>. A synopsis of the focus group meeting will be provided at the February 27<sup>th</sup> NLSCA / NLCCC Meeting.

### Falls Prevention

Dan Martin advised those in attendance that he and Kathie Johnson would be attending a falls prevention instructor program on February 4<sup>th</sup> and 5<sup>th</sup>. The training is for a program called "A Matter of Balance" and will be held in Barrington, IL at Advocate Good Shepherd Hospital. The program is specifically designed to reduce the fear of falling, stop the fear of falling cycle and increase activity levels among community-dwelling older adults. The training is taught by trained facilitators utilizing a detailed training manual and two instruction videos. Dan added that two staff members from Senior Services of Will County will also be in attendance at the training. Having four "A Matter of Balance" trainers will definitely compliment what has already been done through our falls prevention program.

### New Lenox CERT / MRC

Dan Martin provided an update on the New Lenox CERT / MRC which included a short synopsis of the semi-annual meeting, a new "Meetup Group" (<http://www.meetup.com/New-Lenox-Community-Emergency-Response-Team-CERT/>) and an upcoming training event which will provide civilians with helpful tips on how to handle an active shooter situation. Dan also shared that much work is being done with the MRC, including a new Facebook Page that was created on January 30<sup>th</sup>.

### Announcements / Organization Updates

Dan Martin announced that plans for the next Safe Communities America Networking Conference were underway. The conference will be held in Chicago, September 29-30, 2013, in conjunction with the NSC 100<sup>th</sup> Anniversary Celebration at their Congress and Expo ([congress.nsc.org](http://congress.nsc.org)). In addition to the Networking Conference, Safe Communities America attendees will be able to attend the Opening Session, Executive Forum, three Keynote Events, and a special social event, as well as full access to the Expo floor.

Nancy Hoehn announced the showing of the movie of Honor Flight at the AMC Showplace New Lenox 14 Theater on February 19<sup>th</sup>. Nancy provided everyone in attendance with a flyer which included details regarding how to purchase tickets.

Erika Leader announced that their foundation would be having a raffle and passed around flyers. Erika added that information would be mailed to all New Lenox Township residents. Erika shared that they had just completed a very successful babysitting class in which both girls and boys attended. Erika also announced that she would be leaving the New Lenox Fire Protection District in February and this would be her last NLSCAC / NLCCC Meeting. On behalf of the NLSCAC / NLCCC as well as the Village of New Lenox, Dan Martin thanked Erika for her service.

Lauren Lotz announced that they're currently working on the summer catalog and mentioned that there will be some new programs for residents.

Lisa Kline announced that the Lion's Club is having a "Garden Party Fashion Show" at the New Lenox VFW, beginning at 1:30pm. Lisa advised that she has tickets for those that are interested in attending this fundraiser.

Phil Pfeifer shared information about a company called "Sports Brain" that was doing good work in the area of concussions and brain injuries. Phil mentioned the somewhat recent prevalence of suicides in the NFL and the research that suggests the relationship to prior concussions. It was suggested that perhaps the owner of Sports Brain would give a lecture on concussion treatment and recovery in the future. Additional information can be found at <http://www.yoursportsbrain.com/>.

Lynn Bigelow mentioned that AthletiCo has recently received some national accolades, including best place to work in their industry. On a personal note, Lynn mentioned that she would be riding from New Orleans to Tallahassee to raise money for injured veterans. Lynn advised that she will be participating in the event from March 2<sup>nd</sup> thru the 9<sup>th</sup> and is seeking to raise \$3000.00. Lynn advised that anyone wishing to donate money for this event may contact her.

Pat Hensley advised that Senior Services of Will County is hosting a Mardi Gras Party on February 12<sup>th</sup> from 4:00pm – 7:00pm at Harrah's Casino in Joliet, IL. Monies raised during the event will go toward their home delivered meals program. The cost per ticket is \$25.00 and may be purchased through Senior Services.

John Mitchell advised that the American Red Cross is sponsoring a Shelter Managers Workshop on February 6<sup>th</sup> from 6:00pm – 9:30pm for New Lenox CERT / MRC. This training will be followed by a Shelter Drill on February 9<sup>th</sup> from 10:00am – 1:00pm. Both training events will be held at the New Lenox Village Hall.

Liz Schwenke advised that Presence St. Joseph Medical Center was recently ranked by Chicago Magazine as one of Chicago's top hospitals. Liz also mentioned the recent addition of Aunt Martha's to their facility. Liz also offered her services as a New Lenox Community Television (Channel 6) volunteer for coverage of events related to the NLSCAC and NLCCC.

Jackie Mansholt reminded everyone that it's not too late to get a flu shot as plenty of vaccines are still available.

Mary Jo Button shared that St. Jude's Parish was recently able to assist a number of indigent families with utility bills through parishioner donations. Mary Jo advised that the parish will continue to assist local charities through the generous donations of parishioners.

Gary Cheney advised that the 8<sup>th</sup> Annual Clergy & Men's Unity Breakfast will be held on Friday February 2<sup>nd</sup> at the Holiday Inn Conference Center in Joliet, IL. Gary advised that approximately 250 tickets have already been sold for the event which features

speakers, networking and live music. Gary advised that he's been asked to speak about ShareFest.

Tom Donegan advised that if any organization would like to have an Operation Lifesaver presentation to contact him. Tom also thanked the volunteers from New Lenox CERT / MRC for assisting with a (train) disaster drill in Richton Park, IL on December 29<sup>th</sup>. Tom added that he will be doing several similar drills in the months to come.

Kathie Johnson also reminded everyone about flu shots and spoke about shingles vaccinations for seniors. Kathie advised that with Medicare Part D the shots are approximately \$50.00 and with our Medicare Part D they're approximately \$200.00. Kathie added that New Lenox Township was busy around Christmas time, providing over 100 dinners to local families with the assistance of Jewel Foods. New Lenox Township also assisted the New Lenox Police Department with its "Shop with a Cop" event.

Tracy Simons advised that their facility now has 24/7 stroke care including diagnosis, treatment and additional resources. Tracy shared a story of a life that was saved by bringing a patient into their facility for treatment. Tracy also shared that Silver Cross hosted a very successful prostate health event at Lincoln-Way West High School on January 22<sup>nd</sup>. Dan Hampton from the Chicago Bears Superbowl Team was on hand to assist with promotion of the event which was attended by over 200 men.

#### **Next Meeting Date**

The next meeting will be on **Wednesday, February 27, 2013 at 2:30pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

#### **Adjournment**

The meeting was adjourned at 4:00pm.

**New Lenox Safe Communities America Coalition  
Meeting 12-04  
October 24, 2012 / 2:30pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
2. **Roll Call** – Deb Hypke / New Lenox Chamber of Commerce (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erika Leader
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. John Mitchell
  - j. Kate Hall
  - k. Kathie Johnson
  - l. Lauren Lotz
  - m. Lisa Kline
  - n. Lynn Bigelow
  - o. Marie Kotoulas
  - p. Marta Keane
  - q. Mary Jo Button
  - r. Michele Batara
  - s. Michael Potocki
  - t. Phil Pfeifer
  - u. Rob Schiffbauer
  - v. Sean Campbell
  - w. Tess Benham
  - x. Tom Denny
  - y. Tom Donegan
  - z. Tracy Simons
3. **Approval of NLSCAC Meeting Minutes** from the July 25, 2012 Meeting – Dan Martin / NLPD (2:38pm\*)
4. **New Business** (2:40pm\*)
  - a. International and National Safe Communities America Designation – Dan Martin / NLPD
    - i. Presentation Covering Application for Designation / New Guidelines

5. **Old Business** (3:10pm\*)
  - a. Heroin Symposium - September 27, 2012 – Dan Martin / NLPD
  - b. ShareFest – Gary Cheney / ShareFest
    - i. Overview of ShareFest 2012 Event
    - ii. 2012 Governor’s Home Town Award Winner (ShareFest 2011)
  - c. New Lenox CERT / MRC – Dan Martin / NLPD
    - i. CERT Class #7 Graduation – October 20, 2012
    - ii. Prairie State CERT Challenge - September 29, 2012
    - iii. Community Events and Training
    - iv. Newsletter
  - d. Safe New Lenox Web Site ([www.safenewlenox.org](http://www.safenewlenox.org)) - Dan Martin / NLPD
6. **Announcements / Organization Updates** (3:20pm\*)
7. **Next Meeting: January 30, 2012 / 2:30pm** in the Community Room at the New Lenox Village Hall
8. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 12-04**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, October 24, 2012 / 2:30 p.m.**

**Call to Order**

The meeting of the Safe Communities America Coalition was called to order by Dan Martin at 2:30 pm.

**In Attendance**

Daniel Martin/New Lenox Police Dept., Brenda Lutz/Will Co. EMA, Lisa Kline/Suburban Bank & Trust, Michele Batara/Crisis Line of Will County, Deb Hypke/New Lenox Chamber of Commerce, Kathie Johnson/ New Lenox Township, Erika Leader/NLFPD, Gary Cheney/Fishers of Men, Lynn Bigelow/AthletiCo, Bob Nelson/NLSD 122, Alex Vancina (for Kate Hall)/New Lenox Public Library, Lauren Lotz/ New Lenox Park District, Mary Jo Button/St. Jude Church, Rob Schiffbauer/ Lincoln-Way West H.S., Tom Donegan/Metra.

**Approval of the July 25, 2012 Meeting Minutes**

The Meeting Minutes for the July 25, 2012 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Brenda Lutz made a motion to approve the minutes as presented, Erika Leader seconded the motion. After no further discussion, the motion carried and minutes were approved.

**New Business:**

Dan shared a document detailing some of the components of the National Safe Community America Designation Process application and site visit. The document was divided into two categories; Performance Indicators and Site Visit (what the assessors look for on-site). National Safe Communities America identifies four key competencies. Discussion about each followed:

**Competency One: *Sustained Collaboration.*** Dan shared his concern about loss of collaboration with only meeting quarterly. Dan discussed the timeline for International and National Safe Communities America Designation and his concern that we may not be as prepared with quarterly meetings. He then opened the floor to discussion about meeting frequency in anticipation and preparation for the application process for re-designation. Erika Leader shared that she didn't feel quarterly meetings were enough. Gary Cheney suggested to meet as a whole on a quarterly basis with task force and committee work on a monthly basis. Each member of the Coalition would be asked to serve minimally on one of the task forces/committees. The idea was that this would keep the group moving forward on our primary initiatives. Another suggestion was to return to monthly meetings as a whole in addition to the task force meetings in an effort



to keep the group accountable and to take advantage of more frequent updates. The idea behind this suggestion was that someone sitting on one committee may have valuable information or resources that would be beneficial to another committee, but may get overlooked with quarterly meetings. Following much discussion Dan felt the consensus was that the group wanted to revert back to monthly meetings beginning in January, 2013. The first meeting will take place on January 30<sup>th</sup>. Laruen Lotz suggested that everyone choose a task force to join and asked if a list of options could be provided. Dan will follow-up by sending out the task force list to all members.

One question under competency one asks if representatives seek information and resources from outside the community's borders. Dan asked that everyone on the coalition begin tracking this component for the next application process.

**Competency Two: *Community Data*.** In an effort to manage data ongoing, Lauren Lotz suggested a task force just to manage, compile and evaluate data for our programs and needs assessments. She offered to be involved with that effort.

Dan asked the group for suggestions as to who we may want to invite to the coalition, for contributions of data. Deb Hypke suggested a representative from Provena. Kathie Johnson suggested Pat Hensley from Senior Services. Lynn Bigelow confirmed that Pat is interested in joining.

**Competency Three: *Programs*.** Dan shared that he believes our greatest challenge meeting this competency falls in the question, "Were programs appropriately evaluated." Dan believes we need to focus more on evidence based programs that can be evaluated through outcome data. He explained as an example, the medication disposal program is not necessarily data driven nor is there hard evidence of the impact the program is having on the community.

**Competency Four: *Evaluation*.** While evidence based models from National Safe Communities assist in our efforts, Dan feels that we need to improve how we translate these down specifically to our community.

A complete copy of the document will be kept on file with the minutes.

### **Old Business:**

Dan shared that the **Heroin Symposium** went very well with over 400 people in attendance. Many questions were asked of the presenters; indicating a true concern in the community.

**ShareFest** – Gary Cheney shared the following outcomes from ShareFest.

- 90,000+ pounds of hazardous waste have been collected over three years.
- 90,000+ pounds of electronics were collected over the past five years.
- 17,000 books donated over the past four years

- 103 different organizations have been involved in or impacted by ShareFest.
- 2012 Job Fair attendance was highest ever and a partnership developed with the Village, Library & Chamber to continue the efforts with the resume review sessions.

Gary went on to thank Dan Martin for all his efforts in leading many of the events and activities during ShareFest.

**New Lenox CERT / MRC** – Dan shared that CERT class #7 graduation took place on October 20<sup>th</sup>. Twenty-eight graduated, adding to a total of 221 to date. Eleven members participated in the Prairie State CERT Challenge on September 29<sup>th</sup>. New Lenox scored in the top three. Dan also shared the most current CERT newsletter which highlighted a myriad of events and activities CERT members volunteer to support throughout the community.

**Safe Communities Website** – [www.safenewlenox.org](http://www.safenewlenox.org) Dan reminded everyone to please include a link on their website. Dan showed the website and talked about plans to grow the site and add more detailed program information.

**Announcement and Organization Updates** were provided by those in attendance.

**Next Meeting Date**

The next meeting will be on **Wednesday, January 30, 2013 at 2:30 pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

**Adjournment**

The meeting was adjourned at 4:00 pm.

**New Lenox Safe Communities America Coalition  
Meeting 12-03  
July 25, 2012/ 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
2. **Roll Call** – Deb Hypke / New Lenox Chamber of Commerce (2:35pm\*)
  - a. Daniel Martin
  - b. Bob Nelson
  - c. Brenda Lutz
  - d. Deb Hypke
  - e. Don Sebestyen
  - f. Erika Leader
  - g. Gary Cheney
  - h. Jackie Mansholt
  - i. John Mitchell
  - j. Kate Hall
  - k. Kathie Johnson
  - l. Lauren Lotz
  - m. Lisa Kline
  - n. Lynn Bigelow
  - o. Marie Kotoulas
  - p. Marta Keane
  - q. Mary Jo Button
  - r. Michael Potocki
  - s. Michele Batara
  - t. Phil Pfeifer
  - u. Rob Schiffbauer
  - v. Tess Benham
  - w. Tom Denny
  - x. Tom Donegan
  - y. Tracy Simons
3. **Approval of NLSCAC Meeting Minutes** from the April 25, 2012 Meeting – Dan Martin / NLPD (2:38pm\*)
4. **Guest Speaker** – Dan Martin / NLPD (2:40pm\*)
  - a. Anastasia Tuskey / Will County HELPS (Heroin Education Leads to Preventative Solutions)
  - b. Discuss September 20, 2012 Forum at Lincoln Way Central High School

5. **New Business** (2:55pm\*)
  - a. Personnel Changes
    - i. Mary Jo Button from St. Jude Parish will be taking over for Marcy Anderson
    - ii. Tracy Simons from Silver Cross Hospital will be taking over for Lisa Smith
    - iii. Tom Denny from Lincoln Way Central High School will be taking over for Mark Cohen
  - b. Concussion Seminar July 26, 2012 – Lynn Bigelow / AthletiCo
  - c. Safe Communities America Networking Conference August 14-15, 2012 in Elk Grove Village, IL – Dan Martin / NLPD
  - d. ShareFest 2012 – Gary Cheney / ShareFest
  - e. Health and Safety Expo / Severe Weather Preparedness Seminar March 5, 2013 – Brenda Lutz / Will County EMA
6. **Old Business** (3:10pm\*)
  - a. Safe New Lenox Web Site ([www.safenewlenox.org](http://www.safenewlenox.org)) - Dan Martin / NLPD
  - b. Falls Prevention – Kathie Johnson / New Lenox Township
    - i. “A Matter of Balance” Program
    - ii. Thursday July 26, 2012 TRIAD Presentation
  - c. Women’s Self-Defense Class May 9, 2012 – Dan Martin / NLPD
  - d. New Lenox CERT / MRC – Dan Martin / NLPD
7. **Announcements / Organization Updates** (3:20pm\*)
8. **Next Meeting: October 24, 2012 / 2:30pm** in the Community Room at the New Lenox Village Hall
9. **Adjournment** (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 12-03**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, July 25, 2012 / 2:30 p.m.**

**Call to Order**

The meeting of the Safe Communities America Coalition was called to order by Dan Martin at 2:32 pm.

**In Attendance**

Daniel Martin/New Lenox Police Dept., Marcy Anderson/St. Jude Parish and School (for Mary Jo Button), Brenda Lutz/Will Co. EMA, Lisa Kline/Suburban Bank & Trust, Michele Batara/Crisis Line of Will County, Deb Hypke/New Lenox Chamber of Commerce, Kathie Johnson/ New Lenox Township, Brian Applegate (for Erika Leader)/NLFPD, Carol Hicks/Silver Cross Hospital, Don Sebestyen/Providence Catholic H.S., Gary Cheney/Fishers of Men, Lynn Bigelow/AthletiCo, Michael Potocki/New Lenox ESDA, Marta Keane/Will County Land Use and Chief Sterba/New Lenox Police Department.

**Approval of the April 25, 2012 Meeting Minutes**

The Meeting Minutes for the April 25, 2012 meeting had previously been sent via email to Council Members for their review. Following a final opportunity to review the Minutes, Mike Potocki made a motion to approve the minutes as presented, Brenda Lutz seconded the motion. After no further discussion, the motion carried and minutes were approved.

**Guest Speaker**

Dan introduced guest speaker, Anastasia Tuskey with Will County HELPS (Heroin Education Leads to Preventative Solutions). Anastasia presented information about the concern and rising number of deaths in Will County as a result of heroin overdose. She explained that heroin use is a growing problem with the number of heroin related deaths in Will County on track to double that of 2011. In 2011 there were 24 total deaths. As of July, Will County has seen 30 deaths from heroin overdose. User ages range from 18-58. New Lenox Police Chief Sterba explained that heroin is the drug of choice for youth today; citing low price and ease of access. Will County HELPS has established four PSA's on their website [www.willcountyillinois.com](http://www.willcountyillinois.com).

An educational forum is proposed for September 20<sup>th</sup> at Lincoln-Way Central High School. The forum would provide education and answers about resources. Speakers may include a representative from the Robert Crown Educational Program, a heroin addict and possibly a family member of someone who lost their life to heroin use. The program will address the legal, social and physical consequences of heroin use. Dan will work on finding speakers by the end of the week so promotion of the program can

begin. Upon feedback that September 20<sup>th</sup> may conflict with other events previously scheduled, Dan will look at September 27<sup>th</sup> as an alternate date.

## **New Business**

### **Personnel Changes**

Dan shared the following changes: Mary Jo Button will take over for Marcy Anderson to represent St. Jude Parish. Tracy Simons from Silver Cross Hospital will replace Lisa Smith and Tom Denny from Lincoln-Way Central High School will be taking over for Mark Cohen, who has moved to a new role at Lincoln-Way North High School.

### **Concussion Seminar**

Lynn Bigelow reported that she has forty (40) coaches from the Mustang organization at a recent presentation and was very pleased with their interest in the information. She explained that this is a very hot topic; especially among youth athletics. She is meeting with the New Lenox Youth Football Association (NLYFA) coaches this week. The program also addresses the rehab of a concussed athlete. As of the meeting she has fifteen (15) RSVP's for the program.

### **Safe Communities America Networking Conference**

Dan noted the dates of the next conference are August 14-15, 2013 in Elk Grove Village. Attendance at this conference will satisfy a new requirement we will face during the next application round.

### **ShareFest 2012**

Gary Cheney provided the following updates on ShareFest:

- There will be a book drive as part of the reuse/recycling drive. Goal is to collect 5,000 books.
- Collection boxes are around town for donations of clothing and household items.
- Considering a Rain Barrel Auction or Raffle to benefit the HUB
- Will have volunteers at the local grocery stores to collect for the food pantry
- The Job Fair will be on September 7<sup>th</sup> at the Village Hall.
- More information about ShareFest activities and volunteer opportunities is available at [sharefestnewlenox.com](http://sharefestnewlenox.com)

### **Health and Safety Expo/Severe Weather Spotters Training**

Brenda Lutz updated that the focus for the 2013 program will be preparedness vs. the spotter class we previously held. She shared information about a grant that places weather radios in local libraries. Looking ahead, she sees potential for a more comprehensive program in 2014.

## **Old Business**

### **Safe New Lenox Website [www.safenewlenox.org](http://www.safenewlenox.org)**

Dan reminded everyone to include a link on their respective websites.

### **Falls Prevention**

Kathie Johnson is hoping to offer the A Matter of Balance program in the fall. She shared that the tai chi classes are continuing. A TRIAD presentation is scheduled for July 26 in the Community Room at 1:30 p.m. This is an information-only session, focusing on stairs and home safety tips.

### **Women's Self-Defense Class**

Dan shared that there were 25 attendees at the May 9<sup>th</sup> class. He plans to host another class in the fall.

### **New Lenox CERT/MRC**

Dan reported that the semi-annual meeting is scheduled for tonight, July 25<sup>th</sup>. The next class begins in September.

### **Announcements**

**Lynn Bigelow** announced that Sean Campbell from the New Lenox AthletiCo will be coming to the meetings on her behalf due to her work schedule.

**Lisa Kline** reminded the group about the annual Lions Club Raffle with the drawing at Proud American Days.

**Marcy Anderson** promoted the 3<sup>rd</sup> Annual Running with Faith 5k/10k on August 25<sup>th</sup>.

**Brian Applegate** announced the NLFPD Community Fun Day is scheduled for August 13<sup>th</sup>.

**Deb Hypke** invited everyone to attend the Business Expo on Sunday during Proud American Days.

### **Next Meeting Date**

The next meeting will be on **Wednesday, October 24, 2012, at 2:30 pm.** The meeting will be held in the Community Room at New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 3:55 pm.

**New Lenox Safe Communities America Coalition  
Meeting 12-02  
April 25, 2012/ 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
2. **Roll Call** – Marcy Anderson / St. Jude's Catholic Church & School (2:35pm\*)
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Kate Hall
  - r. Bob Nelson
  - s. Mark Cohen
  - t. Don Sebestyen
  - u. Tess Benham
  - v. Rob Schiffbauer
3. **Approval of NLSCAC Meeting Minutes** from the January 26, 2012 Meeting – Dan Martin / NLPD (2:38pm\*)
4. **New Membership** – Gary Cheney / ShareFest (2:40pm\*)
  - a. Will County Land Use – Waste Services Division (aka: Will County Green) represented by Marta Keane
  - b. Motion Required
5. **Old Business** (2:45pm\*)
  - a. Safe New Lenox Web Site - Dan Martin / NLPD
    - i. Overview of [www.safenewlenox.org](http://www.safenewlenox.org)



- b. New Lenox Safe Communities America Self-Assessment Survey – Dan Martin / NLPD
- c. Suicide Prevention and Awareness – Dan Martin / NLPD
- d. Falls Prevention – Lynn Bigelow / AthletiCo
- e. National Heart Month / February 2012 – Dan Martin / NLPD
  - i. Million Hearts Campaign
- f. Health and Safety Expo / Severe Weather Spotter Training – Brenda Lutz / Will County EMA
  - i. March 6<sup>th</sup> Event Synopsis
    - 1. Event in conjunction with Severe Weather Awareness Week (March 4<sup>th</sup> thru 10<sup>th</sup> ) and Tornado Drill Day (March 6<sup>th</sup>)
  - ii. 2013 Event Planning
- g. Women's Self-Defense Class – Dan Martin / NLPD
  - i. March 10<sup>th</sup> Event Synopsis
- h. National Donate Life Month / April 2012 – Gary Cheney / ShareFest
  - i. Life Goes On – [www.LifeGoesOn.com](http://www.LifeGoesOn.com)
  - ii. Unity Breakfast – Saturday April 28, 2012 at the Christian Youth Center
- i. Health Lecture Series (Arthritis) – Lynn Bigelow / AthletiCo
  - i. April 5<sup>th</sup> Event Synopsis
- j. New Lenox CERT / MRC – Dan Martin / NLPD
  - i. January 26, 2012 – Semi-Annual Meeting
  - ii. January 31, 2012 – Movie Night (Contagion)
  - iii. February 21, 2012 – Pet Preparedness Presentation @ Stone City Kennel Club
  - iv. February 28, 2012 – Training (Communications and Hazmat)
  - v. March 17, 2012 – New Lenox Chamber of Commerce Spring Expo and Home Show
  - vi. March 23, 2012 – St. Baldrick's Fundraiser
  - vii. March 25, 2012 – Shamrock Shuffle
  - viii. March 28, 2012 – Training (Interior Building Search / Team Building)
  - ix. April 3, 2012 – Movie Night (Forks Over Knives)
  - x. April 21, 2012 – Training (Search and Rescue – Classroom and Practical Exercise)

6. **New Business (3:15pm\*)**
  - a. Retirement – Secretary Position
    - i. In June, Marcy Anderson will be leaving her position at St. Jude Church and School to enjoy retirement with her husband. As such, Marcy will be stepping away from the NLSCAC and NLCCC. This will leave the position of Secretary open. Discussion regarding Marcy's replacement is needed at this time.
    - ii. Motion Required
  - b. Illinois Citizen Corps Council Strategic Plan – Brenda Lutz / Will County EMA
    - i. No Funding from FEMA for Citizen Corps Programs in Federal Fiscal Year 2012
  - c. Illinois Risk Watch Training (May 22, 2012 in Dixon, IL) – Ron Carlson / American Red Cross
    - i. Youth injury prevention program run through the Office of the Illinois State Fire Marshall <http://www.sfm.illinois.gov/public/riskwatch.aspx>
  - d. Health and Safety Campaigns
    - i. Discussion regarding which events our NLSCAC and NLCCC will sponsor and /or promote.
      1. Train Safety Awareness Week (TSAW) - June 3<sup>rd</sup> thru June 9<sup>th</sup> – Dan Martin / NLPD
        - a. International Level Crossing Awareness Day (ILCAD) - June 7<sup>th</sup>
      2. Youth Sports Related Lectures (Spring / Summer 2012) - Lynn Bigelow / AthletiCo
7. **Announcements / Organization Updates (3:30pm\*)**
  - a. Appreciation Evening – Friday April 27, 2012 5:00pm to 8:00pm
8. **Next Meeting: July 25, 2012 / 2:30pm** in the Community Room at the New Lenox Village Hall
9. **Adjournment (3:45pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 12-02**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, April 25, 2012 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:34 pm.

Dan introduced Nancy Hoehn, Economic Development Director for the Village of New Lenox. She said businesses who have shown an interest in New Lenox want to know what we have going for us before moving or opening a business here. Having groups like Safe Communities America and Citizens Corps Council helps to promote what New Lenox has to offer.

Dan said Tracy Simons of Silver Cross is here to help us until a replacement can be found for Lisa Smith who is now retired.

He also introduced Jamie Brown and Drew Hughes who are here from the New Lenox Fire Protection District for Erika Leader.

**In Attendance**

Daniel Martin/New Lenox Police Dept., Marcy Anderson/St. Jude Parish and School, Brenda Lutz/Will Co. EMA, Jackie Mansholt/Will County Health Dept., Lisa Kline/Suburban Bank & Trust, Michele Batara/Crisis Line of Will County, Alex Vancina (for Kate Hall)/New Lenox Public Library, Deb Hypke/New Lenox Chamber of Commerce, Kathie Johnson/ New Lenox Township, Phil Pfeifer/AthletiCo, Ron Carlson (for John Mitchell & Marie Kotoulas)/American Red Cross, Tom Donegan/ Metra, Jamie Brown and Drew Hughes (for Erika Leader)/NLFPD, Jennifer Zimmerman (for Bob Nelson)/New Lenox School District 122, Don Sebestyen/Providence Catholic H.S., Gary Cheney/Fishers of Men, Dan Hubbard (for Michael Potocki)/New Lenox ESDA, Lauren Lotz/New Lenox Park District, Tracy Simons/Silver Cross Hospital.

**Approval of the January 26, 2012 Meeting Minutes**

The Meeting Minutes for the January 26, 2012 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lisa Kline made a motion to approve them while Lauren Lotz provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**New Membership**--Gary Cheney introduced Marta Keane of the Will County Land Use Waste Services Division. He spoke of her work to keep homes free of hazardous waste. After talking about her experiences, Gary moved to nominate her to become a member

of the New Lenox Safe Communities America Coalition. A second to the motion was offered by Lisa Kline.

With no further discussion, Marta's nomination was unanimously approved. Marta was welcomed to the Safe Communities America Coalition.

### **Old Business:**

#### **Safe New Lenox Website**

Dan gave an overview of his work on creating a website. Dan showed the members the new website, [www.safenewlenox.org](http://www.safenewlenox.org). There are links to all the member organizations' websites. He asked if each organization could also have a link back to the Safe New Lenox site.

On the website visitors can find links to New Lenox Safe Communities America Coalition, Citizens Corps Council, Medical Reserve Corps, Community Emergency Response Team, newsletters, minutes from all groups, etc. Dan reminded all that this is still a work in progress and any suggestions are welcome. Upgrades to the site can be made after May 1 (the beginning of the new fiscal year).

#### **New Lenox Safe Communities America Self-Assessment Survey**

Dan said the self-assessment survey had a good response from members. It generated a 36-page report. We scored in the 4.0-4.5 zone. If members would like a copy of the report, let Dan know. He also asked members for ideas on how we can improve.

#### **Suicide Prevention and Awareness Program**

Dan said there is a new toolkit available from the CDC which we can obtain. With money from fundraisers last year, Suicide Prevention signs were purchased and placed throughout the Village. There was also money for starting the website and some for the Crisis Line of Will County.

#### **Falls Prevention Program**

In Lynn Bigelow's absence, Dan gave her report. Kathy, Erika, Lynn and Dan met and decided they would like us to link to a group in Omaha to see what more we can be doing besides just Tai Chi classes for our seniors. He hopes to have a report on this by the July meeting.

Kathy asked if Slips, Trips and Falls prevention class can be done in July.

#### **National Heart Month**

Participated in the Million Hearts Campaign in February; their goal is to prevent a million heart attacks by 2016.

#### **Health and Safety Expo/Severe Weather Spotters Training**

Brenda Lutz reported there were 304 people who attended the event on March 6<sup>th</sup>. She said Will County can do only 4 of the Weather Spotters classes each year. Since we

have done one for 3 years in a row, next year it will be in Lockport instead. After that, we can alternate years with other communities.

However, we can still have the Safety Expo and a preparedness class next year instead. Dan said he would like to use Lincoln Way West again. Deb Hypke asked if we could consider having it in conjunction with the Chamber's Community Expo. That is held at Lincoln Way Central and is always on a Saturday in mid-March.

Lisa Kline suggested a sub-committee look into this and then get back to NLSCAC and NLCCC if this will work for us. The question was raised as to whether there would be a good turnout? It was also mentioned that this might be a good time for a Slips, Trips and Falls presentation as a lot of seniors attend the Expo.

### **Women's Self Defense Class**

Dan gave a report on the March 10<sup>th</sup> event. The class was 2 ½ hours and went very well. Another is set for June 9, 2012 and can take up to 30 people. The cost is \$10. It will be held from 9-11:30 am. Dan suggested CERT, MRC, NLSCAC, NLCCC members participate. If there is still room left after registering, the public can also participate. It is suggested for those 12 years and older.

### **National Donate Life Month**

Gary Cheney reported Fishers of Men is having a Unity Breakfast this Saturday and they are promoting National organ Donation Month. Members from the Secretary of State's Office will be there to sign donors up. Dan mentioned that Will County is below the state average for having registered organ donors.

At the breakfast they will be honoring those who make a difference in the community.

### **Health Lecture Series on Arthritis**

The lecture on Arthritis was done in conjunction with AthletiCo. There were 30 seniors in attendance for the lecture. They had some very good feedback and decided they will continue to present timely subjects in the lecture series.

### **New Lenox CERT and MRC Update**

Dan Martin said all the dates from their recent events are listed on the agenda. He mentioned the CERT team raised \$3,000 for St. Baldrick's Day and the entire event made \$50,000.

They will participate again this year in a number of Runs: St. Jude's, District 122, Shamrock Shuffle, the Chamber of Commerce and the Chicago Marathon.

### **New Business:**

Dan Martin announced Marcy Anderson will be leaving her position at St. Jude's the end of June to join her husband in retirement. Dan thanked Marcy for her participation on NLSCAC and NLCCC for the past 3+ years. On behalf of NLSCAC and NLCCC, Dan presented Marcy with a plaque in gratitude for her service.

He read a letter from Donna Stein-Harris of the National Safety Council also thanking Marcy for her service.

This means the position of Secretary will need to be filled. Dan has discussed the possibility of the position with Deb Hypke. Deb said since we are only meeting quarterly now, she can probably take on the responsibility.

Dan Martin made a motion for Deb Hypke to take over the position of Secretary for the New Lenox Safe Communities America Coalition; Lisa Kline offered a second to the motion. With no further discussion, Deb's nomination was unanimously approved.

### **Illinois Citizen Corps Council Strategic Plan**

Brenda Lutz reported federal funding for Citizens Corps programs have been eliminated for 2012.

She said the state Train the Trainer program in some communities will train people to be prepared at least for themselves and their families, if the TEAM concept doesn't work.

Prairie State Training will take place for at least this year. Those communities with Citizen Corps Councils will continue to hold them, even if no funds are available because they feel it is that important. Dan said we will try to make it work and will request funds from the Village if need be or conduct a fundraiser.

Lisa Kline suggested Lions, International (headquarters in Oak Brook) had a CERT program of some kind. Perhaps they might be able to help with the funds. She offered to check into this.

### **Illinois Risk Watch Training**

Ron Carlson mentioned the various youth injury prevention programs and the website we can go to, to find them. He said 5,000 kids are killed and 92,000 injured each year. The prevention program is operated through the IL State Fire Marshall's Office. There is a training session on May 22, 2012 in Dixon, IL.

### **Health and Safety Campaigns**

Train Safety Week is June 3-9; Level Crossing Awareness Day is June 7<sup>th</sup>.

### **Announcements**

Dan reminded all of the Village's Volunteer Appreciation Evening this Friday, April 27<sup>th</sup>. It will be held here in Village Hall from 5-8 pm. We are all invited to attend. We are asked to please RSVP as soon as possible.

### **Organization Updates**

**Phil Pfeifer**—said seniors at their Midway facility have had some falls lately. He is promoting a class on balance and core fitness.

CPR/AED training is taking place for managers of community baseball teams. They are required to be certified.

**Brenda Lutz**—had nothing to report at this time.

**Marcy Anderson**—mentioned the upcoming presentation at St. Jude's on May 4<sup>th</sup> on the serious issue of human trafficking around the world as well as here in the US. She pointed out the flyer she passed around earlier. All are welcome to attend.

**Michele Batara**—had nothing to report at this time.

**Alex Vancina**—announced the Friends of the Library Spring Arts Festival Fundraiser. It is this Saturday evening at the library from 7-11 pm. Tickets are \$30.

The coffee shop in the library is due to reopen again soon.

**Marta Keane**—said there will be a free Hazardous Waste collection day on May 19 at Joliet Junior College.

June 8-10 there will be a Book Recycling event in Pilcher Park. Bring in books and trade them for others if you like or just recycle. There will also be document destruction available during the event.

**Jackie Mansholt**—had nothing to report at this time.

**Don Sebestyen**—the pre-prom assembly at Providence is tomorrow for the student body. It will be about making good choices regarding drugs, alcohol, etc. Prom is this Friday night.

**Jennifer Zimmerman**—reported The New Lenox School District PTO is holding their 2nd annual 5K event on May 19<sup>th</sup>.

**Tom Donegan**—semi-jokingly told all we should leave town from May 19-21 during the NATO Summit; he said Chicago will be a mess! He will be giving briefings to suburban police forces in the weeks preceding the summit.

He also reported he will do the "Train Safety at Crossing" training.

**Ron Carlson**—said he is also doing work regarding the NATO Summit.

**Dan Hubbard**—had nothing to report at this time.

**Gary Cheney**—mentioned the speakers they will have at the Unity Breakfast this Saturday. There will also be free Prostate Cancer screenings offered.

**Lauren Lotz**—is going to Springfield next week for Parks Day at the Capitol. Open Space Land and Development gets its funding from the State. This has helped New Lenox get a new skate park, splash pool and putting green. The only way to get these kinds of recreational sites is from the Open Space Land and Development monies.

**Deb Hypke**—reminded all the annual State of the Community Dinner and presentation is June 12. All the taxing bodies of the Village and Township make their annual presentations. It begins at 6:00 pm at the American Legion Hall.

**Tracy Simons**—said there will be some Health and Safety programs coming up at the new Silver Cross Hospital in coming months. The new Cancer Center opens at the hospital in June.

**Lisa Kline**—Suburban Bank & Trust is having Bingo at Culvers every Wednesday in May. They will hand out information on the Yellow Dot Program at the event.

New Lenox Lions Club will be having their annual drawing, Grand Prize 5000 on July 26 at the Proud American Days.

She would like to know if NLSCAC and NLCCC can revisit the issue of safety at athletic events in town. There are still some concerns.

**Kathie Johnson**—also has info on the Yellow DOT program and the File of Life program.

The next TRIAD meeting is tomorrow at 1:30 pm. Michele Batara will be speaking about the Crisis Line and services for seniors. Next month, the State Police will speak about Medicare Fraud. All programs are addressed to senior citizens.

Kathie said the library is working on a Seniors Reading Section. She said Kate Hall is looking for grant monies to help build up this section. It is hoped to have books, videos, etc. in the section.

### **Next Meeting Date**

The next meeting will be on **Wednesday, July 25, 2012, at 2:30 pm.** The meeting will be held in the Community Room at New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 4:05 pm.



**New Lenox Safe Communities America Coalition  
Meeting 12-01  
January 25, 2012 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. **Call to Order** – Dan Martin / NLPD (2:30pm\*)
  
2. **Roll Call** – Marcy Anderson/St. Jude's Catholic Church & School (2:35pm\*)
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Bob Nelson
  - t. Mark Cohen
  - u. Don Sebestyen
  - v. Tess Benham
  - w. Rob Schiffbauer
  
3. **Approval of NLSCAC Meeting Minutes** from the November 30, 2011 Meeting – Dan Martin / NLPD (2:38pm\*)
  
4. **Old Business** (2:40pm\*)
  - a. Suicide Prevention and Awareness – Dan Martin / NLPD (2:40pm\*)
    - i. Suicide Prevention Signs (METRA Tracks)
    - ii. 2012 Awareness Event - Subcommittee Work
    - iii. Web Information (part of "SafeNewLenox.org" site) – Subcommittee Work

- b. Falls Prevention – Kathy Johnson / New Lenox Township (2:45pm\*)
  - i. Status Update
  - ii. Sustainability – Subcommittee Work
  
- c. New Lenox CERT / MRC – Dan Martin / NLPD (2:50pm\*)
  - i. Training and Community Events
    - 1. January 26, 2012 – Semi-Annual Meeting
      - a. Committees, Newsletter, Video Project, Training Levels / Matrix, Database, Web Information (part of “SafeNewLenox.org” site)
      - b. February 21, 2012 – Pet Preparedness Presentation @ Stone City Kennel Club
      - c. February 28, 2012 – Training
      - d. March 23, 2012 – St. Baldrick’s Fundraiser
      - e. March 25, 2012 – Shamrock Shuffle
      - f. March 28, 2012 – Training
      - g. April 21, 2012 - Training
  
- d. 2012 Severe Weather Spotter Training / Health & Safety Expo Tuesday March 6, 2012 – Dan Martin / NLPD (2:55pm\*)
  - 1. Health and Safety Expo Time Change – **5**:00pm to 7:00pm
  - 2. Severe Weather Spotter Training – 7:00pm to 9:00pm
  - 3. The NLSCAC and NLCCC are sponsoring the event in partnership with the Will County Emergency Management Agency – thank you Brenda Lutz!
    - a. Please Consider:
      - i. An Informational Table
      - ii. Advertising / Promoting the Event
      - iii. Volunteering
        - 1. Rob Schiffbauer – Student Volunteers?
    - b. Other Considerations
      - i. Traffic / Parking – Mike Potocki / New Lenox ESDA
      - ii. LWWHS ROTC – Presentation of Colors, Pledge of Allegiance
      - iii. National Anthem - LWWHS Band or a Recording
  
- e. Safe Communities Annual Report and Self-Assessment - Dan Martin / NLPD (3:05pm\*)
  
- f. Safe New Lenox Web Site - Dan Martin / NLPD (3:10pm\*)

**5. New Business (3:15pm\*)**

- a. Health and Safety Campaigns (3:15\*pm)

- i. Discussion regarding which events our NLSCAC and NLCCC will support and promote.

1. National Heart Month – February 2012
2. The Great Central U.S. Shake Out – February 7, 2012 at 10:15am
3. American Red Cross Month – March 2012
4. Arthritis Lecture – March 2012 (Lynn Bigelow / AthletiCo)
5. Severe Weather Awareness Week – March 4-10, 2012
  - a. Tornado Drill Day – March 6, 2012
6. National Poison Prevention Week – March 16-22, 2012
7. Flood Safety Awareness Week – March 18-24, 2012
8. National Donate Life Month – April 2012
  - a. Life Goes On – [www.LifeGoesOn.com](http://www.LifeGoesOn.com)
9. Youth Sports Related Lectures - Spring / Summer 2012 (Lynn Bigelow / AthletiCo)

**6. Announcements / Organization Updates (3:25pm\*)**

- a. Welcome Home a New Lenox Soldier (Scott Schaefer – U. S. Navy) who is also a CERT / MRC volunteer.

- i. Thursday January 26, 2012 / 6:30pm in the Rotunda at the New Lenox Village Hall. Scott will arrive at 7:00pm. Please invite friends and family – bring an American flag. This is a **SURPRISE!**

**7. Next Meeting: April 25, 2012 / 2:30pm** in the Community Room at the New Lenox Village Hall

**8. Adjournment (3:35pm\*)**

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 12-01**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, January 25, 2012 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30 pm.

**In Attendance**

Daniel Martin/New Lenox Police Dept., Marcy Anderson/St. Jude Parish and School, Lisa Kline/Suburban Bank & Trust, Michele Batara/Crisis Line of Will County, Alex Vancina (for Kate Hall)/New Lenox Public Library, Deb Hypke/New Lenox Chamber of Commerce, Kathie Johnson/ New Lenox Township, Phil Pfeifer/AthletiCo, John Mitchell/American Red Cross, Tom Donegan/ Metra, Erika Leader/NLFPD, Jackie Mansholt/Will County Health Dept., Bob Nelson/New Lenox School District 122, Don Sebestyen/Providence Catholic H.S., Rob Schiffbauer/Lincoln-Way West H.S., Gary Cheney/Fishers of Men

Dan announced that Lisa Smith is currently on medical leave; she is retiring from Silver Cross Hospital next month, so we may not see her again at these meetings.

**Approval of the November 30, 2011 Meeting Minutes**

The Meeting Minutes for the November 30, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Deb Hypke made a motion to approve them while Lisa Kline provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Old Business:**

**Suicide Prevention and Awareness Program**

Dan showed a copy of the Suicide Prevention signs that have been placed throughout the Village. There are 12 signs, all purchased through fundraising dollars. The only other communities in the Metro area that have these signs are Lombard and Villa Park.

Dan said we need to revitalize this committee to be able to present more suicide prevention options for the community. Dan and Michele will get together soon to work on this.

The new website is coming along but is not what Dan wants to see just yet. The website will be [www.safenewlenox.org](http://www.safenewlenox.org) when launched. New Lenox Safe Communities America Coalition, Citizens Corps Council, MRC and CERT will all be included on the

site. Under the Safe Communities America tab will be all our programs and the same for under the Citizen Corps Council tab.

### **Falls Prevention Program**

In Lynn's absence, Dan gave her report. We have to present two program evaluations by February 9 for the Safe Communities America Annual Report. Both have to be evaluated and make sense. We have to prove they are working. Question: Do we have pre and post survey questions to find out if the falls prevention program is working to prevent falls? If we have stats that show fewer injuries from falls are being reported, this will help prove that the program is working.

Kathie Johnson said some people are enjoying the Tai Chi classes so much that they are taking it several times. She has their phone numbers and addresses and could contact them for completing a survey.

It was discussed that Falls Prevention needs to be more than just Tai Chi classes. We need to branch out. Ideally we would like to present programs, safety videos, etc. to different senior groups in the community.

### **New Lenox CERT and MRC Update**

- The semi-annual meeting is tomorrow. Dan spoke about several of the committees and showed everyone the newest CERT newsletter. The newsletters will be available on our website so other communities can see what we are doing.
- There will be a Pet Preparedness Presentation at the Stone City Kennel Club on Feb. 21<sup>st</sup>.
- CERT has been asked to participate in the Shamrock Shuffle on March 25<sup>th</sup>; it will be similar to what they did at the Chicago Marathon.
- Dan will be participating in the St. Baldrick's Fundraiser on March 23<sup>rd</sup>.

### **Health and Safety Expo / Severe Weather Spotter Training**

The next class is scheduled for Tuesday, March 6, during Severe Weather Week. It will be held at Lincoln Way West High School.

The Safety Expo has had a time change; it will be an hour longer from 5-7 pm as there are a lot more groups participating this year. It may have to move to the school cafeteria for space. In the past we have had about 400 participants in the class, this year Dan would like to see 500-600 participate.

He is still looking for a meteorologist to open the Weather Spotters Class, but has had no luck so far. There was some discussion on the opening ceremonies at the beginning of the class. Dan asked all members to promote the class in their respective organizations.

## **Safe Communities America Annual Report**

The Safe Communities annual report and self assessment is due by February 9<sup>th</sup>. We are to have a Teen Driving program done by then. We will use Lincoln Way West's "Operation Teen Safe Driving" documentation to send in for the report.

A complete re-evaluation of our Safe Communities program will need to be done again in 3 years (it has been 2 years since our original evaluation).

## **New Business:**

### **Health and Safety Campaigns**

Dan asked if we want to do some community events for some programs. Those discussed were National Heart Month (Feb.), The Great U.S. Shake Out (Feb. 7), and National Donate Life Month (April). Members looked through the handouts for these programs and there was some discussion.

John Mitchell gave members some information about the American Red Cross that not all people are aware of. Red Cross services are available to all; 97% of those with the Red Cross are volunteers; they recruit volunteers during American Red Cross Month in March; The Patient Connection Program works to get information from victims of a disaster and help reconnect them with family when communication has been cut off. The International Red Cross is responsible for visiting prisoners of war to be sure the rules of the Geneva Convention are being followed.

Do we want to sponsor a blood drive during March?

There was discussion on Organ Tissue Donation. Gary Cheney said there is a Men's Unity Breakfast each year and is scheduled for April 28<sup>th</sup>. They can ask attendees to sign an organ donor card at that time. He said that during ShareFest in September, there is an Eleven Days of Giving leading up to the ShareFest weekend; they could have an Organ Tissue Donor sign-up day as part of the event this year.

It was mentioned that Will County is currently only at 50%, compared to other areas of the state, when it comes to getting organ donors signed up.

Coalition members can each place orders for organ tissue brochures for our organizations.

## **Organization Updates**

**Dan Martin**—announced there is a surprise welcome home for Scott Schaefer who is a CERT member and just returned home from active duty. The gathering will be here at Village Hall. All who are able, are asked to attend and bring others with. Be here at 6:30 pm, the surprise will take place at 7 pm as Scott thinks he is coming here for meeting at 7 pm.

**Phil Pfeifer**—has been working with groups in Orland Park on injury prevention. There have been several recent sports injuries among young athletes.

**Lynn Bigelow**—Dan gave her update. She will have some youth sports related lectures coming up in Spring/Summer of 2012.

**Lisa Kline**—the 3<sup>rd</sup> annual Lions Club Fashion Show will be held on March 25 at the VFW Hall at 1:30 pm.

**Marcy Anderson**—announced that there will be an Open House at St. Jude School on Sunday, January 29 from 10 am-2 pm. They will be taking registration for the 2012-2013 school year at that time. Please pass the word.

**Erika Leader**—there is also a Welcome Home celebration for Jordan Kimmel, a Marine who is returning home. It will be held at Liberty Junior High at 7:30 pm this Saturday. Fire Department members will be there and all are invited to help join in the welcoming!

She said there was a recent article in *The Patriot* about the Residential Lock Box Program. This is for those people with medical problems; a special lock box can be put on their front door with the key to their home in it. Only Fire Department personnel can get into the box in case of emergency. They know when they are dispatched that the house they are going to has a lock box on it.

Erika has tickets to the Fire Department's Fundraiser; proceeds go to the Fire Foundation. The Fire Department is also participating in the St. Baldrick's Day event. If they raise \$10,000, Chief Mead will shave off his beloved moustache!

**Kathie Johnson**—said the food pantry is very busy. She ordered \$3,000 worth of food from Aldi's which should last them about 4 weeks.

She reminded everyone that they operate an E-waste program at the Township office.

Kathy mentioned the Grand Opening of the new Goodwill Store. The Township will be partnering with them and the Salvation Army.

**Gary Cheney**—reminded everyone that a Hazardous Waste Collection costs \$10,000 to operate. He said if we could spread the word because we will need a number of organizations to help financially in order to put on another one.

**Jackie Mansholt**—has yellow dots for the Yellow Dot Program; we can call her to get them. If you put a yellow dot on your windshield, that tells emergency personnel that your medical information is in the glove compartment.

**Deb Hypke**—March 17<sup>th</sup> is the date for the Expo & Home Show. They have around 2,000 people attend this event each year, so it is a good way to get out the word about our organizations. There will be a health and wellness section to the Expo. They will try and have a blood drive at that time.

**Don Sebestyen**—said National Catholic Schools Week begins next week. This is celebrated at all Catholic elementary and high schools around the country with lots of extra activities in the schools.

**Bob Nelson**—mentioned the program Immerman's Angels which gives support to those with cancer. There are people that you can contact if you are facing cancer and cancer treatment.

**Rob Schiffbauer**—said there will be a St. Baldrick's event at the Lincoln Way West basketball game on February 3<sup>rd</sup>.

**Alex Vancina**—announced that the Café at the library has been closed temporarily due to illness of the owner. He does not know when it will reopen.

**John Mitchell**--said the Chicago Chapter of the Red Cross now encompasses 13 counties in Illinois and northern Indiana.

**Tom Donegan**—said he has some good news coming from Metra this time. He said the Federal Railroad Administration has put high speed rail on the back burner for the moment and is investing in safety on trains. Metra will be increasing the interior lighting, including strip lights on the floors, and extra removable windows. There are currently 375 coaches in the system which will need to be retrofitted with these changes. It may take 3-4 years to get all of this completed.

#### **Next Meeting Date**

The next meeting will be on **Wednesday, April 25, 2012, at 2:30 pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

#### **Adjournment**

The meeting was adjourned at 4:05 pm.



**New Lenox Safe Communities America Coalition  
Meeting 11-09  
November 30, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin / NLPD (2:30pm\*)
2. Roll Call – Marcy Anderson / St. Jude's Catholic Church and School (2:35pm\*)
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Bob Nelson
  - t. Mark Cohen
  - u. Don Sebestyen
  - v. Tess Benham
  - w. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the October 26, 2011 Meeting – Dan Martin / NLPD (2:38pm\*)
4. Old Business (2:40pm\*)
  - a. Status of Current Programs / 2011 Summary
    - i. Suicide Prevention and Awareness – Dan Martin / NLPD
      1. Candlelight Bowl and Tom Kelly's Fundraisers
      2. Suicide Prevention Signs (METRA Tracks)

### 3. Web Site

#### ii. Falls Prevention – Lynn Bigelow / AthletiCo

1. May 2011 Kickoff Luncheon
2. November 9, 2011 Improve Your Balance & Prevent Falls
3. Sustainability

#### iii. New Lenox CERT / MRC – Dan Martin / NLPD

1. Training and Community Events
2. Prairie State CERT Challenge
3. Sustainability

#### b. 2012 Severe Weather Spotter Training / Health and Safety Expo March 6, 2012 – Dan Martin / NLPD

1. Need Commitments from NLSCAC / NLCCC Organizations

#### c. Safe Communities America Annual Report and Self-Assessment

### 5. New Business (3:10pm\*)

#### a. 2012 Meetings

- i. Monthly, Every Other Month or Quarterly?

#### b. Strategic Planning

#### c. Organization Updates

### 6. Next Meeting: **January 25, 2012 / 2:30pm** in the Community Room at the New Lenox Village Hall

### 7. Adjournment (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-09**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, November 30, 2011 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:35 pm.

**In Attendance**

Daniel Martin/New Lenox Police Dept., Lynn Bigelow/AthletiCo, Marcy Anderson / St. Jude Parish and School, Lisa Kline/Suburban Bank & Trust, Lauren Lotz/New Lenox Community Park District, Michele Batara/Crisis Line of Will County, Kate Hall/New Lenox Public Library, Brenda Lutz/Will County Emergency Management Agency, Deb Hypke/New Lenox Chamber of Commerce, Kathie Johnson/ New Lenox Township, Phil Pfeifer/ AthletiCo, Michael Potocki/New Lenox ESDA, John Mitchell/ American Red Cross, Tom Donegan/ Metra, Erika Leader/NLFPD, Pam Davis (for Lisa Smith) Silver Cross Hospital.

Kevin Joyce of the American Red Cross accompanied John Mitchell to today's meeting.

**Approval of the October 26, 2011 Meeting Minutes**

The Meeting Minutes for the October 26, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lauren Lotz made a motion to approve them while Erika Leader provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Old Business**

Dan Martin gave a brief review of our 2011 events. He said that injury data drives what we do. It was decided to pick a couple of programs and to concentrate on them, which is what we did this past year.

**Suicide Prevention and Awareness Program**

Dan gave a current status of the program.

The Bowling Event in May was successful; the event at Tom Kelly's in November, although not quite so successful helped a little with some extra funds.

Suicide prevention signs will be purchased with some of the funds and will be placed on the Metra tracks in New Lenox. Each sign (there are 12) will have some logos (Safe Communities America, Operation Lifesaver and New Lenox Police Department) on

them along with the National Suicide Hotline phone number. Each sign measures 18 x 24 inches and will cost \$126 apiece.

Dan continues to work on the new website. It will have a link to the Suicide Prevention website. The new site will likely be [www.safenewlenox.org](http://www.safenewlenox.org) and will have our mission on it. Dan will upload newsletters to the site and have a link to health and safety events in the community. The design of the site will run around \$500 plus the annual fee to have the domain.

### **Falls Prevention Program**

Lynn Bigelow also gave a brief review of 2011. There were 53 people who attended the luncheon in May. From that, a Tai Chi class was organized. There have been several classes since then. Each class starts out fairly large but then dwindles to about 15 people who attend regularly.

A lecture was held in November on balance and Vertigo. There were 18 in attendance. In March or April of 2012 she would like to organize a medication seminar for seniors and possibly work with Silver Cross on this. She is also looking at an arthritis lecture in March.

### **New Lenox CERT and MRC Update**

- The most recent CERT class graduated on Nov. 12. There are now 190 people in the community who have gone through CERT training.
- Dan would like to hold 2 classes in 2012; one in the spring and one in the fall

### **Severe Weather Spotters Training**

The next class is scheduled for Tuesday March 6, 2012 during Severe Weather Week. It will be held at Lincoln Way West High School and a Health & Safety Expo will be held before the class from 6-7 pm. Dan asked for anyone interested in having a booth, to please get in touch with him right away to reserve a spot. He already has 5-6 new organizations interested in having a booth this year. The Weather Spotter's Class will follow the Expo from 7-9 pm.

### **Self-Assessment Tool**

Dan reminded all that we were to take an online assessment of our programs to be sure there is sustainability in each. Since each program is the result of what we have discussed here, we need to be sure we are evaluating each program. Several members have taken the assessment but there are others he still needs to hear from.

### **Safe Communities Annual Report**

The National Safety Council is requiring that we have a teen driving program and evaluation each year. We do not really have a program through NLSCAC but the high schools have a road to reality program. Dan indicated Allstate can bring a driving simulator and we could do a Teen Distracted Driving Presentation.

## **New Business**

We have been meeting since January of 2009 on a monthly basis as we were organizing and getting ready for designation as a Safe Community. After nearly 3 years, it is possible we might be able to go to quarterly meetings.

Dan passed out a draft of possible dates on a quarterly basis for 2012. Discussion followed.

Some ideas: we need to be sure each meeting is long enough to discuss future events; we will need to look at what we want to accomplish and break down goals for that on a quarterly basis; the possibility of changing the proposed October 31 meeting to October 24 of 2012.

All members seemed pleased to change to the quarterly meetings option. A motion was made by Kate Hall to change to quarterly meetings for 2012, Erika Leader provided a second to the motion. After no further discussion, the motion was carried unanimously.

## **Schedule of meetings for New Lenox Safe Communities America Coalition for 2012:**

January 25, April 25, July 25, October 24.

## **Strategic Planning**

Dan does not feel comfortable moving forward with new projects until all current programs are further along in their development. However, we can discuss this again at the January 25<sup>th</sup> meeting.

There was further discussion on the suicide prevention signs in New Lenox. It was decided we should look at the area along I-80 and Hwy 30 for the placement of signs. Perhaps we should place a story in the newspapers and on Channel 6 to make people aware of the signs.

Dan Martin thanked all on the coalition for all the work they have done on behalf of the Village and Police Department..

## **Organization Updates**

**Lynn Bigelow**—said AthletiCo celebrates its 20 anniversary next week; they are planning a big party to mark the milestone.

**Lisa Kline**—mentioned that the Lions Club Annual Blizzard Dinner/Dance was a big success. They are getting ready for Breakfast with Santa this Sunday.

**Lauren Lotz**—announced the Park District catalog for Winter/Spring 2012 is now out and they offer over 300 programs to residents. They are currently updating their website.

**Erika Leader**—said that Holiday Safety Tips are now being handed out.

**Pam Davis**—announced they received the keys to the new hospital on Nov. 1<sup>st</sup>. They will start doing orientation for new employees. The Illumination Gala will be on February 4 at the hospital. February 12 is the community Open House and February 6 is the Behavioral Health Unit Open House. All patients move into the hospital on February 26<sup>th</sup>.

**Kate Hall**—said she has been at the library now for a year. They are open again on Fridays from 10 am-6 pm. The coffee shop is also open again. They held a program called Food for Fines—money went to the food pantry and fines were forgiven. The Library Board is revising their mission statement to: “Inform, Enrich, Enlighten.” The board is also working on strategic planning; they are going to be applying for more grants and increase their revenue sources, however, they do not intend to hold another referendum.

**Phil Pfeifer**—mentioned a lot going on in youth sports right now and also commented on the 20 year anniversary of AthletiCo.

**Brenda Lutz**—said they are busy with end of the year projects. She said IDOT is pushing the Yellow Dot Program. They had it in Will County for years. She said it is time to promote this to the special needs community. She said the Will County 911 Office has packets of info on this and they can be gotten from the police department too.

**Michelle Batara**—said she is busy working with families who have many needs this Christmas.

**John Mitchell and Kevin Joyce**—the Red Cross is consolidating offices nationwide and the Chicago office is part of the consolidation. Some smaller chapters are closing. Chicago will now be handling DeKalb, Grundy, (Lake, Newton and Jasper in Indiana) and Kankakee Counties in Illinois in addition to all their previous areas. All employees will have a lot of additional duties.

**Kathie Johnson**—gave a wrap-up of Thanksgiving program for families. They handed out 120 turkeys. Donations are now coming in for Christmas. She recently accepted a check for \$10,000 for the food pantry. The Food Drive the scouts held filled the pantry to overflow capacity!

**Marcy Anderson**—in addition to the Thanksgiving Basket program at St. Jude's (in conjunction with the VFW Auxiliary), she mentioned the Christmas Giving Tree program is under way. Lots of families are in need again this year. She gave a brief update on some recent safety programs held at St. Jude School

**Tom Donegan**—Metra is raising its rates by 25% and there is a lot of reorganizing going on.

He has received numerous calls recently from different people around the Chicago area that are observing kids running under, through and around trains in order to take shortcuts to school. He has been going to the principals of the schools to point out the dangers. He has taken photographs with him to demonstrate to the schools, kids and parents the dangers of doing this! Although there is not much trouble with this kind of behavior in the New Lenox area, he may contact the school principals here and talk to them.

Tom indicated that the time from Thanksgiving to New Year's there is a big increase in suicides on railroad tracks.

**Mike Potocki**—said he has taken on 5 new volunteers; this brings their numbers back up to where they had been.

**Next Meeting Date**

The next meeting will be on **Wednesday, January 25, 2012, at 2:30 pm.** The meeting will be held in the Community Room at New Lenox Village Hall.

**Adjournment**

The meeting was adjourned at 4:05 pm.

**New Lenox Safe Communities America Coalition  
Meeting 11-08  
October 26, 2011 / 1:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin / NLPD (1:30pm\*)
2. Roll Call – Marcy Anderson / St. Jude's Catholic Church and School (1:35pm\*)
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Bob Nelson
  - t. Mark Cohen
  - u. Don Sebestyen
  - v. Tess Benham
  - w. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the September 28, 2011 Meeting – Dan Martin / NLPD (1:38pm\*)
4. Guest Speaker – Marta Keane, Recycling Program Specialist / Will County Land Use – Waste Services (1:40pm\*)
5. Old Business (2:00pm\*)
  - a. Suicide Prevention and Awareness Program Update – Dan Martin / NLPD



- i. Benefit at Tom Kelly's - Friday November 18, 2011
    - ii. Suicide Prevention Signs along METRA tracks
    - iii. Web site design
  - b. Falls Prevention Program Update – Lynn Bigelow / AthletiCo
    - i. Improve Your Balance & Prevent Falls Lecture – November 9, 2011
  - c. New Lenox CERT / MRC Program Update – Dan Martin / NLPD
    - i. Prairie State CERT Challenge - October 1, 2011
    - ii. Chicago Marathon – Sunday October 9, 2011
    - iii. French Market - Saturday October 15, 2011
    - iv. CERT Class #6 Graduation - Saturday November 12, 2011
  - d. 2011 Severe Weather Spotter Training / Health and Safety Expo Update – Dan Martin / NLPD
    - i. Mark your calendar – March 6, 2012
- 6. New Business (2:15pm\*)
  - a. Unwanted Medication Take Back – October 29, 2011 10:00am to 2:00pm @ NLPD
  - b. Organization Updates
- 7. Next Meeting: **November 30, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
- 8. Adjournment (2:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-08**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, October 26, 2011 / 1:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Lynn Bigelow at 1:35 pm.

**In Attendance**

Lynn Bigelow/AthletiCo, Marcy Anderson / St. Jude Parish and School, Lisa Kline/Suburban Bank & Trust, Lauren Lotz/New Lenox Park District, Michele Batara/Crisis Line of Will County, Alex Vancina/New Lenox Public Library (for Kate Hall), Don Sebestyen/Providence Catholic High School

Lynn announced that Dan Martin is in Springfield today to accept the Governor's Hometown Award awarded to New Lenox.

**Approval of the September 28, 2011 Meeting Minutes**

The Meeting Minutes for the September 28, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lisa Kline made a motion to approve them while Lauren Lotz provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Will County Recycling Presentation**

Marta Keane, Recycling Specialist for Will County Land Use, handed out several pamphlets regarding various types of recycling offered in Will County.

She indicated there will be another Hazardous Waste Recycling day this Saturday from 8 am-3 pm at Hadley Middle School in Homer Glen. This will include pesticides and oil collection. They do not take latex paints as they are not considered hazardous. Ace Hardware will recycle them or we can harden them ourselves by putting kitty litter in them and set outside on a sunny day to harden and then place in the garbage.

A permanent facility for hazardous waste is located in Naperville every Saturday and Sunday. Check the Will County Recycling website at [www.willcountygreen.com](http://www.willcountygreen.com) for information on this and all information presented by Marta today.

We can recycle CFL bulbs at the county or through Ace Hardware or Home Depot.

Will County now has a free Front Door Service recycling on electronics (the first in the nation). They will take up to 10 items at a time. This is at your front door, not at the

curb. Be sure to erase the memory on any computers, cell phones, printers, etc. before placing outside. Hard drives and other materials can be used again in creating other electronics. Information on this service is available on their website.

Will County has recycled over 1 million pounds in electronics in the past 2 years.

Marta mentioned the Green Business Program and some of the businesses participating. She mentioned there is a questionnaire that businesses can fill out on their website.

### **Old Business:**

#### **Suicide Prevention and Awareness Program**

Michelle and Lynn spoke about the Benefit for Suicide Prevention at Tom Kelly's. It has been rescheduled for Friday November 18<sup>th</sup>. The tickets and details are still being worked on.

The website design is still being worked on. Lynn said Dan would like a separate website for Safe Communities rather than just a link on the Village website. There will be a link from the Safe Communities site to Suicide Prevention. Michelle and Dan will meet again next Monday on this.

#### **Falls Prevention Program**

Lynn Bigelow reported on the upcoming "Improve Your Balance & Prevent Falls" Lecture on November 9<sup>th</sup>.

#### **New Lenox CERT and MRC Update**

- New Lenox CERT took first place at the Prairie State CERT Challenge October 1<sup>st</sup>!
- All went well at the Chicago Marathon on Oct. 9<sup>th</sup>. We had a delegation from our CERT team present.
- The 3<sup>rd</sup> date for CERT to be present at the French Market in New Lenox was on October 15<sup>th</sup>.
- Graduation of the 6<sup>th</sup> CERT Class is scheduled for November 12<sup>th</sup>.
- The 3<sup>rd</sup> Annual Severe Weather Spotter's Class and Health and Safety Expo will be March 6, 2012 and will be held at Lincoln Way West High School.

The question was asked if we might skip a December 2011 meeting of NLSCAC and NLCCC. Lynn said she would discuss that with Dan Martin.

### **New Business:**

Unwanted Medications Take Back will be this Saturday from 10 am-2 pm at the New Lenox Police Department. The NLPD and DEA are sponsoring this event. Bring unwanted medications to the police department on Haven Ave.

## **Organization Updates:**

**Lauren Lotz**—announced the Park District catalog for Winter/Spring 2012 will be in the November 17 issue of the *New Lenox Patriot*.

She asked all members to be vigilant by reporting any vandalism or illegal use of the parks that we may observe. She said they have been hard hit recently by the use of motorcycles and ATV's ruining the grounds. This is costing hundreds of thousands of dollars to repair, which they do not have. There has also been use of hard drugs, drinking and smoking going on in the parks. They have started a new program called "Stop Trashing Our Parks" and will have a mailing regarding this. She asked us to call authorities if we observe any misuse.

**Lisa Kline**—mentioned that the Lions Club Annual Blizzard Dinner/Dance is November 19<sup>th</sup> at the Lions Community Center. She has tickets, \$30 for those who would like to purchase them. She thanked all those who participated in Candy Day.

**Marcy Anderson**—passed out a sheet with several upcoming events at St. Jude's that are open to all in the community.

**Michelle Batara**—asked if we know of any groups that are doing things for families for Thanksgiving or Christmas. They have received some requests on the Suicide hotline from people who know they will not be able to provide food or gifts for their families this year.

She said United Way has asked them to keep track of people signing up for help to be sure they do not get help from more than one organization. They have a database that she is using to keep track of families.

**Don Sebestyen**—reported they had two drills recently at Providence HS. One was a surprise Fire Drill and the other an intruder/lockdown drill. All went well with both drills.

**Alex Vancina**—said a new tenant has moved into the coffee shop area of the New Lenox Library. It is called **Book N Bean II**. It is open from 10am until shortly before the library closes. He said they added back Friday hours to the library on September 2<sup>nd</sup>.

## **Next Meeting Date**

The next meeting will be on **Wednesday, November 30, at 2:30 pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

## **Adjournment**

The meeting was adjourned at 2:25 pm.

**New Lenox Safe Communities America Coalition  
Meeting 11-07  
September 28, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin / New Lenox Police Department (2:30pm\*)
2. Roll Call – Marcy Anderson / St. Jude's Catholic Church and School (2:35pm\*)
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Bob Nelson
  - t. Mark Cohen
  - u. Don Sebestyen
  - v. Tess Benham
  - w. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the August 31, 2011 Meeting – Dan Martin / New Lenox Police Department (2:38pm\*)
4. New Member - Bob Nelson / New Lenox School District #122 (2:40pm\*)
  - a. Motion to Approve
5. Hearts Network Presentation – Charlene Sligting-Doud / National Safety Council (2:45pm\*)

6. Old Business (3:10pm\*)
  - a. Suicide Prevention and Awareness Program Update – Dan Martin / New Lenox Police Department
  - b. New Lenox CERT / MRC Program Update – Dan Martin / New Lenox Police Department
  - c. National Preparedness Month – Dan Martin / New Lenox Police Department
7. New Business / Organization Updates (3:20pm\*)
8. Next Meeting: **October 26, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
9. Adjournment (3:30pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-07**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday, September 28, 2011 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:35 pm.

**In Attendance**

Dan Martin/New Lenox Police, Lynn Bigelow/AthletiCo, Marcy Anderson / St. Jude Parish and School, Jackie Mansholt/Will Co. Health Dept., Lisa Smith/Silver Cross Hospital, Kathie Johnson/New Lenox Township, Lisa Kline/Suburban Bank & Trust, Deb Hypke/New Lenox Chamber of Commerce, Ron Carlson/American Red Cross (for John Mitchell), Tom Donegan/Metra, Erika Leader/New Lenox FPD, Bob Nelson/ District 122, Lauren Lotz/New Lenox Community Park District, Gary Cheney/Fishers of Men, Phil Pfeifer/AthletiCo.

**Approval of the August 31, 2011 Meeting Minutes**

The Meeting Minutes for the August 31, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Erika Leader made a motion to approve them while Lauren Lotz provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

Dan Martin announced that Bob Nelson of New Lenox School District #122 has agreed to take Jennifer Zimmerman's place on the New Lenox Safe Communities America Coalition. Lauren Lotz made a motion to approve Bob as a member of the coalition, while Lisa Kline provided a second to the motion. After no further discussion, Bob was unanimously approved and welcomed to the Safe Communities Coalition.

**HEARTS Network Presentation**

Charlene Slighting-Doud of the National Safety Council gave a PowerPoint presentation on the HEARTS (Honoring Everyone Affected, Rallying The Survivors) Network. The purpose of the HEARTS Network is to lower the rates of car crashes among teen drivers. It also serves as a voice for survivors of crashes and those suffering the loss of a family member from a crash involving teens.

They are working to change teens' behaviors behind the wheel. Charlene pointed out that passengers are a distraction for teen drivers. The more passengers in the car, the higher the risk of crashes. The rate is the highest among 16-17 year olds. After age 30,

the rate drops much lower. Talking on the phone is a huge distraction because they are concentrating on too many things at once.

HEARTS encourages graduated stages before teens can drive unrestricted. At all stages they encourage no cell phone usage and that all use seat belts.

Charlene is a member of the HEARTS Community, as she lost her father in a crash involving a teen driver. For more information, we can go to the National Safety Council site at [www.nsc.org](http://www.nsc.org); email is: hearts@nsc.org. Her phone number is 630-775-2411.

The HEARTS Network is a program of the National Safety Council and was created with a grant from the Allstate Foundation.

### **Old Business:**

#### **Suicide Prevention and Awareness Program**

Dan met with an IT person yesterday and hopes to get a website up and running soon. He said this needs to be a standalone site that is user/editor friendly. It will have a link to the Crisis Line of Will County.

Dan mentioned that Tom Kelly's restaurant would do a fundraiser on November 19, to help NLSCAC with money going to help the hotline, as they are facing budget cuts. Dan asked if coalition members might be able to sell tickets to the fundraiser.

Lisa Kline mentioned that is the same night as the Lions Club annual Blizzard dinner/dance. There was discussion on asking Tom Kelly's if the date of the fundraiser could be changed. Dan will look into this.

Charlene Slighting-Doud suggested a Wine Auction as part of the fundraiser.

#### **New Lenox CERT and MRC Update**

- CERT newsletter is coming out soon with lots of info as they had a very busy summer
- The next CERT class begins tomorrow night with an updated curriculum
- Prairie State CERT Challenge is October 1st
- Tom Donegan has been doing disaster drills with police & fire
- National Preparedness Month events are winding down

### **New Business:**

#### **Organization Updates**

##### **Erika Leader**

- reported that \$3,000 was raised from the annual Guns & Hoses softball game. The money was for the New Lenox Food Pantry



- October 1<sup>st</sup> is National Fire Drill Day in the home. If we do a fire drill in our homes, please send her pictures
- The NLFPD will hold a blood drive on November 26 at Station #1 from 8 am-1 pm
- They are starting a cadet program for those ages 16-20 who show interest in fire service
- October 15 is their annual open house from noon-4 pm
- They will have a pancake breakfast October 22 from 8-10:30 am. It is free!
- Erika passed out a sheet with information on a \$10,000 grant she is hoping to get

**Lynn Bigelow**—gave a moving report on the “Ride 2 Recovery” bike ride she did which began at Ground Zero on September 11<sup>th</sup>. The trip was 530 miles long and took her from New York to Shansksville, PA and then to the Pentagon in Washington, DC. She told about the very special times she shared with the other riders and with those she met on the route. She definitely would do this again!

**Lisa Kline**—mentioned again that the Lions Club annual Blizzard dinner/dance is November 19<sup>th</sup>. She has tickets for those who would like to purchase them.

**Deb Hypke**—told all that this is Restaurant Week in New Lenox. The Chamber’s website is highlighting this. Go to their homepage and look for the listings of restaurants participating. It goes on through Saturday.

The second annual “Mind Over Miles” 8K run did well, even though it was a very rainy day.

**Marcy Anderson**—mentioned that one of the St. Jude School parents, who is a police officer, will give a presentation to older students on the dangers of posting something online that they might not want out there. Once something is posted it is there forever.

**Jackie Mansholt**—talked about a Mental Health Psychology program. This would be a good program to help break down the stigma of mental illness. She suggested this might be good in CERT training.

Jackie and Dan both said the new movie *Contagion* is an excellent movie.

**Gary Cheney**—reported that 2 semis full of hazardous household waste was collected during New Lenox ShareFest this year along with hundreds of other items that were cleaned up in town; he also mentioned the families that were helped in their homes. There were about 500 volunteers this year.

Gary also talked about another new movie coming out this weekend, *Courageous*.

**Phil Pfeifer**—informed all of the Coaches’ Flag Football game on October 9<sup>th</sup> in memory of student Chase Niemeier, who died last year. All the proceeds to go the

Chase Fund which helps give back to kids in the community in need. It will begin at 11 am at Lincoln-Way West.

**Tom Donegan**—is doing the annual disaster drill in Fox Lake this Saturday morning; it will simulate passengers needing to be evacuated due to a hazardous material emergency.

**Ron Carlson**—Talked briefly about NIPSTA

**Lisa Smith**—had no new updates on the new Silver Cross Hospital. She did, however, inform the coalition that she is planning on retiring next spring.

**Kathie Johnson**—reported that 40 people have signed up for the new Tai Chi Class. They don't all attend each week but the group is going well. A third class will start in December. She said Wayne, the instructor, does a great job with the seniors. She would like to see some Yoga classes offered in 2012.

Kathie talked about post operative cognitive disorder, which her mother was recently diagnosed with. She would like to find out more about it and report back to the coalition. She feels we could educate seniors in the community about this problem.

She mentioned the annual New Lenox Scouts food drive will be held on November 13. She feels help will be needed for the drive.

#### **Next Meeting Date**

The next meeting will be on **Wednesday, October 26, at 2:30 pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

#### **Adjournment**

A motion to adjourn the meeting was made by Deb Hypke and Jackie Mansholt provided a second to the motion. After no further discussion, the meeting was adjourned at 3:53 pm.

**New Lenox Safe Communities America Coalition  
Meeting 11-06  
August 31, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin / New Lenox Police Department (2:30pm\*)
2. Roll Call – Marcy Anderson / St. Jude's Catholic Church and School (2:35pm\*)
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Jennifer Zimmerman
  - t. Jon Mead
  - u. Mark Cohen
  - v. Don Sebestyen
  - w. Tess Benham
  - x. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the May 21, 2011 Meeting – Dan Martin / New Lenox Police Department (2:38pm\*)
4. Safe Communities America Conference (August 3<sup>rd</sup>-4<sup>th</sup>) Update – Tess Benham / National Safety Council (2:40pm\*)

5. Safe Communities America Annual Report (New) – Sergey Sinelnikov / National Safety Council (2:55pm\*)
6. Falls Prevention Program Update - Lynn Bigelow / AthletiCo (3:10pm\*)
7. Suicide Prevention and Awareness Program Update – Michele Batara / Crisis Line of Will County (3:15pm\*)
8. New Lenox CERT and Medical Reserve Corps Program Update – Dan Martin / New Lenox Police Department (3:20pm\*)
9. National Preparedness Month (September 2011) Update – Dan Martin / New Lenox Police Department (3:25pm\*)
10. New Business / Organization Updates (3:30pm\*)
11. Old Business (3:40pm\*)
12. Next Meeting: **September 28, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
13. Adjournment (3:45pm\*)

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-06**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday August 31, 2011 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:35 pm.

Dan Martin introduced Bob Nelson from School District 122 as our guest today.

**In Attendance**

Dan Martin/New Lenox Police, Lynn Bigelow/AthletiCo, Marcy Anderson / St. Jude Parish and School, Michele Batara/Crisis Line of Will County, Jackie Mansholt/Will Co. Health Dept., Lisa Smith/Silver Cross Hospital, Kathie Johnson/New Lenox Township, Lisa Kline/Suburban Bank & Trust, Deb Hypke/New Lenox Chamber of Commerce, Michael Potocki/New Lenox ESDA, Marie Kotoulas/ American Red Cross, Ron Carlson/American Red Cross (for John Mitchell), Tom Donegan/Metra, Erika Leader/New Lenox FPD, Alex Vancina/ New Lenox Public Library (for Kate Hall), Bob Nelson/ District 122 (for Jennifer Zimmerman), Lauren Lotz/New Lenox Park District, Gary Cheney/Fishers of Men, Don Sebestyen/ Providence Catholic High School, Tess Benham/NSC.

**Approval of the May 25, 2011 Meeting Minutes**

The Meeting Minutes for the May 25, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Jackie Mansholt made a motion to approve them while Lisa Smith provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Safe Communities America – New Annual Report**

Dan Martin introduced Sergey Sinelnikov who is Manager of Research for the National Safety Council. Sergey presented members with some information on the New Annual Report Guidelines for Safe Communities America Coalitions. He is hoping to get feedback on this new approach from our coalition as well as from other groups. He talked about the Coalition Self-Assessment Tool as a way to measure performance (how do we measure success for our coalition). This in part, helps when reporting to funding organizations.

An online, anonymous survey has been developed for coalitions to use. It will take about 10-12 minutes to complete the survey. There will be 14 other coalitions participating. It is hoped this survey will be ready by October. The results will be

compiled and analyzed by the NSC and they will provide us with feedback. From this report, we should be able to decide what direction we need to go as a coalition. It also gives us the opportunity to work with other coalitions to learn and improve ourselves and offer them assistance; it is an opportunity for us to learn from each other.

In the second part, we will be asked to create a Logic Model, which is more about specific programs we have in our coalition. This should be ready in October or later. This provides us with another tool for strategic planning.

### **Safe Communities America Conference**

Tess Benham reported on the Safe Communities America Conference on August 3 & 4. As part of the conference they had an international web conference with coalition members from around the globe.

Next month, NSC will have some new safety at home info on their website.

### **Falls Prevention Program**

Lynn Bigelow informed all that the first 12-week course of Tai Chi has ended. The course averaged 12 people per session.

Kathie Johnson reported that 29 people are signed up so far for the next 12-week session. It was noted that the classes are sponsored by the Senior Services of Will County and Safe Communities America Coalition and we should be sure that people are aware of that.

### **Suicide Prevention and Awareness Program**

Dan and Michelle talked about the two events on Suicide Awareness. Dan and Michelle will get together to talk about the website for Suicide Prevention.

### **New Lenox CERT and MRC Update**

- CERT members have been volunteering at community events throughout the summer
- The next CERT class begins on September 29<sup>th</sup>
- Dan Martin is looking for Letters of Support from coalition members for the Governor's Home Town Award. Letters need to be to Dan by Sept. 5<sup>th</sup>.
- Prairie State CERT Challenge is October 1<sup>st</sup>
- September is National Preparedness Month. The theme is: "A Time to Remember, a Time to Prepare." Please take a poster back to our place of business.

Jackie Mansholt said Will County Health sends out info on what needs to be in an emergency kit and adds two new items each month to the list so people can put together their own kit.

### **Organization Updates**

**Michael Potocki**—assessed schools' tornado drill routines.

**Tom Donegan**—has added teaching Operation Lifesaver to his duties at Metra. He will teach the program at high schools.

**Marie Kotoulas**—they have a current call out for blood; there is an urgent need following Hurricane Irene. She said donors should go to the American Red Cross website.

**Ron Carlson**—said he too is adding some extra duties at the ARC; he is adding Kankakee, Grundy and De Kalb Counties to his region.

**Lisa Smith**—the new Silver Cross Hospital is now 99% complete. The leadership team gets the keys to the facility November 1<sup>st</sup> and staff education begins in December. All patients will be moved into the new building on February 26<sup>th</sup>. They are working on the logistics of getting all patients moved in one day.

Physicians will be located in Pavilion A in December. The Children's Cancer Center opens in April of 2012; there will be an Open House on February 12<sup>th</sup> from 11am-5 pm; there will be a gala on Feb. 4<sup>th</sup>.

The VA has accepted the current Silver Cross Hospital and it will become an outpatient VA Center. It will open in March of 2013; they will occupy 39,000 square feet of the current campus.

**Gary Cheney**—September 1-11 marks the Eleven Days of Giving as part of ShareFest; hazardous waste collection will be Sept. 10<sup>th</sup>. (All the information is on the yellow handout.) There will also be a Health and Safety Fair from 10 am-1 pm and a job fair with 16 businesses signed up. The ShareFest website is up and running to check out all the information.

**Deb Hypke**—the second annual "Mind Over Miles" 8K run and 1 mile fun run/walk is scheduled for Sunday, September 18<sup>th</sup>. Proceeds support the Chamber's annual scholarship program for students.

**Erika Leader**—has some information about National Preparedness Month on the NLFPD website; she reminded all of the Guns & Hoses Charity softball game on Saturday September 10<sup>th</sup>. Admission is free, but food donations and monetary donations are being taken for the New Lenox Township food pantry.

**Jackie Mansholt**—the CDC and U.S. Marshall's Office recently reviewed and checked the Pharmaceutical Distribution Plan at the Will County Health Department. She has been working to prepare for the review all summer.

**Lisa Kline**—the Lions Club will have a technician present at ShareFest for eye exams.

**Lynn Bigelow**—will be riding in the “Ride 2 Recovery” bike ride which begins at Ground Zero on September 11<sup>th</sup>. The trip is 530 miles long and takes them from New York to Shansksville, PA and then to the Pentagon in Washington, DC. There are 380 riders participating.

**Next Meeting Date**

It was noted the next meeting date on the agenda is incorrect. The next meeting will be on **Wednesday, September 28<sup>th</sup> at 2:30 pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

**Adjournment**

The meeting was adjourned at 4:00pm.



**New Lenox Safe Communities America  
Meeting 11-05  
May 25, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin (2:35pm)\*
2. Roll Call – Marcy Anderson (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Jennifer Zimmerman
  - t. Jon Mead
  - u. Mark Cohen
  - v. Don Sebestyen
  - w. Tess Benham
  - x. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the April 27, 2011 Meeting – Dan Martin (2:37pm)\*
4. Slips, Trips and Falls for at Risk Populations Program - Lynn Bigelow (2:40pm)\*
  - a. Update on Kick-Off Luncheon – status of program
5. Suicide Prevention and Awareness Program – Michele Batara (2:50pm)\*

- a. Update on Candlelight Bowl and Fundraiser – status of program
- 6. New Lenox CERT and Medical Reserve Corps Update – Dan Martin (3:00pm)\*
  - a. May 1, 2011 – Loyalty Day Parade
  - b. May 21, 2011 – CERT / MRC Training at Frankfort Fire Station #3
  - c. Triple Play Concert Series
- 7. Old Business (3:10pm)\*
- 8. New Business / Organization Updates (3:15pm)\*
  - a. Safe Communities America Networking Conference August 3<sup>rd</sup> and 4<sup>th</sup> Itasca, IL
- 9. Next Meeting: **June 29, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
- 10. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-05**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday May 25, 2011 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:33 pm.

**In Attendance**

Dan Martin / New Lenox Police Department, Lynn Bigelow / AthletiCo, Marcy Anderson / St. Jude Parish and School, Michele Batara / Crisis Line of Will County, Jackie Mansholt / Will County Health Department, Lisa Smith / Silver Cross Hospital, Kathie Johnson / New Lenox Township, Lauren Lotz / New Lenox Community Park District and Gary Cheney / Fishers of Men.

**Approval of the April 27, 2011 Meeting Minutes**

The Meeting Minutes for the April 27, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lynn Bigelow made a motion to approve them while Lisa Smith provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow informed all that the senior lunch on May 18<sup>th</sup> had 50 people in attendance. There were folks from the press also in attendance.

At the first Tai Chi class yesterday, there were 25 people participating. Kathie Johnson attended the class and will continue to go each week in order to take attendance. She said the instructor, Wayne Jupiter, did a great job teaching the class. He went slow and answered participants questions. They can use this as a way to get participants to talk about slips, trips and fall.

Lauren Lotz will come to next week's class and take some photos and send to the press.

The class is every Tuesday from 1-2 pm and lasts 12 weeks. The cost for the entire 12 weeks is \$15. Lynn hopes that those who are happy with the course will spread the word. There is no special equipment needed to take Tai Chi.

Dan Martin said the bulk of the work on this is done but there will need to be some fine tuning along the way. We need to find a way to measure our success. The last data we

received on slips, trips and falls was from 2008. We need data from 2009-2011 in the 65+ population.

The data will come from zip code 60451 (this includes the Village and Township). This will keep the data consistent within the same area from which we took the data from 2008. We took data from the NLFPD and ER at Silver Cross Hospital. We will need to use both again to see if there are any significant changes. It may take up to 2 years to see if there are any changes.

It was suggested we ask the Tai Chi class if they have ever had a trip to the ER for a slip, trip or fall then ask them again periodically.

### **Suicide Prevention and Awareness Program**

Michelle Batara thanked everyone for all their help with the Candlelight Bowling event on May 21. They made over \$4,500 for the evening. The Suicide Prevention and Awareness Committee will decide exactly how to use the money. They may use for pamphlets or creation of a website.

The event was a lot of work but the rewards were worth it. People had lots of fun. It was nice that people gave back all or part of their winnings from the 50/50 raffle. The Peer Helpers from Lincoln Way did a great job.

Dan remarked that thank you notes will be written in the next couple of weeks to those who donated towards the raffle items. He said the management of Laraway Lanes was very helpful; they did all they said they would do to make the evening go well.

There was a suggestion that if this is done again, check boxes be placed on the tickets indicating if people plan to attend or plan to donate if not attending. This might be helpful in knowing just how many people to plan for at the bowling alley.

### **New Lenox CERT and MRC Update**

- May 1, they participated in the Loyalty Day Parade; they handed out literature as well as candy.
- May 21, 115 people participated in training: search, transport, triage, cribbing exercise, and team building. It was a great but intense 4 hour exercise held at the Frankfort Fire Station 3. Kathie thanked all those who have taken the CERT course, we never know when something terrible might happen and we will need these trained citizens.
- They have been asked to help out this year at the Triple Play Concert Series. They will also help at the Sean Kingston Concert at Lincoln Way Central in July.
- They are signed up for 3 Saturdays at the Farmer's Market this summer.
- There is a contingency that will help out at the Chicago Marathon in the fall.
- The latest newsletter for CERT/MRC is ready to go out.
- There are no training classes scheduled for this summer, they will resume in the fall. So far, 165 people have taken the CERT training.

## **Old Business**

Lauren Lotz asked again if anyone is interested in working at Proud American Days. We can make money for our organizations doing this. She asked again if NLSCAC and NLCCC would like to participate. Since she has not heard from us since she last mentioned it, does this mean we do not want to participate?

Proud American Days is July 28-31. They are in need of help on Friday evening, the 29<sup>th</sup>, from 4- midnight, approximately 40 people are needed and again on Saturday, the 30<sup>th</sup> (various hours) about 40-45 people. The shifts are 3 1/2 to 4 hours long.

## **New Business**

The annual Safe Communities America Networking Conference will be held August 3 & 4 in Itasca. Dan said there is so much information gleaned at this conference; it is hard to bring it all back. He encouraged as many of us as possible to attend.

Dan gave a synopsis of our first 18 months of existence as a coalition and how most of that was dedicated to achieving our designation as a Safe Community America.

This past year we have concentrated on the areas we knew needed to be addressed: Slips, Trips & Falls and Suicide Awareness and Prevention. Those two programs are underway and moving forward.

Dan wondered how we proceed as a coalition from here. Do we need to continue to meet each month or do we drop back to every other month or even quarterly and keep in touch through email in between time. Since attendance lately has been lagging, do we take the summer months off?

Dan would ideally like to invite speakers to attend our meetings but he needs to be sure that our members will be present for a speaker.

There was much discussion on how to proceed from here. Some ideas brought up:

- Can the by-laws be changed to reflect we meet less often than monthly?
- Do we need to set goals for the entire group rather than just for the committees?
- Our meetings should be more about decision-making, not just listening to updates.
- Do we need to do some strategic planning? Small groups dedicated to looking ahead 12 months or more into the future.
- Do we need to change the time of the meetings to later in the day?
- We will occasionally need new organizations/members to join the coalition.

The decisions made:

- Current projects will continue to be worked on over the summer.
- Dan will contact coalition organizations over the summer to see what their commitment is to the group. If they want to continue, they will be asked to attend meetings or send a substitute.
- We will take the summer months off and meet again on August 31<sup>st</sup>.
- The August meeting may focus on strategic planning.

- Bring back ideas from Safe Communities Conference that can be of help to us moving forward.

Dan mentioned one of the items on the agenda at the conference will be “sustaining coalitions after designation.” There are other groups who have faced the same challenges we are facing. This will be a good opportunity to find out how other groups move forward.

### **Organization Updates**

Gary Cheney reported that the Hazardous Waste info for Sharefest is now in a pdf format and on the ShareFest website.

### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, August 31 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 4:00pm.

**New Lenox Safe Communities America  
Meeting 11-04  
April 27, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Lynn Bigelow (2:35pm)\*
2. Roll Call – Marcy Anderson (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Jennifer Zimmerman
  - t. Jon Mead
  - u. Mark Cohen
  - v. Don Sebestyen
  - w. Tess Benham
  - x. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the March 30, 2011 Meeting – Lynn Bigelow (2:37pm)\*
4. Slips, Trips and Falls for at Risk Populations Program - Lynn Bigelow (2:40pm)\*
  - a. Update on program development
  - b. Update on May 18<sup>th</sup> kick-off luncheon

5. Suicide Prevention and Awareness Program – Michele Batara (2:50pm)\*
  - a. May 21, 2011 - Candlelight Bowl and Fundraiser
    - i. Collect ticket money, silent auction and raffle items
6. New Lenox CERT and Medical Reserve Corps Update – Mike Potocki (3:00pm)\*
  - a. April 9, 2011 – CERT Class #5 Final Exercise and Graduation
  - b. April 16, 2011 - CERT / MRC Training at Lincoln Way Christian Church
  - c. May 1, 2011 – Loyalty Day Parade
  - d. May 14, 2011 – Passenger Train Emergency Preparedness with Milton Corps Township CERT
  - e. May 21, 2011 – CERT / MRC Training at Frankfort Fire Station #3
7. Old Business (3:10pm)\*
  - a. American Red Cross Classes – Spring 2011 Courses
    - i. 04/02 and 04/03/2011- Wilderness Remote First Aid
8. New Business / Organization Updates (3:15pm)\*
  - a. Safe Communities America Networking Conference August 3<sup>rd</sup> and 4<sup>th</sup> Itasca, IL
9. Next Meeting: **May 25, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
10. Adjournment (3:30pm)\*



**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-04**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday April 27, 2011 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Lynn Bigelow at 2:32 pm.

**In Attendance**

Lynn Bigelow/AthletiCo, Marcy Anderson / St. Jude Parish and School, Michele Batara/Crisis Line of Will County, Alex Vancina (for Kate Hall)/ New Lenox Public Library, Lisa Kline/Suburban Bank and Trust, Ron Carlson (for John Mitchell) American Red Cross, Phil Pfeifer/AthletiCo, Erika Leader/NLFPD, Lisa Smith/Silver Cross Hospital and Gary Cheney/Fishers of Men.

**Approval of the March 30, 2011 Meeting Minutes**

The Meeting Minutes for the March 30, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Erika Leader made a motion to approve them while Michele Batara provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow informed all that the Senior lunch scheduled for May 18 is being advertised in various forms. It is in *The New Lenox Patriot*, the Chamber of Commerce included a flyer in their monthly mailing, and a message went out on the Community Alert Notification System.

The event will be held here in the Community Room from 11:30 am-1:00 pm. Senior Services of Will County will give a Tai Chi demonstration and Ericka Leader will talk about why we decided to start this program.

Lynn asked for some suggestions for catering the event. Some ideas were: Papa Joe's, The Irish Pig, and Gatto's; Wal-Mart might be willing to donate some sandwiches. This is a free lunch with a maximum of 45 people attending. People need to register ahead of time but there was no deadline given to register. Gary Cheney suggested that some locations might be willing to cater at \$5.00 a person. Lynn asked if anyone has any other suggestions to please get in touch with her.

### **Suicide Prevention and Awareness Program**

Michele Batara has tickets for the Candlelight Bowling event on May 21st. The evening will feature a Scotch Double Bowl.

There are already some tickets that have been turned in. She knows others have been sold but the money has not been turned in just yet. She asked if we have something to donate for prizes or silent auction to please get in touch with her or Dan Martin. Erika indicated the Fire Department could donate a Fire Engine Pick-Up Certificate.

There will be a door prize so we should keep our ticket stubs! The winner need not be present to win.

### **New Lenox CERT and MRC Update**

There was no CERT report this month.

### **Old Business**

Ron Carlson said he would check with John Mitchell for an update on the Wilderness and Remote First Aid Course which was held here in Village Hall on April 2 and 3.

Lynn Bigelow said the Cheerleading Injury Prevention Lecture so far has 25 people signed up. It will be held here in the Community Room on May 12 at 7:00 pm. As part of the program, they have 2 physical therapists, 1 athletic trainer and 1 physician scheduled to give this lecture.

Lynn asked if anyone present has any ideas for future presentations, to please let her know.

### **New Business**

The annual Safe Communities America Networking Conference will be held August 3 & 4 in Itasca. Lynn asked all to consider going for either one or two days.

### **Organization Updates**

*Erika Leader* said the recent babysitting academy was beyond her expectations! She recently had sign-ups for the next session, and it is already full.

She invited all to attend 31¢ Scoop Night at Baskin Robbins on Laraway Rd. from 5-10 pm tonight. All money raised goes to the National Fallen Firefighters Foundation to benefit children of fallen firefighters.

*Gary Cheney* recently met with the manager of the Slammers; he indicated to Gary that he is interested in doing some publicity with groups in the area and getting to know those groups.

Gary told everyone about the annual curbside collection for New Lenox Township which is coming up on Saturday, May 7<sup>th</sup>.

Gary mentioned this will be the 5<sup>th</sup> year for ShareFest in New Lenox. This year it will be held on Saturday, September 10 from 9 am-3pm.

As part of ShareFest, there will be a Health Expo to be held at Spencer Trail School. There are some organizations who indicated they would like to be a part of this and Gary asked if New Lenox Safe Communities America and New Lenox Citizen Corps Council would also like to participate.

Lisa Kline indicated it might be possible to get the Lions Club to do a free hearing test and perhaps send their diabetes bus to the expo.

Gary said there would be a Career Service Info in the Community Room on Friday September 9, as a part of ShareFest.

He also explained more fully the charge to ShareFest for the hazardous waste disposal. The larger an event the more it costs to dispose of the waste.

*Lisa Smith* told all that the target date for accepting the first patients into the new Silver Cross Hospital is February 26, 2012. There is another office building going up on the Silver Cross campus and a Cancer Center is also planned.

*Alex Vancina* reported that the Spring Arts Festival at New Lenox Public Library is scheduled for Saturday, May 7 from 7-11 pm. It is sponsored by the Friends of the Library. Tickets in advance are \$30, \$40 at the door; \$25 for seniors.

### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, May 25 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

The meeting was adjourned at 3:10pm.

**New Lenox Safe Communities America  
Meeting 11-03  
March 30, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin (2:35pm)\*
2. Roll Call – Marcy Anderson (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Jennifer Zimmerman
  - t. Jon Mead
  - u. Mark Cohen
  - v. Don Sebestyen
  - w. Tess Benham
  - x. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the February 23, 2011 Meeting – Dan Martin (2:37pm)\*
4. Slips, Trips and Falls for at Risk Populations Program - Lynn Bigelow (2:40pm)\*
  - a. Update on Breakfast with seniors
  - b. Program Update

5. Suicide Prevention and Awareness Program – Michele Batara (2:50pm)\*
  - a. May 21, 2011 - Candlelight Bowl and Fundraiser
  - b. Program Update
  
6. New Lenox CERT and Medical Reserve Corps Update - Dan Martin (3:00pm)\*
  - a. March 1, 2011 - Health and Safety Expo / Severe Weather Spotter Training
  - b. March 16, 2011 - Training at Lincoln Way Christian Church
  - c. March 19, 2011 - Chamber of Commerce Spring Expo
  - d. March 25, 2011 - St. Baldrick's Event at Gatto's
  - e. April 9, 2011 - CERT Class #5 Final Exercise and Graduation
  
7. Old Business (3:10pm)\*
  - a. American Red Cross Classes – Spring 2011 Courses
    - i. 03/05/2011 – First Aid for Pets
    - ii. 04/02 and 04/03/2011- Wilderness Remote First Aid
  
8. New Business / Organization Updates (3:15pm)\*
  - a. April 1, 2011 - Great Central U.S. Shakeout <http://www.shakeout.org/centralus/>
  - b. April 15, 2011 / 7:00pm - Village of New Lenox Appreciation Dinner
  
9. Next Meeting: **April 27, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
  - a. Dan Martin will be on vacation this week. Lynn Bigelow to Chair this meeting.
  
10. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-03**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday March 30, 2011 / 2:30 p.m.**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:33 pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lynn Bigelow, AthletiCo, Marcy Anderson / St. Jude Parish and School, Michele Batara/Crisis Line of Will County, Lauren Lotz / New Lenox Park District, Kate Hall/ New Lenox Public Library, Brenda Lutz/Will County EMA, Jackie Mansholt/Will County Health Dept., Lisa Kline/Suburban Bank & Trust, Ron Carlson (for John Mitchell) American Red Cross and Gary Cheney/Fishers of Men.

**Approval of the February 23, 2011 Meeting Minutes**

The Meeting Minutes for the February 23, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Brenda Lutz made a motion to approve them while Jackie Mansholt provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Guest Introduction**

Megan Cassidy of the Wilmington Coalition for a Healthy Community was introduced by Dan Martin. Megan is doing a lot of the things we are doing here in New Lenox, and thought the meeting would be helpful to her.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow indicated the Focus Group did not work out as expected. Therefore we will tentatively schedule a lunch for May 11<sup>th</sup> at 11:30 am. We will cap the RSVP's to this lunch at 40 people.

Wilma Hopkins from the Joliet Senior Services Center and Lynn will present Tai Chi and other options at this gathering to the seniors. The Tai Chi classes can be done either at the Senior Center in New Lenox or here at the Village Hall or possibly the library. We will need to check the availability of rooms at each location.

The Tai Chi classes can take up to 40-50 participants but we are leaning more towards having 30 in a class. The cost of the entire 12-week program is only \$15.

Kate Hall mentioned that she spoke with someone from Paradise Park and they might be interested in partnering with us on these classes.

The Minnesota Safety Council is giving us permission to use their safety check list; we will make changes to apply to New Lenox. They only ask that they be acknowledged as the source of the check list.

Lynn reminded all of the Cheerleading Injury Prevention Program on May 12<sup>th</sup> from 7-8:30 pm here in Village Hall. They already have 15 people signed up. This program is for parents, coaches and cheerleaders. At the end of the program, participants will be asked for input on future presentations. Some suggestions from coalition members were: soccer, arena football and nutrition for athletes.

It was suggested that Channel 6 video the presentation. Lynn will check with the presenters to see if they are okay with this.

### **Suicide Prevention and Awareness Program**

Michelle Batara and Dan updated the group on plans for the Candlelight Bowl fundraiser at Laraway Lanes on May 21 from 7-11 pm. The cost of the evening will be \$30 per person and includes bowling, shoe rental and food. Families are welcome to attend but it will be geared towards teenagers and older.

Members were asked to take tickets to sell to the event. We need to sell 144 tickets. Members are asked to bring money to the next meeting. Checks for the event should be made out to Crisis Line of Will County.

Flyers and posters are being made for the event and Dan is sending out letters to businesses for raffle and silent auction items. Dan indicated only a small amount of money will be made off the bowling itself so it is important to get raffle and silent auction items. Electronic letters will be sent to members to familiarize ourselves with the information so we can seek donations from businesses.

Dan and Michelle will take donated items and create baskets for the silent auction so each basket is of relatively equal value.

It was suggested we check with the New Lenox Chamber of Commerce to help with advertising the event.

Volunteers have indicated they could help establish a website for Suicide Awareness but volunteers have a hard time finding time to do this. Money raised at the Candlelight Bowl will be used to pay someone to create a website.

### **New Lenox CERT and MRC Update**

Dan Martin reported:

- CERT members did a Round Robin exercise on March 16<sup>th</sup> at Lincoln Way Christian Church.

- They also had a table at the Chamber of Commerce Expo on March 19<sup>th</sup>.
- They will have a table at the local Farmer's Market on Saturday mornings this summer at Village Hall. So far they have signed up for 3 dates.
- The CERT team raised \$1500 at the St. Baldrick's event on March 25<sup>th</sup>.
- The next CERT graduation will be on April 9<sup>th</sup>.
- They are signed up to participate at the Chicago Marathon on October 9<sup>th</sup>.

### **Old Business**

#### **2011 Health and Safety Expo**

Dan reported there were 350 people in attendance for the Severe Weather Spotters Class and Health and Safety Expo on March 1 at Lincoln Way Central High School.

Dan reminded all that the next American Red Cross class is: Wilderness and Remote First Aid Course. It will be held here in Village Hall on April 2 and 3 and the class is full. Those taking this course need to have an AED/CPR card

NLSCAC will continue to work with American Red Cross to offer other classes in the future.

### **New Business**

April 15<sup>th</sup> will be the Village Appreciation Dinner for employees and volunteers of the Village of New Lenox. NLSCAC and CCC members are invited to attend. Members should receive an invitation in the mail and are asked to RSVP. It will be held at 7:00 pm in the Village Hall Community Room and Rotunda.

Brenda advised all that on April 28<sup>th</sup> at 10 am will be the "The Great Central U.S. Shakeout." So far 58,000 people in Illinois are signed up to participate. It is an exercise for preparedness in case of an earthquake. The website for this is [www.shakeout.org/centralus/](http://www.shakeout.org/centralus/)

Jackie told all not to get or take iodine tablets as a preventative, as a result of the radiation release from the nuclear power plant in Japan.

### **Organization Updates**

**Kate Hall** gave information on some new services and programs coming up at the library.

**Lisa Kline** said she is not sure if there will be a Community Night at the Jackhammers this year. She has not heard anything about it thus far.

**Laruen Lotz** announced that the new catalogue from the Park District is in today's Patriot.

Proud American Days (PAD) is set for July 28-31. She indicated any organization, including CERT, NLSCAC or the organizations each member represents can be a PAD Partner on a specific day of the event. PAD Partners get \$10 per hour for their



organization. Organizations can wear their own T-shirts during the times they are working or they can buy them from the Park District.

**Gary Cheney** gave an update on ShareFest on Sept. 10th. The Hazardous Waste Collection will take place at Spencer Trail School. They need to raise \$35,000 to hold the collection and so far have \$32,000.

Dan Martin said he would like to connect Gary and Megan Cassidy on recycling issues.

Gary reminded all that the Fishers of Men Annual Unity Breakfast is this weekend and the theme is Virtue Based Sports.

**Jackie Mansholt** reported there is a lot of info in the media lately about a "Super Bug" going around. So far, it is not in Illinois and tends to affect those in nursing homes and hospitals. It does not usually affect those who are healthy, at home folks. She did stress the need to wash hands frequently. Since this is caused by bacteria, there is no antibiotic for this "bug."

She also talked about the regional exercise which will be held in Stickney this year on April 13<sup>th</sup>. Volunteers are needed to be actors/players in the exercise.

**Marcy Anderson** mentioned a blood drive at St. Jude on April 12th. It is open to anyone in the community who would like to donate.

**Michelle Batara** thanked all for help with the Candlelight Bowl; she is willing to take any help she can get on this.

**Megan Cassidy** said we are doing a lot of great things here in New Lenox; she has lots of info to take back with her.

### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, April 27 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

Dan Martin will be out of town that week. Lynn Bigelow will chair the meeting in his absence.

### **Adjournment**

The meeting was adjourned at 3:40 pm.

\*\*Members received handouts on: "The Great Central U.S. Shakeout," a list of websites on nuclear power plants and radiation, how to donate to the earthquake victims in Japan, and a copy of the letter going to businesses in the area requesting assistance for the Candlelight Bowl.\*\*

**New Lenox Safe Communities America  
Meeting 11-02  
February 23, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin (2:35pm)\*
2. Roll Call – Marcy Anderson (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Erika Leader
  - q. Lisa Smith
  - r. Kate Hall
  - s. Jennifer Zimmerman
  - t. Jon Mead
  - u. Mark Cohen
  - v. Don Sebestyen
  - w. Tess Benham
  - x. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the January 19, 2011 Meeting – Dan Martin (2:37pm)\*
4. Slips, Trips and Falls for at Risk Populations Program - Lynn Bigelow (2:40pm)\*
5. Suicide Prevention and Awareness Program – Jackie Mansholt (2:50pm)\*

6. New Lenox CERT and Medical Reserve Corps Update - Dan Martin (3:00pm)\*
  - a. Assisted with shelter(s) during February 1-2, 2011 blizzard
  - b. February 15, 2011 training
  - c. CERT Class #5 starts February 24, 2011
  
7. Old Business (3:10pm)\*
  - a. 2011 Health and Safety Expo – Tuesday March 1, 2011
    - i. Participating individuals and organizations
    - ii. Table set-up starting at 5:00pm
  - b. American Red Cross Classes – Spring 2011 Courses
    - i. 03/05/2011 – First Aid for Pets
    - ii. 04/02 and 04/03/2011- Wilderness Remote First Aid
  
8. New Business / Organization Updates (3:20pm)\*
  - a. Safe Communities International Update (summary of February 15, 2011 conference call)
  - b. Blizzard of 2011 – lessons learned and utilizing our group as a planning resource
  
9. Next Meeting: **March 30, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
  
10. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Meeting 11-02**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday February 23, 2011 / 2:30 p.m.**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:35 pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lynn Bigelow / AthletiCo, Marcy Anderson / St. Jude Parish and School, Deb Hypke / New Lenox Chamber of Commerce, Kathie Johnson / New Lenox Township, Michele Batara / Crisis Line of Will County, Lauren Lotz / New Lenox Park District, Phil Pfeifer / AthletiCo, Erika Leader / New Lenox Fire Protection District, Lisa Smith / Silver Cross Hospital, Don Sebestyen / Providence Catholic High School, and Gary Cheney / Fishers of Men.

**Approval of the January 19, 2011 Meeting Minutes**

The Meeting Minutes for the January 19, 2011 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Erika Leader made a motion to approve them while Michele Batara provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Guest Introductions**

Pat Hensley, Executive Director of Senior Services Center of Will County introduced herself and spoke briefly about some of the programs offered to seniors in the community.

Lauren Lotz introduced Kathy Claver of the New Lenox Park District who coordinates programs for seniors.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow indicated we will partner with Senior Services Center of Will County for the Slips Trips and Falls program and for the Senior Breakfast being planned for March 30<sup>th</sup> at 8:00 am.

She said she has planned on calling the seniors program, "Seniors, Watch Your Step".

There was discussion on different types of strength and balance classes to offer seniors including Tai Chi, Yoga and Zumba.

There was also lengthy discussion on how many people to invite to the Seniors Breakfast and how best to advertise the breakfast which is being held to seek feedback from seniors on what kind of safety programs they would like to see created.

It was decided to offer just a light breakfast of: juice, coffee, fruit and bagels, etc. and to invite approx. 40-50 people.

Kathie Johnson reported the Community Room is available to host the breakfast on March 30<sup>th</sup>.

Dan Martin, Lynn Bigelow and Erika Leader will continue to work on details of the breakfast before March 30<sup>th</sup>.

Lynn reminded all that the "Avoiding Overhead Throwing Injuries" lecture is scheduled for this evening at 6:30 pm in the Village Hall Community Room.

### **Suicide Prevention and Awareness Program**

The Suicide Prevention Group has not met recently. However, Dan talked about the first awareness event we will hold in May. It is a Candlelight Bowl fundraiser at Laraway Lanes on May 21 from 7-11 pm. The money raised will go to the Crisis Line of Will County and to the NLSCAC Suicide Prevention Program.

Tickets will be sold to 144 people (6 per lane) and there will be tables for silent auction and raffle prizes. Dan provided informational sheets on the event including food package, cash bar, etc. and what still needs to be done for the event. Dan indicated a sub-committee needs to meet regarding this event.

May was picked for the event because it is Mental Health Awareness Month.

### **New Lenox CERT and MRC Update**

Dan Martin advised that the CERT and MRC groups did a great job during the recent blizzard helping stranded motorists and offering them shelter and food. Dan suggested NLSCAC / NLCCC should serve as the entity that creates a plan for future weather emergencies.

The newest CERT class will begin tomorrow evening, and once again there is a full class.

### **Old Business**

#### **2011 Health and Safety Expo**

Dan Martin advised that there are 190 people so far who have signed up for the Severe Weather Spotters Class and Health and Safety Expo on March 1, 2011 at Lincoln Way Central High School.

Dan asked for volunteers from NLSCAC to help with the event. Marcy Anderson volunteered to help with registration. Dan indicated the class will start at 7:00 pm with

the presentation of colors by the Lincoln Way Central High School Jr. ROTC, followed by a few remarks by Mayor Baldermann. Mark Strehl, meteorologist from Fox News Chicago, will also say a few words before the class begins.

So far there are 20 organizations that will be setting up exhibits for the Health and Safety Expo which will begin at 6:00 pm. Dan indicated it is too late for our NLSCAC to set up a table this year, but we should be sure to have a table at the Expo next year.

Dan reminded all that the American Red Cross has two more classes coming up which are being offered here in the Village Hall Community Room. To register, go to their website.

### **New Business**

Dan gave an update from Safe Communities International. Their founder is retiring so there will be some changes coming, including some new by-laws. There is a question as to whether we will have to pay dues to the international organization.

### **Announcements**

Gary Cheney talked about Fishers of Men upcoming Annual Unity Breakfast on April 2<sup>nd</sup>.

Gary also mentioned the ShareFest Committee had their first meeting yesterday for 2011. Gary mentioned the possibility of a Job Fair and Health Fair at Lincoln Way West as part of Sharefest. He also talked about the number of households (645) that participated in the Hazardous Waste recycling last year during ShareFest. Does NLSCAC want to participate this coming year? The ShareFest website is back up for this year: [www.sharefestnewlenox.com](http://www.sharefestnewlenox.com).

Kathie Johnson stated that New Lenox Loyalty Day Parade would be a good time for us to introduce our organization to the community. She also said the Moving Wall memorial will be in New Lenox on Memorial Day weekend and volunteers are needed.

Deb Hypke reminded all of the Community Expo and Home Show on March 19<sup>th</sup>. Information is available on the Chamber's website.

Erika Leader announced that the NLFD is offering a program on carbon monoxide awareness and a stroke prevention program. She offered packets of information to members.

Marcy Anderson mentioned an upcoming speaker's event at St. Jude Church on March 6<sup>th</sup>.

### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, March 30<sup>th</sup> at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

**Adjournment**

The meeting was adjourned at 3:46 pm.

**New Lenox Safe Communities America  
Meeting 11-01  
January 19, 2011 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin (2:35pm)\*
2. Roll Call – Marcy Anderson (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Jennifer Zimmerman
  - q. Jon Mead
  - r. Mark Cohen
  - s. Don Sebestyen
  - t. Tess Benham
  - u. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the November 17, 2010 Meeting – Dan Martin (2:37pm)\*
4. Introduction of Kate Hall / Director, New Lenox Public Library – Dan Martin (2:39pm)\*
  - a. Motion to approve Kate as a member of the New Lenox Safe Communities America Coalition
5. Introduction of Lisa Smith / Manager, Behavioral Health Services at Silver Cross Hospital – Dan Martin (2:42pm)\*



- a. Motion to approve Lisa as a member of the New Lenox Safe Communities America Coalition
- 6. Introduction of Erika Leader / Fire Prevention and Public Education Coordinator for the New Lenox Fire Protection District – Dan Martin (2:45pm)\*
  - a. Motion to approve Erika as a member of the New Lenox Safe Communities America Coalition
- 7. Slips, Trips and Falls for at Risk Populations Program - Lynn Bigelow (2:48pm)\*
- 8. Suicide Prevention and Awareness Program – Dan Martin (2:58pm)\*
- 9. New Lenox CERT Update - Dan Martin (3:08pm)\*
- 10. New Lenox Medical Reserve Corps Update – Dan Martin (3:11pm)\*
- 11. Old Business (3:14pm)\*
  - a. American Red Cross Classes – Spring 2011 Courses
    - i. 02/19/2011 – Standard First Aid
    - ii. 03/05/2011 – First Aid for Pets
    - iii. 04/02 and 04/03/2011- Wilderness Remote First Aid
  - b. 2011 Health and Safety Expo – Tuesday March 1, 2011
    - i. Participating individuals and organizations
- 12. New Business / Organization Updates (3:20pm)\*
  - a. Youth Sports Health and Safety Committee – Prevention of throwing injuries lecture (Lynn Bigelow)
- 13. Next Meeting: **February 23, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
- 14. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday January 19, 2011 / 2:30 p.m.**

**#11-01**

**Call to Order**

The meeting of the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30 pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lynn Bigelow / AthletiCo, Brenda Lutz / Will County EMA, Lisa Kline / SBT Bank, Kathie Johnson / New Lenox Township, Michele Batara/Crisis Line of Will County, Phil Pfeifer/AthletiCo, Michael Potocki / New Lenox ESDA, Tome Donegan / Metra and Mark Cohen / Lincoln Way School District #210.

Also in attendance were: Erika Leader/ New Lenox Fire Protection District, Ron Carlson / American Red Cross, Kate Hall / New Lenox Public Library, Lisa Smith / Silver Cross Hospital and Michael from the New Lenox Patch.

**Approval of the November 17, 2010 Meeting Minutes**

The Meeting Minutes for the November 17, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Michael Potocki made a motion to approve the Minutes while Lynn Bigelow provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Introduction and Approval of Kate Hall / New Lenox Public Library**

Dan Martin introduced Kate Hall who is the new Director of the New Lenox Public Library. Kate spent a few minutes sharing her work experience with coalition members and advised that she is settling into her new position nicely. Following Kate's introduction, Dan Martin made the recommendation that she should become an active member of the New Lenox Safe Communities America Coalition. At this time Brenda Lutz made a motion to approve Kate as a member while Lisa Kline provided a second to the motion. After no further discussion, Kate was approved.

Following the introduction and approval of Kate as a new member, she introduced Alex Vancina who is the Network Administrator for the New Lenox Public Library. Alex is also an active member of the community; he serves as a volunteer for New Lenox ESDA and New Lenox CERT / MRC. Alex will be attending the NLSCA Meetings with Kate or in Kate's absence.

### **Introduction and Approval of Lisa Smith / Silver Cross Hospital**

Dan Martin introduced Lisa Smith who is the Manager of Behavioral Health Services at Silver Cross Hospital. Lisa has been assisting with the development of the Suicide Prevention and Awareness Program. Lisa spent a few minutes sharing her work experience with coalition members and shared that she is also a New Lenox resident. Following Lisa's introduction, Dan Martin made the recommendation that she should become an active member of the New Lenox Safe Communities America Coalition. At this time Brenda Lutz made a motion to approve Lisa as a member while Michael Potocki provided a second to the motion. After no further discussion, Lisa was approved.

### **Introduction of Erika Leader / New Lenox Fire Protection District**

Dan Martin introduced Erika Leader who is the Fire Prevention and Public Education Coordinator for the New Lenox Fire Protection District. Erika has been attending the Safe Communities America Coalition Meetings on behalf of Chief Jon Mead. Erika has made significant contributions during meetings and has assisted with committee work outside of the monthly meetings. As such, Dan Martin made the recommendation that she should become an active member of the New Lenox Safe Communities America Coalition. At this time Lynn Bigelow made a motion to approve Erika as a member while Tom Donegan provided a second to the motion. After no further discussion, Erika was approved.

### **Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow tentatively suggested that the name of this program be "Seniors – Watch Your Step."

Lynn advised that she is in the process of designing a 'Home Hazard Analysis Check Sheet' which could be completed by someone participating in the program or perhaps by one of their relatives or neighbors.

Lynn is also researching the feasibility of working with a local hardware store such as Lowes, for the purpose of obtaining a discount for those participating in this program. The discount would apply to items such as grab bars that would be installed in shower areas or tubs.

Lynn also advised that she is in the process of scheduling a date for a breakfast or lunch with seniors for the purpose of kicking this program off.

Lynn stated that with the assistance of Kathie Johnson, she will reach out to Senior Services of Will County for the purpose of determining what types of programs they currently have in place. Tai Chi, yoga or anything related to strength and balance would be of interest. Lynn advised that once a contact is established with Senior Services, she will invite that person(s) to our next meeting.

### **Suicide Prevention and Awareness Program**

Dan Martin advised that the Suicide Prevention and Awareness Committee is in the process of researching the development of a web site where information regarding resources could be listed. In addition to the web site, the committee has been discussing the creation of an event(s) for the purpose of raising awareness about suicide. The committee will continue to meet regarding the development of a comprehensive suicide prevention and awareness program.

### **New Lenox CERT Update and Medical Reserve Corps Update**

Dan Martin advised that CERT Class #5 has been scheduled to begin on February 24, 2011. The first meeting of the New Lenox CERT / MRC is scheduled for 7:00pm January 19, 2011. During the meeting the team's new Training Matrix / Training Level Plan will be discussed along with some leadership changes.

Dan Martin advised that a \$5000.00 MRC Capacity Building Award was approved. A check will be sent in the near future which will be spent on training and equipment consistent with the guidelines of the award.

### **Old Business**

Dan Martin advised that three American Red Cross classes are scheduled as follows:

02/19/11 – Standard First Aid

03/05/11 – First Aid for Pets

04/02/11 and 04/03/11 – Wilderness Remote First Aid

Flyers for the American Red Cross classes were provided to all in attendance.

Dan Martin also advised that planning for the 2011 Health and Safety Expo / Severe Weather Spotter Training is moving ahead. The event will be held at Lincoln Way Central High School on Tuesday March 1, 2011. The Expo will take place from 6:00pm – 7:00pm and the Severe Weather Spotter Training will be from 7:00pm – 8:30pm. Any organization wishing to participate in the event should contact Dan.

Flyers for this event were provided to all in attendance. Brenda Lutz added that a new flyer will be created which will list a new phone number for RSVPs. Dan will forward the flyer to all members as soon as it's available.

### **New Business**

Lynn Bigelow advised that the Youth, Sports, Health and Safety Committee, in partnership with AthletiCo, will be sponsoring an injury prevention lecture on throwing injuries on February 23, 2011. The lecture will be held in the Community Room at the New Lenox Village Hall.

Dan Martin advised that the New Lenox Citizen Corps Council has been asked to participate in a trial registration of our Citizen Corps Council which will be done via the Internet. New Lenox will be one of three councils that will be registering online a week in advance of all other councils. Dan added that it's quite an honor to be asked and is a

direct result of our National Citizen Corps Achievement Award which has begun to open some doors for our council.

### **Announcements**

Kathie Johnson advised that she is now the local representative for the Salvation Army. Kathie summarized some her new duties and responsibilities with the Salvation Army. Kathie advised to contact her with any questions regarding the Salvation Army

### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, February 23, 2011 at 2:30pm.** The meeting will be held in the Community Room at New Lenox

**The meeting was adjourned at 3:40 pm.**

**New Lenox Safe Communities America  
Meeting 10-10  
November 17, 2010 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order – Dan Martin (2:35pm)\*
2. Roll Call – Marcy Anderson (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Marcy Anderson
  - d. Brenda Lutz
  - e. Jackie Mansholt
  - f. Lisa Kline
  - g. Deb Hypke
  - h. Kathie Johnson
  - i. Michele Batara
  - j. Phil Pfeifer
  - k. Lauren Lotz
  - l. Michael Potocki
  - m. Marie Kotoulas
  - n. John Mitchell
  - o. Tom Donegan
  - p. Jennifer Zimmerman
  - q. Jon Mead
  - r. Mark Cohen
  - s. Don Sebestyen
  - t. Tess Benham
  - u. JoAnn Potenziani
  - v. Rob Schiffbauer
3. Approval of NLSCAC Meeting Minutes from the October 27, 2010 Meeting – Dan Martin (2:37pm)\*
4. Slips, Trips and Falls for at Risk Populations Program - Lynn Bigelow (2:40pm)\*
  - a. Discussion
  - b. Guidance
    - i. Goals and Objectives
    - ii. Action Plan

5. Suicide Prevention and Awareness Program – Jackie Mansholt (2:55pm)\*
  - a. Synopsis of November 17, 2010 / 9:00am Committee Meeting
  - b. Discussion
  - c. Guidance
    - i. Goals and Objectives
    - ii. Action Plan
6. New Lenox CERT Update - Dan Martin (3:10pm)\*
  - a. CERT Class #4 Graduation Saturday October 30, 2010
  - b. Shelter Management Exercise Saturday November 13, 2010
  - c. Citizen Corps Council Grant for 2011 - \$5500.00 (application submitted)
7. New Lenox Medical Reserve Corps Update – Dan Martin (3:15pm)\*
  - a. Chamber of Commerce Mind Over Miles 8K Run Saturday November 6, 2010
  - b. MRC training / integration into CERT Training Curriculum
  - c. MRC Capacity Building Award for 2011 - \$5000.00 (application submitted)
8. Old Business (3:20pm)\*
  - a. American Red Cross Classes – Spring 2011
  - b. 2011 Health and Safety Expo – Tuesday March 1, 2011
9. New Business (3:25pm)\*
10. Next Meeting: **January 26, 2011 / 2:30pm** in the Community Room at the New Lenox Village Hall
11. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday November 17, 2010 / 2:30 p.m.**

**#10-10**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:30 pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lauren Lotz / New Lenox Park District, Marcy Anderson / St. Jude Parish and School, Lisa Kline / SBT Bank, Erika Leader/ New Lenox Fire Protection District, Don Sebestyen / Providence Catholic High School, Deb Hypke / New Lenox Chamber of Commerce, Kathie Johnson / New Lenox Township, Lynn Bigelow/AthletiCo, Michele Batara/Crisis Line of Will County, Phil Pfeifer/AthletiCo, and Marie Kotoulas/American Red Cross.

**Approval of the October 27, 2010 Meeting Minutes**

The Meeting Minutes for the October 27, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lisa Kline made a motion to approve them while Lynn Bigelow provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow reported that she met with a Tai Chi instructor in Orland Park. The woman instructor originally said she would come to New Lenox to do a class for seniors for \$70-\$100 for a six-week program. In a subsequent conversation, she changed the price to \$70 per night per person. Lynn advised her that that was too high a price per person.

Discussion amongst NLSCAC members included the possibility of paying the instructor \$120 per session and dividing that cost among the class participants. It was decided whoever teaches the class needs to be a certified instructor.

Kathie Johnson indicated she has someone in mind who might teach the class; she will check with them.

Lynn will meet with the manager of Lowe's tomorrow to see what they can help with regarding safety supplies for homeowners.

Erika reported she and Chief Mead have been doing some research on falls, as they have had many emergency calls lately due to falls. They found that Stanford University



Medical Center has a program for people who come into the emergency room for fall injuries. They are looking into the program and have a copy of it; it seems like a good program.

Dan indicated the first 15 participants will go through a pilot program that includes:

- Education
- Hazard analysis
- Tai Chi
- Home inspection

Dan suggests we work with Silver Cross Hospital and give patients information about the Slips, Trips and Falls Program.

It was suggested we need to create a name for the program other than slips, trips and falls. Erika mentioned the name of Stanford's program is "Farewell to Falls."

Lynn requested help on this committee. Erika will continue to work on it and Kathie Johnson said she would help with calls, etc.

### **Suicide Prevention and Awareness Program**

The Suicide Prevention and Awareness Committee met this morning. It was suggested that Lorrie Perry from the local (Will County) chapter of the National Alliance for the Mentally Ill be involved with the committee.

They talked about creating a website and looked towards Batavia's site as an example as it's well organized and very comprehensive. Dan will ask one of the New Lenox CERT members who specializes in web sites to assist with this project.

They discussed educating fire, police and first responders, but concentrate on educating the public first. We need to key into all ways that we can promote this to the public. October is National Suicide Prevention Month and May is Mental Health Awareness Month.

There are support groups for those who have tried to commit suicide as well as family members of those who have committed suicide or attempted suicide.

Suicide can be seasonal (Seasonal Affective Disorder--SAD), situational (divorce, loss of job, loss of family member, etc.) or a mental health issue. The month of April has the highest number of suicides.

Don Sebestyen spoke about the SPECTRUM program at Providence H.S. When they become aware that a student is going through a death in the family or divorce in the family they get the student to see a counselor. When a student's grades fall or behavior changes or the school becomes aware of problems, they go into the program where kids mentor other kids about their problems. They feel this works better than having an adult lecture to them.

Dan Martin asked anyone with additional ideas or suggestions regarding the Suicide Prevention and Awareness Program to please contact him or Michele; the committee will be meeting again in January, 2011.

### **New Lenox CERT Update**

Dan Martin advised that CERT graduated another 26 participants on October 30<sup>th</sup>.

Fifty CERT members recently participated in a Shelter Management exercise at Lincoln Way Central High School. They went through the process of setting up a temporary shelter in the school gym. Dan reported the exercise went very well.

The Citizen Corps Council Grant for 2011 has been applied for. 100% of the 2010 CCC Grant of \$7500 has been spent.

### **New Lenox Medical Reserve Corps Update**

The MRC participated in the Chamber of Commerce's Run Mind Over Miles 8K Run on November 6<sup>th</sup>. The run attracted approximately 80 participants. The New Lenox Chamber of Commerce received many compliments on having the MRC participating. They would like to do enough runs in the coming months that they can be a part of the Chicago Marathon next year.

Dan said he would like to incorporate the MRC training into the CERT training curriculum; it just makes sense to combine them.

### **Old Business**

- The Red Cross teaches a Wilderness Survival Course—CERT members would like to take this course.
- The NLFD will hold a Babysitting Course which will run for 6 weeks and will cost \$45. This is an extensive program and participants completing the course will be certified.

Therefore, NLSCAC will not hold a babysitting program through the American Red Cross.

- The NLFD is interested in having the American Red Cross do a pet CPR program and the fire department will host the event.
- Plans are still going ahead for the second Health and Safety Expo on March 1, 2011 at Lincoln-Way Central High School. The Expo will be held from 6-7 pm followed by the Weather Spotters Class from 7-9 pm.

### **New Business**

There was no new business.

### **Announcements**

- The annual Team Asset Family Fair will be March 11-12 at Lincoln-Way East.

- Lauren Lotz asked that we be careful not to double book Park District and Village events for the same dates and times. Dan suggested a Google calendar that can be shared by all members of NLSCAC and CCC members.
- Deb Hypke offered to have the Chamber set up a calendar. We can each go in and enter or view events.
- Lisa Kline reminded all of the Lions Club annual Blizzard Benefit Dinner Dance this Saturday evening. Proceeds go to purchase clothing and gifts for needy families for Christmas. They have over 60 families in need this year. Tickets are \$30 and items for the silent auction are still welcome. The dinner will be held at the Lions Community Center. The event begins at 6 pm with dinner served at 7 pm.

New Lenox Christmas on the Commons will be held on December 5<sup>th</sup>.

- Marie Kotoulas announced the Red Cross is participating in the Holiday Mail for Heroes again this year. Greeting cards are sent to military men and women serving overseas. Schools are invited to participate. Information is on their website
- Kathie Johnson indicated a lot of food was collected by the scouts this past weekend. The VFW Women's Auxiliary along with St. Jude's Church is preparing for the annual Thanksgiving baskets giveaway.

Kathie also mentioned the Wreaths Across America program. Wreaths will be placed on graves in all military cemeteries around the country on December 11<sup>th</sup>. Locally, Operation Care Package in Joliet is the contact for donating money for a wreath. Wreaths will be placed on graves in a ceremony at Abraham Lincoln Cemetery on December 11<sup>th</sup>. All are invited to attend.

- Marcy Anderson stated that 7 members of St. Jude office staff have now taken CPR/AED training with more staff still interested in taking the training. School personnel are all up-to-date with their training.
- Deb Hypke mentioned the Chamber of Commerce annual Holiday party on December 2<sup>nd</sup>. They ask those attending to bring coats, gloves, hats and scarves to assist with the police department annual winter clothing drive.

#### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, January 26, 2011 at 2:30pm**. The meeting will be held in the Community Room at New Lenox Village Hall.

**The meeting was adjourned at 3:45 pm.**

**New Lenox Safe Communities America  
Meeting 10-09  
October 27, 2010 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order (2:35pm)\*
2. Roll Call (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Lauren Lotz
  - d. Tom Donegan
  - e. Brenda Lutz
  - f. Marcy Anderson
  - g. Lisa Kline
  - h. Michael Potocki
  - i. Marie Kotoulas
  - j. John Mitchell
  - k. Jon Mead
  - l. Jackie Mansholt
  - m. Phil Pfeifer
  - n. Jennifer Zimmerman
  - o. Mark Cohen
  - p. Rob Schiffbauer
  - q. Don Sebestyen
  - r. Tess Benham
  - s. Deb Hypke
  - t. Kathie Johnson
  - u. JoAnn Potenziani
  - v. Michele Batara
3. Approval of NLSCAC Meeting Minutes from the September 29, 2010 Meeting (2:40pm)\*
4. Slips, Trips and Falls Within the 65+ Population - Lynn Bigelow (2:45pm)\*
  - a. Discussion regarding the development of an injury prevention program to address this issue.
5. Suicide and Attempt Suicide – Jackie Mansholt (2:55pm)\*

- a. Discussion regarding the development of a suicide prevention program to address this issue.
6. American Red Cross Ready Rating Program (3:05pm)\*
7. New Lenox CERT Update - Dan Martin (3:15pm)\*
8. New Lenox Medical Reserve Corps Update – Dan Martin (3:20pm)\*
9. Old Business (3:25pm)\*
10. New Business (3:30pm)\*
11. Next Meeting: **November 17, 2010 / 2:30pm** in the Community Room at the New Lenox Village Hall
12. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday October 27, 2010 / 2:30 p.m.**

**#10-09**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:35 pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Brenda Lutz / Will County EMA, Marcy Anderson / St. Jude Parish and School, Michael Potocki / New Lenox ESDA, Erika Leader / New Lenox Fire Protection District (on behalf of Jon Mead), Jennifer Zimmerman / NLSA #122, Mark Cohen / Lincoln-Way District #210, Lynn Bigelow / AthletiCo, Phil Pfeifer / AthletiCo, Jackie Mansholt / Will County Health Department, Michele Batara / Crisis Line of Will County and Gary Cheney / Fishers of Men.

\*\*Erika Leader said she will now be representing Jon Mead on the coalition.

Theresa (Terri) Rees of the American Red Cross was introduced as our guest at today's meeting.

**Approval of the September 29, 2010 Meeting Minutes**

The Meeting Minutes for the September 29, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Jackie Mansholt made a motion to approve them while Brenda Lutz provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow reported that she has contacted a yoga group in Orland Park to teach Tai Chi classes. The question remains where to hold them and who will pay any associated costs?

There was some discussion that perhaps Lowe's might donate items (such as handlebars to help people get in and out of tubs, showers etc.). There was also discussion on getting the NLFPS to help by doing in-home checks to be sure they are safe from hazards.

Dan reported there may be a challenge with funding for items, etc. to cover the cost of the programs.

Gary Cheney said he has discussed this with several men's groups in the community to see if they can help with purchasing items.

The question was raised, do we need to do some fundraising to cover the costs of programs?

### **Suicide Awareness and Prevention Program**

Jackie Mansholt reported on the Oct. 17<sup>th</sup> meeting of this committee.

They discussed:

- Training of first responders
- Possibly do a suicide prevention walk to bring attention to the problem
- Promotional material
- Discussed what is currently being done in the area

Dan has asked some representatives from Helping Hands McHenry County attend the next committee meeting. He also mentioned the website in Batavia as being a good resource for suicide prevention and awareness.

The next Suicide Prevention and Awareness Committee Meeting is Wednesday morning, November 17<sup>th</sup>.

### **American Red Cross Ready Rating Program**

For those who were unable to attend the webinar on this program, Terri Rees gave some information to the members. There are two programs, one for schools and one for businesses. They will go into both and do a rating and analysis of how well prepared they are for disasters. This is a free service. They ask that those participating work to improve by a minimum of 1% over the course of the next year. This is a national program that is currently being used by the Pentagon.

They also offer assistance to help schools/businesses bring their scores up.

There was discussion as to whether we should look to see if there are other programs offered before deciding on this or to see if this is a program we could create for ourselves.

Terry is in structure and development –the safety side of the Red Cross. She mentioned they have nowhere in this area to hold the regular programs that they offer. They offer CPR; Babysitting Classes (\$85) for 11-15 year olds. (They will be certified after they complete the program; there is also a 2-day class for \$150); a Pet First Aid class (4 hours for \$60), and a Slips, Trips & Falls seminar.

The NLFD is planning to start a babysitting class that is going to run \$25. They offer American Heart Association CPR courses; it was asked if we could do a pet first-aid class but make it cheaper.

Dan, Erika and Terri will continue to discuss what classes may work best for New Lenox residents.

### **New Lenox CERT Update**

At the October 20<sup>th</sup> General Meeting, there were 80 people in attendance. They may need to find another location to meet, perhaps Lincoln-Way West, to accommodate the growing number of team members.

When class #4 graduates on October 30<sup>th</sup>, there will be a total of 140 people who have completed the CERT course.

There is still difficulty in getting people to sign up to be placed in the special needs database. It was mentioned the term "special needs" is now changing to "functional needs."

### **New Lenox Medical Reserve Corps Update**

Dan Martin has applied for a \$5,000 Capacity Building Grant. He informed us that all members of CERT are also members of MRC; the two programs complement each other.

The Chamber of Commerce Run on November 6<sup>th</sup> will have two aid stands that will be staffed by CERT/MRC members.

It was pointed out that non-medical people can be members of MRC. CERT/MRC members are well-distributed area throughout New Lenox.

The website needs to be updated with all the new information.

### **Old Business**

Dan Martin reminded all that the Health and Safety Expo is scheduled for March 1, 2011 at Lincoln Way Central High School. Dan advised that Jim Alsopp will do the Severe Weather Spotter's Class.

Any organization wishing to have a display at the safety expo should contact Dan Martin.

### **New Business**

Dan announced that the National Safety Council's Keep Teen Drivers Alive Forum will be held on November 10 in Itasca. A flyer on the event was passed out to members.

The next meeting of the New Lenox Safe Communities America Coalition will be moved to Wednesday, November 17 at 2:30 pm so as not to interfere with Thanksgiving Week. There will be no meeting in December. The next regular meeting will be in January of 2011.

### **Announcements**

Brenda Lutz told the members that Dave Maurer taught a CPR class at Will County EMA recently and he said to tell all in the coalition hello!



Dan Martin told members during yesterday's storms, an F-2 tornado hit Peotone. Pictures are available online.

**Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, November 17, 2010 at 2:30pm.** The meeting will be held in the Community Room at the New Lenox Village Hall.

**Adjournment**

The meeting was adjourned at 3:35 pm.

**New Lenox Safe Communities America  
Meeting 10-08  
September 29, 2010 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order (2:35pm)\*
2. Roll Call (2:35pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Lauren Lotz
  - d. Tom Donegan
  - e. Brenda Lutz
  - f. Marcy Anderson
  - g. Lisa Kline
  - h. Michael Potocki
  - i. Marie Kotoulas
  - j. John Mitchell
  - k. Jon Mead
  - l. Jackie Mansholt
  - m. Phil Pfeifer
  - n. Jennifer Zimmerman
  - o. Mark Cohen
  - p. Rob Schiffbauer
  - q. Don Sebestyen
  - r. Tess Benham
  - s. Deb Hypke
  - t. Kathie Johnson
  - u. JoAnn Potenziani
3. Approval of NLSCAC Meeting Minutes from the August 25, 2010 Meeting (2:40pm)\*
4. Slips, Trips and Falls Within the 65+ Population - Lynn Bigelow (2:45pm)\*
  - a. Discussion regarding the development of an injury prevention program to address this issue.
5. Suicide and Attempt Suicide – Dan Martin on behalf of Jackie Mansholt (3:00pm)\*

- a. Discussion regarding the development of a suicide prevention program to address this issue.
6. New Lenox CERT Update - Dan Martin (3:10pm)\*
7. New Lenox Medical Reserve Corps Update – Dan Martin (3:15pm)\*
8. Old Business (3:20pm)\*
9. New Business (3:25pm)\*
  - a. Addition of Michele Batara from Crisis Line of Will County to the New Lenox Safe Communities America Coalition (motion required).
  - b. Replacement of Lauren Lotz as Secretary of the New Lenox Safe Communities America Coalition (motion required for new Secretary).
10. Next Meeting: **October 27, 2010 / 2:30pm** in the Community Room at the New Lenox Village Hall
11. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday September 29, 2010 / 2:30 p.m.**

**#10-08**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:36 pm.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lauren Lotz / New Lenox Park District, Brenda Lutz / Will County EMA, Marcy Anderson / St. Jude Parish and School, Lisa Kline / SBT Bank, William Potocki / New Lenox ESDA (on behalf of Michael Potocki), John Mitchell / American Red Cross, Chris Weber / New Lenox Fire Protection District (on behalf of Jon Mead), Jennifer Zimmerman / NLSD #122, Don Sebestyen / Providence Catholic High School, Deb Hypke / New Lenox Chamber of Commerce, Kathie Johnson / New Lenox Township and Gary Cheney / Fishers of Men.

**Approval of the August 25, 2010 Meeting Minutes**

The Meeting Minutes for the August 25, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lisa Kline made a motion to approve them while Kathie Johnson provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow was not able to attend the meeting due to illness. As such, Dan Martin provided a summary of a meeting that was held on September 20, 2010 between Lynn and Dan at AthletiCo in New Lenox.

Following a review of existing programs, it appears that a multi-disciplinary approach has proven to have the most success. The following areas were discussed:

- Host a meeting for “seniors” to provide information about the program.
  - Luncheon-style for approximately 30-40 seniors
  - Advertise / promote
    - Newspapers
    - Village web site
    - Channel 6 Cable TV
    - Village Newsletter
    - Community Alert / Notification System
  - Public Education
  - Home visit to check for hazards

- Perhaps request Lowes Home Improvement Center to donate / install handrails in tub / shower areas
- Balance and strength/conditioning
  - Tai Chi seems to be the most popular program

Of course, additional discussion needs to be had prior to the informational meeting. The NLSCAC needs to determine which of our organizations would be able to provide some of the above services related to the program. For example, who would conduct the home hazard inspections? Who would teach Tai Chi? These are issues that the committee will continue to work on and bring back to the group for additional discussion.

Following the meeting on September 20<sup>th</sup>, Lynn determined that the closest Tai Chi Instructor is in the Oak Forest / Orland Park area. Lynn advised that she needs to speak with the instructor to gain additional insight into the discipline and how it can help our targeted population.

Lynn also advised that she contacted Chief Mead at the NLFPD regarding the home safety inspections and he was open to the concept.

Lynn also advised that she would check with Lowes Home Improvement Center to determine if they would be willing to participate in the program by way of donation and installation of handrails (tub and shower) in the homes of those in need of such equipment.

Following the synopsis of the work that Lynn has accomplished thus far, Chris Weber advised that the NLFPD does conduct similar home inspections as previously discussed. Chris advised that he believed that the NLFPD would be able to assist with such a program. Dan Martin added that home inspection check lists do exist as they are utilized in programs sponsored by other designated Safe Communities.

Lauren Lotz advised that the New Lenox Community Park District would have a difficult time with the Tai Chi classes as they don't "own" any suitable facilities. In addition, Lauren advised that the Park District does have an exercise class designed for seniors but they've found that the seniors typically don't care for change. Kathie Johnson agreed and noted that she has also found that to be the case with her TRIAD work. Dan Martin suggested that we start from scratch with those that are interested in the program that would make suitable candidates.

A discussion was also held regarding funding for the program. The discussion included the suggestion that we apply for funding through grants. During the discussion it was noted that we might have a good chance based on the number of organizations that we have participating in the NLSCAC. Conversely, the demographics in New Lenox are such that funding through grants might be difficult.

Dan Martin advised that he will continue to work with Lynn on this program and additional information will be available at the **October 27, 2010** meeting.

### **Suicide and Attempt Suicide**

Jackie Mansholt was not in attendance as she was currently attending the CERT Train-the-Trainer Class in Springfield, IL. As such, Dan Martin provided a summary of a meeting that was held on September 15, 2010 at the Will County Health Department. Michele Batarra / Executive Director of Crisis Line (of Will County), Jackie and Dan attended the meeting.

During the meeting, Michele was kind enough to explain her role as Executive Director of Crisis Line along with the services that are available. Crisis Line is staffed by a small number of staff members and approximately 25 volunteers who answer the phones 24 / 7. Crisis Line provides information and referrals during times when individuals are facing difficult times. Not only does their staff provide suicide counseling and referrals but they also provide counseling / referrals for those in need of assistance with food, shelter, clothing and other services.

Crisis Line is accredited through the American Association of Suicidology for the intervention and prevention of suicide. Their professionals undergo extensive training in the areas of normal and abnormal psychology, suicide prevention and emergency procedures, sex and family problems, drug and alcohol abuse, the structure of the community services and the techniques of non-directive counseling. This training is provided by local health professionals.

During the meeting, the discussion included what comprehensive suicide prevention program should include and it was clear that an organization such as Crisis Line would play an integral role. In addition, such a program should include an educational component that would cover awareness – signs & symptoms.

In addition, we discussed what organizations would play a key role in the development of a comprehensive program. Thus far, the recommendations are as follows:

- Will County Health Department
- Crisis Line
- Silver Cross Hospital
- Local Churches
- Local Schools

Jackie will handle contacting someone at Silver Cross Hospital as well as someone from the Health Department's Behavioral Health Unit to participate in the committee.

Subsequent to the meeting with Jackie and Michele, Dan advised that he contacted Mark Cohen from Lincoln Way School District #210 who will ask that someone participate in the committee. In addition, Dan contacted Pastor Hedlin from Peace

Lutheran Church who advised that Mary DeGroot (CERT volunteer) would like represent the faith-based community in this effort.

Prior to the discussion, Dan introduced Michele Batara who was kind enough to attend the meeting. Michele also provided an overview of the Crisis Line of Will County along with a brief history and facts pertaining to suicide. A number of questions were asked and answered during the discussion. Michele provided those in attendance with Will County Crisis Line brochures and business cards.

Following the discussion, Dan advised that the committee will be meeting again on October 13<sup>th</sup> at the Will County Health Department. Additional information regarding this initiative will be available at the **October 27, 2010** meeting.

### **New Lenox CERT Update**

Dan Martin advised that the CERT held an exercise on Saturday September 18, 2010 at Oster-Oakview School. The exercise included a tornado event with 25 Lincoln Way Central High School students as "victims." The students received various types of injuries by way of moulage. The team determined who would be the Incident Commander and then developed Search and Rescue Teams, Transport Teams and a Triage area. Following the exercise a de-briefing was held in the cafeteria along with lunch which was donated by C P Meat Market and Berkot's. The exercise was evaluated by individuals from the Will County Health Department and the Will County Emergency Management Agency. Overall the exercise went very well and was a great learning experience for the team.

CERT Class #4, with 27 students is in full swing. The class started on September 16<sup>th</sup> and is scheduled to graduate on October 30<sup>th</sup>.

CERT's Committees are working hard and are doing some positive things for the community. There will be a meeting on October 13<sup>th</sup> with the leadership within the team followed by a general meeting with all team members on October 20<sup>th</sup>.

### **New Lenox Medical Reserve Corps Update**

Dan Martin advised that the New Lenox Medical Reserve Corps has formally been approved and integration into the CERT is in progress. Dan will be attending a MRC video conference in Palatine, IL on October 8<sup>th</sup> to learn more about MRCs.

### **Old Business**

#### **2011 Health and Safety Expo**

Dan Martin advised that the Health and Safety Expo is scheduled for March 1, 2011 at Lincoln Way Central High School. Dan advised that thus far only AthletiCo and the Will County Health Department have responded that they will participate. During the meeting the following organizations indicated that they will participate as well:

- American Red Cross
- New Lenox Township

- Will County Emergency Management Agency
- New Lenox Fire Protection District

Any organizations wishing to participate in this event should contact Dan Martin.

### **National Citizen Corps Council Achievement Awards**

Dan Martin provided a brief summary of the National Citizen Corps Council Achievement Awards in Washington D.C. on September 22<sup>nd</sup> and 23<sup>rd</sup>. Overall it was an excellent experience and the networking with members of other councils was invaluable. Brenda Lutz concurred and thanked members of the NLSCAC and NLCCC for allowing her to attend on behalf of the New Lenox Council.

### **American Red Cross Ready Rating Program**

Dan Martin advised that he is still working with John Albergo from the American Red Cross to set-up a webinar for the Ready Rating Program. Via e-mail shortly before the meeting, Dan requested the webinar to be conducted the week of October 11<sup>th</sup>. Dan will send out the date, time, call-in number and password when it becomes available.

### **New Business**

#### **Addition of New Member**

Dan Martin advised that based on the need for the creation of a suicide prevention program along with the services that Crisis Line of Will County has to offer, Michele Batara would make an excellent addition to the NLSCAC. A discussion ensued with favorable comments regarding Michele and the Crisis Line of Will County.

At this time Deb Hypke made a motion to accept Michele Batara as a member of the NLSCAC. A second to the motion was provided by Lisa Kline. After no further discussion, the motion carried.

#### **Resignation of Lauren Lotz as Secretary**

Dan Martin advised that Lauren Lotz has recently been given additional duties and responsibilities at the New Lenox Community Park District. As such, she will no longer be able to fulfill her duties and responsibilities as Secretary. Dan thanked Lauren for filling the role of Secretary and everyone in attendance applauded Lauren for her work.

At this time Dan requested a volunteer to fill the role of Secretary. Marcy Anderson was kind enough to accept the position. Lisa Kline made the motion to accept Marcy as Secretary. Brenda Lutz provided a second to the motion. After no further discussion, all were in favor.

### **Announcements**

#### **Autism Training through CERT**

Dan Martin extended the invitation to all NLSCAC and NLCCC members to participate in an autism training event on Tuesday October 5, 2010 / 7:00pm in the Community Room at the New Lenox Village Hall. The training will be conducted by Trinity Services



and will provide a good opportunity for members to interact with our CERT volunteers as well as representatives from Trinity Services.

### **Halloween Costume Contest and Parade**

Deb Hypke advised that the Chamber of Commerce will be hosting this year's Halloween Costume Contest and Parade at the Silver Cross Hospital's Medical Office Building. The event will take place on Saturday October 30, 2010 at 11:30am.

### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, October 27, 2010 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

### **Adjournment**

All were in favor of adjournment following a motion by Lisa Kline and a second by Kathie Johnson. The meeting was adjourned at 3:42pm.

**New Lenox Safe Communities America  
Meeting 10-07  
August 25, 2010 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order (2:30pm)\*
2. Roll Call (2:30pm)\*
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Lauren Lotz
  - d. Tom Donegan
  - e. Brenda Lutz
  - f. Marcy Anderson
  - g. Lisa Kline
  - h. Michael Potocki
  - i. Marie Kotoulas
  - j. John Mitchell
  - k. Jon Mead
  - l. Jackie Mansholt
  - m. Phil Pfeifer
  - n. Jennifer Zimmerman
  - o. Mark Cohen
  - p. Rob Schiffbauer
  - q. Don Sebestyen
  - r. Tess Benham
  - s. Deb Hypke
  - t. Kathie Johnson
  - u. JoAnn Potenziani
3. Approval of NLSCAC Meeting Minutes from the July 28, 2010 Meeting (2:33pm)\*
4. Injury Data Collection and Analysis - Brandt Fick (2:35pm)\*
5. Slips, Trips and Falls Within the 65+ Population -Lynn Bigelow (2:50pm)\*
  - a. Discussion regarding the development of an injury prevention program to address this issue

6. Suicide and Attempt Suicide - Jackie Mansholt (3:05pm)\*
  - a. Discussion regarding the development of an injury prevention program to address this issue
7. September – National Preparedness Month (3:20pm)\*
8. New Lenox CERT Update - Dan Martin (3:25pm)\*
9. New Lenox Medical Reserve Corps – Dan Martin (3:27pm)\*
10. Old Business
11. New Business
12. Next Meeting: **September 29, 2010 / 2:30pm** in the Community Room at the New Lenox Village Hall
13. Adjournment (3:30pm)\*

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday August 25, 2010 / 2:30 p.m.**

**#10-07**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:38 pm. At this time Roll Call was taken by Dan Martin as NLSCAC Secretary Lauren Lotz was absent.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lynn Bigelow / AthletiCo (via conference call), Tom Donegan / Metra, Marcy Anderson / St. Jude Parish and School, Lisa Kline / SBT Bank, Michael Potocki / New Lenox ESDA, John Mitchell / American Red Cross, Jon Mead / New Lenox Fire Protection District, Jackie Mansholt / Will County Health Department, Phil Pfeifer / AthletiCo, Mark Cohen / Lincoln Way School District #210, Kathie Johnson / New Lenox Township, and Deb Hypke / New Lenox Chamber of Commerce.

**Guest(s) in Attendance**

Gary Cheney / Fishers of Men -- New Lenox Citizen Corps Council  
Brandt Fick / Administrative Director, Emergency Services, Silver Cross Hospital  
Lonnie Polhemus, EMS System Manager, Silver Cross Hospital

**Approval of the July 28, 2010 Meeting Minutes**

The Meeting Minutes for the July 28, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Michael Potocki made a motion to approve them while Deb Hypke provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Injury Data Collection and Analysis**

Brandt Fick, Administrative Director of Emergency Services was in attendance to provide the NLSCAC with a Power Point presentation on New Lenox Emergency Room Visits at Silver Cross Hospital. The presentation included, but was not limited to the following: National statistics (ER visits), New Lenox statistics, seasonal trends, demographics (age distribution ER visits), demographics (age distribution Admissions), demographics (gender / age breakout), demographics (race), mode of arrival, disposition of ER visits, admissions, reasons for ER visits (diagnosis), initial complaint of pain and NLSCAC high risk prevention opportunities.

During the presentation Brandt explained each of the slides and provided an opportunity for coalition members to ask questions. The presentation was well received and verified

that our coalition was heading in the right direction with regard to our injury prevention programs and activities.

### **Slips, Trips and Falls within the 65+ Population**

Lynn Bigelow, who joined the meeting via conference call, advised that she did not have anything to add at this time regarding the Slips, Trips and Falls initiative.

Dan Martin advised that he and Lauren Lotz recently attended the 1<sup>st</sup> Annual Safe Communities America Conference in Elk Grove Village, IL on August 12<sup>th</sup> and 13<sup>th</sup>. During the conference there were at least two presentations by members of Safe Communities America Coalitions that addressed this issue. During the presentations discussion was had regarding best practice programs to include programs that encompass Tai Chi, home hazard analysis and public education. Dan and Lauren were able to exchange contact information with the presenters and will share the information with Lynn Bigelow and others that will be working on this initiative. Donna Stein-Harris from the National Safety Council advised that she would make copies (CDs) of the Power Point presentations and will send them out to conference attendees.

Additional work will completed regarding this initiative, followed by an update at the September 29, 2010 meeting.

### **Suicide and Attempted Suicide**

Jackie Mansholt advised that she has started preliminary research into suicide prevention and what programs are available in Will County. Jackie advised that she will schedule a meeting in September with doctors and staff from the Will County Health Department who deal with mental health issues. In addition, Dan Martin reiterated that the CD from the Safe Communities Conference should contain at least one program dealing with suicide prevention. Contacts were also made with individuals from other communities that have these types of programs in place.

Additional work will completed regarding this initiative, followed by an update at the September 29, 2010 meeting.

### **September – National Preparedness Month**

Dan Martin reminded all in attendance that September is National Preparedness Month. The Village of New Lenox, for example, will be conducting a preparedness payroll stuffer campaign in addition to placing information on the village web site.

Dan Martin advised coalition members that there will be a National Preparedness Month kick-off webinar on Tuesday August 31, 2010 at 12:00pm CST. The link to the web site was previously sent out to coalition members via email.

Another activity that coalition members can participate in is the preparedness “widget” attached in the signature line in e-mail. Brenda Lutz had previously forwarded the link to obtain the widget and on Brenda’s behalf, Dan encouraged coalition members to use the widget during the month of September.

Additional information regarding National Preparedness Month can be found at the National Citizen Corps web site, the Ad Council's web site and at Ready.gov.

### **New Lenox CERT Update**

Dan Martin advised that CERT Class #4 will be starting on September 16<sup>th</sup>. Enrollment in this class will be 20 plus 2 from Frankfort Gateway CERT sponsored by Will County EMA.

Team members from the Prairie State CERT Challenge will accept an award at the IEMA Conference on September 8<sup>th</sup> for their 2<sup>nd</sup> place finish in the Challenge.

### **New Lenox Medical Reserve Corps**

Dan Martin advised that the online application for the New Lenox MRC had been completed as well as a 1 1/2hr. conference call with an MRC Regional Coordinator. New Lenox has recently been approved as an MRC and is now eligible to apply for the MRC Capacity Building Award (\$5000.00). Dan explained that there is much more to do and cited examples such as setting goals and objectives for the MRC, training, planning for events and setting the organizational structure.

### **Old Business**

The American Red Cross Ready Rating Program was discussed including the recent changes in ARC personnel assigned to oversee the program. John Mitchell advised he would assist by making the appropriate phone calls to determine who is currently in charge of the program. Once determined, several coalition members expressed an interest in participating in a webinar to learn more about the program. Following the webinar a determination will be made regarding which organizations wish to proceed with the program.

Dan Martin provided coalition members with a summary of the Safe Communities America Conference and indicated that it was interesting and informative.

### **New Business**

Dan Martin also advised that he had just received a phone call from a representative from FEMA, calling from Washington DC. The call was regarding a National Citizen Corps Council Achievement Award for the New Lenox Citizen Corps Council. Two representatives from the New Lenox Council will be allowed to attend a ceremony in Washington DC on September 22<sup>nd</sup> and 23<sup>rd</sup> to receive the award. Following discussion regarding who should attend on behalf of the New Lenox Citizen Corps Council, it was decided that Brenda Lutz and Dan Martin should attend. Additional information regarding the award will be available at the next meeting.

Gary Cheney provided coalition members with information regarding ShareFest 2010 which will take place on September 11, 2010. Gary provided an overview of each of the activities, explained the 9-11 Day of Remembrance Ceremony and provided handout material regarding the event.

Jon Mead advised that the New Lenox Fire Protection District is planning a community-wide fire drill for October 10<sup>th</sup>. In addition, the FPD will be hosting an open house on October 9<sup>th</sup> and will also be starting a program whereby businesses and homeowners can earn a Fire Protection Inspection Certificate if they participate in an inspection.

**Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, September 29, 2010 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

**Adjournment**

All were in favor of adjournment following a motion by Jackie Mansholt and a second by Michael Potocki. The meeting was adjourned at 3:45pm.

**New Lenox Safe Communities America  
Meeting 10-06  
July 28, 2010 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order
2. Roll Call
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Lauren Lotz
  - d. Tom Donegan
  - e. Brenda Lutz
  - f. Marcy Anderson
  - g. Lisa Kline
  - h. Michael Potocki
  - i. Marie Kotoulas
  - j. John Mitchell
  - k. Jon Mead
  - l. Jackie Mansholt
  - m. Phil Pfeifer
  - n. Jennifer Zimmerman
  - o. Mark Cohen
  - p. Rob Schiffbauer
  - q. Don Sebestyen
  - r. Tess Benham
  - s. Deb Hypke
  - t. Kathie Johnson
  - u. JoAnn Potenziani
3. Approval of NLSCAC Meeting Minutes from the June 30, 2010 Meeting
4. New Lenox Citizen Corps Council (NLCCC)
  - a. Discussion regarding adding remaining NLSCAC members to the NLCCC
  - b. Discussion regarding conducting combined NLSCAC and NLCCC meetings in the interest of efficiency

If favorable following discussion, a motion will be needed. Additional members may be listed in one motion for approval.



5. Slips, Trips and Falls Within the 65+ Population (Lynn Bigelow)
  - a. Discussion regarding the development of an injury prevention program to address this issue
6. Suicide and Attempt Suicide (Jackie Mansholt)
  - a. Discussion regarding the development of an injury prevention program to address this issue
7. September – National Preparedness Month (Brenda Lutz)
  - a. Will County Citizen Corp Council Activities
    - i. Pet Preparedness Planning and the New Pet Preparedness Planner
    - ii. Will County Indoor Warning System
    - iii. Special Needs Registry
    - iv. Resolution for Will County Communities – Support National Preparedness Month
  - b. New Lenox Citizen Corps Council Activities
    - i. Discussion
8. New Lenox CERT Update (Dan Martin)
9. American Red Cross Ready Rating Program Update (Marie Kotoulas)
10. Old Business
11. New Business
12. Next Meeting: **August 25, 2010 / 2:30pm** in the Community Room at the New Lenox Village Hall
13. Adjournment

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday July 28, 2010 / 2:30 p.m.**

**#10-06**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:45 pm. At this time Roll Call was taken by NLSCAC Secretary Lauren Lotz.

**In Attendance**

Daniel Martin / New Lenox Police Department, Lauren Lotz / New Lenox Park District, Lynn Bigelow / AthletiCo, Lisa Kline / SBT Bank, Kathie Johnson / New Lenox Township, Marcy Anderson / St. Jude Parish and School, Brenda Lutz / Will County EMA, and Deb Hypke / New Lenox Chamber of Commerce.

**Guest(s) in Attendance**

Gary Cheney / Fishers of Men -- New Lenox Citizen Corps Council  
Bernie Madoch / New Lenox CERT Member  
Gary Cooke / New Lenox CERT Member  
Brandt Fick / Administrative Director, Emergency Services, Silver Cross Hospital

**Approval of the June 30, 2010 Meeting Minutes**

The Meeting Minutes for the June 30, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Brenda Lutz made a motion to approve them. Lisa Kline provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Adding Additional NLSCAC Members to the New Lenox Citizen Corps Council**

A discussion was held regarding the feasibility of adding the remaining members of the NLSCAC to the New Lenox Citizen Corps Council. Brenda Lutz advised that she did not find any conflicts with the New Lenox Citizen Corps Council By-Laws that would prohibit the additional members from joining. Lauren Lotz advised that she did not find any conflicts with the New Lenox Safe Communities America By-Laws either.

A motion to add the additional members of the New Lenox Safe Communities America Coalition to the New Lenox Citizen Corps Council was made by Brenda Lutz. A second was provided by Lisa Kline. Following no further discussion the motion was approved unanimously.

\*There were not enough members of the New Lenox Citizen Corps Council (NLCCC) to hold a meeting and vote on this item. This will be placed on the Agenda for the August 25, 2010 NLCCC Meeting as a request for approval.

## **Injury Data**

The agenda was to include an update by Jon Mead and Chris Weber from the New Lenox Fire Protection District regarding injury data collection and a status report on the collection of 2009 and 2010 data. This update was not made because no representatives from the New Lenox Fire Protection District were in attendance. The group agreed that the collection of injury data and interpretation is imperative in order for the coalition to move forward with the identification and development of needed safety programs.

In attendance, however, was Brandt Fick, the Administrative Director of Emergency Services for Silver Cross Hospital. Mr. Fick explained that Silver Cross does desire in participating with the New Lenox Safe Communities America Coalition and will name a replacement for David Maurer in the near future. Mr. Fick outlined the Silver Cross resources that are available for review and analysis of injury data. Specifically, the availability of Silver Cross' Emergency Room Data System, wherein information can be manipulated using various factors, including Zip Code, Gender, Age, Walk-In, Ambulance, etc. Mr. Fick agreed to bring to the next meeting a sampling of injury data for the group to review and discuss. In addition, further information could be compiled based on Tracy Simon's use of this system to examine market share as it relates to Silver Cross Hospital and the patients they serve as well as an ER Use Rates.

After discussion, Dan Martin again emphasized the importance of injury data collection and analysis as it provides guidelines and direction for the NLSCAC's work. Dan Martin will continue to stay in contact with the New Lenox Fire Protection District and Brandt Fick to ensure the appropriate data is captured.

## **Slips, Trips and Falls within the 65+ Population**

Dan Martin advised that there are programs that address the issue of slips, trips and falls in the 65+ population which include education, exercise and a home hazard analysis.

Lynn Bigelow provided information on a Lowe's Home Improvement and Habitat for Humanity initiative where grant money is provided to provide safety upgrades to senior homes. This program also combines issues relating to fire prevention as well. The program was implemented in Hagerstown, Maryland. Based on information from a Safe Communities America Representative from Hagerstown, they did face challenges. Lynn Bigelow will obtain further details and elaborate further on this program at the next meeting. Hagerstown, Maryland did provide a copy of the grant application that was shared with Dan Martin and Lynn Bigelow.

Brandt Fick from Silver Cross Hospital indicated that he would generate statistics on this issue using Emergency Room statistical data with Audrey, a member of Silver Cross' Systems Department, based on previous information Dave Maurer was using.

### **Suicide and Attempted Suicide**

Although not in attendance, Jackie Mansholt will continue to take the lead on the identification of programs designed for the growing trend of Suicides and Attempted Suicides with Dan Martin remaining a liaison for this safety initiative. Further information will be presented at the August 25, 2010 meeting.

Dan Martin has reviewed statistics regarding suicides and attempted suicides and the increasing numbers demonstrate the need for this safety initiative to remain a priority. He does, however, still need to acquire the New Lenox Fire Protection District's statistics on this issue. In addition, he presented some contributing factors that may be influencing the surge of suicides and attempts; namely the current economic conditions as well as job loss. Kathie Johnson also commented that the incidence of child abuse is also rising at an alarming rate. Dan Martin suggested that he, Jackie Mansholt, and Brenda Lutz, plan to meet with the mental health officials at the Will County Health Department to further identify programs and strategies that are currently available in Will County to determine if these programs can benefit the residents of New Lenox.

### **September – National Preparedness Month**

National Preparedness Month is a national campaign which promoted through the Department of Homeland Security, FEMA, Ready.Gov and other organizations. Brenda Lutz provided a brief overview of National Preparedness Month and indicated that Will County has participated for the past six years.

Will County Citizen Corps Council activities to recognize September as National Preparedness Month will include pet preparedness planning along with a new pet preparedness planner, a Will County indoor warning system and promotion of the Special Needs Registry. Brenda Lutz will email all materials she has regarding the initiative that Will County CCC will be implementing. Further, Brenda Lutz encouraged all member groups to implement at least one program or small campaign in order to further promote September as National Preparedness Month. One simple suggestion was to have preparedness materials placed in employee's paychecks to promote National Preparedness month. Finally, Brenda Lutz encouraged all members to visit [www.ready.gov](http://www.ready.gov) to take advantage of the many tools provided for the promotion and implementation of September as National Preparedness Month.

### **New Lenox CERT Update (Dan Martin)**

At the most recent CERT meeting held on July 20, 2010, Dan Martin reported that 67 CERT members were in attendance. There were some changes in leadership based on CERT members having to step down due to other commitments. Dan Martin appreciated the fact that other members did step up and he was looking forward to working the new Team Leaders and Assistant Team Leaders.

CERT Class #4 will begin on September 16<sup>th</sup> and run thru October 30<sup>th</sup>. Two students sponsored by Will County EMA / Frankfort Gateway CERT will be in the class along with 20 from New Lenox CERT.

A discussion was also held regarding the establishment of a Medical Reserve Corps (MRC). Information regarding the MRC was received earlier in the day by Dan Martin and the deadline to apply (to receive a monetary award) was Friday July 30, 2010. Cindy Jackson from the Will County Health Department brought the concept to Dan Martin's attention. If approved, a \$10,000 award is available with the feasibility of receiving a \$5,000 grant each year thereafter.

Dan Martin felt that the formation of a Medical Reserve Corps would greatly compliment the CERT program and is consistent with the mission of both the NLSCAC as well as the NLCCC. Dan Martin would oversee the Medical Reserve Corps in conjunction with CERT.

Members in attendance agreed that the formation of a Medical Reserve Corps was merited and that an application should be filed.

#### **American Red Cross Ready Rating Program**

Deb Hypke presented an update on the presentation of the Red Cross Ready Rating Program to be conducted on at the Chamber's August Meeting. Martin Makowski, of the American Red Cross, will be doing the presentation and Deb Hypke was informed that it will be a more in-depth presentation than the PowerPoint previously done. This presentation at the membership meeting will be used to gauge the level of interest by the New Lenox business community and other members of the chamber.

#### **Safe Communities America Conference**

Dan Martin again reiterated that the upcoming Safe Communities America Conference in Elk Grove Village on August 12<sup>th</sup> and 13<sup>th</sup> will be a great educational and networking opportunity.

All NLSCAC members were encouraged to attend.

#### **Adjournment**

The meeting was adjourned at approximately 4:05pm by a motion made by Marcy Anderson and seconded by Lynn Bigelow. All were in favor of Adjournment.

#### **Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday, August 25, 2010 at 2:30pm**. The meeting will be held in the Community Room at the New Lenox Village Hall.

**New Lenox Safe Communities America  
Meeting 10-05  
June 30, 2010 / 2:30pm  
New Lenox Village Hall / Community Room  
1 Veteran's Parkway  
New Lenox, IL 60451**

**Meeting Agenda**

1. Call to Order
2. Roll Call
  - a. Daniel Martin
  - b. Lynn Bigelow
  - c. Lauren Lotz
  - d. Tom Donegan
  - e. Brenda Lutz
  - f. Marcy Anderson
  - g. Lisa Kline
  - h. Michael Potocki
  - i. Marie Kotoulas
  - j. John Mitchell
  - k. Jon Mead
  - l. Jackie Mansholt
  - m. Phil Pfeifer
  - n. Jennifer Zimmerman
  - o. Mark Cohen
  - p. Rob Schiffbauer
  - q. Don Sebestyen
  - r. Tess Benham
  - s. Deb Hypke
  - t. Kathie Johnson
  - u. JoAnn Potenziani
3. New Lenox Safe Communities America Designation
  - a. Special thanks and appreciation
4. Approval of Meeting Minutes from the April 22, 1010 Meeting
5. American Red Cross Ready Rating Program (David Gervino ARC)
6. Safe Communities America Networking Conference  
August 12-13, 2010 Country Inn & Suites Elk Grove Village, IL
7. New Lenox Citizen Corps Council (NLCCC)

- a. Discussion regarding adding remaining NLSCAC members to the NLCCC
  - b. Discussion regarding conducting combined NLSCAC and NLCCC meetings
- 8.** Slips, Trips and Falls Within the 65+ Population
- a. Discussion regarding the development of an injury prevention program to address this issue
- 9.** Suicide and Attempt Suicide
- a. Discussion regarding the development of an injury prevention program to address this issue
- 10.** New Business
- 11.** Old Business
- 12.** Next Meeting: **July 28, 2010 / 2:30pm** in the Community Room at the New Lenox Village Hall
- 13.** Adjournment

**MINUTES OF THE REGULAR MEETING OF THE  
NEW LENOX SAFE COMMUNITIES AMERICA COALITION**

**Held at the New Lenox Village Hall, 1 Veterans Parkway  
Wednesday June 30, 2010 / 2:30 p.m.**

**#10-05**

**Call to Order**

The meeting for the New Lenox Safe Communities America Coalition was called to order by Dan Martin at 2:45pm. At this time Roll Call was taken by NLSCAC Secretary Lauren Lotz.

**In Attendance**

Dan Martin / New Lenox Police Department, Lauren Lotz / New Lenox Park District, Lynn Bigelow / AthletiCo, Phil Pfeifer / AthletiCo, Lisa Kline / SBT Bank, Kathie Johnson / New Lenox Township, Marcy Anderson / St. Jude Parish and School, Marie Kotoulas / American Red Cross, Brenda Lutz / Will County EMA, Jackie Mansholt / Will County Health Department, Deb Hypke / New Lenox Chamber of Commerce, JoAnn Potenziani / New Lenox Library, Don Sebestyen / Providence Catholic High School.

**Special Guest(s) in Attendance**

John Janus / Intern at Will County EMA  
Gary Cheney / Fishers of Men

Dan Martin began the meeting bestowing his congratulations and appreciation to members of the coalition in the success of the Safe Communities America designation. New Lenox is a member of the North American Safe Communities Network, being only the 9<sup>th</sup> community in the United States to receive the designation.

**Approval of the April 22, 2010 Meeting Minutes**

The Meeting Minutes for the April 22, 2010 meeting had previously been sent via email to Coalition Members for their review. Following a final opportunity to review the Minutes, Lisa Kline made a motion to approve them. Jackie Mansholt provided a second to the motion. After no further discussion, the Minutes were unanimously approved.

**Presentation by Dave Gervino/American Red Cross**

A presentation was conducted by Dave Gervino of the ARC on the subject of the Red Cross's Ready Rating Program. This program allows for businesses, schools and other organizations to conduct a needs assessment in order to improve their level of preparedness for a range of emergencies. The presentation was well received but all coalition members agreed that further discussion and input was needed before this program would be endorsed or perhaps implemented by the New Lenox Safe Communities America Coalition and member organizations. The "Ready Rating Program" will be placed on the agenda for the July 28, 2010 meeting.



### **Safe Communities America Networking Conference August 12-13, 2010.**

Dan Martin reiterated to the coalition members the Safe Communities Networking Conference slated for August 12 and 13, 2010 in Elk Grove Village, Illinois. Dan Martin relayed to the members that this was a tremendous opportunity for coalition members to network with other designated communities throughout North America. Various members were still in the decision making process regarding their attendance.

### **Adding Members of the New Lenox Safe Communities America Coalition to the New Lenox Citizen Corps Council.**

Due to the similarities in goals, objectives and missions of the New Lenox Safe Communities America Coalition and the New Lenox Citizen Corps Council and in the interest of efficiency, a discussion was held regarding adding the remaining members of the NLSCAC to the NLCCC. Included in the discussion was the feasibility of holding a joint meeting of the NLSCAC and the NLCCC, creating one agenda and one set of meeting minutes (perhaps on separate letterhead for reporting purposes). It was agreed that adding the additional members to the NLCCC would clearly strengthen the Council.

Lauren Lotz will review the NLSCAC By-Laws to ensure there are no conflicts with this proposal while Brenda Lutz will review the NLCCC By-Laws. Providing there are no conflicts, a motion will be made to add the new members to the NLCCC at the July 28, 2010 meeting. Once approved, one joint monthly meeting will be held beginning in August 2010.

### **Slips, Trips and Falls within the 65+ Population**

Based on previously reported injury data and the need to address slips, trips, and falls for the 65+ population, an ad hoc committee was formed to research the best solutions to this issue. Members named for this committee include Lynn Bigelow, Brenda Lutz, Kathie Johnson, and Chris Weber. This committee will provide an update on their progress at the July 28, 2010 meeting.

### **Suicide and Attempted Suicide**

Based on data received during the application process, a discussion was held regarding the need for further development of an initiative for the issue of suicides and attempted suicides. Brenda Lutz and Jackie Mansholt agreed to investigate programs or services currently available in Will County in an effort to determine which direction the NLSCAC needs to go with this issue. This item will also be placed on the July 28, 2010 meeting for a progress report and further discussion.

### **New Business**

None

### **Old Business**

None

**Adjournment**

The meeting was adjourned at approximately 4:00pm.

**Next Meeting Date**

The next meeting of the New Lenox Safe Communities America Coalition will be on **Wednesday July 28, 2010 at 2:30pm.** The meeting will be held in the Community Room at the New Lenox Village Hall.

# **New Lenox Safe Communities America Coalition Sample Task Group Meeting Agendas**

**New Lenox Safe Communities America Coalition  
Emergency Preparedness Task Group Meeting  
January 16, 2014 / 9:00am  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

## **Agenda**

- 1. Call to Order / Attendance**
- 2. Overview of New Lenox Safe Communities America Coalition Task Group(s)**
- 3. Formulation of Emergency Preparedness Task Group Mission**
  - a. Examples (may include combinations and / or additional language):**
    - i. To address issues related to emergency preparedness, including preparedness for individuals and businesses.**
    - ii. To promote safety and emergency preparedness within the community by encouraging citizens to take personal responsibility to be prepared.**
    - iii. To promote whole community preparedness by encouraging individuals to seek training in first aid and emergency skills and to encourage participation in volunteer activities that support the preparedness mission.**
- 4. Statistical Data**
  - a. What types of statistical data may be utilized to assist the Emergency Preparedness Task Group in the formulation of Action Plans moving forward?**
- 5. Additional Partners / Organizations**
  - a. Identify additional individuals and organizations whose participation would be beneficial to our Task Group.**
- 6. Action Planning**
  - a. Example**
    - i. Priority Strategy – To provide education and training for citizens to improve levels of awareness and preparedness.**
    - ii. SMART Goal – Plan and schedule one 20-Hour Basic CERT Class in 2014.**

- iii. **Action\*** - Contact CERT instructors to determine a mutually agreeable date of offer the 20-Hour Basic CERT Class.
- iv. **Success Criteria\*** - Successful completion of the class by all those enrolled. Includes successful completion of written exam as well as practical exercise at the end of the course.
- v. **Target Start and Completion Date\*** August 15, 2014 (start) / October 31, 2014 (completion)
- vi. **Person Responsible\*** - Dan Martin
- vii. **Resources Needed\*** - Telephone and / or email

\*just one - certainly and most likely will include additional

- 7. **Chair Person for Emergency Preparedness Task Group**
- 8. **Additional Comments and Suggestions**
- 9. **Next Meeting Date**
- 10. **Adjournment**

**New Lenox Safe Communities America Coalition  
Motor Vehicle and Traffic Safety Task Group Meeting  
January 16, 2014 / 10:30am  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Agenda**

1. **Call to Order / Attendance**
2. **Overview of New Lenox Safe Communities America Coalition Task Group(s)**
3. **Formulation of Motor Vehicle and Traffic Safety Task Group Mission**
  - a. **Examples (may include combinations and / or additional language):**
    - i. **To address issues related to motor vehicle and traffic safety, with efforts to reduce injuries and deaths as a result of traffic crashes.**
    - ii. **To promote traffic safety within the community to reduce deaths and injuries resulting from traffic crashes.**
    - iii. **To develop public and private partnerships within the community to achieve the common goal of reducing deaths and injuries related to motor vehicle crashes.**
    - iv. **To establish collaborative partnerships with organizations that utilize education, engineering and enforcement efforts to reduce deaths and injuries related to motor vehicle crashes.**
4. **Statistical Data**
  - a. **What type of statistical data may be utilized to assist the Motor Vehicle and Traffic Safety Task Group in the development of Action Plans to guide the group moving forward?**
5. **Additional Partners / Organizations**
  - a. **Identify additional individuals and organizations whose participation would be beneficial to our Task Group.**
6. **Action Planning**
  - a. **Example**
    - i. **Priority Strategy – To reduce the number of teen driving-related crashes, keeping our roadways safer.**
    - ii. **SMART Goal – Participate in a Teen Safe Driving Coalition offered through the National Safety Council and the Allstate Foundation.**

- iii. **Action\*** - Contact the National Safety Council to learn more about the Teen Safe Driving Coalition and the feasibility of scheduling a presentation.
- iv. **Success Criteria\*** - Completion of one Teen Safe Driving Coalition presentation at a local high school.
- v. **Target Start and Completion Date\*** January 21, 2014 (start) / January 31, 2014 (completion)
- vi. **Person Responsible\*** - Dan Martin
- vii. **Resources Needed\*** - Telephone and / or email

\*just one - certainly and most likely will include additional

- 7. **Chair Person for the Motor Vehicle and Traffic Safety Task Group**
- 8. **Additional Comments and Suggestions**
- 9. **Next Meeting Date**
- 10. **Adjournment**

**New Lenox Safe Communities America Coalition  
Poisoning by Prescription Drug Overdose Task Group Meeting  
January 16, 2014 / 2:30pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Agenda**

1. **Call to Order / Attendance**
2. **Overview of New Lenox Safe Communities America Coalition Task Group(s)**
3. **Formulation of the Poisoning by Prescription Drug Overdose Task Group Mission**
  - a. **Examples (may include combinations and / or additional language):**
    - i. **To reduce injuries and deaths associated with poisoning by prescription drug overdoses through the implementation of educational programs.**
    - ii. **To provide resources to the community to reduce injuries and deaths associated with poisoning by prescription drug overdoses.**
    - iii. **To develop collaborative partnerships which will lead to the reduction of injuries and deaths associated with prescription drug overdoses.**
4. **Statistical Data**
  - a. **What type of statistical data may be utilized to assist the Poisoning by Prescription Drug Overdose Task Group in the development of Action Plans to guide the group moving forward?**
  - b. **Statistical data – where, when, how and by whom?**
5. **Additional Partners / Organizations**
  - a. **Identify additional individuals and organizations whose participation would be beneficial to our Task Group.**
6. **Action Planning**
  - a. **Example**
    - i. **Priority Strategy – To reduce injuries and deaths involving children by reducing the number of prescription drug overdoses.**
    - ii. **SMART Goal – Increase the number (in pounds) of unwanted medications received by the New Lenox Police Department in 2014 by 10%.**

- iii. **Action\*** - Distribute Unwanted Medication Disposal Program literature to all schools.
- iv. **Success Criteria\*** - Successful distribution of Unwanted Medication Disposal Program brochures to all schools. At the end of the calendar year (2014) complete calculations to determine if a 10% increase was achieved.
- v. **Target Start and Completion Date\*** January 21, 2014 (start) / December 31, 2014 (completion)
- vi. **Person Responsible\*** - Dan Martin
- vii. **Resources Needed\*** - Unwanted Medication Disposal Program brochures

\*just one - certainly and most likely will include additional

- 7. **Chair Person for the Poisoning by Prescription Drug Overdose Task Group**
- 8. **Additional Comments and Suggestions**
- 9. **Next Meeting Date**
- 10. **Adjournment**



**New Lenox Safe Communities America Coalition  
Suicide Prevention and Awareness Task Group Meeting  
January 14, 2014 / 10:00am  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Agenda**

1. **Call to Order / Attendance**
2. **Overview of New Lenox Safe Communities America Coalition Task Group(s)**
3. **Formulation of Suicide Prevention and Awareness Task Group Mission**
  - a. **Examples (may include combinations and / or additional language):**
    - i. **To address issues related to depression and other factors which lead individuals to commit or attempt to commit suicide.**
    - ii. **To reduce deaths or injuries that result from individuals committing suicide or attempting to commit suicide.**
    - iii. **To raise awareness about depression and suicide through the development of educational programs and initiatives.**
4. **Statistical Data (2013 numbers)**
  - a. **Collected from New Lenox Police Department Records**
5. **Additional Partners / Organizations**
  - a. **Identify additional individuals and organizations whose participation would be beneficial to our Task Group**
6. **Action Planning**
  - a. **Example**
    - i. **Priority Strategy – To provide an educational program proven to reduce deaths and injuries resulting from individuals committing suicide or attempting to commit suicide.**
    - ii. **SMART Goal – Plan and schedule one QPR (Question, Persuade, Refer) training in 2014.**
    - iii. **Action\* - Contact Sertoma Center to determine the feasibility of offering a QPR class in New Lenox**
    - iv. **Success Criteria\* - Confirmation by Sertoma Center that a class can be offered in New Lenox**
    - v. **Target Start and Completion Date\* January 14, 2014 (start) / January 31, 2014 (completion)**
    - vi. **Person Responsible\* - Dan Martin**
    - vii. **Resources Needed\* - Telephone and / or email**

**\*just one - certainly and most likely will include additional**

- 7. Chair Person for Suicide Prevention and Awareness Task Group**
- 8. Additional Comments and Suggestions**
- 9. Next Meeting Date**
- 10. Adjournment**

**New Lenox Safe Communities America Coalition  
Workplace Safety Task Group Meeting  
January 14, 2014 / 1:00pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Agenda**

- 1. Call to Order / Attendance**
- 2. Overview of New Lenox Safe Communities America Coalition Task Group(s)**
- 3. Formulation of Workplace Safety Task Group Mission**
  - a. Examples (may include combinations and / or additional language):**
    - i. To reduce injuries and deaths occurring in the workplace through the development of educational programs, strategies and initiatives.**
    - ii. To identify causation factors of injuries in the workplace through data analysis.**
    - iii. To raise awareness about common injuries that occur in the workplace through the development of educational programs, strategies and initiatives.**
- 4. Statistical Data (needs to be identified)**
  - a. Collect from where?**
  - b. Who will collect the data?**
  - c. NSC - #1 cause of workplace deaths is cell phone distracted driving**
    - i. Drivers using handheld or hands-free cell phones are 4X as likely to crash**
    - ii. 25% of crashes involve cell phones (21% phone conversations, 4% text messaging)**
    - iii. 1600 MV crashes (832 assaults, 738 incidents involving objects or equipment, 646 falls)**
    - iv. Employer liability \$16.1 million for salesperson who was talking on his cell phone en route to a sales appointment and crashed, injuring another driver; \$21 million for a driver talking on a hands-free headset (in accordance with her company's policy), who struck another vehicle, seriously injuring the other driver; \$24.7 million for a tractor-trailer driver who, while checking text messages, ran into 10 vehicles stopped in traffic on the freeway, killing 3 people and injuring 15 others.**
    - v. [www.cellphonekit.nsc.org](http://www.cellphonekit.nsc.org) for Cell Phone Policy Kit**
- 5. Additional Partners / Organizations**

- a. **Identify additional individuals and organizations whose participation would be beneficial to our Task Group**
6. **Action Planning**
- a. **Example**
    - i. **Priority Strategy – To reduce injuries and deaths in the workplace resulting from natural and manmade hazards.**
    - ii. **SMART Goal – To develop a model Emergency Action Plan that addresses natural and manmade hazards known to cause injuries and deaths in the workplace.**
    - iii. **Action\* - Collect a minimum of 5 sample Emergency Action Plans for review.**
    - iv. **Success Criteria\* - Successful collection of 5 sample Emergency Action Plans (electronically or hard copy).**
    - v. **Target Start and Completion Date\* January 14, 2014 (start) / January 31, 2014 (completion)**
    - vi. **Person Responsible\* - Dan Martin**
    - vii. **Resources Needed\* - Telephone, email, photocopies**

**\*just one - certainly and most likely will include additional**

- 7. **Chair Person for Workplace Safety Task Group**
- 8. **Additional Comments and Suggestions**
- 9. **Next Meeting Date**
- 10. **Adjournment**

**New Lenox Safe Communities America Coalition  
Youth, Health, Sports and Safety Task Group Meeting  
January 14, 2014 / 2:30pm  
New Lenox Police Department / Training Room  
701 W. Haven Avenue  
New Lenox, IL 60451**

**Agenda**

1. **Call to Order / Attendance**
2. **Overview of New Lenox Safe Communities America Coalition Task Group(s)**
3. **Formulation of Youth, Health, Sports and Safety Task Group Mission**
  - a. **Examples (may include combinations and / or additional language):**
    - i. **To reduce youth sports injuries that occur during New Lenox Youth Athletic Association(s) practices and games.**
    - ii. **To identify causation factors of youth sports injuries through data analysis.**
    - iii. **To raise awareness about common youth sports injuries through the development of educational programs, strategies and initiatives.**
    - iv. **To improve the health and safety for young athletes.**
4. **Statistical Data (needs to be identified)**
  - a. **Collect from where?**
  - b. **Who will collect the data?**
5. **Additional Partners / Organizations**
  - a. **Identify additional individuals and organizations whose participation would be beneficial to our Task Group**
6. **Action Planning**
  - a. **Example**
    - i. **Priority Strategy – To reduce concussion-related injuries among young athletes that play high risk sports.**
    - ii. **SMART Goal – To offer a concussion identification and prevention educational program which targets New Lenox Athletic Association coaches.**
    - iii. **Action\* - Research and identify a concussion identification and prevention educational program for review.**
    - iv. **Success Criteria\* - Successful identification of a concussion identification and prevention educational program.**
    - v. **Target Start and Completion Date\* January 14, 2014 (start) / January 31, 2014 (completion)**

- vi. **Person Responsible\*** - Dan Martin
- vii. **Resources Needed\*** - Telephone, email, documents, etc...

**\*just one - certainly and most likely will include additional**

- 7. **Chair Person for Youth Health, Sports and Safety Task Group**
- 8. **Additional Comments and Suggestions**
- 9. **Next Meeting Date**
- 10. **Adjournment**

**New Lenox Safe Communities America Coalition  
Older Adults Falls Prevention Task Group Meeting  
June 17, 2015 / 2:30pm  
New Lenox Police Department  
200 Veterans Parkway  
New Lenox, IL 60451**

**Roll Call**

**Matter of Balance**

- **Enrollment for Presence Healing Arts Class**
- **Paperwork**
- **Confirmed coaches**
- **Next Coach Class**
  - **Possible coach candidates**
  - **Location**

**Fit and Strong**

- **Feedback thus far**
- **Data entry**
- **Improvement suggestions**
- **Instructor Book**
- **Class Setup Etiquette**

**Next Task Group Meeting July 22, 2015 / 2:30 PM at the New Lenox Police Department.**

**Adjournment**