

Application for Accreditation July 31, 2020



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GENERAL INFORMATION

Name of community*: Marion County, Kentucky

Are you applying for Safe Communities accreditation for the first time? *

Has the community submitted a Letter of Intent and the required application fee for Safe Communities accreditation?

□ No

SECTION 1: CONTACT INFORMATION

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SECTION 2: COMMUNITY DESCRIPTION

Marion County's History and Uniqueness. Marion County was founded in 1834 and named for Francis Marion, the American Revolutionary War hero, known as the "Swamp Fox." It is a rural farming community in central Kentucky with a population of 19,395 (U.S. Census Bureau) and a total area of 347 square miles. In the 2012 Census of Agriculture, Marion County had 1016 farm operations on 166,417 acres, which represented 75.8% of total county land. The average farm size is 164 acres. Calves and cattle accounted for 67% of animal sales and top crop sales were soybeans, corn and tobacco, respectively (2012 Census of Agriculture, NASS).

The county has four incorporated cities – Lebanon, Loretto, Raywick and Bradfordsville. Lebanon, the county seat, is the geographical heart of Kentucky, located an hour southwest of Lexington, an hour southeast of Louisville, and an hour from Frankfort. Lebanon is well-known for its annual Marion County Country Ham Days Festival, which celebrated its 50th year in 2019. It is one of the oldest and largest fall festivals in Kentucky, consisting of a country ham breakfast, parade, 5K race, live entertainment, hot-air balloons, a car/truck/motorcycle/antique tractor show, children's activities, arts and crafts,

and so much more. Ham Days has received numerous awards over the years, including being named a "Top Ten" event in the state by the Kentucky Tourism Council.



Marion County is Kentucky's most Catholic county. The first Catholic settlers in Kentucky came to Holy Cross in 1790, where they erected the first Catholic church in the state. Since 1824, the Loretto Motherhouse has been home to the Sisters of Loretto, who were the first Native American Order of Roman Catholic nuns, founded in 1812. Today, the 788-acre property is home to about 100 Sisters and co-members and includes a farm, a long-term care facility, residential buildings, retreat centers, and the Loretto Heritage Center.

Founded in 1974, the Marion County Industrial Foundation, a non-profit, municipality sponsored, economic development organization, provides development programs that are designed to improve our economic recovery and growth by increasing productivity of our industrial sectors, through employment opportunities and new industry development. The Foundation owns and develops four industrial parks in Lebanon, Kentucky. Marion County is home to over 30 major manufacturing and service and technology firms, including TG Kentucky, manufacturer of plastics and rubbers, our largest employer.

The Marion County Public School system is one of the top 25 in Kentucky, serving approximately 3,300 students. With over 600 employees, it is the second largest employer in the county. Each year, \$1.5 million is awarded in scholarships to Marion County graduates. It also provides free breakfast and lunch to <u>all</u> students within the district.

The Marion County Area Technology Center (MCATC) serves students from Marion County, as well as from neighboring Washington County. The MCATC provides industry-

specific training to meet local industry needs, partnering with local government, local businesses, and Economic Development. There is also one non-public school in the county, St. Augustine Grade School, serving approximately 170 students.

The Marion County Chamber of Commerce supports and promotes Marion County as a whole, with a membership of over 270 local businesses and associate members. Its motto is "We Work For You!"

The Lebanon/Marion County Career Center is another wonderful asset to our community and provides a prime example of the collaborative partnerships existing in our county. In February 2017, the Office of Employment and Training decided to close local career centers and provide these services through regional hub sites. This would mean that Marion County residents would not have access to a full range of services within the county; the closest hub would be located 50 miles away in Elizabethtown. Recognizing the value of these services, city, county and economic development offices in Marion and Washington Counties partnered to keep the Center local, supporting 2 full-time and 1 part-time staff that serve 350-550 clients per month. The Center is active with the Marion County Detention Center, Marion and Washington County Public Schools, and the MCATC, providing a plethora of employment services, job training programs, workforce development, and addressing workforce barriers, such as soft skills and the opioid crisis.

Marion County Detention Center is the largest programmatic jail in the state. The Detention Center has 128 Substance Abuse Program (SAP) beds and 80 Reentering American Communities with Hope (REACH) beds. Inmates that do not qualify for these programs are also offered opportunities to complete the GED, National Career Readiness Certificate, Soft Skills bootcamp, and Portal New Direction to assist in successful reentry back into society.

Springview Hospital, the only hospital in Marion County, is a 75-bed facility with 270 employees. The Emergency Room treats over 13,500 patients a year. Their Women's Center delivers more than 450 babies per year. Springview is also an accredited Chest Pain Center. In addition, Marion County has Marion County Emergency Medical Services (MCEMS), a county-run ambulance service and advanced life support agency that provides both emergent and non-emergent services.

Marion County's only public library re-opened in March of 2019 as a state-of-the-art facility after a \$2.9 million renovation and expansion.

Marion County is also home to Kentucky Classic Arts, a non-profit community organization, serving over 35,000 visitors and students through events, workshops, classes and performances.



Marion County became home to the Lebanon National Cemetery in 1867 and was placed on the National Register of Historic Places in 1975.



Marion County is part of Kentucky's Bluegrass Region, as well as the Bourbon Belt, being home to several major distilleries and wineries, as well as Independent Stave Company, makers of wine and whiskey barrels.

Marker's Mark Distillery (left) is a National Historic Landmark that produces world-famous straight bourbon whiskey. Maker's and Limestone Branch Distillery are stops on the "Kentucky Bourbon Trail."



The Cemetery holds the remains of 865 soldiers who died in Lebanon and the surrounding area. The Cemetery is approximately 15 acres.

From the 1950's through '70's, Lebanon was known as an entertainment hotspot, as nationally known acts appeared at local establishments. According to Lebanon/Marion County Tourism, the Club Cherry "is a bookmark in the history of Rhythm and Blues and Rock and Roll. Little Richard's inspiration for "Tutti Frutti" lived in Lebanon!"

Why Safe Communities accreditation? Our community is seeking Safe Communities accreditation for several reasons. First, our Heartland Coalition has worked for many years to provide safer and healthier communities within Marion County, and we are already doing so many great things.

By becoming an accredited Safe Community, this will give us recognition for the work of the Coalition and our commitment to health and safety in our communities, as well as the ability to expand our work and help us to evaluate current programs and initiatives. Becoming a Safe Community will also showcase our commitment to providing a safer and healthier place to live and work to visitors, potential industries and businesses, and new and potential residents, allowing all to be proud of the place that they call home or visit.

This process has already helped us to identify gaps in service and prioritize needs to be addressed. Also, accreditation will solidify that our Coalition is being effective and addressing the six priority injury areas, while reducing the occurrence of injuries, as well as the cost that we are incurring due to those injuries. Studies have shown the cost savings and benefits of implementing preventive measures.

As a community with a strong industrial and manufacturing segment, Safe Communities accreditation is allowing us to expand our partnerships and services into local employers and their workforce.

Lastly, receiving this status would also make us a part of a growing network of accredited sites to share resources and ideas and provide recognition for our dedication to public safety.

Lead Organization for Marion County Safe Communities. The Marion County Heartland Coalition will be the lead agency organizing this effort. The Coalition is a network of many community agencies working together to make our communities safer and healthier, and consists of 75 members.



The Coalition is a non-profit organization with 501c3 status and has been in existence since 1997 as a community network for the purpose of sharing resources and collaborating efforts to decrease and prevent substance abuse and to promote a safe and healthy community. Our mission is to actively promote and support wellness initiatives by building partnerships, creating awareness, networking, and sharing knowledge.

The Heartland Coalition serves all citizens of Marion County, with a focus on youth and families, and has three primary goals:

- 1) to coordinate health promotion and prevention activities in our community,
- 2) to establish and strengthen community collaboration in support of local effects to prevent substance use, and
- 3) to increase awareness of addiction as a disease and to address and counter stigma and discrimination of substance use disorders.

The Heartland Coalition members include representation from a number of local organizations and programs, including, but not limited to: our local schools, the Lincoln Trail District Health Department, the Tri-County Kentucky United Way, counseling programs, substance abuse services, SpringHaven Domestic Violence Program, emergency responders (Fire, Law Enforcement, EMS, and Emergency Management),

Drug Court, Central Kentucky Community Action, Faith-based organizations, Marion County Library, county government, local television, Marion County Detention Center, healthcare providers, etc. The Coalition has the support and acknowledgement of our Mayor, County Judge Executive and additional local leaders.

The Coalition gathers monthly to discuss local initiatives and community issues. Some recent activities include providing scholarships to local students and helping to support specific program services through Kentucky Agency for Substance Abuse Policy (ASAP) funding that address substance abuse, and substance abuse education and awareness. Heartland also maintains their own funds to support additional health and wellness prevention activities that do not fall under ASAP funding guidelines.

The Lincoln Trail District Health Department (LTDHD) and the Tri-County Kentucky United Way (TCKYUW) are the representatives of the Coalition that are leading the Safe Community Accreditation process. The missions of LTDHD and TCKYUW align with the Safe Communities accreditation by helping to address the quality of life for local residents in the areas of Health, Education and Safety.

SECTION 3: CRITERIA TO BE A SAFE COMMUNITY

Criteria 1: Sustained Collaboration

Official coalition name: Marion County Heartland Coalition

Date coalition formed: The Heartland Coalition was formed in 1997. The date of the first official meeting where stakeholders committed to the Safe Communities application and accreditation process was January 10, 2019.

Mission statement: The Mission Statement of the Marion County Heartland Coalition is to actively promote and support wellness initiatives by building partnerships, creating awareness, networking, and sharing knowledge. The goal of the Safe Communities Subcommittee is to improve the quality of life of Marion County residents and visitors by reducing and/or preventing injuries in our local communities.

Please see **Appendix 1** for more information on the Heartland Coalition.

Coalition Member List:

| Heartland Coalition Members – Updated 3-11-2020 | | | | | | | | | |
|---|---|---------------------------------|--|--|--|--|--|--|--|
| Name | Agency | Contact Info | | | | | | | |
| Amanda Sublett | Marion County Extension Office – 4-H Agent | Amanda.sublett@uky.edu | | | | | | | |
| Amy Morgeson | Marion County Public Library | directormcpl@marioncopublic.org | | | | | | | |
| Angie Sexton | Drug Court | angelasexton@kycourts.net | | | | | | | |
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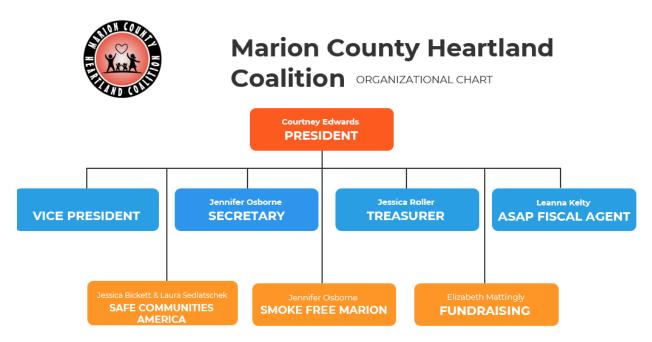
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|----------------------|---|---------------------------------------|
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| | | y.gov |
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| | Commerce- Executive Director | <u>r.com</u> |
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| 1 | | |

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| | Specialist | |
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| | Center | |
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| | Health Specialist | |
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| | | <u>.gov</u> |
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| NA'-LU = | Development Area | manage William at the second in the second i |
| Michelle Essex | Loretto Motherhouse | messex@lorettomotherhouse.org |

| Mickie Lee | Marion County Public Schools | mickie.lee@marion.kyschools.us |
|------------------|--|----------------------------------|
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| Mimi Crum | Community Member | explore4@kih.net |
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| | Community Education | <u>ols.us</u> |
| Olivia Buckman | Communicare Inc. | obuckman@communicare.org |
| Rachael | Central Kentucky Community | Rachael.thompson@ckyhs.org |
| Thompson | Action Head Start, Administrative Coordinator | |
| Robbie Turner* | Marion County EMS Director | mc.ems@marioncountyky.gov |
| Robin Humphress | Kentucky Classic Arts | director@kentuckyclassicarts.com |
| Samantha Clark | Communicare Inc. | SRClark@communicare.org |
| Samantha Garrett | Communicare Inc. – KY Moms MATR | sjgarrett@communicare.org |
| Shirley Buckman | Community Action – Early Childhood Education | sbuckman@ckcac.org |
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| | Technical College System (KCTCS) | |
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| Stevie Lowery | Lebanon Enterprise | editor@lebanonenterprise.com |
| Suzanne Gude | Kentucky Cancer Program | s.gude@louisville.edu |
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| Teresa Bright | Forcht Broadcasting | tebright@forchtbroadcasting.com |
| Terri Thomas* | Marion County Career Center | terri.thomas@marioncountyky.go v |
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| Thomas Lyons | Marion County Public Schools | thomas.lyons@marion.kyschools. |
| | | us |
| Van Gadberry | Marion County Public Schools- | van.gadberry@marion.kyschools. |
| | FRYSC | us |
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^{*} Indicates Safe Communities America Committee members

Coalition organizational chart:



Letters of support: Letters of support from the following are included in Appendix 2:

- Jimmy Higdon, State Senator
- Lebanon/Marion County Industrial Foundation, Pat Ford, Executive Director
- Lincoln Trail District Health Department, Sara Jo Best, Director
- Marion County Fiscal Court, Judge Executive David Daugherty
- City of Lebanon, Mayor Gary Crenshaw

Meeting minutes: The Meeting Minutes for the Heartland Coalition, as well as the Safe Communities Subcommittee from January 2019, are included in **Appendix 3a and 3b**.

Communications tactics: The Marion County Heartland Coalition communicates primarily through monthly meetings and email. Having contact with approximately 75 members, the Coalition emails are sent monthly to the membership regarding meetings, as well as to new contacts to relay important information, new legislation, and upcoming events. At our monthly meetings, members share their organization's upcoming projects and events, and the Coalition develops, discusses, and implements strategies to increase awareness of prevention activities. In addition, we sometimes have presentations on pressing community issues, such as vaping or substance use.

The Coalition updates their Facebook page on a regular basis to ensure that the community is informed regarding any and all projects discussed at monthly meetings. It is also a way to help spread awareness of coalition efforts to actively promote and support wellness initiatives, such as substance abuse and healthy communities, by building partnerships, creating awareness, networking, and sharing knowledge.

The Safe Communities Subcommittee communicates with its members, the Heartland Coalition overall, and all participating industries and businesses that have expressed

interest in Safe Communities. We have sent out email updates to all parties interested in our Safe Communities work, which include the county/city officials, service partners, industries, small businesses, local schools, etc., updating them on our progress with the accreditation (please see **Appendix 4** for our first Safe Communities America Update), meetings with community partners, etc. We will be submitting a press release to the local newspaper to educate the community at large about Safe Communities once accredited.

Criteria 2: Data Collection and Application

Community demographics. Marion County is fairly similar with the number of males vs. females (50.7% vs. 49.3%). The majority of individuals (53%) are ages 18 to 64, followed by 24% youth, ages 5 to 17 years old. Sixteen percent are older than 65, and 7% are less than 5 years old. Eighty-seven percent of residents are Caucasian, with 7.1% African American, 2.8% Hispanic, and 2.7% Other. Over 98% of residents are U.S. citizens in Marion County.

According to the American Community Survey, the median income in Marion County is \$38,544 and 17.1% of residents are in poverty. The current unemployment rate is 28.6%, which is the highest in all of Kentucky. The rate was 4.2% in March of 2020 and 3.4% in February 2020 – prior to Covid-19 impact. For children, 22% live in poverty. In the Marion County School District in the 2019-20 school year, 84.5% of our children were eligible for Free and Reduced Lunch. There are two schools in our District that have 100% of the students eligible.

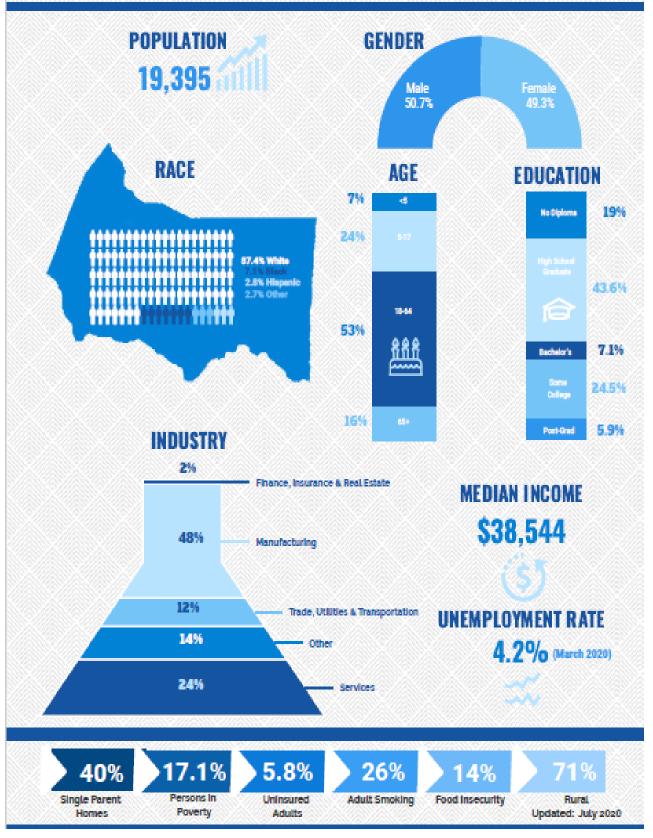
Six percent of the residents do not have health coverage. For those with insurance, 45% are on employee plans, 24% are on Medicaid, 12% are on Medicare, 11% are on non-group plans, and 2% are on military/VA plans. Four percent of children are not insured.

In Marion County, the highest education levels are: high school diploma (43.6%), some college (24.5%), Bachelor's Degree (7.1%), and graduate/master's degree (5.9%). Nineteen percent (19%) of residents do not have a high school diploma.

Forty percent of children live in single parent households, compared to 34% in the state of Kentucky.

Marion County suffers from high obesity rates (37% vs. 34% Kentucky), high rates of physical inactivity (38% vs. 29% Kentucky), high rates of high alcohol-impaired driving deaths (33% vs. 26% Kentucky), and high rates of motor vehicle crash deaths (27 vs. 16 Kentucky) per 100,000.

Marion County



INJURY DATA

FALLS:

Falls are the #1 leading cause of injury-related emergency department visits in Marion County for every age, except ages 15 – 24 years old, where it is 3rd. In 2016-2018, there were 2,424 fall-related emergency department visits, costing the County \$9,192,695 in total billing charges – an average billing of \$3,792. Youth ages 5 – 14 years old experience the most falls with 306 incidences (Kentucky Injury Prevention and Research Center). As a result, we identified Falls as one of our priorities for the Safe Communities Accreditation. Our goal is to help to educate the community on the various ways to reduce falls, creating safer environments, increased awareness of surroundings, and attention to physical limitations and/or medication side effects.

Leading Causes of Injury-Related Emergency Department Visits: Marion County, Ky Residents by Age Group and Intent, 2016-2018

| | Age Group | | | | | | | | | | | |
|------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| Rank | <1 | 1-4 | 5-14 | 15-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75-84 | 85+ | Total* |
| 1 | Falls | Falls | Falls | Struck By/Against | Falls |
| | 35 | 232 | 306 | 230 | 203 | 231 | 315 | 234 | 253 | 227 | 195 | 2,422 |
| 2 | Motor Vehicle Traffic Crash | Struck By/Against | Struck By/Against | Motor Vehicle Traffic Crash | Struck By/Against | Struck By/Against | Struck By/Against | Motor Vehicle Traffic Crash | Struck By/Against | Struck By/Against | Other Specified, Foreign Body | Struck By/Against |
| | 8 | 67 | 231 | 221 | 176 | 144 | 127 | 66 ** | 39 | 23 | 6 | 1,113 |
| 3 | Bites/Stings | Bites/Stings | Bites/Stings | Falls | Motor Vehicle Traffic Crash | Motor Vehicle Traffic Crash | Motor Vehicle Traffic Crash | Struck By/Against | Motor Vehicle Traffic Crash | Motor Vehicle Traffic Crash | | Motor Vehicle Traffic Crash |
| | 6 ** | 41 | 62 | 191 | 170 | 122 | 117 | 66 ** | 34 | 18 | | 845 |
| 4 | Struck By/Against | Other Specified, Foreign Body | Cut/Pierce | Cut/Pierce | Cut/Pierce | Cut/Pierce | Unspecified | Cut/Pierce | Unspecified | Unspecified | | Cut/Pierce |
| | 6 ** | 39 | 60 | 111 | 81 | 87 | 70 | 50 | 25 | 15 | | 493 |
| 5 | Unspecified | Unspecified | Unspecified | Unspecified | Unspecified | Overexertion | Cut/Pierce | Unspecified | Cut/Pierce | Cut/Pierce | | Unspecified |
| | 6 ** | 30 ** | 59 | 69 | 67 | 75 | 54 | 41 | 20 | 10 | | 460 |
| 6 | Struck By/Against | Motor Vehicle Traffic Crash | Motor Vehicle Traffic Crash | Overexertion | Overexertion | Unspecified | Overexertion | Overexertion | Bites/Stings | Other Specified, Foreign Body | | Bites/Stings |
| | 6 ** | 30 ** | 57 | 53 | 58 | 74 | 51 | 28 | 18 | 7 | | 337 |
| 7 | Unspecified | Cut/Pierce | Other Specified, Foreign Body | Bites/Stings | Struck By/Against | Bites/Stings | Bites/Stings | Other Specified, Classifiable | Other Specified, Foreign Body | | | Overexertion |
| | 6 ** | 18 | 31 | 49 | 42 | 51 | 47 | 17 | 12 | | | 303 |
| 8 | Other Specified, Foreign Body | Drug Poisoning | Other Land Transport | Struck By/Against | Other Specified, Classifiable | Struck By/Against | Struck By/Against | Natural/ Environmental | Machinery | | | Other Specified, Classifiable |
| | 5 | 17 | 30 | 47 | 35 | 40 | 26 | 13 ** | 9 ** | | | 194 |
| 9 | | Other Specified, Classifiable | Other Specified, Classifiable | Other Land Transport | Bites/Stings | Other Specified, Classifiable | Other Specified, Classifiable | Struck By/Against | Other Specified, Classifiable | | | Struck By/Against |
| | | 12 | 28 | 41 | 32 | 23 | 25 | 13 ** | 9 ** | | | 189 |
| 10 | | Other Specified, Child Abuse | Pedalcyclist, Other | Other Specified, Classifiable | Machinery | Drug Poisoning & Machinery | Machinery | Drug Poisoning | Natural/ Environmental | | | Other Specified, Foreign Body |
| | | 10 | 24 | 40 | 21 | 14 ** | 18 | 10 | 8 | | | 153 |

Note: Counts less than five are not included in this matrix. *Total indicates the leading cause of injury-related emergency department visits across all age groups. **Indicates tied counts. Produced by the Kentucky Injury Prevention and Research Center, as bona fide agent for the Kentucky Department for Public Health. June 2019. Data source: Kentucky Outpatient Services Database, Office of Health Data and Analytics.

Data are provisional and subject to change. Counts represent encounters of care and could be greater than the number of individual patients treated.

| Legend: | Unintentional | Undetermined | Assault | Self-Harm | |
|---------|---------------|--------------|---------|-----------|--|
|---------|---------------|--------------|---------|-----------|--|



Number of Fall-Related Injury Emergency Department Visits, 2016-2018: Marion County, KY Residents



| Count | Total Billing Charges | Average Billing Charge |
|-------|-----------------------|------------------------|
| 2,424 | \$ 9,192,695 | \$ 3,792 |

Produced by the Kentucky Injury Prevention and Research Center, as bona fide agent for the Kentucky Department for Public Health. October 2019. This product was supported by Grant or Cooperative Agreement number 5 NU17CE924846, funded by the Centers for Disease Control and Prevention. Data source: Kentucky Outpatient Services Database, Office of Health Data and Analytics. Data are provisional and subject to change. Counts represent encounters of care and could be greater than the number of individual patients treated.

The Center for Disease Control and Prevention, along with the work of Stopping Elderly Accidents, Deaths and Injuries (STEADI) have many resources that can help with Fall Prevention. They suggest four ways to prevent falls: medication reviews, exercise, eyes and feet examinations, and home safety. In addition, they mention that individuals should make sure that they tell their doctors or a family member if they have fallen, so that others can help to make them and their environment safer. The Division of Unintentional Injury Prevention, National Center for Injury Prevention and Controls, and Centers for Disease Control and Prevention also add that evidence-based programming should be used to help with the prevention of falls.

When our SCA Committee learned that Falls were the number one reason for injury-related emergency department visits in Marion County for every age, except ages 15 – 24 years old, we knew that we had to make this a priority in our community.

A few examples of what we are currently doing that addresses Falls include:

- Silver Sneakers in three locations (two gyms and our aquatic center), which is a
 health and fitness program that is designed for seniors over 65 years old (younger
 individuals with a disability), and is included in many Medicare Plans. It is designed
 to increase muscle strength and range of movement and to improve activities for
 daily living.
- Over the last several years, a City Sidewalk Initiative has designated anywhere from \$10,000 to \$80,000 per year to improve and construct new sidewalks in an effort to improve pedestrian safety.
- Springview Hospital has developed a Falls Committee to review fall incidents that occur at the hospital and develop ways to improve safety.

MOTOR VEHICLE CRASHES:

In Kentucky, motor vehicle traffic crash-related injuries are the leading cause of death for young people under the age of 24. In 2018, Fatality Analysis Reporting System (FARS) Data shows that more than 50% of occupants killed in crashes were not wearing their seatbelts (KSPAN).

However, according to the 2019 Child Fatality Report, since 2005, child deaths have declined by almost 40%. Some reasons associated with the decrease include the graduated driving license law, booster seat law, and the cell phone ban for teen drivers.

Leading Causes of Injury-Related Deaths: Kentucky Residents by Age Group and Intent, 2016-2018

| | Age Group | | | | | | | | | | | |
|------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| Rank | <1 | 1-4 | 5-14 | 15-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75-84 | 85+ | Total* |
| 1 | Suffocation | Motor Vehicle Traffic Crash | Motor Vehicle Traffic Crash | Motor Vehicle Traffic Crash | Poisoning | Poisoning | Poisoning | Poisoning | Firearm | Falls | Falls | Poisoning |
| | 50 | 19 ** | 37 | 361 | 981 | 1,148 | 956 | 553 | 195 | 279 | 360 | 3,966 |
| 2 | Motor Vehicle Traffic Crash | Drowning | Firearm | Poisoning | Motor Vehicle Traffic Crash | Not Specified | Motor Vehicle Traffic Crash |
| | 6 | 19 ** | 14 | 244 | 335 | 300 | 311 | 321 | 193 | 151 | 319 | 2,098 |
| 3 | | Fire/Flame | Suffocation | Firearm | Firearm | Firearm | Firearm | Firearm | Falls | Not Specified | Suffocation | Firearm |
| | | 6 ↔ | 11 *** | 161 ** | 174 | 211 | 277 | 232 | 149 | 150 | 68 | 1,411 |
| 4 | | Firearm | Firearm | Firearm | Firearm | Firearm | Suffocation | Falls | Poisoning | Firearm | Motor Vehicle Traffic Crash | Falls |
| | | 6 ↔ | 11 ** | 161 ** | 160 | 138 | 109 | 83 | 78 | 118 | 62 | 944 |
| 5 | | Not Specified | Drowning | Suffocation | Suffocation | Suffocation | Firearm | Suffocation | Not Specified | Suffocation | Firearm | Firearm |
| | | 5 | 8 | 82 | 132 | 108 | 81 | 52 | 69 | 45 | 45 | 633 |
| 6 | | | Fire/Flame | Firearm | Poisoning | Poisoning | Poisoning | Not Specified | Suffocation | Fire/Flame | Natural/ Environmental | Not Specified |
| | | | 6 | 17 | 30 | 41 | 41 | 50 | 39 | 24 | 12 | 626 |
| 7 | | | Other Land Transport | Drowning | Poisoning | Poisoning | Poisoning | Poisoning | Fire/Flame | Poisoning | Fire/Flame | Suffocation |
| | | | 5** | 14 | 21 ** | 40 | 39 | 47 ** | 29 | 19 | 11 | 514 |
| 8 | | | Firearm | Poisoning | Cut/Pierce | Drowning | Falls | Fire/Flame | Poisoning | Natural/ Environmental | Poisoning | Suffocation |
| | | | 5 ** | 12 | 21 ** | 22 | 35 | 47 ** | 24 | 14 | 9 ** | 295 |
| 9 | | | · | Other Land Transport | Fire/Flame | Falls | Suffocation | Suffocation | Firearm | Drowning | Not Elsewhere Classified | Poisoning |
| | | | | 10 | 15 ** | 20 | 24 | 40 | 21 | 13 | 9 ** | 198 |
| 10 | | | | Fire/Flame | Firearm | Fire/Flame | Other Land Transport | Firearm | Natural/ Environmental | Machinery | Suffocation | Fire/Flame |
| | | | | 9 | 15 ** | 18 | 23 | 38 | 17 | 8 | 5 Kentucky Injury | 188 |

Note: Counts less than five are not included in this matrix. *Total indicates the leading cause of injury-related death across all age groups. **Indicates tied counts. Produced by the Kentucky Injury Prevention and Research Center, as bona fide agent for the Kentucky Department for Public Health. June 2019. Data source: Kentucky Death Certificate Database, Kentucky Office of Vital Statistics, Cabinet for Health and Family Services. Data are provisional and subject to change.

Legend: Unintentional Undetermined Homicide Suicide Legal/War

In Marion County, motor vehicle crashes were the leading cause of injury-related deaths for young people ages 15 to 24 and 25 to 34 years of age from 2014 to 2018.

Leading Causes of Injury-Related Deaths: Marion County, Ky Residents by Age Group and Intent, 2014-2018

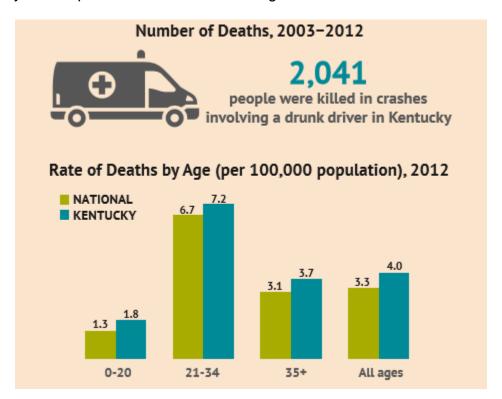
| | Age Group | | | | | | | | | | | |
|------|-----------|-----|------|--------------------------------|---------------|-----------|-------|-------|-------|-------|-----|--------------------------------|
| Rank | <1 | 1-4 | 5-14 | 15-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75-84 | 85+ | Total* |
| 1 | | | | Motor Vehicle Traffic Crash | Traffic Crash | Poisoning | | | | | | Motor Vehicle Traffic Crash |
| | | | | 9 | 5 | 5 | | | | | | 29 |
| 2 | | | | | | | | | | | | Poisoning |
| | | | | | | | | | | | | 12 |

Source: Kiprc

According to the most recent Child Fatality Report, the leading causes of Teen Crashes are:



The CDC states that 2,041 people died in crashes involving a drunk driver in Kentucky from 2003 - 2012. The death rate (per 100,000 population) is higher for every age group in Kentucky as compared to the national averages.



In relation to the number of unintentional injury deaths due to motor vehicle traffic crashes, the Kentucky Environmental Public Health Tracking (Envirohealthlink.org) Marion County Profile shows that, from 2013 – 2017, Marion County is performing worse than the state of Kentucky. The rate for Marion County is 26.63 compared to the Kentucky rate of 16.32 per 100,000 population. Marion County is considered a 'hot spot/high risk area' for motor vehicle crashes.

From 2016-2018, motor vehicle crashes are the second leading cause of injury-related emergency room visits for those under the age of 1, those ages 15 to 24, and those ages 55 to 64 and the third leading cause of injury-related emergency room visits for all other age groups (except ages 1 to 4 and 5 to 15, where motor vehicle is the 6th leading cause)

(Kiprc data above). The 2015 Maternal and Child Health Title V Needs Assessment identified improper use or lack of car seats as an issue causing child injuries and deaths.

According to the Kentucky Community Injury Profiles for 2010 to 2014 (the most recent available on the Kiprc website), motor vehicle crashes cost Marion County almost \$3.7 million.

Injury Visits to Emergency Departments, 2010 - 2014, by Mechanism of Injury $\frac{\text{MARION}}{\text{County}}$ Residents

| | Injury Visits to Emergency Departments 2010 - 2014 | | | | | | |
|------------------------|---|--------------------------|--|-----------------|--|--|--|
| Mechanism of Injury | | RION county residents | Residents of all other KY counties (not including MARION county) | | | | |
| | Cases | Total charges | Cases | Total charges | | | |
| MVTC | 1,049 | \$3,699,508 | 250,896 | \$942,382,011 | | | |
| FIREARM | 9 | \$70,381 | 2,897 | \$16,119,923 | | | |
| POISONING | 124 | \$426,491 | 53,563 | \$125,186,817 | | | |
| FALLS | 2,690 | \$7,178,913 | 685,269 | \$1,534,005,109 | | | |
| SUFFOCATION | * | \$7,636 | 1,586 | \$5,165,525 | | | |
| DROWNING | 0 | 0 | 460 | \$1,085,268 | | | |
| FIRE/BURN | 89 | \$95,395 | 31,394 | \$31,780,997 | | | |
| CUT/PIERCE | 364 | \$611,859 | 150,683 | \$188,066,638 | | | |
| STRUCK BY/AGAINST | 725 | \$1,432,423 | 295,384 | \$462,066,561 | | | |
| MACHINERY | 37 | \$95,746 | 8,292 | \$19,254,679 | | | |
| | | | | | | | |

Source: Kentucky Community Profile for Marion County

According to the Kentucky Transportation Center's Analysis of Traffic Crash Data, the number of crashes in Marion County has increased by 12% from 2014 to 2018. The percentage of crashes involving alcohol is higher in Marion County (4.5%) than the state (3.0%). The percentage of fatal crashes is also higher in Marion County (1.01%) than the state (.51%), as well as the percentage of injury or fatal crashes with 19.4% vs. the state average of 18.1%. Lastly, the safety belt usage rate for Marion County of 43.1 is lower than the state rate of 67.9.

Number of Crashes in Marion County

| Number of | Number of Clashes in Mahori County | | | | | | | | | |
|-----------|------------------------------------|------|------|------|------|-----------|--------|--|--|--|
| | 2014 | 2015 | 2016 | 2017 | 2018 | Average | 2018 % | | | |
| | | | | | | '14 – '18 | change | | | |
| Marion | 430 | 500 | 492 | 444 | 482 | 469.6 | 8.6% | | | |

| | % of crashes involving alcohol | % of crashes involving drugs | % fatal crashes | % injury or fatal crashes | Safety belt usage rate | % of crashes involving speeding |
|----------|--------------------------------|------------------------------|-----------------|---------------------------|------------------------------|---------------------------------|
| Marion | 4.5 | 1.2 | 1.01 | 19.4 | 43.1 | 2.4 |
| Kentucky | 3.0 | 1.2 | .51 | 18.1 | 67.9 | 4.8 |

Source: Kentucky Transportation Center: Analysis of Traffic Crash Data (2014-2018)

Marion County ranks 5th of 31 counties with populations of 15,000 to 24,999 for number of crashes (2,372 crashes), with a crash rate of 280 crashes per 100 million vehicle-miles for all roads. Marion County ranks 1st of 31 Kentucky counties with a population between 15,000 and 24,999 with 24 fatal crashes for 2014 – 2018, with a rate of 2.8 per million vehicle-miles. Marion County ranks 6th for the number of "injury or fatal crashes," with a total of 413. Marion County ranked 5th for overall crashes, with a total of 2,214.(Kentucky Transportation Center: Analysis of Traffic Crash Data (2012-2016).

According to the Lebanon Police Department, the number of drivers under the influence increased by 10%, from 60 in 2018 to 66 to 2019. However, on a more positive note, the number of reckless driving incidences decreased from 48 to 40; the number of speeding tickets decreased from 64 to 57; operating without a license decreased from 143 to 122; lack of insurance decreased from 163 to 125; improper/no registration plates decreased from 164 to 124; failure to wear seatbelts decreased from 6 to 1; child restraints decreased from 2 to 0; and warnings decreased from 30 to 0.

The Center for Disease Control states that motor vehicle injuries and fatalities can be reduced and/or prevented by up to 80% by increasing seat belt use and increasing child safety seat use. The use of seat belts is one of the most effective ways to reduce injuries and prevent deaths.

Programs that help parents/caregivers to obtain appropriate car seats for children, as well as teaching the importance of seats, how to use and how to install, can also help to reduce injuries and fatalities.

In addition, they can be prevented by reducing alcohol-impaired driving. The CDC states that "every day, 29 people in the United States die in motor vehicle crashes that involve an alcohol-impaired driver (one death every 50 minutes). The annual cost of alcohol-related crashes totals more than \$44 billion." Some prevention strategies can include increased drunk driving laws, sobriety checkpoints, ignition interlocks, mass media campaigns, alcohol screening and brief interventions, and school-based instructional programs.

Also, distracted driving (taking eyes, hands or your mind off the road), especially texting while driving, is extremely dangerous. The most distraction-related fatal crashes are experienced by individuals under the age of 20 years old. According to the CDC's National Youth Risk Behavior Surveillance System, students who reported frequent texting while driving are: less likely to wear a seatbelt; more likely to ride with a driver who has been drinking; and more likely to drink and drive. A cell phone ban while driving for all ages, especially teens, can help to reduce this.

Graduated Driver's Licenses help to reduce the leading causes of teen crashes, providing more practice for young drivers, restrictions for high-risk conditions (nighttime, number of people in the car, etc.), and parent participation.

Here are a few examples of programs that we are conducting to decrease motor vehicle crashes:

- Marion County has Certified Child Passenger Safety Technicians that provide education and installation of child safety seats, as well as community-wide safety checks a few times per year. The Heartland Coalition was able to obtain a grant in 2018 through a managed-care provider to purchase car seats, both booster and infant seats. Seats were provided to clients who were referred by WIC, Health Access Nurturing Development Services (HANDS), the hospital, DCBS, and the police department.
- The Checkpoints™ Program is currently being conducted at Marion County High School. It is an evidence-based, parent-oriented teen driving intervention developed by the National Institute of Child Health and Human Development, an agency of the US Department of Health and Human Services. The program is being piloted in Kentucky and has been revised to reflect Kentucky's graduated driver's license program requirements and to include Kentucky injury data. This Program provides parents and teenagers with information about: Risks teenagers face when first licensed (e.g., facts and myths about teen driving safety); graduated driver's license requirements; how to improve the safety of teen drivers; how to communicate effectively with teens about safe driving; and how to set driving agreements that are customizable to the parents and teenagers, establishing clear guidelines, expectations, and consequences for their teenager's driving. In the 2018-19 school year, we provided 35 students and their parents with the Checkpoints Program.
- Seat Belt Checks and Seat Belt Safety Challenges are randomly conducted at the high schools to help educate students on the importance of using a seat belt. In addition, high school student ambassadors taught seatbelt safety classes to elementary students.
- Marion/Washington Child Fatality Review (CFR) Team. Community partners in Marion and neighboring Washington county joined together to form a CFR team in 2019. The purpose of this team is to coordinate the review of all fetal, infant and potentially preventable child deaths in order to better understand how and why they died. Additionally, this work can enhance the health and well-being of infants, children, women and families by improving the community resources and service delivery systems available to them. Since the first meeting in March 2019, cases of 11 Marion County children have been reviewed.

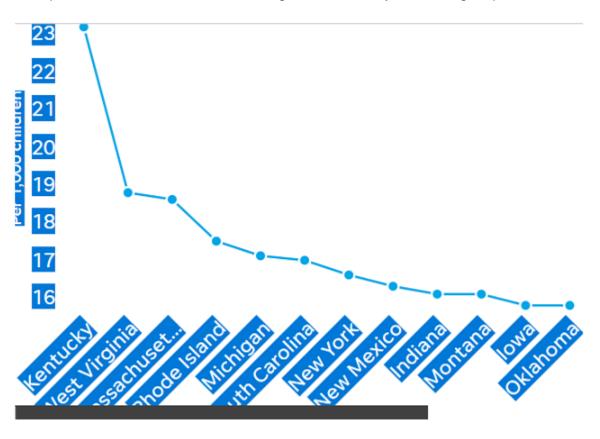
SUICIDE AND VIOLENCE

Childhood Experiences (ACEs) Adverse refers potentially traumatic to events/experiences that occur in childhood. This can include experiencing violence or abuse (sexual, emotional, physical, etc.); witnessing violence in the home or community; or having a family member attempt or die by suicide. It can also include things that can undermine their sense of safety, stability, and bonding, such as growing up in a household with substance abuse, mental health problems, and/or instability due to parental separation or incarceration. ACEs are linked to chronic health problems, mental illness. and substance abuse in adulthood, and can negatively impact education and job opportunities. ACES have a tremendous impact on future violence victimization and perpetration and lifelong health and opportunity (Center for Disease Control and Prevention: Violence Prevention-Preventing Child Abuse and Neglect).

The Lincoln Trail Area Development District, which includes Marion County, shows that in 2015, ACEs such as divorce (34%), physical abuse in the household (18%), substance abuse in the household (36%), and sexual abuse in the household (14.4%) were higher than the Kentucky numbers of 32%, 15%, 31% and 12% respectively. Other ACEs for the LTADD include: domestic violence (17%), mental illness (18.7%), incarceration in the household (10%), and verbal abuse in the household (26%) (Kiprc).

Child Abuse and Neglect: As of March, 2020, Kentucky still, for the second year in a row, ranks #1 in the country for child abuse and neglect, according to the Department of Health and Human Services. The Kentucky rate of 23.5 per 1,000 children is 6% higher than the rate of 22.2 per 1,000 in the previous year. The current rate is much higher than West Virginia, who ranks 2nd.

Top States for Child Abuse and Neglect, for fiscal year ending September 2018



SOURCE: US Department of Health and Human Services annual Child Maltreatment report

Kentucky has ranked first or second for the last seven years, and has been in the top 10 for over a decade. Kentucky has double the national rate for child victims under the age of one year old (2020 Blueprint for Kentucky's Children). Child maltreatment seems to be attributed to substance abuse, extreme poverty, metal illness and violence. In addition, there is a record number of approximately 10,000 children in foster care who have been removed from their homes due to child abuse and neglect (Courier Journal article, March 3, 2020).

Children living in poverty/low-income families experience more abuse and neglect. Forty percent of children currently live in single parent families in Kentucky compared to 34% in Marion County. County data reflects the highest percentage since at least 2007 (2019 Kids Count). Fifty-three percent of child abuse cases have the risk factor of substance abuse by the caretaker (as per Kentucky Child Abuse Pediatrician at KSPAN).

While children who experience abuse suffer immediate physical injuries, they also suffer from emotional and psychological problems, such as impaired socio-emotional skills or anxiety. "Exposure to violence increases the risks of injury, future violence victimization and perpetration, substance abuse, sexually transmitted infections, delayed brain development, reproductive health problems, involvement in sex trafficking, non-communicable diseases, lower educational attainment, and limited employment opportunities. Chronic abuse can result in toxic stress and make victims more vulnerable to problems, such as post-traumatic stress disorder, conduct disorder, and learning, attention and memory difficulties" (Centers for Disease Control and Prevention: Violence Prevention-Preventing Child Abuse and Neglect).

1 out of 3 Kentucky child homicides are due to maltreatment & neglect

The major risk factors for child abuse and neglect are listed below.¹⁹

- Young children (<4 years old)
- Non-biologic caregivers in home
- Intimate partner violence
- Substance abuse/mental health issues
- · Parents' history of child abuse
- · Children with special needs
- · Parent's young age
- Low education and income
- Single parenting

In the Salt River Trail Child Protective Service (CPS) region (17 counties, including Marion County) from March 1, 2019 through February 29, 2020, there were 16,639 CPS allegations, of which 7,252 (43%) met acceptance criteria. The number of substantiated child abuse/neglect cases was 1,466 (20%), for a total of 2,960 children. There were 655 families (9.03%) identified as "in need of services." For this region, the age of the child was consistent among 1 – 5 years old, 6 – 10 years old, and 11 – 17 years old (with approximately 1200 cases in each age group. There were 530 infants who had substantiated abuse or services needed. Most of the substantiated cases or families in need of services had 'risk of harm/neglect' (30%) as the type of maltreatment, followed by physical assault/injury (21%), and basic neglect (15%) (Salt River Trail Child Protective Service Intake Fact Sheet for CPS Intakes Completed from 3/01/19 – 2/29/20). The risk factors that contributed or were present for substantiated cases or families in need (2,121 cases) included:

• family violence – 494 cases (23%) had family violence as directly contributing to the abuse; 101 cases (5%) had it indirectly contributing; 459 cases (22%) had it as a risk factor; and it was not applicable for 1,067 cases (50%).

- substance abuse 837 cases (39%) had substance abuse directly contributing to the abuse; 77 cases (4%) had it indirectly contributing; 432 cases (20%) had it as a risk factor, and it was not applicable for 775 cases (36%).
- mental health 384 cases (18%) had mental health contributing to the abuse; 163 cases (8%) had it indirectly contributing; 647 cases (30%) had it as a risk factor; and it was not applicable for 927 cases (44%).

Therefore, substance abuse was the top risk factor that directly or indirectly contributed to child abuse/neglect, followed by family violence, and then mental health. Only 36% of these cases did not have substance abuse affecting the abuse in some way.

According to the 2019 Kids Count data, the average number of reports of suspected abuse in Marion County is 662 from 2014 to 2018. This represents a 50% increase in reports. The number of reports to our Marion County Department for Community Based Services (DCBS) office in 2018 that met the criteria for child abuse/neglect has increased by 36% since 2014, with a major spike in 2017.

Number of reports to DCBS meeting criteria for child abuse/neglect in Marion

| Location | Data Type | 2014 | 2015 | 2016 | 2017 | 2018 |
|----------|-----------|------|------|------|------|------|
| Marion | Number | 247 | 252 | 261 | 592 | 336 |

Source: Kentucky Youth Advocates (Kids Count)

The average child population in Marion County for 2014 – 2015 was 4,708, which accounts for approximately 25% of the total population. The average number of child abuse victims was 113, with an average of 338 reports to DCBS that met the criteria for abuse. The data below shows that Marion County ranks second in the Lincoln Trail District, just slightly behind Larue County, with the rate of 71.71 per 1,000 children for Child Abuse and Neglect.

Child Abuse in Lincoln Trail District by County, 2014-2018 5-year estimates

| | Hardin | Larue | Marion | Meade | Nelson | Washington |
|---|--------|-------|--------------------|-------|--------|------------|
| Average Child Population | 26,746 | 3,184 | <mark>4,708</mark> | 6,602 | 11,014 | 2,824 |
| Average # of child victims of abuse or neglect | 614 | 90 | <mark>113</mark> | 96 | 164 | 55 |
| Average # of reports to DCBS meeting criteria for abuse/neglect | 1493 | 234 | <mark>338</mark> | 268 | 514 | 159 |
| Rate per 1,000 children | 55.81 | 73.55 | <mark>71.71</mark> | 40.53 | 46.67 | 56.30 |

Source: https://datacenter.kidscount.org/data/tables

There are three types of child abuse: child neglect, physical abuse and sexual abuse. In Marion County, as well as in Kentucky, the largest numbers reflect child neglect, reflecting 85% of the investigations. Physical abuse accounted for 12% and sexual abuse accounted for 3% of the investigations.

There was an 84% increase in child neglect cases from 310 in 2014 to 571 in 2018, spiking 967 in 2017. According to 2019 Kids Count, there has been a 53% increase in substantiated cases from 15% in 2014 to 23% in 2018 in Marion County.

Physical abuse investigations increased by 17% from 69 in 2014 to 81 in 2018, again with a spike to 154 in 2017. Nine percent of the 2018 investigations were substantiated. There was a 48% decrease in the number of substantiated cases, from 17% in 2014 to 9% in 2018.

Sexual abuse investigations actually decreased by 20% with 20 in 2014 and 16 in 2018. This is the lowest it has been over the five years (2014-2015). Again, however, there was a spike in 2017 with 35 cases. Substantiated cases were suppressed in 2014, 2015 and 2018. Twenty-five percent of investigations were substantiated cases in 2016 and 29% in 2017.

Number of child abuse/neglect investigations by type in Marion

| Location | Type of Abuse | Data Type | 2014 | 2015 | 2016 | 2017 | 2018 |
|----------|----------------|-----------|------|------|------|------|------|
| Marion | Child Neglect | Number | 310 | 370 | 399 | 967 | 571 |
| | Physical Abuse | Number | 69 | 73 | 71 | 154 | 81 |
| | Sexual Abuse | Number | 20 | 28 | 28 | 35 | 16 |

Source: Kentucky Youth Advocates (Kids Count)

There has been a 150% increase in substantiated child abuse cases in Marion County from 56 in 2014 to 139 in 2018. The data shows that there was a spike to 203 substantiated cases in 2017. Nine percent of victims are repeat victims, which is the same as the state percentage.

Child victims of substantiated abuse in Marion

| Location | Data Type | 2014 | 2015 | 2016 | 2017 | 2018 |
|----------|-----------|------|------|------|------|------|
| Marion | Number | 56 | 75 | 90 | 203 | 139 |

Source: Kentucky Youth Advocates (Kids Count)

In Marion County, from 2014 to 2018, the average number of child abuse investigations is 638. Eighty-two percent of the investigations were for child neglect, 14% were for physical abuse, and 4% were for sexual abuse. Over this five-year period, Marion County had the highest percentage for child neglect investigations, the lowest percentage for physical abuse, and the 2nd highest percentage for sexual abuse in the Region based on the average rate per 1,000 children.

Child Abuse/Neglect Investigations by Type, 2014-2018 5-year estimates

| | Hardin | Larue | Marion | Meade | Nelson | Washington |
|-------------------------|--------|--------|--------|-------|--------|------------|
| Average Investigations | 3940 | 410 | 638 | 515 | 845 | 340 |
| Child Neglect | 3145 | 332 | 523 | 417 | 680 | 270 |
| Child Neglect % | 79.8% | 81.0% | 82.0% | 81.0% | 80.5% | 79.4% |
| Rate per 1,000 children | 117.58 | 104.13 | 111.18 | 63.16 | 61.76 | 95.54 |

| Physical Abuse Physical Abuse % Rate per 1,000 children | 659 | 64 | 90 | 48 | 137 | 54 |
|---|-------|-------|-------|-------|-------|-------|
| | 16.7% | 15.6% | 14.0% | 15.2% | 16.2% | 15.8% |
| | 24.63 | 20.10 | 19.03 | 11.81 | 12.42 | 19.05 |
| Sexual Abuse Sexual Abuse % Rate per 1,000 children | 136 | 14 | 25 | 20 | 28 | 16 |
| | 3.5% | 3.4% | 4.0% | 3.8% | 3.3% | 4.7% |
| | 5.08 | 4.40 | 5.40 | 2.99 | 2.56 | 5.67 |

Source: https://datacenter.kidscount.org/data/tables

As mentioned above, the top three risk factors for child abuse/neglect are: family violence, mental health issues, and substance abuse, which correlates with the data in our substance abuse section and may be a contributing factor to the increases seen in 2017.

The percent of child victims with family violence as a risk factor has increased 92% in Marion County, from 34% in 2014 to 65% in 2018. The 2018 percentage is over 20% higher than the Kentucky average, which is 44.5%

The percent of child victims with mental health as a risk factor increased annually, from 29.2% in 2014 to 58.3% in 2017. Mental health as a factor improved to 36.1% of child victims, which is lower than the Kentucky average of 43.6%.

Substance abuse as a risk factor has doubled since 2014, with 62.4% of child victims of experiencing it within their families. The Kentucky average is 66.5%.

Percent of child victims of abuse/neglect with specific risk factors present in case in Marion

| Location | Risk factor | Data Type | 2014 | 2015 | 2016 | 2017 | 2018 |
|----------|-----------------|-----------|-------|-------|-------|-------|-------|
| Marion | family violence | Percent | 34.0% | 39.5% | 41.7% | 53.4% | 65.2% |
| | mental health | Percent | 29.2% | 45.3% | 47.2% | 58.3% | 36.1% |
| | substance abuse | Percent | 31.1% | 46.5% | 61.4% | 69.3% | 62.4% |

Source: Kentucky Youth Advocates (Kids Count)

There are a number of protective factors that can help to reduce the negative impact of adverse experiences and that can build resilience to overcome them. These can include: positive interactions and safe, stable and nurturing relationships with family, friends, or the community. These can help the child with positive, social emotional health to build a sense of identity, purpose, and/or inclusion and can play a significant role in protecting against child abuse risk factors.

The Center for Disease Control suggests a number of strategies and how to achieve them to help to prevent child abuse and neglect:

| Preve | enting Child Abuse and Neglect |
|---|--|
| Strategy | Approach |
| Strengthen economic supports to | Strengthening household financial security |
| families | Family-friendly work policies |
| Change social norms to support | Public engagement and education campaigns |
| parents and positive parenting | Legislative approaches to reduce corporal punishment |
| Provide quality care and education | Preschool enrichment with family engagement |
| early in life | Improved quality of child care through |
| | licensing and accreditation |
| Enhance parenting skills to | Early childhood home visitation |
| promote healthy child development | Parenting skill and family relationship approaches |
| Intervene to lessen harms and | Enhanced primary care |
| prevent future risk | Behavioral parent training programs |
| | Treatment to lessen harms of abuse and neglect |
| | exposure |
| | •Treatment to prevent problem behavior and later involvement |
| | in violence. |
| https://www.cdc.gov/violenceprevention/childa | buseandneglect/prevention.html |

Here are a few examples of what we are currently doing to combat child abuse and neglect:

The Marion County Dream Bus was designed and built by students to go out into the rural parts of the community, primarily in the summer and fall, if need be, to provide mobile classrooms to continue learning, meals to ensure food security, positive activities to occupy children's time, and caring and nurturing adults. The Dream Bus addresses the issue of transportation for these students to obtain services who are unable to attend activities elsewhere.



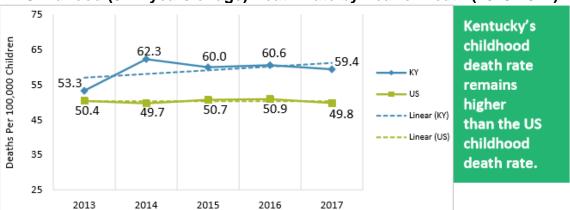


• The Marion County Health Access Nurturing Development Services (HANDS) Program is a home visitation program for pregnant women and new parents that support all areas of a baby's development, promotes positive pregnancy outcomes, safe homes, and assists families to make decisions that enhance long-term independence over meeting short-term or immediate needs. There are currently 35 active families in the HANDS Program, and there were 45 families who were active and exited the program from July 1, 2019 – January 31st, 2020, for a total of 80 families served, an increase of 14% over 2018. A total of 565 home visits occurred.

- The Marion County Public Schools all have Family Resource and Youth Services Center (FRYSC) Coordinators that enhance students' abilities to succeed in school by developing and sustaining partnerships to promote: early learning and successful transition into school; academic achievement and well-being; and graduation and transition into adult life. They help students and families to overcome barriers to learning.
- The Social/Emotional Wellness Educator for the Marion County Public Schools creates experiences that engage students socially, emotionally and physically; providing a foundation of CARE so students excel academically and socially. This person holds a valid Kentucky certification/license as a school counselor, school or certified social worker, school or clinical psychologist, or professional clinical counselor. They assess students' needs, situations, and support networks; implements data driven, evidence-based practices for social and emotional learning (SEL) experiences; coordinates mindfulness experiences for students to improve coping mechanisms; facilitates physical activities that promote physical and mental wellness; provides individual, small group and large group counseling that promotes academic and social success; trains school personnel on traumainformed care practices for educators; facilitates student/family referrals to community resources, such as behavioral health and child welfare; partners with school leaders to build psychologically safe buildings and classrooms through fostering positive, healthy school climates; monitors and evaluates provided services to demonstrate students' positive social and emotional growth; fosters positive communication between families, students and community agencies; makes home visits and telephone calls, sends correspondence, and maintains accurate documentation of case folders, maintaining confidentiality; ensures compliance with regulatory bodies and clinical guidelines; and develops CARE plans for participating students.
- Community Collaboration for Children provides in-home-based services to struggling families and offers the tools that they need to improve family stability and safety. The program focuses on the prevention of child abuse and neglect, while strengthening the power of families and encouraging communities to work together for the well-being of families. It provides everything from helping to obtain housing and improving household cleanliness to improving budgeting skills and building positive relationships with schools. They also focus support on improving parenting skills, teaching age-appropriate discipline, ensuring family safety, and encouraging active communication skills. They use evidence-based curriculum, such as: Active Parenting (supporting and preparing families through their child's development) and Nurturing Parenting (family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices).

Child Mortality Rates: There were 601 child deaths in Kentucky in 2017 (less than one year old through age 17 years old). The childhood death rate for Kentucky has remained fairly steady since 2015 at approximately 59 deaths per 100,000 children. Unfortunately, it remains higher than the national childhood death rate, which has been constant since 2013 at approximately 50 deaths per 100,000 children.

Childhood (0-17 years of age) Death Rate by Year of Death (2013-2017)



<u>Infant Mortality</u>: There were 370 infant deaths in 2017, which accounts for 62% of all child deaths. The rate (6.8 deaths per 1,000) is approximately 15% higher than the US rate of 6.4 deaths per 1,000 live births. Kentucky ranks 16th amongst all states in the US. Eighty-six percent of infant deaths are non-injury related. Infant deaths in Kentucky are higher than the national average (KSPAN Child Abuse Pediatrician). The top five leading causes of **infant deaths** in Kentucky for 2017, as noted in the 2019 Child Fatality Report, are:

Five Leading Causes of Infant Death



- Preterm birth-related conditions increased by 6% since 2016.
- Sudden unexpected infant death (SUID) in Kentucky increased from 88 in 2015 to 101 in 2016, and then, decreased to 82 in 2017. Ninety-five percent had at least one unsafe sleep factor noted. In 2016-2018, there were 50 deaths for children under the age of one.
- Birth defects contribute to approximately 20% of infant deaths.
- Perinatal conditions.
- Homicide.

<u>Child Mortality</u>: In 2017, there were 231 deaths among Kentucky children, ages 1-17 years old, which corresponds to 24.2 deaths per 100,000 children. The rate is approximately 18% higher than the US rate (20.5 deaths per 100,000 children). Sixty percent of all child deaths are due to injuries. The top three leading causes of child mortality (ages 1-17) for 2017, according to the 2019 Child Fatality Report, are:

 Motor vehicle crashes continue to be the number one leading cause of death, especially for children ages 15 to 17. This however, has decreased by 39% since 2005.

- Homicide moved to the 2nd spot in 2017. Homicides in KY increased from 20 in 2016 to 34 in 2017. Violent child death/homicide has doubled since 2013 in KY. Approximately 50% involved a firearm, with the highest occurrence being among children, 15 to 17 years of age. Homicide deaths are at the highest rate since 2012. Firearms, along with child abuse and neglect, were the primary mechanisms for child homicide. Child abuse and neglect deaths are highest among children less than 5 years old. In 2016, violent deaths in KY spiked and remain constant for individuals 24 years and younger. Kentucky is now higher than the national average. (according to Kentucky Violent Death Reporting Systems Homicide Trends from past 10 years).
- <u>Suicide</u> contributed to approximately 10% of deaths, with over 50% involving a firearm, being most prevalent among 10-14 year old youth (67%). Sixty percent of suicides among 15 to 17-year olds involved a firearm, and 40% were hanging/strangulation. Child suicides nearly doubled from 2014 to 2015 and continue to remain high with 24 suicides in 2017. (See below for additional information on suicide.)

Marion County has a significantly higher teen death rate at 12.4 per 100,000 for 2011 – 2015 compared to Kentucky's teen death rate of 5.3 per 100,000, with significant increases since 2008-2012.

2019 Kids Count Teen Death Rate (5-year aggregate) for Marion vs. KY

| Location | Data Type | 2008 - 2012 | 2009 - 2013 | 2010 - 2014 | 2011 - 2015 |
|----------|------------------|-------------|-------------|-------------|-------------|
| Kentucky | Rate per 100,000 | 5.8 | 5.5 | 5.4 | 5.3 |
| Marion | Rate per 100,000 | * | * | 9.2 | 12.4 |

Suicide: Suicide is the second leading cause of death among children 10-24 years of age in Kentucky and the United States (2019 Child Fatality Report). According to the American Academy of Child and Adolescent Psychiatry's-Facts for Families: Suicide in Children and Teens, younger children tend to be impulsive in their suicide attempts, and they are often associated with sadness, confusion, anger, or problems with attention and hyperactivity. Older teenagers tend to attempt suicide as a result of stress, self-doubt, pressure to succeed, financial uncertainty, disappointment, and loss.



American Foundation for Suicide Prevention

Risk Factors for Suicide include: history of depression and other mental illnesses, hopelessness, substance abuse, certain health conditions, previous suicide attempt, violence victimization and perpetration, and genetic and biological determinants. They can also include high conflict or violent relationships, sense of isolation, and lack of social support, family history of suicide, financial and work stress, inadequate community connectedness, barriers to health care, availability of lethal means of suicide, unsafe media portrayal of suicide, and/or stigma associated with help-seeking and mental illness (2017 Preventing Suicide: Technical Package of Policy, Programs and Practices, National Center for Injury Prevention and Control).

In Kentucky, since 2009, every grade has shown an increase in suicidal ideation and reported suicide attempts. In general, suicide occurs more often among teens, ages 15 to 17; however, for youth ages 10 to 14, there has been a notable increase in suicidal ideation and attempts. Sixth grade students are showing a significant increase in suicidal ideations, as well as 12th grade students. Childhood suicides nearly doubled from 2014 to 2015, remaining high in 2017 with 24 suicides (2019 Child Fatality Report).

According to the 2019 Kids County Data Book,16% of 10th graders seriously considered attempting suicide in KY, and 12% of 10th graders made a plan for how they would commit suicide. Eight percent of 10th graders actually attempted suicide. For youth who died by suicide, 44% had experienced problems at school, and 20% of youth, ages 15-19, cited problems with an intimate partner.

Suicidal ideation and reported suicide attempts decreased nationally for 10th graders prior to 2009, and since 2009, they have increased. In Kentucky, suicidal ideation and attempts remained stable for 10th graders from 2014 to 2018. However, other grades have seen notable increases (2018 Kentucky Incentives for Prevention (KIP) Survey District Report – Marion County).

In Marion County, 13.9% of 6th graders and 14.2% of 8th graders seriously considered attempting suicide during the past 12 months, which are higher percentages that the region and state. In addition, 9.2% of 6th graders and 13% of 10th graders made a plan about how they would attempt suicide, both are higher than the region and state percentages. Lastly, 8.7% of 6th graders and 9.3% of 8th graders actually attempted suicide at least once, again higher than the region and state averages (2018 KIP Survey District Report-Marion County). These numbers indicate that children are seeing suicide as a solution to their problems at a much younger age.

In the Lincoln Trail District, which consists of eight counties (including Marion County), there were 49 suicides in 2018, and there were 19 in the first quarter of 2019. For the first three quarters of 2019, the region already suffered the same number of suicides as in 2018. The age group with the largest number of suicides in 2016 and 2017 was 45 - 64 years old. In 2018, the age group was 35 - 65+ years old who were experiencing suicides. In 2019, although the age group of 41 to 60 did not experience any suicides, it expanded to include even younger people, including ages 19 to 40 and 61 and older.

For Marion County, in 2018, suicide levels were suppressed due to the lower number of incidents. However, for the first quarter of 2019, Marion Co. was already at almost half of

their entire 2018 numbers (Whipple, Beck; State Suicide Prevention Coordinator, March 9, 2020). In addition, Mr. Whipple stated that the number of National Suicide Prevention Lifeline Calls from Marion County increased from 34 in 2016 to 65 in 2018, an increase of 91%. In 2019, there was a slight decline (9%) to 59 calls.

In Marion County, there have been a total of 10 suicides, 105 self-harm injury-related emergency department visits, and 30 self-harm injury-related hospitalizations from January 2016 through September 30th, 2019 (Self-Harm Injury-Related Emergency Department Visits and Hospitalizations, and Suicides among KY residents by Characteristics and County, January 1, 2016 – September 30, 2019).

Prevention efforts focus on the detection of warning signs. School staff throughout the state receive regular training to recognize the signs. With rates increasing and children as young as the age of 10 committing suicide, the need to increase awareness at all levels is required. Recognition of adverse childhood experiences (ACEs), along with improving resilience is essential (2019 Child Fatality Report).

The Department for Public Health and the Department for Behavioral Health, Development, and Intellectual Disabilities collaborated to create the Suicide Prevention Program, which ensures the dissemination of suicide prevention trainings and resources for parents, caregivers, and educators (2019 Child Fatality Report).

The Kentucky Department of Education participates in the Safe Schools program that includes suicide prevention and awareness. The Department is currently providing Youth Mental Health First Aid Training for students. There have been a few organizations in Marion County that have been trained in Mental Health First Aid, a skills-based training course that teaches participants about mental health and substance-use issues. It helps a person developing a mental health problem, experiencing a worsening of an existing mental health program, or in a mental health crisis. It does not teach people how to treat or diagnose these conditions, but how to offer initial support until appropriate professional help is received (mentalhealthfirstaid.org).

Here are a few examples of what we are currently doing within our communities:

Rae of Sunshine Foundation (KY), Inc., is a non-profit foundation [501(c) (3) that
was started to celebrate the life of Taylor Rae's positive, bubbly, personality. Taylor
is the daughter of Taylora Schlosser, the Superintendent of Marion County
Schools. Taylora started the Foundation to promote positive acts of kindness,
eliminate the stigma of mental health, and increase access and resources to
support social and emotional health.



The curly sunshine is a reminder of Taylor Rae, but our hope is that, this sunshine will be a reminder that each of us can be a "rae" of sunshine in a world that is afraid to talk about mental health.

Her family is committed to using Taylor's story to help others who are struggling with mental health issues. The Rae of Sunshine Foundation, Inc. works to bring awareness, give back, and partner with schools, churches, institutions and any

other groups wanting to provide supports and training that stresses the importance of mental health issues.

The founding of Rae of Sunshine was celebrated within the Marion County school district, one year after losing Taylor. It was celebrated by providing cake to all staff and students and by wearing Rae of Sunshine t-shirts and other items with pride to bring awareness to mental illness, positivity, and social and emotional health.





The Rae of Sunshine Foundation sponsors the newly formed SMILE Club at MCHS. SMILE stands for Story, Make, Illuminate, Light, Energy. Members seek to spread positivity throughout the high school and the community. The SMILE Club has hit the ground running in its first year. Students completed: a day of service at the Loretto Motherhouse, where they landscaped and ate lunch with the residents. They also conducted a basketball game to raise funds for Rae of Sunshine and a local charity, Lincoln's Toy Box. It is anticipated that the SMILE Club will soon be in other Marion County schools, as well.

- Communication and presence of law enforcement at the schools helps to create a
 positive relationship with students. If an issue occurs at a student's home during
 out-of-school time, there is communication between school personnel and law
 enforcement so that the school is able to help address the situation. In addition,
 law enforcement has access to the school buildings and grounds at all times, so
 that they can eat lunch and interact with students, as well as for security purposes.
 Law enforcement, first responders, and EMS all have free passes to all sporting
 events and school programming to increase their presence among the students.
- The Raptor Security System at all Marion County Public schools helps to keep our children and school personnel safe within the schools.
- Sources of Strength is an integrated program of outreach and prevention curriculum supported at the local level. Training programs have been conducted with local school districts to promote peer-led youth resiliency programs.

Domestic Violence: Every 5 seconds a woman is beaten somewhere in the U.S. Fifty percent of all women in this country experience some form of violence in their intimate relationships. Children who witness incidents of abuse, or who are themselves abused, are most likely to become involved in violent relationships as adults, either as a batterer or victim (The Caring Place).

A victim of domestic violence goes back to their abuser seven times because they cannot afford to leave. More than $\frac{1}{2}$ of American cities cite domestic abuse as the top cause of homelessness. Almost 40% of all domestic abuse victims become homeless at some point. More than $\frac{1}{3}$ of police time is spent responding to domestic abuse calls.

As noted within the Lebanon Police Department's December 2019 Monthly Report, there were 72 domestic violence cases within the city limits in 2017; 98 in 2018; and 66 in 2019. The Sheriff's Department stated that, over a two-year period (July 17, 2017 – July 17, 2019), there were 201 domestic calls and 200 welfare checks within the County.

The 2019 Child Fatality Report states that prevention of youth violence, child maltreatment, and homicide is a high priority for Kentucky. Some effective strategies include school-based programs, family approaches that address coping skills, nurturing families, and creation of protective community environments. It recommends education for safe storage of firearms, safe storage of medications and poisons, promotion and expansion of outreach and education of safe sleep, promoting Keeping Infants Safe curriculum, appropriate seatbelt and car seat use, and promoting suicide prevention activities and community collaboration.

The Report goes on to say that youth violence is a major public health concern. It "increases the risk for behavioral and mental health difficulties, additional violence, smoking, substance abuse, obesity, high-risk sexual behavior, depression, academic difficulties, and suicide. Children are either witnesses, victims, or perpetrators of violence. Violent crimes include child abuse and neglect, rape, homicide, and other forms of assault. Youth violence may have lifelong effects on physical, psychological, and social functioning. Violent death or homicide is a major concern for Kentucky's children as homicides have doubled since 2013" (2019 Child Fatality Report).

A few examples of ways that our communities are addressing domestic violence include:

- Marion County has a 16-bed private emergency domestic violence shelter, The Caring Place, that provides information, counseling, legal advocacy, referral services, transportation, food and emergency shelter to victims of domestic violence. The Shelter's client profile includes: unemployed, low-income, substance users, recovering addicts, homeless and children.
- SpringHaven Domestic Violence Program is the only state-certified domestic violence program and shelter in the Lincoln Trail Area Development District. It provides a residential shelter for victims and their children, where participants can receive safety planning, case management and individual and group support opportunities. For children who come to the shelter, staff provide individual and group services and supervised homework assistance. They also provide victim advocacy, which offers support to the victim, accompaniment to court, and private counseling, as well as information about SpringHaven services. Staff, who are state certified by the Kentucky Domestic Violence Association, also provide educational trainings/experiences to professionals, free of charge. Information on domestic violence and dating violence are also offered. They also provide evidence-based programs such as In Their Shoes, Behind the Post, and Couplets.

SUBSTANCE ABUSE

Drugs. Kentucky ranks 5th in drug overdose rates, behind West Virginia, Ohio, Pennsylvania and the District of Columbia. The drug overdose death rate was 37.2 deaths per 100,000 residents in 2017, which was 71.4% higher than the national age-adjusted drug overdose death rate of 21.7 per 100,000. Overall, there were 1,566 drug overdose deaths among Kentucky residents in 2017, which is a 10.3% increase over 2016. This is the fourth year in a row of an increase in drug overdose deaths in Kentucky.

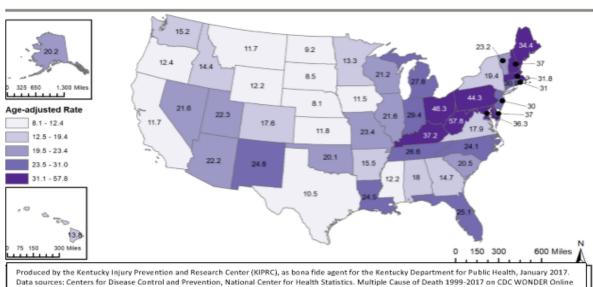


Figure 1: Age-adjusted Drug Overdose Mortality Rates by State, 2017

Produced by the Kentucky Injury Prevention and Research Center (KIPRC), as bona fide agent for the Kentucky Department for Public Health, January 2017. Data sources: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2017 on CDC WONDER Online Database, released December, 2018. Data are from the Multiple Cause of Death Files, 1999-2017, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Accessed at http://wonder.cdc.gov/mcd-icd10.html on Dec 7, 2018. Data are provisional and subject to change.

| Figure 2: States | Figure 2: States (including the District of Columbia) with the Highest Age- | | | | | | | |
|-------------------------|---|---------------|----------------|------------------|--|--|--|--|
| а | djusted Drug Ov | verdose Death | Rates, 2017 | | | | | |
| State | Total Drug | Population | Crude Rate per | Age Adjusted | | | | |
| | Overdose Deaths | | 100,000 | Rate per 100,000 | | | | |
| 1. West Virginia | 974 | 1,815,857 | 53.6 | 57.8 | | | | |
| 2. Ohio | 5,111 | 11,658,609 | 43.8 | 46.3 | | | | |
| 3. Pennsylvania | 5,388 | 12,805,537 | 42.1 | 44.3 | | | | |
| 4. District of Columbia | 310 | 693,972 | 44.7 | 44.0 | | | | |
| 5. Kentucky | 1,566 | 4,454,189 | 35.2 | 37.2 | | | | |
| 6. Delaware | 338 | 961,939 | 35.1 | 37.0 | | | | |
| 7. New Hampshire | 467 | 1,342,795 | 34.8 | 37.0 | | | | |
| 8. Maryland | 2,247 | 6,052,177 | 37.1 | 36.3 | | | | |
| 9. Maine | 424 | 1,335,907 | 31.7 | 34.4 | | | | |
| 10. Massachusetts | 2,168 | 6,859,819 | 31.6 | 31.8 | | | | |
| 11. Rhode Island | 320 | 1,059,639 | 30.2 | 31.0 | | | | |
| 12. Connecticut | 1,072 | 3,588,184 | 29.9 | 30.9 | | | | |
| 13. New Jersey | 2,685 | 9,005,644 | 29.8 | 30.0 | | | | |
| 14. Indiana | 1,852 | 6,666,818 | 27.8 | 29.4 | | | | |
| 15. Michigan | 2,694 | 9,962,311 | 27.0 | 27.8 | | | | |

Produced by the Kentucky Injury Prevention and Research Center (KIPRC), as bona fide agent for the Kentucky Department for Public Health, December 2018. Data sources: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2017 on CDC WONDER Online Database, released December, 2018. Data are from the Multiple Cause of Death Files, 1999-2017, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Accessed at http://wonder.cdc.gov/mcd-icd10.html on Dec 7, 2018.

Substance abuse (primarily prescription drugs, heroin, and fentanyl) remains one of the most critical public health and safety issues facing Kentucky (2018 Kentucky Overdose Fatality Report). As of February 2020, Kentucky is ranked #1 for Fentanyl use. Overdose deaths in Kentucky have been increasing every year since 2013, peaking in 2017. In 2018, overdose deaths declined to 1,247, which was a 15% decrease and equivalent to 230 lives. The decrease can be attributed to Kentucky program and policy initiatives, which include prescription drug monitoring, availability and use of naloxone and substance abuse treatment, harm reduction syringe service programs, and laws that address limiting prescription medications, as well as penalties for trafficking in heroin, fentanyl and fentanyl analogues.

According to the Kentucky Medical Examiner's Office, the characteristics of deaths in 2018 include:

- Residents, ages 35 to 44, were the largest demographic in overdose deaths, followed by 25-34;
- 188 resident overdose deaths involved the use of heroin in 2018 (down from 270 in 2017);
- fentanyl and fentanyl analogues were involved in 786 resident overdose deaths (61%), up from 52% in 2017;
- Morphine was detected in 432 resident cases, and Monoacetylmorphine (heroin) was detected in 211 cases.
- Alprazolam (Xanax) was detected in approximately 214 cases, down from 269 in 2017; gabapentin (for pain and seizures) was detected in 255 cases, down from 363 in 2017; methamphetamine was detected in 428 cases, up from 357 in 2017; and oxycodone in 110 cases, down from 157.

In Marion County, substance abuse is a growing problem. For drug-related inpatient hospitalizations and emergency department visits, there has been an increase of over 150% in acute drug poisoning (overdose) from 2014 to 2018 in Marion County (from 39 to 60).

There has been an increase of over 300% in nondependent abuse of drugs (excluding overdoses) for any substance. When looking at specific drugs, there has been: an increase of over 800% increase (from 7 to 65) for amphetamine abuse; an increase of almost 150% increase for cannabis abuse (30 to 73); an increase of over 150% in cocaine abuse (12 to 32); and an increase of over 400% increase in opioid abuse (8 to 38). The average rate of opioid prescriptions in the United States is 58.7 per 100 people in 2016-17. Marion County has a rate of 97.2 prescription per 100 people. There is only one county in Kentucky that has a higher prescription rate.

In addition, drug overdoses, abuse and/or dependency with Hepatitis C increased by more than 600% (from 5 to 36). Hepatitis increased from 0 to 15 and Hepatitis C increased 127% from 40 to 90. Endocarditis increased from less than 5 to 9.

Drug-related inpatient hospitalizations and emergency department visits among
Marion residents: 2014-2018

| Year | | | | | | |
|---|--|------|------|------|------|------|
| Category | Indicator | 2014 | 2015 | 2016 | 2017 | 2018 |
| Acute drug poisoning (overdose) | Any substance | 39 | 52 | 52 | 83 | 60 |
| | Antidepressants | 6 | * | * | 11 | 6 |
| | Benzodiazepines | * | 7 | 13 | 12 | 7 |
| | Cocaine | * | 5 | * | 5 | 0 |
| | Heroin | * | 0 | * | 9 | 8 |
| | Opioids other than heroin | 5 | 6 | * | 11 | 9 |
| | Other specified and unspecified drugs | 24 | 37 | 28 | 43 | 33 |
| | | | | | | |
| Comorbid infectious disease and | Drug overdose, abuse or dependence with Endocarditis | 姚 | 0 | 0 | * | * |
| drug overdose, abuse or dependence | Drug overdose, abuse or dependence with Hepatitis \boldsymbol{A} | 0 | 0 | 0 | 0 | 7 |
| dependence | Drug overdose, abuse or dependence with Hepatitis \ensuremath{C} | 5 | 13 | 13 | 26 | 36 |
| | Drug overdose, abuse or dependence with HIV | 0 | 0 | 0 | * | 0 |
| Infectious disease (with or | Endocarditis | * | * | * | * | 9 |
| without comorbid drug overdose, abuse or dependence) | Hepatitis A | 0 | 0 | * | * | 15 |
| abase or dependence, | Hepatitis C | 40 | 46 | 42 | 73 | 91 |
| | HIV | * | 5 | 7 | 7 | 5 |
| Neonatal Abstinence Syndrome | Neonatal Abstinence Syndrome | 6 | * | 6 | 7 | * |
| An asterisk (*) indicates that a cour | nt of at least one but fewer than five was suppressed. | | | | | |
| Nondependent abuse of drugs | Any substance | 73 | 123 | 153 | 199 | 301 |
| (excluding overdoses) | Amphetamine abuse | 7 | 10 | 23 | 64 | 65 |
| | Cannabis abuse | 30 | 36 | 52 | 55 | 73 |
| | Cocaine abuse | 12 | 16 | 28 | 30 | 32 |
| | Hallucinogen abuse | * | 0 | * | * | 0 |
| | Opioid abuse | 8 | 14 | 14 | 23 | 38 |
| | Sedative, hypnotic or anxiolytic abuse | * | 6 | * | 5 | 10 |
| | | | | | | |

Source: University of Kentucky, College of Public Health; Kiprc; and Kentucky Public Health

Poisoning is the #1 leading cause of injury-related death in Marion County for ages 35-44 years old (Kiprc). According to the Marion County Data Profile (Kentucky by the Numbers – University of Kentucky), there were 9 fatal overdoses and 145 non-fatal overdoses in Marion County from 2008 to 2010. There were 11 drug overdose deaths per 100,000 population from 2015 - 17. According to the 2019 County Health Rankings, there were 19 drug overdose deaths per 100,000 population. There were 183 non-fatal overdoses in Marion County from 2015 - 17.

The Lincoln Trail Regional Community Health Assessment for 2018-2021 conducted a public health forum in Marion County. The #1 health problem identified was dealing with substance abuse, followed by cancer and obesity. The #1 and #2 most risky behaviors

were substance abuse (72%) and alcohol abuse (46%) respectively. The Community Health Improvement Plan considers Substance Abuse their #1 Priority, with a goal of reducing substance abuse by 5% by 2021 to protect the health, safety and quality of life for all.

The 2019 Marion County Extension Community Assessment shows that, based on Focus Group Feedback, that Drug and Alcohol are the #1 identified priorities. Individuals and stakeholders want to see more support for drug and alcohol education, especially at the elementary school level, as well as more care and treatment facilities.

<u>Alcohol</u>: In Kentucky, alcohol is still the most widely used substance among young people. According to the most recent KIP survey, 19% of 10th graders (1 in 5) drank alcohol in the past month; 1 in 7 10th graders were drunk in the past month; and 1 in 10 10th graders drank 5+ drinks on one occasion in the past two weeks. Cigarettes, marijuana, and smokeless tobacco round out the top 4 substances used by 10th graders in the past 30 days. Young people state that alcohol is easily obtained from friends (20%), parents (6%), relatives (6%), and/or siblings (5%).

According to the Kentucky Medical Examiner's Office, there were 320 deaths, which represent 23% of all Kentucky overdose deaths, that were attributed to alcohol overdoses in 2016.

In addition, there were 2,041 people killed in crashes involving a drunk driver from 2003 to 2012. In 2012, Kentucky was higher than the national average for deaths by age (per 100,000 population). The State Police state that there were 263 teenage drivers who were involved in alcohol-related accidents in 2016, resulting in 5 fatalities.

The County Health Rankings and Roadmap states that 15% of Marion County residents take part in excessive drinking, and 33% of driving deaths are due to alcohol-impaired driving (compared to 26% in the state). In addition, 65% of 10th graders feel that alcohol is a problem at school in Marion County, compared to 48% of students in KY (2018 KIP Survey). Alcohol use among 10th graders has fallen slightly below the US rate and a steady decline in use has been seen among Kentucky youth as well (2018 KIP survey).

According to the 2014 – 2018 Kentucky Transportation Center's Analysis of Traffic Crash Data, the number of alcohol convictions increased by 85% in Marion County from 2012 to 2016. However, convictions have significantly decreased in 2017 and in 2018.

| County | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | Total |
|--------|------|------|------|------|------|------|------|-------|
| Marion | 65 | 83 | 108 | 86 | 119 | 50 | 41 | 552 |

Marion County had 107 alcohol-related crashes (4.5% of all crashes) from 2014 through 2018, of which 9 of these (1.4%) were ages 16 to 20. The percentage of crashes involving alcohol is higher than the state average of 3.0%. Marion County's annual average alcohol convictions per 1,000 licensed drivers is 6.2 (ranking 9th of 31 for Kentucky counties with populations of 15,000 to 24,999) and 3.8 (ranking 21st of 31 Kentucky counties with

populations of 15,000 to 24,999) alcohol convictions per alcohol-related crashes from 2014 to 2018.

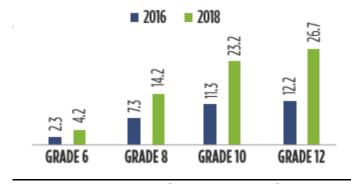
There were 700 total DUI (driving under the influence) arrests from 2014 to 2018, with 404 convictions. There were 28 crashes involving drugs, representing 1.2% of all crashes.

| | % of crashes involving alcohol | % of crashes involving drugs |
|----------|--------------------------------|------------------------------|
| Marion | 4.5 | 1.2 |
| Kentucky | 3.0 | 1.2 |

2014 - 2018 Kentucky Transportation Center's Analysis of Traffic Crash Data

Smoking: Smoking in general continues to be a problem in Marion County, with 23% of adults as smokers, just below the state average of 25% (2020 County Health Rankings & Roadmaps). Kentucky 10th graders have higher usage rates of cigarettes and smokeless tobacco than the rest of the nation, but these rates have declined over the past several years (2018 KIP survey). We also know that 73% of 10th graders and 67% of 8th graders feel that tobacco is a problem at school in MC, compared to 65% and 49% in KY respectively (2018 KIP survey). In addition, as are many other states, Kentucky is experiencing a growing problem with our youth using e-cigarettes, which can harm the brain and cause addiction, produce secondhand emissions, increase illnesses such as asthma, coughing and wheezing, and serious lung disease. According to the 2020 Blueprint for Kentucky's Children, although smoking among Kentucky youth has decreased, e-cigarette use has doubled for all grades from 2016 to 2018:

PERCENT OF KENTUCKY STUDENTS USING E-CIGARETTES



2020 Blueprint for Kentucky's Children

Prevention strategies for substance abuse include evidence-based school interventions. Research shows that early intervention can prevent many adolescent risk behaviors and positively change the course of a young person's life. The earlier a person begins using drugs, the greater the chances of addiction because drugs can change the brain, leading to addiction and other serious problems. Young people who use substances tend to have family and social problems, poor academic performance, health-related problems, mental health issues, and delinquent behavior. However, research-based programming can help to reduce or prevent early use of substance abuse (www.drugabuse.gov). In addition, access to: treatment services, including medication-assisted treatment (MAT)

(combination of behavioral therapy and medications), Harm Reduction Programs, such as Syringe Exchange and Narcan, are other ways to help to prevent substance abuse.

For alcohol, prevention strategies can include social host ordinances, enhanced enforcement of sales to minors, and electronic screening and brief interventions. As mentioned above, the CDC recommends strategies for reducing or preventing drunk driving that have been identified in the Guide to Community Preventive Services, as well as the National Highway Traffic Safety Administration. They include, but are not limited to: enhancing drunk driving laws, sobriety checkpoints, ignition interlocks, mass media campaigns, enhanced license revocation or suspension laws, alcohol screening and brief interventions, and school-based instructional programs.

There are four evidence-based components for tobacco control. They include: smoke free policies, access to evidence-based cessation programs, tobacco price increases, hard hitting media campaigns, especially evidence-based interventions to school age children, where it can help to reduce or delay the start of smoking.

In addition, reducing the stigma of substance abuse is a major priority for all.

Examples of things that we are doing in Marion County include, but are not limited to:

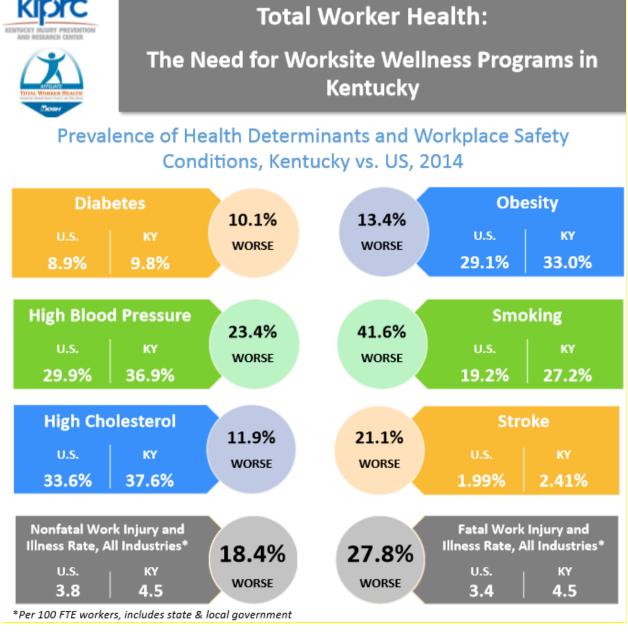
- Permanent Prescription Drug Disposal Collection Program (available 24 hours per day, 7 days per week), where individuals can take their unused prescription pills to the Lebanon Police Department Drop-Box to dispose of them. To date, the program has collected and destroyed 422 pounds of pills.
- <u>Syringe Exchange Program</u> to help to reduce the incidence of HIV and Hepatitis C amongst needle injecting substance users has just opened in January in our community at the Health Department.
- Our Marion County Detention Center offers evidence-based programs to eligible inmates, one of the few (and one of the first) jail facilities in Kentucky to do so. Programs include:
 - Substance Abuse Program (SAP), which is available to all Class D inmates and Senate Bill 4 inmates, takes 183 days to complete, and it removes 90 days off the individual's sentence. It offers 128 beds to provide a treatment opportunity to those assessed with a substance use disorder and encourages responsibility and accountability through peer support and uninterrupted focus on substance use treatment. SAP participants can:
 - obtain the National Career Readiness Certificate (30 hours and removes 30 days from sentence),
 - pass the GED (removes 90 days from sentence), and/or
 - participate in Portals New Directions (16 hours and removes 90 days), which covers the day-to-day living skills inmates need to be successful when released, such as banking, employment search, legal documentation and housing.
 - Re-entering American Communities with Hope (REACH), which has 80 beds available to Level 1 and 2 Class D inmates, as well as Community Custody Inmates and Alternative Sentence inmates, takes 24 weeks to complete, and

removes 90 days from their sentence. Participants can take part in Moral Recognition Therapy – Parenting, Mentor, Anger Management, Relapse Prevention, the National Career Readiness Certificate, Portals new Directions, and Soft Skills Bootcamp. The focus of MRT is on seven basic treatment issues: confrontation of beliefs, attitudes and behaviors; assessment of current relationships; reinforcement of positive behavior and habits; positive identity formation; enhancement of self-concept; decrease in hedonism and development of frustration tolerance; and development of higher stages of moral reasoning (Commonwealth of Kentucky, Department of Corrections, Inmate Programs).

- Communicare Lebanon Clinic. Their goal is to improve access to quality care for the substance user population in hopes of reducing recidivism and relapse. They do so through programs such as the:
 - Outpatient Recovery Group occurs twice per week and is for those who need less intensive treatment or who are engaged in other treatment services, but would benefit from group support.
 - Outpatient Co-Occurring Group is specific to provide treatment for clients who have dual diagnosis (both mental health and substance abuse disorders). The goal of this group is to provide more specific treatment to manage mental health symptoms, as well as relapse prevention.
 - <u>DUI Services</u> offer assessments for individuals convicted of DUI that will determine treatment/education needs. Also, an outpatient treatment group for DUI is available.
 - Adult Case Management: Case managers link clients to resources to assist with meeting basic needs. Clients who qualify for these services will attend therapy twice per month and will work with a collaborative team for recovery.
 - <u>Psychiatric services</u>: Medication services for mental health and substance abuse. Vivitrol program access through this clinic is applicable.
 - Individual therapy

WORKPLACE INJURIES

In Kentucky, there are many health determinants that affect workplace safety, including diabetes, obesity, high blood pressure, smoking, high cholesterol, stroke, and work injuries and illnesses (fatal and non-fatal). Kentucky is worse than the national average on all of these health determinants.



From 2000 to 2013, the average amount of Worker's Compensation Benefits paid per worker per year in Kentucky is \$400 (most recent data from the Kentucky Occupational Safety and Health Surveillance Program).

There were 34,167 Lost Time First Reports of Injuries filed with the Kentucky Department of Worker's Claims, which is an increase of 14% over 2017-18. The three most common causes of work-related injuries reported were: falls or slips (19%), lifting (9%), and strains (7%). Injuries occurred most frequently to the lower back, multiple body parts, and the knee. These First Reports occurred most often in Manufacturing (15%) and Healthcare and Social Assistance (13%) industries. There were 87 workplace fatalities reported to the Department of Worker's Claims in 2018-19, with only 16 found to be clearly work-related. The result of death was most frequently Other Injury and Motor Vehicle incidents (2018-19 Annual Report from the Department of Worker's Claims).

For workers under the age of 18, there were 293 Lost Time Injuries reported, with the majority occurring to 17-year old individuals. The top causes of injuries were: cut, puncture or scrape (51), falls or slips (48), and lifting (25). Young people most frequently hurt their fingers (35), hands (32), and knees (22). The injuries occur mostly in Accommodations and Food Services (115), Retail (54) and Transportation and Warehousing (46) (2018-19 Annual Report from the Department of Worker's Claims).

In Marion County, the total labor force for 2018-19 was 9,646 workers. There were 195 First Time Report of Injuries, which is 2% of the workforce. There were 11 claims filed.

There were 137 cases of work-related injury visits by Marion Resident Employed Workers to the Emergency Department for 2018, which was a 6% increase over 2017. The median charge in 2018 was \$2,034, which was a 16% increase over 2017. The total charges of these Emergency Department Visits, as a result of a work-related injury, was \$427,150, which was a 28% increase over the previous year.

Select Kentucky or a County:

Work-Related Injury Emergency Department Visits Marion Resident Employed Workers, 2016 - 2018

| Coloct Horitacity o | coloci ficinatity of a county. | | | | | | |
|---|--------------------------------|---------|---------|--|--|--|--|
| Marion | | | • | | | | |
| | 2016 | 2017 | 2018 | | | | |
| Crude Rate per 10,000 Employed Residents | 147 | 142 | 148 | | | | |
| Number of Cases | 132 | 129 | 137 | | | | |
| Median Charges (\$) | 1,935 | 1,749 | 2,034 | | | | |
| Total Charges (\$) | 321,074 | 334,122 | 427,150 | | | | |
| | | | | | | | |

The manner of injury for work-related visits to the Emergency Department in Marion County from 2016-2017 included 53,689 Unintentional Injuries, with a total charge of \$116,412,261.

| | | 2016-2018 | | |
|---|---------------|-----------------|--------------------|--|
| | | Number of Cases | Total Charges (\$) | |
| Work-related Injury Visits to Emergency Departments by | ASSAULT | 1,422 | 3,010,406 | |
| Manner of Injury | LEGAL/WAR | 186 | 257,051 | |
| | MISSING | 4,538 | 7,426,030 | |
| | SELF-HARM | 17 | 36,654 | |
| | UNDETERMINED | 60 | 117,431 | |
| | UNINTENTIONAL | 53,689 | 116,412,261 | |

For 2016 – 2018, the number one reason for work-related visits to the Emergency Department was Falls (12,190 cases), with a cost of \$33,483,728.

Work-related Injury Visits to Emergency Departments by Mechanism of Injury

| CUT/PIERCE | 8,594 | 12,994,782 |
|-----------------------|--------|------------|
| FALL | 12,190 | 33,483,728 |
| FIRE/FLAME | 1,534 | 1,889,589 |
| FIREARM | 24 | 95,848 |
| MACHINERY | 2,446 | 6,640,443 |
| MISSING | 4,550 | 7,458,382 |
| MVT | 3,159 | 13,811,339 |
| NATURAL/ENVIRONMENTAL | 1,561 | 4,299,275 |
| OTHER | 8,166 | 13,594,930 |
| OTHER TRANSPORT | 666 | 2,868,156 |

| OVEREXERTION | 5,461 | 7,339,068 |
|--------------------|--------|------------|
| PEDALCYCLIST,OTHER | 11 | 33,627 |
| PEDESTRIAN,OTHER | 113 | 395,133 |
| POISONING | 596 | 776,149 |
| STRUCK BY/AGAINST | 10,836 | 21,573,132 |
| SUFFOCATION | 5 | 6,249 |

(Kentucky Occupational Safety and Health Surveillance Program)

Industries can develop and/or expand Worksite Wellness Programs at their place of business to help to improve the health and safety of their workers:

Worksite Wellness Programs

Benefits to Employers

- Reduced healthcare costs
- Decreased rates of injury and illness
- Reduced employee absenteeism
- Improved employee relations and morale
- Increased productivity
- Enhanced recruitment and retention of healthy workers

Benefits to Employees

- Reduced risk of personal injury
- Weight reduction
- Improved physical fitness
- Increased stamina
- Lower levels of stress
- Increased well-being, self-image, and self-esteem

Sources: Bureau of Labor Statistics, Kentucky Occupational Safety & Health Surveillance Program. Cost estimates: Leigh, PL. "Economic burden of occupational injury..." (2011). The Milbank Quarterly. 89(4):728-72. FMCSA Commercial Motor Vehicle Safety Belt Facts , March 2014



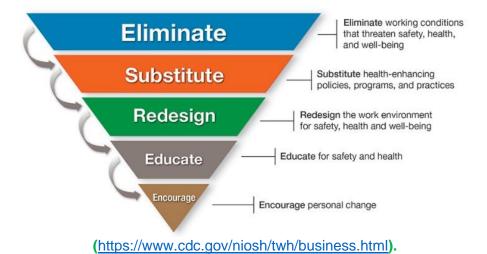
Surgeon General's Perspective

The Value of Worker Well-Being

On average, employed US adults spend more than half of their waking lives working or engaging in work-related activities. The time spent at the workplace, the tasks performed there, and the work environment all affect overall health. ^{2,3}

National Institute for Occupational Safety and Health (NIOSH)

An example of a Worksite Wellness Program is *Total Worker Health*® (TWH), which is defined as, "policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness prevention efforts to advance worker well-being. It is a holistic approach to worker well-being, and acknowledges risk factors related to work that contribute to health problems previously considered unrelated to work. It prioritizes a hazard-free work environment for all workers. It applies a prevention approach that is consistent with traditional occupational safety and health prevention principles of the Hierarchy of Controls:



Promising practices, programs, and policies related to *Total Worker Health* include:

- offering paid sick leave;
- providing training for supervisors to reduce stressful work conditions to improve employee health, reduce turnover, and increase retention;
- designing and providing ergonomically-friendly work environments to promote productive aging and support a healthier, safer, and more age-friendly workforce.
- Developing organizational and management policies that give workers more flexibility and control over their schedules to remove impediments to well-being.

<u>Examples of programs in Marion County</u> that are addressing workplace injury include, but are not limited to:

- Working with the newly formed Marion County Workforce Collaborative (Career Center, Elizabethtown Community and Technical College, Marion County Schools, and our Economic Development Office) to obtain a better understanding of industry problems and needs, as well as to partner with them to work with industries as a single unit to provide them with services that relate to safety, employment, addressing workplace issues, etc.
- Help to engage and revitalize our Marion County Society for Human Resource Management (SHRM) chapter that helps to advance the practice of human resource management and serve the needs of HR professionals, providing support and resources.
- Recognize our industries when they are exhibiting great safety and health measures within their workplace, such as Maker's Mark Distillery, Inc, who received the Governor's Safety and Health Award for reaching three million hours of work without a lost-time injury.

EMERGENCY PREPAREDNESS

Since the 1960s, Kentucky has ranked 8th in the U.S. for number of declared disasters. Some examples of Kentucky emergencies include winter weather, flooding, chemical spills, and influenza outbreaks. Family communication plans and emergency supply kits are recommended for emergency preparation. Another preparedness strategy includes knowing the needs and resources in one's communities.

The Marion County Emergency Management Agency (EMA) is governed locally by the Marion County Fiscal Court. The EMA maintains an Emergency Operations Center (EOC) at 436 West Walnut Street in Lebanon and meets all state and federal guidelines for support and funding. The Director maintains membership in the Kentucky Emergency Response Commission (KERC) and the Kentucky Association for Mitigation Managers (KAMM). In addition, the Director serves as Secretary to the E911 Planning Board, chairs the Local Emergency Planning Committee (LEPC), and supports quarterly Emergency Services meetings, attended by representatives from all first responder agencies within the county.

The local EMA has developed a written Emergency Operations Plan (EOP) based on the National Incident Management System (NIMS) established by the Federal Emergency Management Agency (FEMA). The EOP provides an overview of the county's emergency response policies, and addresses twelve functional annexes, each of which focuses on a specific emergency function that will be performed in response to an incident. The EOP is currently under the required annual review, and any identified need for revision will be written and submitted for approval by Marion County Fiscal Court, and ultimately the State.

The EMA maintains affiliation agreements with surrounding communities should assistance be required in response to a local or regional event. The EMA also maintains a working relationship with the American Red Cross and has regular contact with our regional representative, especially when adverse circumstances, e.g. severe weather, are expected. Based on established agreements, the Red Cross is available to respond with manpower and resources, if a critical incident should occur.

The Marion County Search and Rescue (SAR) Team is one of only four (4) in the state which operates independently of other agencies, e.g. Fire Department, and therefore, falls under local and state guidelines and requirements. Our SAR Team possesses a Mobile Command Unit, which can be set up on-scene during a prolonged event. Most recently, it was utilized during a swift water incident requiring a victim search, which extended over a period of days. The County has identified boat ramps on the Rolling Fork River, with coordinates communicated to Dispatch as an aid when calling out the SAR Team. Additionally, the County is researching the possibility of placing mile markers at intervals along the river to further assist in a swift response to an emergency. Furthermore, the SAR Team oversees Project Lifesaver, a national tracking program for aid in finding lost persons with cognitive disorders. Currently, Marion County has seven

(7) autistic children who wear bracelets, which can be monitored if need be, to assist in pinpointing the location of a missing child.

Marion County participates in state planning exercises, including the Shaken Fury Plan for a New Madrid Fault earthquake and the annual statewide tornado drill. The next statewide training event will be related to response planning in the case of a cybersecurity breach. In addition, we plan and execute local exercises annually, including tabletop exercises and multi-agency drills to practice a coordinated response to a planned scenario.

The County has recently installed new E911 communications equipment, including a licensed IP-based microwave system, P-25 repeaters, and necessary antennae, cable and NF connectors. The new equipment replaces equipment that was over sixteen (16) years old and has greatly improved the quality of radio communications between Dispatch and First Responders, as well as eliminating some gaps in signal coverage.

The EMA has completed extensive research regarding how to address our outdoor warning system (sirens), which have become obsolete and difficult to find replacement parts. Based on our research, we are implementing the CodeRED mass telephone notification system, which allows for weather warnings, as well as information on any number of other events that need to be quickly communicated to our residents. Not only will we be able to warn residents of an adverse event, we can give direction, which sirens are unable to do. We have trained authorized users, and we are beginning a campaign to notify residents of how to register their phones — land lines and cell phones. Additionally, we are considering seeking grant funding for the provision of weather radios for all occupied buildings in the County. After the communications upgrade, and upon completion of the CodeRED registration period, the EMA will be seeking Storm Ready status.

Marion County has two water utilities – Lebanon Water Works and Marion County Water District. Both utilities work together to ensure that quantity and quality parameters are met daily. Lebanon Water Works has 2.63 MG of finished water storage. Their distribution system is a grid network and can be fed from multiple directions. In the event of an outage, most of the system can be fed from various directions. This significantly minimizes any service disruptions. The same holds true for the Marion County Water District. They have multiple tank storage sites throughout their system and have the ability to pull their water from multiple locations in the Lebanon Water system. Lebanon Water is fortunate to have multiple raw water sources, as well as an interconnection with Campbellsville Water & Sewer. All of these components increase the resiliency for the customers of Lebanon and Marion County. Many scenarios may occur to interrupt service; however, we can deploy multiple solutions to limit the number of customers affected.

The county has regional emergency preparedness trailers located at the Loretto Motherhouse in Loretto. These trailers were purchased with federal Hospital Preparedness Program (HPP) funding and store preparedness response supplies. These trailers can be mobilized to respond to disasters and have a variety of emergency assets that can be used to assist with medical surge, mass vaccination, and alternate care sites.

Emergency water purification units are also available with trailers that can allow for rapid mobilization, if needed.

County Emergency Management is a part of the Kentucky HPP Region 3 Coalition. The group meets monthly to plan and prepare for disaster response. Other community organizations, such as the hospital and long-term care, are also active participants in the group.

PheliocaleEMARseparardittedsto meeting the needs of our citizens, through established protocols and ongoing education, planning and response to any threats to the community.

COVID-19 IN MARION COUNTY



As in all other counties, Marion County is also being affected by Covid-19. As of July 27, 2020, there have been 84 cases of Covid, with 1 currently hospitalized, 10 currently in home isolation, and 73 have recovered. Thankfully, there have been no deaths. (Lincoln Trail District Health Department).

As of July 27, 2020, the majority of Covid-19 cases are within the 40-49 age group, however, there are many in the 50-59 and 10-19 ages groups, as well. Sixty-four percent of those affected are females, and 64% are White. Just over 83% of those affected are symptomatic, with the most common symptoms including: cough (38), feverish (35), fatigue (29), myalgia (26), and headache (25). The average length of illness is 11.3 days. Fifty-six percent (56%) had a pre-existing medical condition when they contracted Covid, primarily chronic lung disease, cardiovascular disease, and/or diabetes. Twenty-one percent (21.2%) of cases were former smokers, and 13.4% are current smokers. There was confirmed exposure in 46% of the positive cases of Covid-19, of which 50% were from the household, 6% from healthcare facility, 4% adult living facility, and 47% from the community. For those who tested positive, 4.1% had to be hospitalized, but no one had to be in the Intensive Care Unit or had to be intubated. However, 5.8% developed pneumonia and 1.4% developed Acute Respiratory Distress Syndrome (ARDS).

In contrast to the totals for the Lincoln Trail District, Marion County, although seeing positive cases, is not seeing cases that are as severe. The percentages of cases that had to be hospitalized or developed ARDS are lower and no one had to be intubated or in the ICU in Marion County. And, again, there have been no deaths reported in Marion County, as of July 27, 2020. Symptoms, case profiles, average length of illness, pre-existing medical conditions, and confirmed exposure are extremely similar for the County and the District.

According to the 2020 CDC information, the people who are most at-risk for Covid-19 tend to be:

- older adults (age 50 and over) in Marion County, 16.4% of the population are age 65 and over, which accounts for over 3,000 people, plus an additional 4,074 people between the ages of 50 to 64. There are over 2,200 households in Marion County with one or more people ages 65 and over. There are over 450 grandparents who are living with their grandchildren in Marion County. There are 169 grandparents who live with, and are responsible for, their grandchildren.
- older adults with chronic disease,
- people who live in nursing homes/long-term facilities There are five nursing homes, personal care homes, and assisted living facilities in Marion County. As of July 27, 2020, there has only been one resident (and zero staff) who tested positive for Covid-19 in a nursing home in the County.
- people with lung disease (asthma, COPD, emphysema, pulmonary hypertension, and smokers) in Marion County, 15.8% of adults have asthma and 26.1% of adults were current smokers in 2016-18.
- people with heart and blood vessel disease (serious heart conditions, history of heart attack and stroke, chronic heart failure, heart valve disease, high blood pressure, high cholesterol, peripheral artery disease, and heart rhythm conditions) 181 per 100,000 suffer from heart disease in Marion County and 51 per 100,000 have suffered from stroke (compared to 39 in Kentucky). Also, 49.4% of adults have hypertension (2015-17).
- people with immunocompromised issues including cancer treatments, HIV/AIDS, bone marrow and organ transplants, high doses of steroids, immune weakening medication for autoimmune conditions, severe obesity, diabetes, chronic kidney disease/dialysis, and liver disease in Marion County, 17.5% of adults have diabetes (2016-2018) and 45.1% of adults suffer from obesity (2016-18). In addition, 196 per 100,000 suffer from cancer (2013-17) compared to 193 statewide.

When reviewing the data above, it is clear that many Marion County residents are at-risk for contracting Covid-19. In addition to the illness itself, this pandemic is posing many other problems within our communities, such as unemployment, insufficient food, housing issues, isolation, lack of in-person services available for our seniors, increased mental illness, substance abuse, etc.

Local organizations and government are very involved in trying to help those who are struggling during this pandemic. The Marion County Judge Executive and the Economic Development Director provide daily updates on Covid-19 that can be watched live. They also have special guests on to discuss the impact on our community. These can include the Health Department, local programming, business leaders, etc.

Here are some additional examples as to how our community is addressing Covid-19:

 Project Rebound provided local small businesses and non-profits with masks, hand sanitizer, and disinfectant for staff. Local sponsors who made these efforts possible include: the City of Lebanon, Marion County Fiscal Court, Lebanon/Marion County Industrial Foundation, Marion County Chamber of Commerce, Lebanon Water Works, and Beam Suntory. In addition, hand sanitizer and masks were distributed with hot meals to seniors that are provided by Central Kentucky Community Action.

- The Lebanon/Marion County Career Center continues to assist individuals with employment and unemployment benefits. They provide weekly drive-thru job fairs.
- The Marion County Public Schools have been providing food to students since school was closed in mid-March. They are also participating in the Meals to You Program and the Pandemic EBT.
- The Tri-County Kentucky United Way has provided additional funding to programs that are addressing Covid-19 issues:
 - American Red Cross provided blood drives within the County and was able to purchase a blood scale with funds.
 - Community Collaboration for Children provided assistance to families with basic needs such as food shopping and delivery, rent/utilities assistance and transportation.
 - Congregate Meals provided grocery shopping and delivery of food to senior citizens, 'take-out' containers for daily meals to Senior Center.
 - Legal Aid Society provided free legal services to those experiencing issues with housing, unemployment insurance, tax issues, domestic violence cases, etc.
 - Loretto Child Care will be able to open with necessary supplies for sanitizing their facility and to keep children and staff safe.
 - Marion County Community Action was able to provide additional individuals with rental, utility, and mortgage assistance.
 - One Bridge to Hope to provide personal care items and food to women in recovery.
- The Tri-County Kentucky United Way has also developed, and continues to update, a Resource Guide for local programs, businesses, companies, and individuals to find assistance during these difficult times. Masks have also been provided to Tri-County Kentucky United Way funded programs who need them.
- The Marion County Detention Center is working very hard to maintain healthy and safe conditions for inmates and staff. As of July 27th, there were no cases of Covid-19 in staff or inmates. Some examples of their proactive work include:
 - o inmates sewing masks for the inmate population,
 - o sanitizing of the facility with a focus on high-traffic areas,
 - o weekly in-cell Covid-19 and mental health classes,
 - o and random temperature checks of staff and inmates twice daily.

DATA SOURCES:

The data sources used include the following:

- American Academy of Child & Adolescent Psychiatry's Facts for Families: Suicide in Children & Teens
- American Foundation for Suicide Prevention
- Blueprint for Kentucky's Children 2020
- Census.gov for 2014-2018
- Census of Agriculture 2012
- Center for Disease Control and Prevention
- Center for Disease Control's National Youth Risk Behavior Surveillance System (YRBSS)
- Child Fatality Report 2019
- Child Protective Services
- County Health Rankings and Roadmap 2019
- Courier Journal, Kentucky still leads the nation in child abuse, March 3, 2020
- Department for Community Based Services
- Department of Health and Human Services (U.S.)
- Department of Worker's Claims 2018-19 Annual Report
- Kentucky.com/news/coronavirus/article
- Kentucky by the Numbers (Special Issue): Covid-19 At Risk Marion County, April 2020 http://kybtn.ca.uky.edu
- Kentucky Community Profiles Marion County (through Kiprc)
- Kentucky Department of Education, Division of School and Community Nutrition Qualifying Data Report for 2019-20
- Kentucky Environmental Public Health Tracking Envirohealthlink.org Marion County Profile
- Kentucky Forward Online News
- Kentucky Health Facts
- Kentucky Injury Prevention and Research Center (Kiprc) Leading Causes of Injury-Related Emergency Department Visits: Marion County, KY Residents by Age Group and Intent, 2016-2018; Number of Fall-Related Injury Emergency Department Visits 2016-2018: Marion County KY Residents; Self-Harm Injury-Related Emergency Department Visits and Hospitalizations and Suicides among KY Residents by Characteristics and County for January 2016 – September 2019.
- Kentucky Medical Examiner's Office
- Kentucky Occupational Safety and Health Surveillance Program Work-Related Injury Emergency Department Visits MARION County Resident Employed Workers, 2010 - 2014
- Kentucky Overdose Fatality Report 2018
- Kentucky Safety and Prevention Alignment Network
- Kentucky Transportation Center: Analysis of Traffic Crash Data for 2014-18
- Kentucky Violent Death Reporting Systems Homicide Trends
- Kentucky Youth Advocates 2019 Kids Count
- KIP Survey 2018
- Lebanon Police Reports

- Lebanon Water Works
- Lincoln Trail District Health Department
- Lincoln Trail Regional Community Health Assessment 2018-2021
- Lincoln Trail Regional Community Health Improvement Plan 2018-2021
- Marion County Data Profile Kentucky: By the Numbers Program in the Department of Community and Leadership Development for Community Assessments conducted by the University of Kentucky's Cooperative Extension Service.
- Marion County Chamber of Commerce Membership Guide
- Marion County Detention Center
- Marion County Extension Community Assessment
- Marion County Sheriff's Department
- Maternal & Child Health Title V Needs Assessment 2015
- National Institute for Occupational Safety and Health (NIOSH)
- Opioid Epidemic by the Numbers Marion County Lincoln Trail District Health Department
- Preventing Suicide: Technical Package of Policy, Programs & Practices, National Center for Injury Prevention & Control 2017
- Rae of Sunshine Foundation
- Salt River Trail Child Protective Service Intake Fact Sheet for CPS Intakes Completed for 3/1/19 2/29/20
- Stopping Elderly Accidents, Deaths, and Injuries (STEADI)
- University of Kentucky, College of Public Health, Kiprc & Kentucky Public Health

Data Summary Statements *

DATA SUMMARY TABLE

| Type of Injury | Trend |
|------------------------|--|
| Falls | Falls are the #1 leading cause of injury-related Emergency Department visits in Marion County for every age, except 15 – 24. In 2016-18, there were 2,424 fall-related visits, costing the County over \$9 million. |
| Motor Vehicle | Motor Vehicle crashes are the leading cause of injury-related deaths for 15-24 and 25-34 years old from 2014-18. Marion County is performing worse than Kentucky with a rate of 26.63 vs.16.32 per 100K. Marion County is considered a hot spot/high-risk area for motor vehicle crashes. They cost Marion County almost \$3 million from 2010-14. Crashes have increased by 12% from 2014-2018. The safety belt usage rate of 43.1 is lower than state average of 67.9. Crashes involving alcohol are also higher than the state average. |
| Emergency Preparedness | Since the 1960s, Kentucky has ranked 8th in the U.S. for number of declared disasters, including winter weather, flooding, chemical spills, and influenza outbreaks. The Marion County Emergency Management Agency (EMA) utilizes a written Emergency Operations Plan (EOP), which provides an overview of the county's emergency response policies, and addresses 12 functional annexes, each of which focuses on a specific emergency function that will be performed in response to an incident. |
| Substance Use/Misuse | There has been over a 150% increase in acute drug overdoses from 2014-2018 and an over 300% increase in non-dependent abuse of drugs for any substance. There has been an 800% increase in amphetamine abuse, almost 150% increase in cannabis abuse, 150% increase in cocaine abuse, and over 400% increase in opioid use from 2014-2018. Drug overdoses, abuse and/or dependency with Hepatitis C increased by more than 600%. Hepatitis increased from 0 to 15, and Hepatitis C increased 127%. Endocarditis increased from less than 5 to 9. Marion County's percentage of crashes involving alcohol is higher than the state average. Marion County ranks 9th in annual average alcohol convictions and 21st in alcohol convictions in alcohol-related crashes from 2014 to 2018 in counties of their size. Sixty-five percent of 10th graders feel that alcohol is a problem at school versus 48% in Kentucky. |
| Violence & Suicide | Kentucky still, for the second year in a row, ranks #1 in the country for child abuse and neglect, 6% higher than the previous year. Marion County has the highest rate of child abuse neglect investigations. There was a 150% increase in substantiated cases in 2014-18. Top risk factors are family violence, mental health and substance abuse (doubled since 2014). In 2018, the number of reports that met the criteria for abuse increased by 36% since 2014. There was an 84% increase in neglect |

| | investigations, with a 53% increase in substantiated cases from 2014 to 2018. For sexual abuse, 25% of investigations were substantiated in 2016 and 29% substantiated in 2017 (previously suppressed). For physical abuse, investigations increased by 17%, with 9% substantiated. |
|------------------|---|
| | There was a 91% increase in calls to the National Suicide Prevention Lifeline from 2016-2018, with a slight decrease in 2019. The consideration of suicide, making of a plan, and attempting at least once, were all higher than regional and state percentages for 6 th and 8 th graders. There were 49 suicides among youth in 2018 and at least that amount by the end of Quarter 3 in 2019. The age for suicides has been expanding to younger people. |
| Workplace Safety | There were 137 cases of work-related injury visits to the Emergency Department for 2018, which was a 6% increase over 2017. The median charge in 2018 was \$2,034, which was a 16% increase over 2017. The total charges of these Emergency Department Visits, as a result of a work-related injury, was \$427,150, which was a 28% increase over the previous year. The number one reason for these visits in 2016-18 was Falls (12,190 cases) with a cost of \$33,483,728. |
| Covid-19 | As in all other counties, Marion County is also being affected by Covid-19. As of July 27, 2020, there are 84 total cases, with 1 hospitalized, 10 in home isolation, and 73 have recovered. Thankfully, there have been no intensive care stays, no intubations, and no deaths. Just over 83% of those affected are symptomatic, with the most common symptoms including: cough, feverish, fatigue, myalgia, and headache. Fifty-six percent (55.9%) had a pre-existing medical condition when they contracted Covid, primarily chronic lung disease, cardiovascular disease, and/or diabetes. Twenty-one percent (21.2%) of cases were former smokers, and 113.4% are current smokers. Most individuals are contracted Covid-19 within their household (50%) or within the community (47%). |

Use of data to prioritize Coalition's strategies. The Marion County Heartland Coalition utilized Lincoln Trail District Health Department's (LTDHD) community health assessment (CHA). To conduct this assessment, LTDHD used an evidence-based process, known as Mobilizing for Action through Planning and Partnerships (MAPP), that helps ensure that all the information needed to create a strategic plan to improve health is gathered. Four assessments are conducted during this process:

- Community Health Status Assessment looks at data that already exists and is published on a regular basis, to understand community health outcomes.
- Community Themes and Strengths Assessment is data that must be collected directly from the community, and includes their perceptions on priorities, issues, and strengths.
- Forces of Change Assessment looks at trends, events, and factors that will impact, either
 positively or negatively, the ability to improve health over the next several years. These
 conditions are meant to raise awareness of assets or challenges to consider when planning.
- Local Public Health Systems Assessment examines the status of the services the public health system can provide, assessing where there are strengths and gaps.

We looked at data from a variety of different sources, such as those listed on our Community Inventory (below). We also conducted interviews with key community partners (industry, small business, service providers, etc.) through one-on-one meetings to discuss Safe Communities, identify issues they are seeing, services provided, needs, gaps in services, and potential suggestions for improving our community. Please see list in **Appendix 5** of Key Community Leaders.

Use of data to monitor injury trends and success of implemented programs. Data, programs and services must be evaluated annually in order to assess the health of the community and evaluate the programs and services being provided. Progress will be measured through data collected annually in the Lincoln Trail Regional Community Health Improvement Plan (CHIP), as well as through the various other data sources used in this application. This data will be shared with Coalition members.

The Safe Communities Committee will be able to refer to all available data to make decisions regarding evaluation of projects conducted in Marion County. The CHIP will also continue to change and evolve over time as new information and insight emerge at the local, state and national levels. By working together with community stakeholders, we can have a significant impact on the community's health, improving where we live, work, and play and realizing the vision of a healthier Marion County.

Use of data to determine future injury prevention strategies. The data that has been provided above has helped us to determine future injury prevention strategies because it has helped us to understand the problems within our communities and the services available to address these problems. It has also helped us to identify the gaps in service and the need for additional strategies to address the top injuries.

Through our assessment, the assessments of others, surveys, and interviews, it was clear that substance abuse was seen as a great problem in our communities. Child abuse data showed us that our numbers are the worst in the country and that there are many gaps in service. Suicide was also seen as an issue, primarily among our young people. Falls was a complete surprise to all of us who have been reviewing the data, as well as to key community partners. Industries and others knew that they had an issue with Falls within their own capacities, but no one understood the severity and cost of falls within Marion County.

Based on the data, prevention strategies have been researched, identified, and developed to help us to reduce and/or prevent further injuries.

For the new projects that we will be undertaking, we will develop goals, objectives, and outcomes to measure our successes. We will utilize the data and prevention strategies cited, as well as surveys, pre/post testing, and outcomes etc., to determine the effectiveness of our new projects.

Priority Injury Areas that our coalition will be addressing include:

- **⊠** Falls
- **☒** Violence Child Abuse specifically
- **⊠** Suicide
- **☒** Substance use/misuse
- **⊠** Covid-19

Criteria 3: Effective Strategies to Address Injuries

The Heartland Coalition has supported the following: social host ordinance, Red Ribbon Week activities, BackPack Programs (child hunger), Heartland Summer Scorecard, Halloween in the Park, Girls on the Run, town forums for substance abuse prevention, drug free media campaigns, scholarships for high school seniors, hygiene product drives for Family Resource and Youth Services Centers in the schools, and social marketing on billboards, to name a few.

Please see our Community Inventory for projects that are already in place and/or supported by the Heartland Coalition.

Goals for Addressing Priority Areas. We have chosen the following priority areas to improve the health and safety of Marion County residents and visitors. Here are our goals for each:

Falls. Our **goal for addressing Falls** in Marion County is to conduct a prevention campaign that can raise awareness about the seriousness of falls, as well as educate the community about ways to prevent falls. Activities may include:

- Provide information to doctor's offices, pharmacists, senior centers, community-based organizations, our library, churches and schools, in the form of posters and pocket guides, to educate patients, congregation and students.
- o Encourage exercise and walking to improve balance and strength.
- o Educate community on safe home strategies.
- Utilize various media venues (newspaper, radio, local television, social media, etc.) to educate the public on falls and strategies.
- o Hold a Falls Prevention Awareness Day to raise awareness about the seriousness of falls.
- Increase the number of seniors who participate in Silver Sneakers to help to improve their overall mental and physical health.

Child Abuse and Neglect. Our <u>goal in addressing child abuse and neglect</u> is to help to reduce the incidence of abuse through education of the problem, how to identify it, and what to do about it, as well as providing support networks to our youth to keep them safe and to help them to receive the services that they need to overcome the effects of abuse. We would like to:

- Educate our communities on the problem in our area, how to spot it, and how to address/deal with it through various media venues (newspaper, radio, local television, social media, etc.).
- Increase our presence during Child Abuse Awareness Month.
 - Work with local restaurants/pizzerias to attach "10 Free Activities to Connect with Your Child" to on pizza box lids or to-go box lids.
 - Incorporate the use of pinwheels to raise awareness of child abuse.
 - Continue the Child Abuse Awareness Walk and possibly enhance the activities.
- Develop mentoring within Marion County to help youth to have a safe, nurturing and caring adult in their life.
- Develop a support group for grandparents.
- Work to identify Safe Places for youth to find safety, resources, and services.
- Continue to work with our Trail of Hope Regional Child Abuse Network to stay updated on child abuse issues, prevention strategies, programming, and effectiveness.

Suicide. Our **goal to help to address suicide** among our young people includes enhancing services to students and families, along with providing tools to service providers that help address mental health issues. Activities may include:

- Enhance mental health services and mental health first aid training.
- Teach students coping mechanisms.
- Identify problems that students are facing at school and help to address them since school problems are a leading cause of suicide for young people.
- Increase the education of healthy relationships to youth since relationships is another leading cause of suicide for young people.
- Train school personnel and service providers about Adverse Childhood Experiences to begin to identify potential issues that youth are facing.
- Provide students, parents, and teachers with resources in various effective formats, depending on the audience.

Substance Abuse. Our **goal to help to address substance abuse** in our communities is to promote the use of evidence-based programming in schools to increase awareness of addiction as a disease, and to address and counter stigma and discrimination of substance use disorders. We also want to work with our local industries and businesses to understand their needs and issues and to provide them with the resources to help their employees. Possible activities may include:

- Implement evidence-based programming, such as Too Good For Drugs, within the schools.
- Engage employers by educating them about community issues that their employees may be facing through:
 - Poverty Simulation and Resource Fair in partnership with the Marion County Chamber of Commerce
 - Presentation on Safe Community issues to educate various community groups and employers.
- Develop a Substance Abuse Resource Folder for community partners, industries, and small businesses to be shared with clients and/or employees.
- Work with the newly formed Marion County Workforce Collaborative to continue to understand the needs and issues that employers and employees are facing.

Covid-19. Our goals for helping to address Covid-19 in Marion County are to:

- o continue to share daily information on the number of cases, etc. through the Lincoln Trail District Health Department.
- continue to work with our partner agencies to address issues that are experienced by those suffering through this pandemic or with Covid-19. These can include mental illness, substance abuse, depression, isolation, financial difficulties, unemployment, housing, etc.

General. To <u>address the priority Safe Communities' focus areas</u> in general, as well as Covid-19 issues, within our communities, we would also like to:

- Prepare and update a Resource Directory of Marion County Local Resources for all sectors of our communities.
- Work with community partners and businesses to provide training, resources, and information on local issues to the community, as needed.

EFFECTIVE STRATEGIES TO ADDRESS INJURIES

| Injury Area #1: FALLS | | | | | | | | |
|-----------------------------|--|--|--|---|-------------------|---|--|--|
| Project Name | Project Goal | Project description | Is this promising or evidence based? Include the source. | Target group (age, gender, vulnerable population) | Length of project | Partners | | |
| Silver Sneakers | Increase muscle strength & range of movement Improve activities of daily living | Health & Fitness Program and Health Insurance supplement | Yes | Primarily for Ages 65+ (and some younger people with disabilities) | Open-ended | 2 local gyms and our Aquatic Centre | | |
| Falls Awareness Campaign | Raise awareness about the seriousness of falls | Safe home strategies | No | Seniors, general public, caregivers | Ongoing | Central Kentucky Community Action senior programs, other senior programming | | |

| | Injury Area #2: CHILD ABUSE | | | | | | | |
|---------------|---|--|--|---|--|--|--|--|
| Project Name | Project Goal | Project Description | Is this promising or evidence based? Include source. | Target Group (age, gender, vulnerable population) | Project Length | Partners | | |
| HANDS Program | positive pregnancy outcomes, optimal child growth and development, children live in health and safe homes families make decisions that enhance self- sufficiency. | Home visitation program | Yes | Pregnant women and new parents with child up to 3 months old | Ongoing; most clients participate for less than 2 years (3 years with exception) | Lincoln Trail District Health Dept.; DCBS; Springview Hospital | | |
| Mentoring | To try to bring more formal mentoring programs into Marion County | Utilize paid or volunteer adults to mentor at-risk youth | Promising | youth | ongoing | Big Brothers/Big Sisters; funding partners | | |

| | Injury Area #3: SUICIDE | | | | | | | | |
|----------------------------|--|--|---|--|--|--|--|--|--|
| Project Name | Project Goal | Project Description | Is this promising or evidence based? Include source. | Target Group (age, gender, vulnerable population) | Project Length | Partners | | | |
| Mental Health First Aid | Reduce the number of suicides within Marion County. | Train community members to gain knowledge of signs, symptoms, and risk factors of mental illness and addictions. | Yes, Substance Abuse and Mental Health Services Administration (SAMHSA) https://www.samh sa.gov/homelessn ess-programs- resources/hpr- resources/mental- health-first-aid- training | Available for Youth and Adults. | 5-day training for instructors and eight-hour course for community training. | Communicare | | | |
| Sources of Strength | Reduce the number of youth suicides, bullying, violence, and substance abuse in Marion County. | Train schools to implement Sources of Strength within their schools to reduce suicides, bullying, violence, and substance abuse through peer leadership. | Yes, Substance Abuse and Mental Health Services Administration (SAMHSA) https://sourcesofst-rength.org/discove-r/evidence/ | Middle and High School Peer Leader (youth) as well as Adult Advisors | Adult Advisor Training – 3-6 hours Peer Leader training 4-6 hours. | Communicare Regional Prevention Center | | | |

| | Priority Injury Area #4: SUBSTANCE ABUSE | | | | | |
|---------------------|--|---|---|--|--------------------|--|
| Project Name | Project Goal | Project Description | Is this promising or evidence based? Include source. | Target Group (age, gender, vulnerable population) | Project Length | Partners |
| 2 Good For Drugs | Increase the number of students in Marion County to receive TGFD curriculum. | Assist and Train Too Good for Drugs in schools that are not already implementing in order to empower children with the social-emotional learning and substance abuse prevention skills they need to lead happy and healthy lives. | Yes, Substance Abuse and Mental Health Services Administration (SAMHSA) https://toogoodpro grams.org/pages/ evidence-base | Kindergarten- 12 th grade | 10 weeks per grade | Communicare Regional Prevention Center |
| Leader In Me | Increase the number of students in Marion County to LIM | Train and implement to empower students with the leadership and life skills they need to thrive. | Yes. https://www.leader inme.org/research highlights- leadership/ | Kindergarten- 12th grade | Ongoing | Schools |

| Prescription Drug Drop Off Box | Increase the number of Prescription Drugs collected in Marion County to reduce RX misuse and abuse | Market RX drop box to community to reduce RX misuse and abuse. | Yes. Drug Enforcement Administration. https://takebackda y.dea.gov/ | All Marion County residents. | ongoing | Police Department |
|--|--|---|---|-----------------------------------|-------------------------------------|---|
| Harm Reduction Syringe Service Program | Reduce the spread of infectious diseases, specifically HIV and Hepatitis C | HRSSP established to provide new, sterile equipment to people who inject drugs. Also provides Hep C and HIV testing, as well as referrals to treatment and other social services. | Yes. Centers for Disease Control, National Institutes of Health, National Academy for Sciences | People who inject drugs (PWID) | Started in January of 2020; ongoing | Lincoln Trail District Health Department - Marion |

Criteria 4: Evaluation Methods. The Heartland Coalition's Safe Communities Committee will monitor changes in the data for injuries in Marion County to evaluate our efforts and measure our effectiveness in addressing the identified issues.

EVALUATION METHODS

| Activities | Outcomes | Length | Indicator(s) | Method | Result |
|--------------------------------|--|---|--|--|--|
| What did you (or will you) do? | What does success look like? | Short term, intermediate term or long-term outcomes? | What did you (or will you) measure? | How did you (or will you) measure it? | What did you find? (if applicable) |
| Silver Sneakers | Healthier seniors, both physically and mentally Increased seniors participating | Intermediate; long Intermediate; long Intermediate; long Long | Improved physical health based on frequency of visits Improved mental health with reduction in social isolation and loneliness Improved quality of life Decreased number of inpatient hospital admissions Number of participants | Survey to participants Sign in sheets | Not yet measuring within our sites |
| HANDS | Healthy, safe environments for optimal growth and development of children | Short and intermediate | Positive pregnancy outcomes Fewer premature/low birth weight babies Optimal child growth & development Healthy & safe homes for children Family self-sufficiency | Post-parent surveys Data collection throughout program | 80 families served & 565 home visits in FY 2018 (increase of 14%) Served 50 families with 1084 visits in FY 2019 |

| Mentoring | Mentoring program accessible to youth in Marion County | Long-term | Existence of program; number of served; positive results | Existence; BB/BS outcomes | No data at this time |
|----------------------------|--|-------------------|--|--|--|
| Mental Health First Aid | More community partners introduced to and utilizing MHFA | Short-term | Number of community partners completing MHFA | Sign-in sheets to count attendees | No data at this time as event has not yet taken place |
| Sources of Strength | Train at least 2 schools to implement by August 2021 | Intermediate term | Number of youth and adult peers trained | Sign-in sheets to count attendees and pre/post surveys | No data at this time as event has not yet taken place |
| 2 Good for Drugs | Train and implement TGFD at 2 additional schools by August 2021 | Intermediate term | Number of classes implementing the 10-week curriculum | Sign-in sheets to count attendees and pre/post surveys | 4 out of 7 schools implemented TGFD in the 2019-20 school year but no data can be taken at this time. A pre-survey to establish baseline is in progress. |

| Leader In Me | Train and implement at 2 additional schools by August 2021 | Intermediate term | Number of schools implementing Leader in Me | Pre/post surveys | 4 out of 7 schools implement Leader in Me. A pre-survey to establish baseline is in process. |
|--|---|-------------------|--|---|--|
| Prescription Drug Drop Box | Increase in number of prescription drugs collected by 5% | Long term | Number of pounds of medications collected | Number of pounds of medications collected | 62.04 lbs. of medication have been collected through Lebanon Police Dept in 2019 and 406 lbs. of pills since its inception in 2013 |
| Harm Reduction Syringe Service Program (HRSSP) | Increase in utilization of HRSSP Decrease in rate of new Hep C and HIV cases | Long term | HRSSP Participation (return vs. new client) Number of tests administered and whether repeat clients remain negative for Hep C and HIV | HRSSP utilizes RedCap data collection system, which measures participation, syringe return ration, number of tests administered, etc. | Data from Nelson County HRSSP (neighbor county with established program since July 2017) shows repeat clients return negative results on HIV and Hep C tests |

SECTION 4: Community Inventory of Safety and Injury Initiatives

The Safe Communities Committee conducted a community-wide audit to obtain information on injury-related programs, policies, practices and resources available in Marion County. We surveyed community partners, local small businesses, and industries to help us to create our Community Inventory. Please see **Appendix 6** for survey and **Appendix 7** for survey results.

Community Inventory Table

| Falls | Target Group |
|-------------------------------------|--------------|
| Bingocize | Seniors |
| City Sidewalk Initiative | Community |
| Senior Safe Program | Seniors |
| Silver Sneakers | Seniors |
| Springview Hospital Falls Committee | Community |

| Motor Vehicle Crashes | Target Group |
|-------------------------------------|--------------|
| Alive at 25 | Youth |
| Checkpoints | Youth |
| Child Fatality Review Team | Youth |
| Child Passenger Safety Program | Families |
| Driving Simulators | Youth |
| High School Seat Belt Check | Youth |
| Mock Crash Event/Ghost Out | Youth |
| Save A Life (distracted driving) | Youth |
| Seat Belt Safety Challenge | Youth |
| Seat Belt Safety Class | Youth |
| Students Against Distracted Driving | Youth |

| Suicide and Violence | Target Group |
|--|--------------|
| Bullying Prevention Education | Youth |
| Child Abuse Awareness Month Activities and Walk | Community |
| Community Collaboration for Children | Families |
| Cribs for Kids | Youth |
| Girls on the Run | Youth |
| Handle with Care trained nurses/staff at Springview Hospital (Crisis management) | Community |
| HANDS (Health Access Nurturing | Families |
| Development Services) | |
| Healthy Kids Clinic (Marion County Public Schools) - Behavioral Health | Community |
| Internet Safety/Cyber-bullying education | Youth |

| Kentucky Safe Schools Week Activities | Youth |
|---|-----------|
| Lanham Counseling and Therapy | Community |
| Mental Health Services (Communicare) | Community |
| Parenting classes | Adults |
| QPR (Question, Persuade, and Refer) | Community |
| training | , |
| Rae of Sunshine Foundation/Smile club | Community |
| (suicide prevention and awareness) | |
| Raptor security system at all public | Community |
| schools | |
| Regional Child Abuse Network | Community |
| SAFY (Specialized Alternatives for Families | Families |
| and Youth) | |
| SANE (Sexual Assault Nurse Examiner) | Community |
| nurses at Springview Hospital | |
| School Resource Officer | Youth |
| Sources of Strength | Youth |
| Springhaven, Inc. Domestic Violence | Families |
| Shelter/Family Advocate Services | |
| Social and Emotional Wellness | Youth |
| Coordinator | |
| Suicide Prevention Education | Youth |
| Teen Dating Awareness Month | Youth |
| The Caring Place | Families |
| Truth and Consequences | Youth |
| Watch DOGS (Dads of Great Students) | Families |
| program – Head Start | |

| Substance Abuse | Target Group |
|---|----------------|
| Astra Behavioral Health | Community |
| Billboards (Social Marketing) | Community |
| Communicare Regional Prevention Center (RPC) and Behavioral Health Services | Community |
| Community Resource Baby Showers | Pregnant women |
| DARE | Youth |
| Drug Court | Adults |
| Hidden In Plain Sight | Adults |
| HOPE Network | Adults |
| Isaiah House | Adult men |
| Kentucky Moms MATR (Maternal Assistance Toward Recovery) program | Pregnant women |
| Leader In Me | Youth |
| Lincoln Trail Regional Community Health Improvement Plan (CHIP) | Community |

| | A 1 1 |
|--|-------------|
| Marion County Detention Center – Moral Recognition Therapy (MRT) | Adult men |
| Marion County Detention Center – National Career Readiness Certificate (NCRC) | Adult men |
| Marion County Detention Center – Portals New Direction | Adult men |
| Marion County Detention Center – Pre- release program | Adult men |
| Marion County Detention Center – Reentering American Communities with Hope (REACH) | Adult men |
| Marion County Detention Center – Soft Skills Boot Camp | Adult men |
| Marion County Detention Center – Substance Abuse Program (SAP) | Adult men |
| Marion County Heartland Coalition/Heartland Trail ASAP | Community |
| Narcan Training and Supply to Law Enforcement Agencies | Community |
| One Bridge to Hope | Adult women |
| Prescription Drop Box/Take Back Day | Community |
| Project Graduation | Youth |
| Quick Response Team | Community |
| Recovery Groups- AA/NA/Celebrate Recovery | Community |
| Red Ribbon Week Activities | Youth |
| Safety Tipline, Online Prevention (STOP) | Community |
| Smoke Free Community campaign | Community |
| Social Host Ordinance | Community |
| Springview Hospital Opioid Committee | Community |
| Students Against Drunk Driving | Youth |
| Student Drug Testing | Youth |
| Syringe Exchange Program | Adults |
| Too Good for Drugs | Youth |
| Town Forums on ATOD (Alcohol, Tobacco and Other Drugs) | Community |
| Zero Tolerance Program | Youth |
| 100% Tobacco Free Schools | Community |
| 4-H Camp Scholarships | Youth |

| Workplace Injuries | Target Group |
|------------------------------------|--------------|
| Annual Agriculture/Farm Safety Day | Youth |

| Babysitting Classes | Youth |
|--|--|
| Childcare STARS ratings | Youth |
| CPR classes/AEDs | Community |
| First Friday Forums | Businesses and Industries |
| Governor's Health and Safety Award | Employees of Komatsu Mining, Maker's Mark Distillery, Toyota Boshoku Kentucky |
| Inter-County RECC Demonstrations | Community |
| Job Entry and Retention support | Community |
| Leadership Lebanon | Community |
| Marion County Career Center | Community |
| Marion County Workforce Collaboration | Community |
| OSHA | All Employees |
| Society for Human Resource Management (SHRM) | Community |

| Emergency Preparedness | Target Group |
|---|--------------|
| Active Shooter Training | Community |
| Annual Agriculture/Farm Safety Day | Youth |
| Child Fatality Review (CFR) Team | Youth |
| CodeRED Alert System | Community |
| E-911 | Community |
| Emergency Operations Plan (EOP) | Community |
| Fire Prevention/Smoke Alarm project | Community |
| Hospital Preparedness Program (HPP) | Community |
| Law Enforcement/First Responders Sports | Community |
| Pass Program | |
| Local Emergency Planning Committee | Community |
| (LEPC) | |
| Loretto Motherhouse – Regional Medical | Community |
| Surge Trailer | |
| Outdoor Warning System | Community |
| Pillowcase Project | Youth |
| Project Lifesaver | Youth |
| Red Cross | Community |
| Shaken Fury (Earthquake Drill) | Community |
| Springview Hospital – Accredited Chest | Community |
| Pain Center | |
| Springview Hospital – Currently pursuing | Community |
| Acute Stroke Ready Hospital certification | |
| Springview Hospital – Panic Buttons | Community |
| Storm Ready Certification -currently | Community |
| pursuing | |
| Water Agreements | Community |

PROTECTIVE FACTORS:

Marion County is a community of strong partnerships and collaborations, which is a result of the great people that live and work in our County. It has a number of non-profit organizations and programs that are available to individuals to help them to address the challenges of life. The service community works closely with the business community to ensure that needs are being met. In addition to our Community Inventory that addresses the six focus areas of Safe Communities, we have a number of additional programs that lower the likelihood of problem outcomes or reduce the negative impact of rick factors on problem outcomes. Some of our protective factors that promote resiliency are listed below.

Back Pack Program. Marion County Public Schools has partnered with Feeding America to provide a Back Pack program since 2006. The mission of the program is to meet the needs of hungry children by providing them with easy to prepare food to take home on the weekend and school vacations when school meals are unavailable, and resources at home are limited. In 2019, 1035 children were served through this program.

Build A Bed. The Lincoln Trail Regional Network (child abuse prevention) identified the need for beds for children in Marion County. Partnering with the Marion County Area Technology Center and several other businesses and organizations, 10 families have received beds to date, including mattresses and bedding.

Central Kentucky Community Action Transportation System (CKCATS). Transportation can be a significant obstacle for many people. CKCATS can provide transportation to doctor appointments, senior centers, airports, bus stations and the grocery store. In fiscal year, 2018-2019, 3,646 rides were provided for seniors in Marion County.

Community Eligibility Provision (CEP). CEP is a Federal non-pricing meal service option for schools and school districts in low-income areas. It allows schools to serve breakfast and lunch at no cost to all enrolled students. Marion County's elementary schools have participated in CEP for four years, and the middle and high school were added for the 2018-2019 school year.

Congregate Meals. Through Central Kentucky Community Action, the Congregate Meals Program provides hot, nutritious meals to seniors in Marion County. Our three senior centers served 92 Marion County seniors a total of 5,025 meals in 2019.

Dolly Parton Imagination Library. This program was initiated by Marion County Public Schools in 2017. The program mails books to children from birth to age five. There are currently 727 active participants and 413 graduates. To date, 21,852 books have been mailed to children in Marion County.

Dream Bus. The Dream Bus is Marion County Public School's innovative mobile learning lab, providing educational outreach throughout the community. It provides meals through the Summer Feeding Program, wi-fi, interactive lessons, and lots of fun!

Fagan Branch Reservoir/Cecil L Gorley Naturalist Trail. Gorley Trail, as it is known by the locals, is a 3.2-mile trail around the scenic Fagan Branch Reservoir. Mountain bikers, runners and hikers enjoy this scenic path with benches and picnic spots along the way. The trail has 47 bridges, paved parking lots at both ends, and a portion of the trail crosses a dam. The reservoir serves as a favorite place to fish and kayak, and is also the home of Fishing for Kids/Mid-Kentucky Bass Anglers Day, which brings in roughly 1,300 people annually.

Farm to School. Marion County Public Schools purchases local produce in season – a win-win for our schools and local farmers!

Feeding America monthly food distribution and Senior Boxes. Feeding America, in partnership with Central Kentucky Community Action, provides a monthly food distribution to any Marion County resident in need with the only requirement being proof that the individual resides in Marion County. This program serves at least 250 families per month. The Commodity Supplemental Food Program (CFSP) program is available to seniors that are 60 years of age and meet an income requirement. Currently, we have 209 active seniors on the program and 49 on the waiting list. Additionally, 40-50 households are provided food for three weeks out of the month from the office-based food pantry. Community Action works with The Community Service Center to ensure services are not duplicated and to refer to other programs.

Graham Memorial Park and Lebanon Aquatic Center. Another asset in our community is Graham Memorial Park, a 105-acre recreational complex that serves approximately 400,000 patrons each year. Located within Graham Memorial Park is the Lebanon Aquatic Center. The center features a 25- meter by 25- yard indoor pool, as well as an outdoor kiddie pool and water slide splash pool during the summer. They offer water aerobics, swim lessons, lifeguard trainings, and more.

Little Free Libraries. Komatsu, a local industry, joined with community partners in 2016 in an effort to promote reading and literacy within our county. There are currently 8 Little Free Libraries around the county.

Marion County Public Library (MCPL). The MCPL offers numerous programs to children and adults throughout the year. They also have a Design Den for patrons, including a 3-D printer, sewing machine, embroidery machine, Cricuts, heat presses, robotics equipment, and more!

Mentorship Programs and Student Ambassadors. The Marion County High School Student Ambassador Program was started six years ago. A group of students are selected through an application and interview process, which currently has 50 members in grades 10-12. The group promotes MCPS through leadership experiences that focus on student mentorship through the district's 6 C's: Commitment, Creativity, Communication, Collaboration, Critical Thinking, and Content. In addition to representing the school system at numerous school and civic functions, the Ambassadors design and implement its annual Young Leaders Conference for 60 students in grades 4-8 and implement a student mentorship program for students in the middle grades. The Ambassador Program has expanded to two elementary schools and the district middle school.

School Food Pantries. In addition to the 21st Century Learning Center, four schools have on-site food pantries available through the Family Resource Youth Services Centers.

Second Chance Breakfast. Students in grades 6-12 have the opportunity for Second Chance Breakfast (Grab and Go Breakfast) after first period classes. This gives older students who traditionally don't eat early a second opportunity to get breakfast. Some schools have breakfast in the classroom or gym to accommodate students wants and needs.

Senior Companion Program. Central Kentucky Community Action's Senior Companion Program offers one-on-one interaction and friendships. Volunteers allow seniors to continue living independently in their homes by assisting with light meal preparation, transportation, respite care, and light housekeeping. In 2019, 25 seniors received services from 8 volunteers.

Summer Feeding Program. Marion County Public Schools provide free meal opportunities for children in the summer at over 30 sites. In the Summer of 2019, 16,596 meals were served to children and teens. Also, in 2019, a Summer Feeding Van was added to take meals to high-need areas on the days the Dream Bus was at other sites.

The Community Service Center. The center provides aid to persons in need of basic necessities. In January 2020, the center served 124 families, 203 adults, and 75 children. Eighty-one families were given food, 24 were given vouchers for food, and 28 families were given financial assistance.

Third Meal. Through the Child and Adult Care Food Program (CACFP), all schools offer an afterschool meal to students staying afterschool. In order to utilize this program, schools must be offering enrichment activities or remediation activities at the time of meal service. Students do not have to participate in those activities to eat but they have to be offered.

ADDITIONAL INFORMATION

Additional information about our work in becoming a Safe Community. Our journey to completing this Safe Communities America application has been a wonderful experience. In conducting our research, we have learned so much more about Marion County - the people, the services, our industries, our government, our schools, and its history. We have also learned about local issues and gaps in services. The Heartland Coalition, the Lincoln Trail District Health Department, and the Tri-County Kentucky United Way, along with all of our members, are completely committed to this process and to the improvement of our communities through our work as a Safe Community.

Applying for Safe Communities Accreditation helped to give our Coalition newly defined direction and purpose, recruiting new members and increasing engagement among our existing membership. It has shed new light on the work that the Heartland Coalition has been doing for many years, our focus, and what we will be doing for Marion County in the future.

As a result, we have engaged others in our journey to make Marion County safer and healthier – including the business community, nonprofit service providers, faith-based groups, local government, and the community at-large. This process allowed us the opportunity to share our work in public service with additional community leaders. We learned more about how they view a safe community and injury prevention, and how this can fit into their role through their employment. We were able to share our Coalition projects, community services, and other resources with them. So many people are not aware of the whole array of work that we do in public health/social services and the resources that are available to them. It was a great sharing and learning experience, and we look forward to continuing to work with these organizations in the future.

We have received additional funding from the Heartland Coalition to finish the process of becoming a Safe Community. We have presented at the KSPAN meeting to discuss our upcoming application. We have discussed Safe Communities to various community groups and members, as stated within the application.

The process was a long one for us, due to Covid-19. Our goal was to submit the application in early summer; however, since the Health Department and the United Way are community partners that were assisting with this pandemic, the process had to be extended. We were still focusing on the safety and health of our local communities, and were ensuring that all received the support and resources needed.

We look forward to continuing SCA work in Marion County, and promoting SCA to our partners around the state. Thank you so much for your time and support during this process.

Please attach any related documents.

Here is an example of some of the work that is being done in Marion County that exemplifies the meaning of a Safe Community – showing collaboration, partnership, prevention, and the concern for the safety of our local children and our community at large. It is a video from Taylor Schlosser, Marion County Public Schools Superintendent, and Wally Brady, Lebanon Police Chief, discussing the relationship between law enforcement, the schools, and our youth.

https://www.youtube.com/watch?v=qR-sLRolvZw

Please see below for the Appendix for additional materials and information.



Marion County Heartland Coalition

MISSION STATEMENT

To actively promote and support wellness initiatives by building partnerships, creating awareness, networking, and sharing knowledge.

GOALS

- Coordinate health promotion and prevention activities in our community
- Establish and strengthen community collaboration in support of local efforts to prevent substance use
- To increase awareness of addiction as a disease and to address and counter stigma and discrimination of substance use disorders.

LEGAL STATUS AND FUNDING

The coalition is an independent nonprofit organization with 501c3 status. Heartland activities are funded primarily through grant opportunities and fundraising. Funding from the Kentucky Agency for Substance Abuse Policy (KY ASAP) helps support local policies and activities that affect alcohol and substance abuse.

SERVICE AREA OR PRIORITY POPULATION

The Heartland Coalition serves the citizens of Marion County, Kentucky, with a focus on youth and families.

ASSOCIATED ORGANIZATIONS

Lincoln Trail District Health Department, Communicare Regional Prevention Center, Marion County Public Schools, Marion County Cooperative Extension Service, City of Lebanon, SpringHaven Inc., Lebanon Police Department, Marion County Sheriff, Marion County Drug Court, Central Kentucky Community Action, Department of Juvenile Justice, Isaiah House, Kentucky Classic Arts at Centre Square, Marion County Youth Center, Tri County Kentucky United Way, Marion County Career Center.

MEMBERSHIP AND MEETINGS

Any interested person may join the Heartland Coalition. There is not a membership fee. Active members meet monthly on the second Thursday of each month at noon at the Marion County Extension Office. Inactive members may elect to receive Coalition updates and minutes via email by sending a request to Jennifer.osborne@ltdhd.org.

SCOPE OF ACTIVITIES

The Heartland Coalition has supported the following: social host ordinance, student drug testing initiative, Red Ribbon week activities, backpack program, prescription drop box, Heartland Summer Scorecard, Halloween in the Park, Girls on the Run, Truth and Consequences, Drug Court, town forums for substance abuse prevention, Heartland Scholarship for Drug Free youth, drug free media campaigns, and domestic violence prevention activities.

HISTORY

The Heartland Coalition was formed in 1997 as a community network for the purpose of sharing resources and collaborating efforts to decrease and prevent substance abuse and promote a safe and healthy community.

APPENDIX 2: SCA LETTERS OF SUPPORT

Commonwealth of Kentucky

JIMMY HIGDON

State Senator 344 North Spalding Avenue Lebanon, Kentucky 40033 (270) 692-6945

STATE SENATE



Capitol Annex, Room 204 702 Capital Avenue Frankfort, Kentucky 40601 (502)564-8100, Ext. 717 jimmy.higdon@lrc.ky.gov

October 25, 2019

Mr. Steve Sparrow
Kentucky Safe Communities Network
Kentucky Injury Prevention and Research Center
College of Public Health
University of Kentucky
333 Waller Avenue, Suite 242
Lexington, Kentucky 40504

Dear Mr. Sparrow:

I am writing in support of the Safe Communities America application for accreditation submitted by the Marion County Heartland Coalition. The community of Marion County is working hard together to improve the safety and welfare of their county. I truly appreciate all that Safe Communities America will do to assist and continue to help keep Marion County a safe and healthy place to live.

Thank you in advance for giving full and fair consideration to the application submitted by Marion County. If I can provide any additional information relating to the application, please do not hesitate to contact me.

Singerely

Senator Jimmy Higdon

14th District

JH/mms

LEBANON/MARION COUNTY INDUSTRIAL FOUNDATION



223 North Spalding Avenue • Suite 300 Lebanon, KY 40033 tlund@marioncountyky.com www.marioncountyky.com

270-692-60 877-692-60 Fax 270-69

October 18, 2019

Elizabeth Mattingly Marion County Career Center 516 Workshop Lane Lebanon, KY 40033

Re: Certified Safe Communities

Dear Ms. Mattingly,

The Marion County Coalition is submitting an application to be a Certified Safe Community. Our Coalition believes this certification will help lead to a healthier community with an able-bodied workforce and, ultimately, to a community with a culture of safety. Some of the benefits we anticipate, from the designation, include public recognition for leadership in public safety, reduction in injuries through effective local programs, and a potential reduction in health care cost.

Public health and safety play a critical role in economic development, growth, and vitality by enhancing the desirability of communities as places to live and locate businesses and industries. It also has a direct impact on the levels of societal trust and interaction.

Public safety perceptions are widely used in rankings of places and indexes measuring quality of life. Almost universally, places with lower crime rates are perceived as more desirable. In healthy, economically diverse, and growing regions, as in central Kentucky, the levels and quality of our labor pool, including education, skills, and reliability, can be directly correlated to the overall levels of public safety. Collectively, these indices, metrics, and measures weigh in, heavily, on location decisions of businesses and industries.

Public safety can be directly linked to the ebb and flow labor and tourists. This relationship between public safety and the location decisions of industries has a direct correlation to the in–migration of skilled workers. Public safety also affects the attractiveness of a location for tourists and visitors. Public safety fosters trust, helps people get engaged in their communities and supports economic activity. It improves the social fabric in a way that makes plant managers create safe working environments, people be less careless, people less likely to commit crimes, and people more proactive in making prevention a priority.

With regards to all of these synergies, between public safety and economic vitality, a region can significantly improve its ability to reduce crime rates, create healthy work environments, reduce health care costs, share in best practices, streamline additional community resources, and develop leaders in public safety through collaboration. Our coalition provides the functionality and capabilities needed to set the standard for Safe Communities accreditation. We have the capacity, and resources, to engage our community leadership, collaborate on improving our quality of life in a holistic manner, collect and examine data and establish priorities, develop strategies that address intentional and unintentional injuries in our community, and evaluate or progress and outcomes.

If you need any additional information, in support of endorsement of this application, please don't hesitate to contact me. Thank you!

Very truly yours,

MARION COUNTY INDUSTRIAL FOUNDATION

Patrick B. Ford, Executive Director



Lincoln Trail District Health Department

108 NEW GLENDALE ROAD P.O BOX 2609 ELIZABETHTOWN, KENTUCKY 42702-2609 (270)-769-1601 FAX (270)-765-7274



February 12, 2020

To Whom This May Concern,

On behalf of Lincoln Trail District Health Department (LTDHD), please accept this letter to support the Marion County Heartland Coalition application for Safe Communities America Accreditation. We strongly support this application to enhance focus on data driven risk reduction strategies which improve the quality of life for all those who live, work and play in Marion County.

As an organization which strives to mobilize community partners, we have continued to enrich partnerships that are essential for identifying risk areas and using evidence-based practices to improve public health outcomes.

We look forward to continuing to partner with the Marion County Heartland Coalition in pursuit of Safe Communities America.

Sincerely,

Sara Jo Best, MPH Public Health Director

Lincoln Trail District Health Director

HARDIN COUNTY HEALTH CENTER 580 WESTPORT ROAD ELIZABETHTOWN, KENTUCKY 42701

270-765-6196 Clinic Phone 270-763-0397 Clinic Fax 270-769-0312 Environmental Phone 270-769-0471 Environmental Fax

MEADE COUNTY HEALTH CENTER 520 HILLCREST DRIVE BRANDENBURG, KENTUCKY 40108 270-422-3988 Clinic Phone 270-422-5919 Environmental Phone 270-422-5699 Fax LARUE COUNTY HEALTH CENTER 215 EAST MAIN STREET HODGENVILLE, KENTUCKY 42748 270-358-3844 Clinic Phone 270-358-8665 Environmental Phone 270-358-5816 Fax

NELSON COUNTY HEALTH CENTER 325 SOUTH THIRD STREET BARDSTOWN, KENTUCKY 40004 502-348-3222 Clinic Phone 502-349-1557 Clinic Fax

502-348-3222 Clinic Phone 502-349-1557 Clinic Fax 502-348-3698 Environmental Phone 502-349-4968 Environmental Fax MARION COUNTY HEALTH CENTER 516 NORTH SPALDING AVENUE LEBANON, KENTUCKY 40033 270-692-3393 Clinic Phone 270-692-0045 Clinic Fax 270-692-0200 Environmental Phone 270-692-0238 Environmental Fax

WASHINGTON COUNTY HEALTH CENTER 302 EAST MAIN STREET SPRINGFIELD, KENTUCKY 40069

859-336-3980 Clinic Phone 859-336-0574 Environmental Phone 859-336-9162 Fax Public Health
Prevent. Promote. Protect.

An Equal Opportunity Employer



Marion County Fiscal Court 223 North Spalding Avenue, Room 201 Lebanon, KY 40033

Office Phone: (270) 692-3451

Fax: (270) 692-9487

Steve Sparrow Kentucky Injury Prevention Research Center Safe Communities of America Support Center 333 Waller Ave STE 242 Lexington, KY 40504-2915

RE: Letter of support for Safe Communities America accreditation

Dear SCA Steering Committee,

I am writing to support the Marion County Heartland Coalition's efforts to seek Safe Communities of America accreditation for Marion County.

The county government has supported the efforts of the Heartland Coalition for many years. We have provided funding for various projects initiated by this Coalition.

Becoming an accredited Safe Community will further strengthen our community partnership and collaborations. This accreditation will also give our community recognition for putting the health and safety of our community first. On behalf of our community, we are excited to be a part of these efforts to become an accredited Safe Community.

Sincerely.

David Daugherty

CITY OF LEBANON



GARY D. CRENSHAW MAYOR

P.O. BOX 840 LEBANON, KY 40033 TEL. (270) 692-6272 FAX (270) 692-4638

April 7, 2019

Steve Sparrow
Kentucky Injury Prevention Research Center (KIPRC)
Safe Communities of America Support Center
333 Waller Ave STE 242
Lexington, KY 40504-2915

RE: Letter of Support for Safe Communities America accreditation

Dear SCA Steering Committee:

I am writing to support the Marion County Heartland Coalition's efforts to seek Safe Communities of America accreditation for Marion County.

The city government has supported the efforts of the Heartland Coalition for many years. We have partnered with them to provide events at our city park and financially supported Heartland projects.

Becoming an accredited Safe Community will further strengthen our community partnerships and collaborations. This accreditation will also give our community recognition for putting the health and safety of our community first. On behalf of our community, we are excited to be a part of these efforts to become an accredited Safe Community.

Sincerely,

Gary D. Oranshaw, Mayor

APPENDIX 3a: HEARTLAND COALITION MEETING MINUTES

Marion County Heartland Coalition

Regular Monthly Meeting

January 10, 2019



The meeting was called to order by Anna Howard at 12:00 pm and she welcomed everyone to the meeting. Those in attendance: Jessica Bickett, Jessica Roller, Christina McRay, Jennifer Greenwell, Danielle Ford, Samantha Clark, Wally Brady, Jennifer Osborne, Anna Howard, Elizabeth Mattingly, Jenny Kawa, Lynn Farris, Courtney Edwards, and Ginger Ford.

Minutes from the November meeting were presented. Wally Brady made a motion to approve, Christina McRay seconded. Motion passed.

The treasurer's report was presented by Jessica Roller. No changes reported. Samantha Clark presented the fiscal agent report. Still waiting on fiscal year 17-18 carryover approval. Wally Brady made a motion to approve, Jessica Bickett seconded. Motion passed.

Jennifer Osborne reported that the next Coalition for a Smoke-Free Marion County meeting will be January 23rd at noon at the Marion County Health Department for anyone that would like to attend.

Samantha C. reported that the Heartland Trail ASAP Board received \$40,000 for Harm Reduction efforts in the tri-county area. Funds will be used to support prevention, treatment, enforcement and syringe exchange. Jennifer O. reported on the syringe exchange program in Nelson County. During the first year the SEP had 96 participants and gave out 14,372 syringes. 5,204 syringes were returned giving a return ratio or 2.76:1. SEP business cards were shared will all in attendance.

Jessica B. presented information about Safe Communities certification. Safe Communities America looks at 6 aspects of a community: motor vehicle safety, falls prevention, substance abuse/misuse, workplace safety, violence and suicide prevention, and emergency preparedness. The certification is a way to show that the community has made a commitment to safety. Ideally, it could be a joint effort between the Coalition, City of Lebanon, and Marion County. Elizabeth Mattingly made a motion for the Coalition to support and spearhead the effort. Christina McRay seconded. Motion passed. Jessica B. will provide an update at the next meeting.

ASAP grant funds will help fund First Friday Flicks at Centre Square, however, in order to do so, prevention-based PSAs must be shown before the films. Jennifer O. has one that has been produced by a HOSA student group about e-cigs. Danielle Ford, Christina M., and Courtney Edwards all agreed to assist in getting PSAs.

The group discussed having a member each month present information about their agency or other relevant topic. Jennifer O. agreed to go first in February with a presentation about e-cigs. The March presenter will be decided at the February meeting.

Samantha C. stated that Communicare RPC is working on their needs assessment and she will send a survey link out to Coalition members.

Danielle F. reported that Reality Store is scheduled for March 14th and Truth and Consequences is tentatively scheduled for April 18th.

Courtney E. asked for volunteers to help with Shop and Share at Kroger on February 2nd to help benefit Spring Haven.

Jessica B. reported that she has run out of funding for the Checkpoints Driver Safety program and still has classes scheduled. Funding is needed to purchase the gift cards for those that attend. Erin Summers has picked up funding of food. Jessica asked if anyone would be willing to ask for donations from local insurance providers. Wally B. agreed to ask Farm Bureau and Elizabeth M. agreed to ask Energy Insurance and State Farm.

The next meeting will be held on February 14th at 12pm. Meeting was adjourned at 1:00pm.

Marion County Heartland Coalition
Regular Monthly Meeting
February 14, 2019



The meeting was called to order by Anna Howard at 12:00 pm and she welcomed everyone to the meeting. Those in attendance: Anna Howard, Harriet Simms-Boone, Courtney Edwards, Leanna Kelty, Kristi Ballard, Cindy Ballard, Janet Sheckles, Kathleen Fletcher, Angie Sexton, Jessica Roller, Ginger Ford, Heather Barnes, Christina McRay, Robin Humphress, Alia McClendan, Erin Summers, Bev Lee, and Samantha Clark.

Minutes from the January meeting were presented.

The treasurer's report was presented by Jessica Roller. Several donations have been received to help offset costs of the Checkpoints driver safety program. Samantha Clark presented the fiscal agent report. Still waiting on fiscal year 17-18 carryover approval. She also reminded everyone to get in their funding requests and begin thinking toward the grant application for the next fiscal year. Courtney Edwards made a motion to approve, Ginger Ford seconded. Motion passed.

Jennifer Osborne provided education on e-cigarettes and vaping products. Communities across the nation are seeing a substantial rise in the number of youth who are using these products. She also stated that tobacco retailer compliance checks will be done in Marion County with help from law enforcement and youth. The Coalition for a Smoke Free Marion County is also still working on efforts to get a smoke-free ordinance in place for the county.

Jessica Bickett reported that she is looking for a partner to work towards Safe Communities certification. She also asked the group to help provide examples of qualities that make Marion County unique for the initial application steps.

Robin Humphress reported that she would like to start the First Friday Flicks at Centre Square in April. Please send ATOD prevention related PSAs to Robin by April. She also reported that performances with Oliver will begin in March and they have partnered with Sunrise Manor to raise awareness about foster parenting.

Christina McRay offered to have one of the HOSA teams from the ATC to present at the March Coalition meeting.

Jerry Evans shared information about a Black History Month program to be held on February 24th. He encouraged everyone to attend. Local law enforcement and youth will be recognized during the program. He will email information out to the group to share with others.

Erin Summers reported that her SADD group at the high school had recently visited the Isaiah House and the students were looking into more opportunities to raise awareness about substance abuse issues.

Bev Lee provided an invitation to the group to attend the Hearts of Hope dinner on March 15th to support One Bridge to Hope. The women's transitional program is getting close to opening and the support so far has been overwhelming.

Courtney E. reported that statewide, the Shop and Share program raised nearly \$600,000 in supplies for victims of domestic violence.

The next meeting will be held on March 14th at 12pm. Meeting was adjourned at 1:00pm.

Marion County Heartland Safe Community Coalition

Regular Monthly Meeting

March 21, 2019



In Attendance: Laura Sedlatschek, Jessica Bickett, Anna Howard, Wally Brady, Janet Sheckles, Jennifer Cheeser, Jessica Roller, Kristi Ballard, Bev Lee, Elizabeth Mattingly, Laurie Heckel

Introduction: The meeting was called to order at 12:10 by Anna. Introductions were made.

Minutes: Laura made motion to approve January minutes. Seconded by Jennifer C.

Budget: Sam and Leanne were not present. Jennifer O will be emailing out current budget. Jessica R presented Coalition budget. Budget approved by Wally, seconded by Bev.

Old Business:

Coalition for a Smoke Free Marion County – Jennifer O unable to attend today. Jessica stated that new billboard was up and anyone who wants to be involved with this group, contact Jennifer.

Safe Communities America – Jessica reported that she had spoken with Laurie Heckel with Emergency Management, Lisa Eubank and Gayla Edlin at Springview regarding SCA; next steps will be letters of support from County and City; Hoping that county and city will each pay ½ of the \$1500 App Fee. Anyone who wants to be on SCA Committee can sign up today or let Jessica know.

PSAs for First Friday Flicks – Jennifer needs these by April 1st.

New Business:

April Member Spotlight – HOSA was going to speak this month but did not due to date change; possibly HOSA or Bev Lee.

Scholarship – Discussed scholarship; Wally made motion to offer \$500.00 again this year, seconded by Bev. Discussed possibly writing this into ASAP grant next year

Kroger bags – Jennifer has been contacted about purchased Kroger bag advertisement again; PFS funds were used for this; coalition has no funds set aside for this at present, but discussed possibility of adding this to ASAP budget next year.

Fundraisers – Group discussed fundraiser ideas for Heartland acct; discussed partnering with restaurant again or cookout. Jessica R is going to check with Chaser's.

Other Business:

Jessica B – Car Seat Check April 9th; Checkpoints April 16th; Communicare and LTDHD hosting Change for the Next Generation on May 8th in Elizabethtown; Briefly discussed Text A Tip (anonymous tip line for middle school and teens for mental health), getting more info on this service and cost

Anna – Communicare is looking at using building behind health department as a youth drop for transitional youth (age 16-26); Discussed transportation issues

Wally - PD is looking into a text emergency system

Elizabeth – Expungement session on April 15th

A motion was made to adjourn the meeting at 12:55 by Jennifer C, seconded by Bev. Next meeting April 11th at Noon at the Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Safe Community Coalition

Regular Monthly Meeting

April 11, 2019



In Attendance: Samantha Clark, Jennifer Osborne, Laura Sedlatschek, Jessica Bickett, Kristi Ballard, Cindy Ballard, Bev Lee, Elizabeth Mattingly, Christina McRay, Gary White, Jerry Evans, Ginger Ford, Mike Hall, Courtney Edwards, Carly Waldrep, Kim Lucas, Angie Sexton

Introduction: Anna not able to attend today. The meeting was called to order at 12:10 by Jennifer. Introductions were made.

Minutes: Jerry made motion to approve March minutes. Seconded by Jennifer.

Budget: Sam reviewed budget. Most funds have been requested. Error was noted under Domestic Violence section of grant. Courtney has requested all funds. Sam will fix the error. Budget approved by Courtney, seconded by Laura with correction.

Old Business:

Coalition for a Smoke Free Marion County – Jennifer reported new billboard is up. The Lebanon Enterprise will be sending sample newspaper to all county residents on April 24th sponsored by Smoke Free Marion County. Paper will feature several articles related to Smoke Free and advertisements. Jennifer encouraged group to speak to magistrates.

Safe Communities America – There will be a SCA committee meeting after Heartland today. Any member welcome to stay. Jessica reported that she received updated handout about SCA to be able to give community leaders. A letter has been drafted for county and city. First steps are to receive letter of support and hopefully some financial support with the application fee.

PSAs for First Friday Flicks – Jennifer has sent 3 PSAs to Robin, Courtney and Ginger Allen have PSAs ready

Scholarship - Jennifer has sent scholarship information to high school. Will be due April 26th. Laura, Bev and Courtney volunteered to serve on review committee. Christina stated that senior night in May 16 and she will present award if needed. Jessica will request scholarship funds to the Heartland acct.

New Business:

May Member Spotlight/Speaker – Jerry suggested getting someone to speak about the new multipurpose facility. Jerry will see if someone is available to speak.

Fundraisers – Jessica Roller was looking into options. Tabled since she is absent today.

ASAP grant FY 20/21 – Sam stated that last year grant was released May 29 and due within a few weeks. Samantha asked all members to fill out a budget request form for funding and return to her by May 1^{st} so we begin to draft proposal.

Opioid Response Plan: Jennifer stated that health department is working with community partners to develop a regional response plan. Meeting at Nelson County Public library on April 29 for anyone interested. Will review current efforts and develop plan.

Text A Tip - Jessica spoke with Andy Duran about Text A Tip, an anonymous text crisis hotline offering emotional support, substance use prevention and on the ground crisis intervention. For middle and high schoolers, service provide response from licensed counselors in 1-3 minutes. Usage reports are shared with community. Jennifer stated that there may be some PFS funds available to help support. Christina reported that school district currently pays for tipline service, but she would share info with Tim Lyons and Taylora. Mike Hall suggested we check with Communicare's mental health services for possible funding as well.

Other Business:

Jessica B – Car Seat Check April 9th went well. Replaced 3 expired seats with seats Heartland purchased with Passport sponsorship; Last Checkpoints April 16th at MCHS at 5:30.

Elizabeth – Expungement session on April 15th. Elizabeth asked group for Anthem contact. Elizabeth stated that she thought that Anthem would help to pay for some expungement costs. Jennifer will get that info to her.

Courtney - Would like to do In Her Shoes event this year. She asked group for suggestions. She has thought about a larger event like a 5K or maybe just a smaller event again.

Bev – Hoping to open One Bridge to Hope at the end of May.

Samantha – Community Baby Shower for Marion County is May 7th for all pregnant women or postpartum up to 60 days.

A was adjourned at 1:00. Next meeting May 9th at Noon at the Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Safe Community Coalition

Regular Monthly Meeting

May 9, 2019



In Attendance: Erin Summers, Leanna Kelty, Kaleb Ibarra, Christina Turner, Olivia Mattingly, Jessica Roller, Janet Sheckles, Jennifer Osborne, Laura Sedlatschek, Jessica Bickett, Kristi Ballard, Cindy Ballard, Bev Lee, Elizabeth Mattingly, Jerry Evans, Courtney Edwards, Carly Waldrep, Kim Lucas, and Laurie Heckel.

Introduction: Anna called the meeting to order at 12:10. Introductions were made.

Minutes: Courtney made motion to approve April minutes. Seconded by Bev.

Budget: Leanna reviewed budget. Most funds have been requested. Jennifer asked for clarification on funds highlighted under Social Host Marketing, Media and Tobacco Control and Cessation. Leanna will follow up at next meeting. Discussion about Youth PSA funds led to a motion by Laura to use those funds for vaping/Juuling media/signage at sports fields. Courtney and Jessica volunteered to research pricing and ideas. Seconded by Bev. Budget approved by Jennifer, seconded by Jerry.

Old Business:

Safe Communities America – There will be a SCA committee meeting after Heartland today. Any member welcome to stay. Jessica reported that Fiscal Court approved \$750 for half of the application fee and she also did a radio interview about SCA. She has also reached out to Boyle County for advice on the application process. Minutes from April and May SCA committee meetings attached for approval.

Scholarship - Four applications received and committee is reviewing.

Text-A-Tip – Jessica reported that she spoke with Tim Lyons about the program and will follow up.

New Business:

ASAP grant FY 20/21 – Some requests for funding have been received. The grant RFA has not been released yet. The Coalition will plan to finalize budget requests at the June meeting unless deadline is before that meeting. If it is, then a special meeting will be called. Courtney will request budget spreadsheet from Washington County Coalition for next meeting.

Opioid Response Plan: Jennifer stated that health department is working with community partners to develop a regional response plan. Meeting at Nelson County Public library on April 29 for anyone interested. Will review current efforts and develop plan.

Other Business:

Jennifer – Community Baby Shower was held for Marion County on May 7th. 8 pregnant women and 12 family members attended.

Erin and Kaleb – Shared KIP data. Alcohol use and suicide attempts are identified as areas of concern.

Meeting was adjourned at 1:00. Next meeting August 8th at Noon at the Extension Office.

Minutes submitted by Jennifer Osborne.

Marion County Heartland Safe Community Coalition

Regular Monthly Meeting

June 13, 2019

In Attendance: Jessica Roller, Danielle Ford, Leanna Kelty, Courtney Edwards, Laura Sedlatschek, Anna Howard, Bev Lee, Gary White, Jennifer Osborne, Christina McRay, Wally Brady, and Terri Thomas.

Introduction: Anna called the meeting to order at 12:10. Introductions were made.

Minutes: Wally made motion to approve May minutes. Seconded by Laura.



Budget: Leanna reviewed budget. Most funds have been requested. Christina will request the remaining School ATOD funds for school vaping prevention efforts. Leanna provided clarification on funds discussed at last month's meeting. The 3 highlighted line items do belong to the Coalition and need to be used or reallocated. After much discussion it was decided to use the Media funds for vaping media and Courtney would request the funds be sent to our Coalition. The Tobacco Control and Cessation funds will be used for school vaping prevention efforts and Christina will request those. The Social Host Marketing funds will be discussed later. Budget approved by Courtney, seconded by Danielle.

Old Business:

Safe Communities America – Update provided by Laura. There will be a SCA committee meeting after Heartland today. Any member welcome to stay. Jessica spoke at KSPAN recently about the Coalition's efforts to apply for SCA. Minutes from April and May SCA committee meetings attached for approval. Jennifer made a motion to approve April and May SCA committee minutes. Seconded by Bev.

Scholarship – Mya Emmons is the recipient and Christina presented the award at Senior Awards Night.

Juul/Vaping messages—Courtney brought promotional sample for the group to review. Jessica Bickett has checked on pricing for signage at the soccer fields.

New Business:

ASAP grant FY 20/21 – Some requests for funding have been received. The group spent time reviewing and created a new budget for the next fiscal year. Danielle made a motion to approve. Seconded by Christina. No funds can be requested until grant approval from the state has been received.

Other Business:

Jessica Roller mentioned purchasing new Coalition tshirts. She will work on that order.

Meeting was adjourned at 1:00. Next meeting August 8th at Noon at the Extension Office.

Minutes submitted by Jennifer Osborne.

Marion County Heartland Safe Community Coalition Regular Monthly Meeting August 8, 2019



In Attendance: Jessica Roller, Jennifer Osborne, Jessica Bickett, Leanna Kelty, Courtney Edwards, Robbie Turner, Jennifer Greenwell, Elizabeth Mattingly, Ginger Ford, Angie Sexton, and Laurie Heckel.

Introduction: Courtney called the meeting to order at 12:10. Introductions were made.

Minutes: Jessica R. made motion to approve June and SCA committee minutes. Seconded by Leanna.

Budget: Leanna reviewed what was submitted for the FY20 budget. Budget approved by Jennifer O., seconded by Jessica B.

Old Business:

Safe Communities America – Update provided by Jessica B. Currently receiving surveys and collecting data. Priority areas have been identified: substance abuse, falls, and child abuse. SCA committee would like to add a monthly update from

EMS and police to the agenda. There will be a SCA committee meeting after Heartland today. Any member welcome to stay.

Juul/Vaping messages—Courtney and Jennifer O. will work on messages for promotional items and signage.

New Business:

Bank Account: Jessica R. reported that Community Trust contacted her about the Coalition's bank account needing updates. She and Jennifer O. will stop by the bank and take care of the paperwork.

Meeting was adjourned at 1:00. Next meeting September 12th at Noon at the Extension Office.

Minutes submitted by Jennifer Osborne.

Marion County Heartland Safe Community Coalition

Regular Monthly Meeting

September 12, 2019



In Attendance: Laura Sedlatschek, Jessica Bickett, Elizabeth Mattingly, Ginger Ford, Courtney Edwards, Angie Sexton, Leanna Kelty, Suzanne Gude, Stacey Moffitt, Erin Summers, Kaleb Ibarra, Janet Sheckles, Danielle Ford, Robbie Turner, Anna Howard, Brian Williams, Wally Brady, Laurie Heckel

Introduction: The meeting was called to order at 12:15 by Anna. Introductions were made.

Minutes: Minutes from August meeting were not available. SCA minutes from August meeting were approved by Wally, seconded by Danielle.

Budget: Leanna shared budget that was submitted. It is still not approved. Coalition budget not available. Jessica B shared that \$450 from coalition was used to purchase gas cards for upcoming Checkpoints class. Coalition will be reimbursed from ASAP once approved.

Old Business:

Safe Communities America – Jessica and Laura gave update on SCA; Jessica encouraged members to talk about Safe Communities at other community meetings they may attend; Jessica and Laura met with Barbara Hagan, Emergency Management, at Loretto Motherhouse. Laura reviewed information obtained from the surveys. Surveys confirmed falls as primary safety concern. Committee is beginning to work on specific pieces of the application. Laura shared some statistics on falls in Marion County. Asked Heartland members to write down activities going on in county in each of the 6 focus areas. Theresa Osborne from DCBS is supposed to attend SCA meeting today. Will discuss child abuse numbers, issues, and strategies.

Media - Courtney is working on purchase mini footballs with anti-vaping/JUUL message on them to be distributed at football games. Jessica has made multiple attempts to contact Michael Holt regarding sports sponsorship packages. Anna/Courtney will check with football coach about signage.

New Business:

EMS/Law Enforcement updates — Wally stated PD in seeing primarily meth and marijuana, some cocaine and heroin. In 2018, responded to 13 ODs; 11 so far in 2019. Domestic violence — 2017, 78; 2018, 98; and so far 54 in 2019. Traffic accidents to date for 2019 — 199 accidents, 5 injuries, 0 fatalities.

Fundraisers – Discussed need for fundraisers, need for fundraising committee.

Ham Days/Trunk or Treat – Sign -up sheet to work Ham Days breakfast was passed around; Sign-up sheet to assist with Trunk or Treat at Communicare passed around.

Halloween Downtown – Wally stated that streets will be blocked off downtown on Oct 31 for Trick or Treating with businesses

Other Business: Car seats – Jessica informed group that all the convertible car seats purchased by coalition from Passport grant have been distributed. They were distributed to families referred by health dept, HANDS program, DCBS, Springview hospital. Families that received seats either did not have seats or current seats were expired/damaged. Jessica still has booster seats available. All families that received seats received education and had seats installed by a Certified Child Passenger Safety Technician.

Checkpoints/Teen Driving Education – Erin stated that high school had simulators for texting and driving and impaired driving at high school yesterday for juniors and seniors; First Checkpoints class will be September 26th; 3 more offered throughout year.

Suzanne – Shared info on Kentucky Women's Cancer project; for more info, posters, etc. see Suzanne.

Laura – Shared information about Nelson County Human Trafficking Task Force; if anyone interested, see Laura for details.

A motion to adjourn was made by Courtney, seconded by Elizabeth at 1:00. Next meeting October 10th at Noon at the Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Safe Community Coalition

Regular Monthly Meeting

October 10, 2019



In Attendance: Laura Sedlatschek, Jessica Bickett, Elizabeth Mattingly, Leanna Kelty, Erin Summers, Kaleb Ibarra, Anna Howard, Laurie Heckel, Bev Lee, Helena Embry, Shelby Lowe Curtis

Introduction: The meeting was called to order at 12:05 by Anna. Introductions were made.

Minutes: Minutes from September Heartland and SCA committee meeting were approved by Kaleb, seconded by Bev. It was noted that August meeting minutes still need to be approved, but are not available today.

Budget: Leanna shared budget that was submitted. It has been approved, but we do not have access to the funds yet. You can go ahead and send check requests to Leanna and she will have those ready for when the funds are available which should be very soon. Coalition budget not available.

Old Business:

Safe Communities America – See September minutes; Jessica and Laura went to meet with Springview but meeting had to be rescheduled. Meeting scheduled with DCBS supervisor, Theresa Osborne, to discuss child abuse/neglect in Marion County. Committee is beginning to work on specific pieces of the application. Jessica is working on an update letter for judge/mayor and other community leaders. Jessica and Laura are working with Elizabeth of the data piece of application.

JUUL/Vaping -Mini footballs and basketballs with anti-vaping/JUUL message on them have been ordered. Anna will get footballs to cheerleading coach for them to be distributed at football games. Will distribute basketballs when season starts.

New Business:

EMS/Law Enforcement updates – No EMS or law enforcement present today.

Fundraisers – Discussed need for fundraisers, need for fundraising committee.

Member Survey – Leanna asked members present to fill out a survey for the state. As a part of a federal grant, coalitions involved in substance use/misuse prevention are being asked to assess their effectiveness in maintaining the involvement and contributions of the members. The results will inform state and regional efforts to provide training and technical assistance in support of the work of these groups.

Community Care Drive – we are partnered with the ATC again this year with the Community Care drive; we will be collecting personal care items for the FRYSCs of Marion County. Jennifer is working with Christina McRay on the details and will email flyer out to members within the next week.

Other Business:

Laura – United Way funding application is available and due on November 15th.

Erin – Teen Driver Safety week. Will be doing seat belt checks at the high school again this year. One of October 22nd, 2nd one on November 7th. SADD and Beta clubs assisting. High school group will also be going to GES to talk to 3rd graders on seat belt use/safety.

Elizabeth – many job fairs going on; working with ECTC on project to give college credit to individuals with work experience in a certain area.

Leanna – teaching Too Good for Drugs at West Marion, Knight Academy, Alternative School, and LES

Kaleb – working on School Safety Week and Reb Ribbon activities

A motion to adjourn was made by Elizabeth, seconded by Laurie at 12:50. Next meeting November 14th at Noon at the Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition

Regular Monthly Meeting

November 21, 2019



In Attendance: Jennifer Osborne, Jessica Bickett, Courtney Edwards, Jessica Roller, Joy Wickens, Gary White, Theresa Osborne, Ronda Bertrand, Elizabeth Mattingly, Melody Ognan, and Wally Brady.

Introduction: The meeting was called to order at 12:10 by Courtney. Introductions were made.

Minutes: Minutes from October Heartland and SCA committee meeting and the August Heartland meeting were approved by Jessica R., seconded by Elizabeth.

Budget: Jessica R. provided the Coalition account budget report. Only expense has been the renewal of the Coalition's PO Box. Jennifer O. made a motion to approve, seconded by Jessica B. ASAP grant budget report not available.

Old Business:

Safe Communities America – Jessica B. provided update on meetings with community partners and shared data that has been collected. Based on data collected the top three priority areas are falls, child abuse, and substance abuse.

EMS/Law Enforcement Reports – Wally B. reported that since the prescription drop box was installed in 2013, they have collected 406 pounds of pills in the drop box. He also reported that to date for 2019 they have had 63 domestic violence cases and no overdoses in the past 30 days. No EMS report.

Hygiene Product Drive—The Loretto Motherhouse dropped off supplies that had been collected. Courtney will take those to the FRYSCs.

New Business:

Syringe Service Program—Jennifer O. reported that the SSP has been approved by both Fiscal Court and Lebanon City Council. The program will begin on January 8th and will be available each Wednesday at the Marion County Health Center.

Fundraisers – Discussed potential Pura Vida bracelet fundraiser. Elizabeth and Courtney will research options and provide more details at the January meeting.

Other Business:

Ronda—Provided information on the Build A Bed program which helps provide beds for children in Marion and Washington counties.

Melody—The December First Friday Forum will focus on transformational employment and substance abuse issues facing employers. All are welcome to attend.

Next meeting January 9th at Noon at the Extension Office.

Minutes submitted by Jennifer Osborne.

Marion County Heartland Coalition Regular Monthly Meeting January 9, 2020



In Attendance: Jennifer Osborne, Jessica Bickett, Courtney Edwards, Jessica Roller, Joy Wickens, Christina McRay, Theresa Osborne, Elizabeth Mattingly, Erin Summers, Kaleb Ibarra, Carly Waldrep, Kim Lucas, Janet Sheckles, Mariah Corbin, Tara Smith, Anna Howard, Laura Sedlatschek, Ashley Caldwell-May, and Wally Brady.

Introduction: The meeting was called to order at 12:10 by Anna. Introductions were made.

Minutes: Minutes from November Heartland and SCA committee meetings were approved by Courtney, seconded by Theresa.

Budget: Jessica R. provided the Coalition account budget report. She reported that the bank as trying to charge a service fee, but she was able to get them to waive it. Tara provided the ASAP grant budget for review. Wally made a motion to approve, seconded by Jessica B.

Old Business:

Safe Communities America – Jessica B. provided update on meetings with community partners and shared data that has been collected. Target date to submit the full application is March 2020.

EMS/Law Enforcement Reports – Wally B. reported that since the prescription drop box was installed in 2013, they have collected 406 pounds of pills in the drop box. Jennifer will check with The Lebanon Enterprise to see if they would be interested in doing a story to help promote the drop box and celebrate the success so far. He also reported that they saw a slight decrease in domestic violence calls in 2019. No EMS report.

Syringe Service Program—Jennifer reported that the SSP has started in Marion County and will operate each Wednesday out of the Marion County Health Department. She asked Coalition members to help promote the service.

New Business:

Officers—Anna stated that she will be stepping down as Chairperson because of new and increased duties with her work. Courtney has agreed to step up from Vice Chair into the Chairperson role. Christina made a motion to approve, seconded by Elizabeth.

Truth and Consequences—Erin asked who would be organizing the event since there is currently not an Extension agent. After some discussion, the Coalition decided to proceed with organizing the program. Courtney will check with Judge Anderson for a potential date and will follow up with those that agreed to help organize the program: Erin, Jessica B., Leanna, Wally, and Jennifer.

Fundraisers – Discussed potential Pura Vida bracelet fundraiser. Jennifer will check with J&J Shop to see if they would partner to help sell.

Resource Packets—Jennifer brought up the idea of putting together resource folders for service providers such as police, EMS, Community Action, etc. that contain information about various resources in the area especially drug treatment options, recovery groups, overdose prevention, etc. This is something that Heartland Trail ASAP may do in all three counties.

Other Business:

Christina—Thank you to the Coalition for helping fund HOSA project. Students have provided education on vaping to all 6th graders in the county and will provide the education to 7th graders in the next couple of weeks.

Kaleb—Tobacco regulations have changed. Must be 21 in order to purchase and the FDA is rolling out regulations on flavors.

Tara—PFS funds will soon be depleted and the Coalition will need to consider using ASAP funds to help pay for disposal of the pills collected in the prescription drop box in the next funding cycle.

Elizabeth—There will be a Complete County Committee meeting for the 2020 Census on January 23rd at noon at the Dave Hourigan Government Center for anyone wishing to attend and help promote the importance of the 2020 Census.

Next meeting February 13th at Noon at the Extension Office. Minutes submitted by Jennifer Osborne.

Marion County Heartland Coalition Regular Monthly Meeting February 13, 2020



In Attendance: Jennifer Osborne, Jessica Bickett, Courtney Edwards, Jessica Roller, Bev Lee, Angie Sexton, Samantha Garrett, Elizabeth Mattingly, Carly Waldrep, Kim Lucas, Taylor Peters, Leanna Kelty, Tina Lee, Anna Howard, Laura Sedlatschek, Ashley Caldwell-May, and Wally Brady.

Introduction: The meeting was called to order at 12:10 by Courtney. Introductions were made.

Minutes: Minutes from January Heartland and SCA committee meetings were approved by Carly, seconded by Wally.

Budget: Jessica R. provided the Coalition account budget report. Leanna provided the ASAP grant budget for review. Jennifer made a motion to approve, seconded by Kim.

Old Business:

Safe Communities America – Jessica reported that the committee was still on target to submit the full application in March 2020.

EMS/Law Enforcement Reports – Wally B. reported that 422 pounds of prescription pills have been collected to date in the prescription drop box. He also reported that they have not had any overdose calls so far in 2020. No EMS report.

Truth and Consequences—Courtney reported that the date is set for April 14th. She will be sending out an email to set up a planning meeting.

Rx Drop Box-- Jennifer contacted The Lebanon Enterprise and they will be doing a story to help promote the drop box and celebrate the success so far. The group also discussed placing an ad in the newspaper to promote with available media funds. Leanna stated that there may be PFS funds available to pay for the ad so that it wouldn't have to come out of the ASAP media funds. Elizabeth made a motion to place the ad, seconded by Anna.

New Business:

Community Baby Shower—Leanna stated in the past the Community Baby Shower has been organized by KY Moms Matter staff, however the Coalition will need to plan/organize the event this year. It has typically been held in the spring.

Fundraisers – Discussed potential Pura Vida bracelet fundraiser. Jennifer will check with J&J Shop to see if they would partner to help sell. Elizabeth agreed to Chair a Fundraising Committee for the Coalition.

Senior Community Service—Erin Summers asked the Coalition to provide possible ideas for high school senior community service projects. Courtney mentioned assistance with care packages she was creating for victims of domestic violence.

Heartland Trail ASAP Harm Reduction—Jennifer and Leanna gathered information from all three Coalitions and created budget for new grant. Items included were: Narcan for EMS, KY Moms Matter, treatment vouchers for Marion, Nelson, Washington residents, Faith-Based lunch and learn series, and law enforcement stipends. The budget was for \$40,000 and the Coalition will need to help with grant deliverables if approved as written.

Other Business:

Jessica B.—There will be a Maternal Child Health focus group at LTDHD on February 25th for anyone interested in attending.

Tina—Creating a reentry program for county inmates at Marion County Detention Center. Community agencies will be able to come in and share resources with inmates close to being released. First session will be February 28th at 9am.

Next meeting March 12th at Noon at the Extension Office. Minutes submitted by Jennifer Osborne.

Marion County Heartland Coalition Regular Monthly Meeting March 12, 2020



In Attendance: Jessica Bickett, Jessica Roller, Bev Lee, Angie Sexton, Samantha Garrett, Elizabeth Mattingly, Laura Sedlatschek, Ashley Caldwell-May, Amanda Sublett, Marcella App, Tara Smith, Beverly Smith, Rachael Thompson, Mary Jane Tungate, Jane Claire Hupman, Teresa Bright, Janet Sheckles, Angie Sexton, Anneliese Montgomery, Mariah Corbin, Theresa Osborne, Ginger Ford.

Introduction: The meeting was called to order at 12:10 by Jessica B. (Courtney and Jennifer were not present today). Many new members present today. Introductions were made.

Minutes: Minutes from February Heartland and SCA committee meetings were approved by Laura, seconded by Jessica Roller.

Budget: Jessica R. provided the Coalition account budget report. Tara provided the ASAP grant budget for review. Tara explained ASAP funding and Harm Reduction grant to new members. Bev made a motion to approve, seconded by Ginger.

Old Business:

Safe Communities America – Jessica briefly explained SCA for new members and shared update infographic with group. SCA committee will not meet this month. Jessica and Laura are finishing the application. They are contacting individuals that they still need information from. Still planning to submit this month. Jessica stated that the application will be sent in for a preliminary review before the final application is submitted.

EMS/Law Enforcement Reports – Robbie and Wally were not present today. Tara reported that Marion County Quick Response Team made first visit last week.

Truth and Consequences—Date is set for April 14th. Courtney has courthouse reserved and Judge Hall confirmed. She is working with Erin to coordinate this.

Community Baby Shower - Coalition will be assisting in baby shower planning. Jessica will send out a meeting date for anyone who wants to help with this event.

New Business:

Child Abuse Awareness Month – Elizabeth approached Big Papa's and Sandy's Sweet Shop to partner with the coalition to distribute "10 Free Activities to Connect with your Child" flyers during the month of April. The flyers will be attached to take out orders with a Child Abuse Prevention sticker. The Trail of Hope (Regional Child Abuse Prevention Network) will have a PSA on local radio and commercial on local TV. Ashley provided group with pinwheel pins and pinwheels.

Fundraisers – Elizabeth has communicated with Laurie Followell about possibility of being the beneficiary for Future Junior Mister program. The idea of a raffle as a fundraiser has been discussed. Beverly will look into gaming/licensing issues to see if this is an option.

Other Business:

Rachael Thompson reminded group about Child Abuse Awareness Walk at Centre Square on April 4th. Please contact her if your agency would like a table. Also, still need items for silent auction. They are selling T-shirts. All proceeds will go to Trooper Teddy Program and Project Linus.

Bev - Hearts of Hope Dinner is next Friday March 20th. Please let her know if you would like to attend.

Tara – Communicare will be hosting a Regional Law Enforcement meeting to discuss training needs, QRTs.

Next meeting April 9th at Noon at the Extension Office.

Minutes submitted by Jessica Spalding Bickett.

APPENDIX 3B: SAFE COMMUNITIES MEETING MINUTES

Marion County Heartland Coalition Safe Communities America Committee Meeting April 11, 2019

In Attendance: Samantha Clark, Laura Sedlatschek, Jessica Bickett, Bev Lee, Courtney Edwards

New Business: Initial committee meeting. Jessica shared FAQ sheet and application with group. Jessica shared a letter she drafted for the mayor and judge exec asking for letter of support and monetary support for application fee. Discussed community partners outside of current Heartland members we will need for data and community inventory piece. Next step is to get letter signed by Heartland President Anna Howard. Committee members will meet with mayor and judge to explain SCA and ask for support. Jessica will meet with Anna to get letter signed and will schedule meeting with mayor and judge and let committee know these dates. Committee members will review application before next meeting.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition
Safe Communities America Committee Meeting
May 9, 2019



In Attendance: Laura Sedlatschek, Jessica Bickett, Bev Lee, Courtney Edwards, Laurie Heckell, Olivia Mattingly, Leanna Kelty, Anna Howard, Christina Turner

New Business: Jessica informed the group that she had met with Judge Executive and we had his support. Also, attended fiscal court meeting and they agreed to provide \$750, half of application fee. She was approached by local radio station at the meeting and gave a brief radio interview about Safe Communities. We are on the agenda for city council meeting on May 13th and will request the other half of application fee from the city. Jessica spoke to Stephanie Blevins with Central Kentucky Safe Communities Coalition about the application process and how they went about it. Group discussed other needed community partners and when we should pull them into the process. Laura agreed to be the secondary contact on the application.

Next Steps: Attend city council meeting. If we have their support, Jessica will work on getting their letters and the application fee submitted. Jessica will work with Jennifer Osborne to begin updated the coalition membership roster. Jessica will contact Steve Sparrow about how to do subcommittee minutes/agendas, etc. and if they should be approved by Heartland or the SCA committee. Members will begin to see what injury data they have available for Marion County. Jessica will meet with health department's epi staff about SCA/data for Marion County.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition

Safe Communities America Committee Meeting

June 13, 2019



In Attendance: Laura Sedlatschek, Jessica Bickett, Bev Lee, Courtney Edwards, Leanna Kelty, Anna Howard, Elizabeth Poynter

Old Business: Jessica, Jennifer Osborne and Bev were present at City Council meeting on May 13th. They were supportive of project and agreed to fund half of application fee. Anna is working on updating Heartland's membership roster. Jessica contacted Steve Sparrow about committee minutes. Steve recommended they be approved by the coalition along with our regular meeting minutes.

New Business: Jessica has letters of support from city and county and Letter of Intent from Coalition and the 2 checks. Going to mail today. Jessica met with Elizabeth Poynter, Accreditation Coordinator for Lincoln Trail District Health Department to look at data for Marion County. Elizabeth presented data to committee today. Looked at data from KIDS COUNT, County Health Rankings, Community Injury Report from KSPAN, MVC Crash data from LTADD, Lincoln Trail District Health Department Report Card. Laura shared data from United Way agencies. Anna shared the 2017 Overdose Fatality Report. Group discussed timeline for application process. Discussed inventory of community programs and ideas to gather this information.

Next Steps: Members will begin to look through data provided and start identifying major needs from data and also look for other data sources. Jessica will try to obtain 2018 KIP data for Marion County and will also check with the Career Center, Chamber and Econ Development to see if they have data on workplace injuries.

The Heartland Coalition does not have a July meeting, but SCA committee will meet on July 11th at noon at the Marion County Extension Office. Bring your own lunch.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition Safe Communities America Committee Meeting July 11, 2019



In Attendance: Laura Sedlatschek, Jessica Bickett, Anna Howard, Elizabeth Poynter, Laurie Heckel, Erin Summers, Kaleb Ibarra, Elizabeth Mattingly

Old Business: Our letters of support and application fee were received by KIPRC. Jessica obtained KIP data for Marion County and also sent out email to other community partners requesting data (EMS, hospital, Economic Development, Career Center, Library, Community Action, MCPS, Caring Place, Detention Center, DCBS). Laura has reached out to the Red Cross from data and programs in Marion County.

New Business: Group had lengthy discussion about data collected. From the data, substance abuse, falls, and child abuse/neglect were identified as priority areas. Laura is compiling a summary of data to will share with the group. Jessica will try to get more current numbers on child abuse cases in Marion County. Anna is working on updating Heartland's membership list.

Laurie updated the group about Emergency Management efforts in the county. The county has a Disaster Response Plan and participates in 3 exercises per year. Recent exercises include Shaken Fury, Mock Crash, and Active Shooter. County has E911 services. County has ordinance requiring house numbers to be displayed. Current project to place mile markers along Rolling Fork River to assist with water rescues. The county is planning to replace all outdoor warning sirens. This is a very expensive and time-consuming process. EM is also working on another mass communication project, through Code Red. This system allows for notification by text of all subscribers. They are also looking into Storm Ready certification. Red Cross has provided smoke detectors to low income housing areas. Laurie will try to find out how many were distributed. Red Cross also conducted a Pillowcase Project (preparedness program for youth) at Lebanon Elementary School.

Group discussed Heart Safe Community certification that county previous obtained, but expired in 2017. Jessica will get new application and group can discuss if this is something we want to do.

The group also reviewed a draft community survey that Laura prepared. The short survey will be sent out to all community partners to identify their perceived top safety issues and identify programs/policies they have in place to address any/all of the 6 focus areas. Laura will revise with suggested changes and Jessica will write a description of purpose of survey to accompany it when sent out. Target date to have survey out is July 22 and request return by August 2. We will distribute through Heartland email list. Going to request it to be sent out through Chamber of Commerce and Economic Development distribution lists as well. Also hope to post and share on community partner Facebook pages. Will distribute Survey Monkey link and Word document copy.

Next Steps:

Get survey out and try to get as many as we can returned. Our next meeting will be after Heartland meeting on August 8th at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition Safe Communities America Committee Meeting August 8, 2019



In Attendance: Jessica Bickett, Laurie Heckel, Leanna Kelty, Courtney Edwards, Robbie Turner

Old Business: Surveys were sent out through Heartland's email list, Chamber of Commerce email, and Economic Development email. Link was also posted on several partner Facebook pages. Hard copies were mailed to all faith -based organizations. We received 12 back. Jessica has responded to those who provided contact information to invite them to meetings and add them to Heartland emails.

New Business: Group reviewed new data from Springhaven, Lebanon Police Department and the Sheriff's Office. Group reviewed returned surveys. Robbie informed group of Project Life Saver program led by the Rescue Squad. Program is a personal locator system currently being used with autistic children in Marion County. Robbie also shared that MCPS are offering sports passes to all EMS, Sheriff office and Lebanon Police Department officers to increase presence of first responders at events. Group began looking over section 3 of SCA application. Jessica, Courtney, Elizabeth Poytner and Laura S will begin to work on this section. Jessica plans to meet with Barbara Hagan at the Loretto Motherhouse. She is their emergency preparedness and safety coordinator. Jessica is also planning to meet with Springview Hospital.

Next Steps:

Meet with Barbara Hagan. Meet with Springview Hospital. Begin working on sections of the application.

Our next meeting will be after Heartland meeting on September 12th at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition
Safe Communities America Committee Meeting
September 12, 2019



In Attendance: Jessica Bickett, Laurie Heckel, Leanna Kelty, Courtney Edwards, Robbie Turner, Laura Sedlatschek, Barbara Hagan, Janet Sheckles, Anna Howard, Brian Williams, Stacey Moffitt

Introduction: Meeting called to order at 1:05. Introductions were made.

Old Business: Jessica and Laura met with Barbara Hagan, Emergency Management, for Loretto Motherhouse. Barbara shared information about their Emergency Binder that has a tab for all emergency situations. Also, has facility layout, directions to facility from different locations, emergency numbers, and coordinates for helicopter. Jessica still trying to meet with Springview and find an industry rep. Laura handed out summary of survey results. Falls were number one concern from respondents.

New Business: Jessica reminded group of new SCA website. Applications from other Safe Communities are on website. Met with Elizabeth Poytner who is drafting data piece of application. Jennifer/Anna working on membership roster update. Courtney has completed draft of communications section. Laura contacted Stan Carton with Nelco training. They are working with NPR in Bardstown to form an industry safety group. Group may expand to include Marion County industries at some point.

Next Steps:

Meet with Springview Hospital. Meet with Theresa Osborne. Begin working on sections of the application.

Adjourn: Motion was made to adjourn by Courtney, seconded by Janet. Adjourned at 1:30.

Our next meeting will be after Heartland meeting on October 10th at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition Safe Communities America Committee Meeting October 10, 2019

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In Attendance: Jessica Bickett, Laurie Heckel, Leanna Kelty, Laura Sedlatschek, Elizabeth Mattingly, Bev Lee, Shelby Lowe Curtis, Helena Embry

Introduction: Meeting called to order at 12:55. Introductions were made.

Old Business: Jessica and Laura went to meeting at Springview, but Ms. Hunter went home sick. Meeting has been rescheduled. Meeting with Theresa Osborne on Oct 22. She could not be here today. Will work on scheduling meetings with Scott Spalding and Taylora Schlosser with MCPS. Meetings are to update partners on progress, gather further data, and to make sure we capture all the programs/initiatives going on in the county. Committee members are still trying to gather information on industries and recruit an industry rep for this committee. Committee will work on gathering a few more letters of support to submit with application. Jessica is working on a letter to update judge and mayor on our progress, but waiting till after meeting with Theresa to finalize it.

New Business: Elizabeth Poytner provided committee with data section/charts. It is a very rough draft. Membership roster has been updated. Courtney has completed draft of communications section. Committee reviewed draft on Community Initiatives table and discussed.

Next Steps:

Meet with Springview Hospital, DCBS, MCPS, Community Action. Members should work on Inventory section. Laura and Jessica will work with Elizabeth P on data section.

Adjourn: Motion was made to adjourn by Laura, seconded by Laurie. Adjourned at 2:00.

Our next meeting will be after Heartland meeting on November 14th at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition Safe Communities America Committee Meeting November 21, 2019



In Attendance: Jessica Bickett, Elizabeth Mattingly, Courtney Edwards, Theresa Osborne, Melody Ognan, Ronda

Bertrand

Introduction: Meeting called to order at 1:00. Introductions were made.

Old Business: Jessica and Laura met with Hal Goode, Executive Director of Central Kentucky Community Action, Theresa Osborne, DCBS Supervisor, Linder Hunter and Gayla Edlin with Springview Hospital, Greg Gribbins, Exec Director of Chamber of Commerce, Taylora Schlosser, Superintendent and Scott Spalding, Safety and Transportation Director of MCPS, and Barry Brady, MC Jailer. Gathered more input on community needs and discussed inventory of programs.

New Business: Committee will not meet in December.

Next Steps:

Will begin to put together application in January.

Adjourn: Motion was made to adjourn by Courtney, seconded by Elizabeth. Adjourned at 1:40

Our next meeting will be after Heartland meeting on January 9th at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition Safe Communities America Committee Meeting January 9, 2020



In Attendance: Jessica Bickett, Courtney Edwards, Theresa Osborne, Laura Sedlatschek, Laurie Heckel, Erin Summers, Kim Lucas, Carly Waldrep, Kaleb Ibarra, Mariah Corbin, Janet Sheckles

Introduction: Meeting called to order at 1:00. Introductions were made.

Old Business: Jessica shared the updated community inventory with the group. Group asked to review/edit as needed and let Jessica know of changes/additions. Jessica has been asked to speak with Kiwanis about current issues/needs of Marion County children.

New Business: Group discussed Child Abuse Awareness month coming up in April. Community Action head start and Community Collaboration for Children will be doing Child Abuse Awareness Walk again this year. The Regional Child Abuse Network is planning radio and local TV PSAs. Additional activities were discussed. Group will decide at next meeting what we want to do.

Next Steps: Laura is working on putting together a draft of the application. Stevie Lowery with The Lebanon Enterprise is going to help us with the community photos for the application. Laura and Jessica will be meeting with Pat Ford, new Economic Development Director and Terri Thomas, Marion County Career Center.

Adjourn: Motion was made to adjourn by Courtney, seconded by Laura. Adjourned at 1:45.

Our next meeting will be after Heartland meeting on February 13th at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

Marion County Heartland Coalition Safe Communities America Committee Meeting February 13, 2020



In Attendance: Jessica Bickett, Courtney Edwards, Laura Sedlatschek, Kim Lucas, Carly Waldrep, Taylor Peters, Bev Lee, Leanna Kelty, Elizabeth Mattingly, Samantha Garrett, Ashley Caldwell May

Introduction: Meeting called to order at 1:00. Introductions were made.

Old Business: Jessica and Laura met with Pat Ford, Economic Development Executive Director and Terri Thomas, Marion County Career Center. Laura and Jessica were invited to meeting of the newly formed Marion County Workforce Collaborative. This will hopefully help connect us with more businesses and industries.

Group decided that for Child Abuse Awareness month we would partner with 2 local restaurants to attach positive parenting message to their take- out orders. Elizabeth agreed to get in touch with the restaurants, Jessica will order the flyers, and Ashley will order the stickers to attach them. Regional Network is working on PSAs for radio and local TV.

New Business: The Community Inventory section continues to be updated. Laura is working on putting together the application. Jessica is finalizing some sections of the application with community partners. We have obtained pictures for the application from Stevie Lowery at The Lebanon Enterprise and from MCPS Facebook page. Jessica is meeting with Laurie Heckel to review the EM section. Preparing an update infographic on our Safe Communities progress to be shared with Community partners.

Next Steps: Hoping to have application complete and submit in March!

Adjourn: Motion was made to adjourn by Courtney, seconded by Laura. Adjourned at 1:45.

Group will work to complete and submit application, so our next meeting will be in March or April after Heartland meeting at the Marion County Extension Office.

Minutes submitted by Jessica Spalding Bickett.

SAFE COMMUNITIES AMERICA UPDATE



An initiative of the Marion County Heartland Coalition



FOCUS AREAS

- Motor Vehicle Crashes
- Substance Abuse
- Violence and Suicide
- Falls
- Workplace Injuries
- Emergency Preparedness

"We are excited to be a part of these efforts to become an accredited Safe Community."
- Gary Crenshaw, Mayor of Lebanon

"Becoming an accredited Safe Community will further strengthen our community partnership and collaboration."
- David Daugherty, Marion County Judge Executive

Safe Communities America (SCA) Accreditation creates opportunities for networking and strengthens community partnerships.



WHY GET ACCREDITED:

- National Recognition
- · Reduction in Injuries
- Increase in collaboration
- Commitment to health and safety



OUR INITIAL STEPS:

Letters of intent, support and application fee submitted in June 2019. SCA committee completed community survey and program inventory.



WHAT WE HAVE FOUND:

Falls - ER visits for falls from 2016-2018 = \$9.2 million Child abuse -150% increase in substantiated cases from 2014 -2018

<u>Substance abuse</u> - 300% increase in drug related ER visits



OUR NEXT STEPS:

Full application to be submitted in March 2020, followed by site visit from SCA reviewers. Promote SCA status and begin implementing programs to address key findings.

THANK YOU TO ALL WHO HAVE JOINED US IN THIS EFFORT BY MEETING WITH US, SHARING INFORMATION ON PROGRAMS AND NEEDS, AND YOUR WILLINGNESS TO WORK TOGETHER MOVING FORWARD!

For more information please contact Jessica Spalding Bickett at jessica.bickett@ltdhd.org or Laura Sedlatschek at director@tricountykyuw.org

APPENDIX 5: KEY COMMUNITY PARTNERS INVOLVED IN SCA INTERVIEWS

David R. Daugherty, Marion County Judge Executive

Gary Crenshaw, Mayor of Lebanon and Lebanon City Council

Greg Gribbins, Executive Director of the Marion County Chamber of Commerce

Hal Goode, Executive Director of Central Kentucky Community Action Council

J. Barry Brady, CJM, Jailer at the Marion County Detention Center

Linda Hunter, Chief Nursing Officer (CNO) and Gayla Edlin, Emergency Department Director of Springview Hospital

Pat Ford, Executive Director of the Marion County Industrial Foundation

Scott Spalding, Safety/Transportation Director of Marion County Schools

Taylora Schlosser, Superintendent of Marion County Schools

Teresa Osborne, Director of Department for Community Based Services

Terri Thomas, Director of the Lebanon/Marion County Career Center

APPENDIX 6: SAFE COMMUNITIES SURVEY TO COMMUNITY

Note: Your answers are strictly confidential, and will not be shared. Information obtained will be reported as a whole, not by individual company or organization.

| Company Name/Organization Name (optional): Number of Employees: Type of Industry: Name and Title of Person Filling Out Survey (optional): Email Address (optional): Phone Number (optional): |
|--|
| What do you feel are the top safety issues at your workplace/organization? 1. 2. 3. 4. 5. |
| What are you doing in your business or organization to overcome safety issues in the following areas (some may not apply to you) – this can include training, programming, policies, practices (please list as many as possible and, if you know, please note if they are evidence-based practices): |
| Emergency Preparedness Falls Motor Vehicle Crashes Substance Abuse Suicide & Violence (also refers to child abuse, domestic violence, assault, etc.) Workplace Injuries |
| What are the benefits/positive outcomes of the programs/policies/practices that you have put in place to address the safety issues? |
| What are the obstacles that you are facing in addressing the above safety issues? |
| What would help you to address these obstacles? |
| What are your future goals for addressing the above safety issues? |
| Would you like to be kept informed of our findings and of the work of Safe Communities? If so, please ensure that you provide your contact information above. |

May we contact you if we have any further questions? If so, please ensure that you provide your contact information above.

Thank you for your time and input to help make Marion County a Safe Community!

APPENDIX 7: SUMMARY OF RESULTS FOR SAFE COMMUNITIES SURVEY

Top Safety Issues at Workplace/Organization:

- Slips, Trips and Falls (5)
- Cuts/Puncture (3)
- Electric Shock
- Walking or Running into equipment
- Auto accidents
- Struck/Injured by
- Strain
- Caught in
- Noise
- Eye Protection
- Fire Protection
- Lock Out/Tag out Machinery
- Grinding Sparks
- Heavy Coils or wire

- Employees not wearing PPE as instructed
- Dust on the floor
- Front desk secure when only one person on shift
- Making employees aware of personal safety
- Keeping guests safe
- Giving staff the training to be safe
- Infectious diseases
- Blood-born pathogens
- Injury due to physical trauma
- Lifting
- Workplace injuries
- Building security

- Various people who come in seeking assistance – sometimes they are on a substance, sometimes they become angry if we cannot provide what is requested LUM
- Student well-being
- Staff well-being
- Visitors
- Inattention
- Employees working in traffic
- Drugs in the community
- Overcrowded jail
- Sidewalks to retail on outskirts of Lebanon

Things being done in industries to overcome safety issues:

- 1. Emergency Preparedness
 - Annual Training (2)
 - Training (3)
 - Table top and community-wide drills (2)
 - EM team (2)
 - Keep a Generator
- 2. Falls
 - Training (4)
 - Hand Railing
 - Post warnings
 - Safety Walks
 - 5S all areas at the end of each shift
 - Policy
 - Practices
 - Snow removal

- Quarterly Reminders
- Meetings at least twice a year to review
- First Aid & CPR training
- Clearly marked exits
- Use the HICS system
- Health education
- Partner with KY Hospital Assoc for best practice work
- Falls Committee
- Purchased protective equipment

Invested in repairing sidewalk

Workman's Comp Insurance

- 3. Motor Vehicles Crashes
 - Bus driver annual training and licensing
 (2)
 - · Obey laws of the road

- Require permits for on-campus personal vehicles
- Signage

- 4. Substance Abuse
 - Testing (3)
 - Training (2)
 - Awareness

Policies (2)

Practices

- Surveys for patients
- Health education
- Opioid committee
- Outpatient referrals

 Multiple programs at all levels multiple times per year

5. Suicide & Violence

- Training to know what is going on around them (4)
- Surveys for suicide
- Universal screening
- Handle with Care instructors

6. Workplace Injuries

- Training (5)
- Keep good insurance (2)
- Safety equipment (2)
- Quarterly reminders
- Safety Walks
- Meetings at least twice a year to review

7. Other

- Lock out/tag out
- Fire Extinguisher safety
- Safe sanctuaries

- Proactive police force
- Cameras installed
- Doors remain locked
- Peer review and referral to professional help
- Confidentiality
- Provide PPE to all employees
- Policies
- Practices
- Monitor events and track and trend
- Safety committee
- Cameras installed
- Doors remain locked
- Surveillance and access control systems

Benefits/positive outcomes of programs/policies/practices that you put into place:

- Reduction/No accidents or injuries (6)
- Safer work environment for all
- Hopefully making better employees
- Increased retention
- Clean workstations to help avoid trips, falls and dust
- Drug testing keeps accidents and/or illnesses down
- Employees have more awareness and think of safety in day-to-day activities
- Crisis training has made staff more comfortable in handling aggressive patients/visitors

- Added more panic buttons
- Safety locked doors and cameras installed
- Productivity and Preparedness
- Reduction of barriers to learning
- Better community relations and parents' sense of security for their children
- Reduction in loss time at work
- Happier employees
- Decrease in drugs
- Better enforcement tools
- Building new sidewalks

Obstacles:

- Finances (2)
- Tight space in plant
- Too many new hires
- Lack of employees following handbook safety rules
- Overuse of cell phones
- Finding employees that are aware of safety and keep work areas clean

- Keeping New Employee training fresh with all employee
- Turnover
- New hires not trained
- Scope of falls prevention is large and is an ongoing challenge
- Limited resources
- Manpower

- Communicating through locked door with clients
- Identification of students and staff with issues that often go under-the-radar such as mental illness.

Ways to address these obstacles:

- Focus on training plantwide (2)
- Better organization
- More room for storage
- Keep updating our training as needed
- Focus on retention
- Community awareness for drug abuse and suicide prevention
- Partnerships and sharing of best practices

Future goals for addressing above safety issues:

- Have a newly formed industry safety group
- Working towards 5S
- Continuing education and enforcement of safety devices for eye and ear protection
- Expanding our building to have more room to organize and keep areas cleaner
- New safety signs hanging throughout the plant
- Keep training active maybe do twice a year to help keep it in the back of their mind
- Eliminate all accidents
- Continue to provide education to parents and patients

- Maintaining good practices and security with access to outsiders as conditions change
- Information from other small businesses or churches regarding technology they may have in place
- Better communication with parents and community health providers to identify potential problems
- Staying informed of latest best practices in addressing these issues
- More money
- Trying to budget more funds in this category
- Ongoing data collection and measurement to ensure we are focusing on the right thing
- Hiring personnel tasked with identifying & addressing social/emotional well-being among students & staff
- District health care provider can also provide counseling services and diagnosis
- Continue to address visitor concerns and access with latest technology and practices
- Train and purchase as much as finance will allow
- Employee buy-in to process
- More focused response to all issues